

always have muslin on the board, as it prevents lint; dip a large square of unbleached muslin into lukewarm water, lay on the material and press until perfectly dry. Repeat this as the cloth dries out. Take the skirt from the board and hang on a hanger and leave at least one day before removing basting threads. Unless a warmer iron is needed, do not remove the pressing iron from the

**GALL STONES**

or any Liver Disease Write me all about it. Will tell of a cure Free. Address C. COVEY, R. F. D. 5, Lansing, Mich.

**ASTHMA**

CURE sent by express to you on Free Trial. If it cures send \$1; if not, don't. Give express office. National Chemical Co., 764 Ohio Ave., Sidney, O.

**BRYAN POST CARDS**

50c per 100 Postpaid No Order Accepted Less than Ten Cents The Post Card Co. Box 811 Fremont, Neb.

**GREAT MONEY MAKER FOR AGENTS**

PROF. LONG'S MAGNETIC COMB Sell Magnetic Combs and get rich; agents a wild success. They remove dandruff; stop falling hair; RELIEVE HEADACHE, never break. Send 2c stamp for sample. PROF. LONG, 754 Ash St., PEKIN, ILL.

**DANGER IN ACCIDENT INSURANCE.**

How it is used by the railroads and others great corporations in collusion with the Insurance Companies themselves to handicap the injured policyholder.

When you read this booklet you will get out your accident policy and examine it with as much concern as you would the will of a rich relative. Price twenty-five cents COIN. Address GEORGE E. DICKSON, Attorney at law, 153 La Salle St., Chicago, Ill.

**FREE TEST TREATMENT**

Have you lost faith in doctors and medicine? If so, let me CONVINCE you that my system of treatment will cure. Send me a sample of morning urine for examination and I will send you a diagnosis of your case and one week's treatment Free. Mailing case for urine sent on receipt of four cents for postage. Book on Urinopathy Free. J. F. SHAFER, M. D., Urinopathist, 214 Penn Ave., Pittsburgh, Pa.

**APACHE MOTOR CYCLES**

Made by BROWN & BECK, Denver, Colorado ARE WINNERS

both for usefulness and practicability and are the Simplest Motor Cycle Made. Write us for Catalogue of same. We also have the celebrated 2-4 Horse Power Racycles at \$135.00 each.

**Brown and Beck,**  
Denver, Colorado

## The Union Central Life Insurance Company

of Cincinnati, Ohio

ESTABLISHED IN 1867

Jesse R. Clark, President.

ASSETS OVER \$62,000,000.00

\$50,220,000—over 80 per cent of the assets—invested in first mortgage farm loans in thirty-three states. Large and increasing dividends to policyholders. Up-to-date policy contracts recently out.

Good Territory for Reliable Agents. Address the Company

goods until the muslin is perfectly dry.

**Answers to Several Queries**

For cleaning the buckskin pillow cover, if there is painting or etching of any sort on it, it should be put into the hands of a professional cleaner; if embroidered with wash silks, it may be cleaned with gasoline, naphtha or benzine, as these will not cause the colors to run. If plain, or with but little decorating, wash as you would a pair of buckskin gloves, using a warm suds made of a white soap and soft water; rub between the hands and squeeze the dirty water out, then rinse in clear, warm water. It must not be wrung, or twisted, and should be pressed and patted with the hands while drying, pulling it into shape and rubbing to make it soft and supple.

For cooking a calf's head, there are several ways. I give one here, and another in a separate article. Have the butcher remove the bones and take out the brains and tongue. Wash all thoroughly and cook the brains and tongue by themselves after being cleaned. Fill the head with a force meat, giving it as near the natural shape as possible, then cover with thin slices of fresh salt pork, adding a sliced, peeled lemon, tie in a clean, thin cloth and cook for three hours in a big pot of water with seasonings and vegetables as for soup, then set aside in the same pot for half an hour; drain the head, remove the cloth and serve with the brains and tongue at one end of the dish. For a sauce, stew a minced onion in a gill of vinegar with a tablespoonful of butter added for twenty minutes, add a pint of rich white sauce, a spoonful of minced parsley, and serve. The dish should be seasoned very highly.

The proportions for the hard sauce so frequently used for puddings is one cupful of butter to two of sugar, creamed together and flavored as liked. White pudding sauce is made of one cupful of granulated sugar, a teaspoonful of butter and a pinch of salt; pour over this a cupful of boiling water and thicken with a tablespoonful of flour rubbed smooth in three spoonfuls of milk and stirred into it, let boil a minute, take from the fire and stir into it the beaten whites of three eggs and a tablespoonful of sugar.

**Some Requested Recipes**

Old Fashioned Cookies—Two cupfuls of very light-brown sugar—the whitest—one cupful of lard, one cupful of buttermilk, three eggs, one level teaspoonful of soda, two of baking powder and one of vanilla extract, flour to make a soft dough. Mix all the ingredients with a spoon, handling as little as possible, and only kneading enough to roll it on a well-floured board. Cut in any shape desired, rolling a half inch thick, put into pan with a pan-cake turner, so as to avoid handling the dough, and bake in a moderate oven until nicely browned.

Mince Meat—Two gallons of apples measured before chopping; three pints of cooked meat run through a chopper (about three pounds of meat) and the stock it was boiled in; one pound of chopped suet, two quarts of sweet boiled cider, two pounds of seeded raisins, one pound of currants, one-fourth pound of sliced citron, the juice of three oranges and two lemons, two teaspoonfuls each of ground cloves, cinnamon, nutmeg and salt, three cupfuls of brown sugar and one and a half cupfuls of good molasses. If you have any canned cherries, sweet pickle juice, or the like, add to the mixture. Put all the ingredients over the fire and bring to a boil in a granite ware or porcelain-lined kettle, and seal, boiling hot, in glass or stone jars.

This will cost about fifteen cents a quart. When used, thin to right consistency with cider or water.

**Cheese Souffle**

Cream a quarter of a pound of butter until soft and stir in the yolks of six eggs; season with salt and cook until it is creamy, stirring all the time. Remove from the fire and stir into it about half a teacupful of Swiss or Parmesan cheese, grated fine. Then fold in the well-beaten whites of the eggs and bake for about fifteen minutes in a slow oven. Serve as soon as done.

When crocheted or knit wool articles must be washed, do not hang them on the line to dry unless you want them "stringy." Place a clean cloth on a flat surface, lay the articles on this, bunching loosely, and put where it will quickly dry with heat. It will not "string."

**Dizzy Spells**

That dizzy spell is an important message from the heart—a plea for help. If this message receives no attention others come; Shortness of breath, palpitation, weak or fainting spells, smothering or choking sensations, pains around the heart, in side or shoulders, and so on, until it receives the necessary help, or is compelled to give up—stop.

You may furnish this aid with

**Dr. Miles' Heart Cure**

which cures heart disease in every stage.

Every day we read of sudden deaths from heart disease, yet it is a fact that the heart had been pleading for help, and gave up the struggle only when it had exhausted the last spark of vitality—and they call it sudden.

"For more than six years I was troubled with my heart. I would have dizzy spells, then difficulty in breathing, choking sensations, my heart would flutter, become painful. I could not breathe lying down. I commenced taking Dr. Miles' Heart Cure, and in a few weeks I was entirely cured."

—MINNIE E. JOHNSON, Olivia, Minn. The first bottle will benefit, if not, the druggist will return your money.

## Latest Fashions for Readers of The Commoner



2551

2247



2226

2571

2551—Ladies' Shirt-Waist, with Plastron Yoke, Three-Quarter Sleeves and a Removable Shield. A very pretty model for plaid taffetas. Six sizes—32 to 42.

2247—Ladies' Seven-Gored Plaited Skirt, Closed at Left Side of Front and in Ankle Length. A good model for almost any material. Seven sizes—22 to 34.

2226—Girls' Box-Coat, in Seven-Eighths Length. A good model for any of the season's coatings. Four sizes—6 to 12 years.

2571—Ladies' One-Piece Work Apron, with or without Ruffle. Figured percale, any of the striped or checked ginghams or heavy linen develop well in this style. Three sizes—small, medium and large.

2559—Ladies' Shirt-Waist, with Seamless Yoke. A very neat model for linen, madras or taffetas. Six sizes—32 to 42.

2557—Ladies' Six-Gored Skirt, Closing with Buttons Down the Front and with an Inverted Box-Plait at the Back or in Habit style. Serge, cheviot, Panama cloth or Broadcloth develop well in this style. Seven sizes—22 to 34.

2552—Girls' Dress, with Fancy Yoke. Navy blue cashmere with trimmings of gold braid and buttons make this a charming little dress for best wear. Five sizes—6 to 14 years.

2572—Ladies' House Gown with Attached Four-Piece Skirt. Cashmere, challis, wool, batiste or mohair would be pretty made up into this garment, with trimming bands of a contrasting material. Five sizes—32 to 40.



2550

2557



2552



2572

THE COMMONER will supply its readers with perfect fitting, seam allowing patterns from the latest Paris and New York styles. The designs are practical and adapted to the home dressmaker. Full directions how to cut and how to make the garments with each pattern. The price of these patterns 10 cents each, postage prepaid. Our large catalogue containing the illustrations and descriptions of 1,000 seasonable styles for ladies, misses and children, as well as lessons in home dress-making full of helpful and practical suggestions in the making of your wardrobe mailed to any address on receipt of 10 cents.

In ordering patterns give us your name, address, pattern number and size desired.

Address THE COMMONER, Pattern Dept., Lincoln, Neb.