

must give way to what is called the low-dressing, and the Greek style is the passing whim. In many instances, the hair is not parted, but rolled softly back from the face in a low pompadour, coiled at the back and adorned with puffs. This style,

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Good pay, steady work and promotion. Experience unnecessary as we will give complete instructions. Danville Tobacco Co., Box H 58, Danville, Va.

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In each town to ride and exhibit sample 1909 model. Write for Special Offer. **1909 Models \$10 to \$27** with Coaster-Brakes and Puncture-Proof tires. **1907 & 1908 Models \$7 to \$12** all of best makes. **500 Second-Hand Wheels** All makes and models, good as new, \$3 to \$8. Great Factory Clearing Sale. We Ship On Approval without a cent deposit, pay the freight and allow **TEN DAYS' FREE TRIAL.** Tires, coaster-brakes, parts, repairs and sundries, half usual prices. Do not buy till you get our catalogs and offer. Write now. **HEAD CYCLE CO., Dept. N177 Chicago**

of course, belongs to the youthful, pretty faces with pretty or perfect noses. The big, loose waves are regarded as untidy, and the new style is the small, rather tight wave.

**For the Laundry**

Do not allow flannels or colored clothes to freeze. If possible choose an ordinarily warm day in winter for washing dark colored wash goods, and all flannels. The colored wash goods should be washed in starch water. The starch is made by mixing one cupful of white flour with one pint of cold water, beating until all lumps are removed; when perfectly smooth, pour into the mixture three quarts of boiling water, stirring rapidly; and strain. To this amount of starch, add two gallons of warm water. Use these proportions for any amount. Wash the garments in this mixture the same as though it were suds, and the starch is very cleansing; wash a second time in a mixture of one pint of starch made as above and two gallons of warm water; rinse in cold water and, without further starching, hang out to dry. Even though the garments may freeze, they will not have the powdery, smeary look which starched garments have when frozen in drying. It is needless to say that garments should be turned wrong side out, dried as quickly as possible and ironed on the wrong side. By this method no soap is required.

For woolens, make a heavy suds of white soap and two pailfuls of quite warm water. Dissolve two tablespoonfuls of borax in one quart of boiling water and pour half of this in the suds; shake all dust from the white flannels, put into the suds, and work through the suds without rubbing, lifting, squeezing and rubbing between the hands lightly. Squeeze the water from the garment when it looks clean, rinse through another lighter suds, then through two waters of the same temperature to each of which a cupful of the dissolved borax water has been added. Pass through the wringer, or put the article in a strong cloth and twist or squeeze the ends of the cloth to free the flannel as much as possible of water. Shake well and dry in a warm place. Iron with a moderately warm iron when partly dry. With fresh suds proceed in the same way with the colored flannels. Do not let freeze!

**Some Contributed Recipes**

**Artificial Honey—**Mix together ten pounds of white sugar, two pounds of clear bees' honey, one quart of hot water and half an ounce of cream of tartar (one tablespoonful). Stir until thoroughly mixed, and when cool, flavor with two or three drops of attar of roses, and sprinkle a handful of clear yellow honeycomb, carelessly broken up, into the mixture.

**Another—**Select fine, ripe, juicy pears; remove the cores, but do not peel; crush them in a bowl or small wooden press, and wring them in a bag of coarse, strong crash; strain the juice through a piece of cheese cloth. Put the juice thus obtained in a stone vessel, crock or jar, and place in a cool oven over night; then cook very slowly until the juice is reduced two-thirds, and is of a thick, honey-like consistency.

Fish must be fried very carefully to insure delicacy. The fat must be hot enough to at once sear the outside, without scorching or burning, and this will prevent the absorption of grease, which spoils the taste. Before dropping into the hot fat, dredge each piece with flour, and when one side is nicely browned, turn and brown the other. When done, take out and lay on a bit of

brown paper to drain, then serve at once.

**Hamburg Roast—**Have the butcher chop very fine (or run it through a meat chopper) an inferior cut from the round; for every pound of round use one-fourth pound of salt pork chopped fine, half a cupful of toasted bread crumbs, one-third cupful of water, one egg, half a teaspoonful of salt, a pinch of pepper and a teaspoonful of grated onion. Mix all well together, form into a shapely loaf, lay strips of salt pork over the top, and roast, allowing about twenty minutes to the pound. Macaroni, plain boiled, is a "must-have" with this dish, and onions in cream sauce, or fried bananas may be served with it.

Slow cooking at a low temperature will render the cheaper cuts of meat both tender and palatable, and the good cook can thus supply savory, tender, appetizing meat dishes at a considerable saving of cost.

**Dizzy Spells**

That dizzy spell is an important message from the heart—a plea for help. If this message receives no attention others come: Shortness of breath, palpitation, weak or fainting spells, smothering or choking sensations, pains around the heart, in side or shoulders, and so on, until it receives the necessary help, or is compelled to give up—stop.

**Dr. Miles' Heart Cure**

which cures heart disease in every stage.

Every day we read of sudden deaths from heart disease, yet it is a fact that the heart had been pleading for help, and gave up the struggle only when it had exhausted the last spark of vitality—and they call it sudden.

"For more than six years I was troubled with my heart. I would have dizzy spells, then difficulty in breathing, choking sensations, my heart would flutter, become painful. I could not breathe lying down. I commenced taking Dr. Miles' Heart Cure, and in a few weeks I was entirely cured."

—MINNIE E. JOHNSON, Olivia, Minn. The first bottle will benefit, if not, the druggist will return your money.

**Latest Fashions for Readers of The Commoner**

2744—Ladies' Tucked Shirt-Waist. Any of the season's shirtings develop well in this style. Six sizes—32 to 42.

2393—Girls' Dress. This is an excellent model for the coming season and one that will develop well in any of the pretty light materials. Four sizes—6 to 12 years.

2566—Misses' Two-Piece Circular Skirt, Closing with Buttons Down Left Side of Front and Having an Inverted Box-Plait at Center-Back Seam. A good model for serge, Panama cloth, mohair or heavy linen. Three sizes—13 to 17 years.

2628—Girls' Coat. A very neat model for any of the season's coatings. Five sizes—6 to 14 years.

2716—Ladies' Semi-Fitting Dressing Sack. This simple model is adaptable to canton flannel, cashmere, or challis. Eight sizes—32 to 46.

2050—Girls' Dress, with Plaited Skirt and a Removable Shield. Any of the pretty plaid worsteds develop well in this stylish little frock although it is adaptable to serge, cashmere or challis. Four sizes—6 to 12 years.

1486—Misses' Seven-Gored Skirt, with an Under Box-Plait at Center-Back Seam and Side-Plaits at the other Seams. The model here illustrated was developed in black voile; it is also a good model for mohair, Panama cloth or serge. Three sizes—13 to 17 years.

2311—Ladies' Work Apron. Any of the striped or checked ginghams, linen or chambray are excellent material for this useful garment. Four sizes—32, 36, 40 and 44.

THE COMMONER will supply its readers with perfect fitting, seam allowing patterns from the latest Paris and New York styles. The designs are practical and adapted to the home dressmaker. Full directions how to cut and how to make the garments with each pattern. The price of these patterns 10 cents each, postage prepaid. Our large catalogue containing the illustrations and descriptions of 1,000 seasonable styles for ladies, misses and children, as well as lessons in home dress-making, full of helpful and practical suggestions in the making of your wardrobe mailed to any address on receipt of 10 cents.

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