MAY 22, 1908

The Commoner.

plaster, dusting from a fine sieve, after mixing thoroughly. If hellebore is used, it may be dusted on the plants after a shower, or while the dew is on the foliage; or it may be used in solution, one ounce of hellebore to two gallons of water.

For plant lice, or bugs that suck the juice of plants, use soap or coal oil emulsion. To make it, dissolve half a pound of laundry soap in one gallon of hot water, then add two gallons of coal oil, and churn or stir rapidly until a white, creamy mass is formed, which will thicken as it cools. Dilute this, when for use, with nine times its bulk in water. This must reach the under side of the leaves, as well as the upper. Less may be made, keeping the proportions.

Sewing in Dress Shields

Do not place them directly under the arm, but slightly forward, and sew them at each end and at both lower edges-one edge to the underwaist seam, and one to the inside seam of the sleeve. Put your hand inside the sleeve and find just where the shield touches the seam, so there will be no pulling and drawing; hold the shield firmly in place and take the hand out, holding the shield and the sleeve seam and sewing them together at this point. All the sewing on the shield should be French tacks, which are made by taking three stitches, allowing them to be loose enough to "give" a quarter of an inch; then work with a button-hole stitch as you would a silk eyelet. The reason that shields do not keep in their proper place is because they are not put in properly at first-Home Journal.

For the Floors

At the stores where paints are sold, raw umber, burnt umber, burnt sienna, or yellow ochre, ground in oil, can be had in small sized tin leaves and roots, wash thoroughlycans, or the dry powder may be in running water if possible, or lift used. Clear turpentine is all that from one pan to another that the is required to thin the ground col- sand may be left in the water, changors, or to mix the dry ones, which ing the water until it is clear. Put will appear much darker when the spinach in a large kettle without mixed with turpentine. A small por- water, except such as clings to it tion of Japan dryer may be used to from the washing. Place on the give body, if the turpentine is very stove where it will heat slowly, covthin. The tones of color commonly ering closely, and leave until the used are reddish, yellow, or brown,

over the boards evenly, let dry a day cream. or two, then go over the entire floor with a coat of hard oil finish. A soft wood floor will be greatly preserved by application of beeswax and turpentine rubbed well in, then the pol-

ish brought out with a lot of vigorous rubbing and a flannel cloth. For this, prepare the polish in this manner: Shave two ounces of beeswax into a pint of turpentine, and place near the stove in a warm room, or set the mixture in a vessel of hot water until it dissolves; shake well before applying, and use a thick woolen cloth or stiff brush, applying but a very little at a time, finishing one space before beginning another. This calls for much work. After the mixture seems absorbed, go over the space with a dry woolen cloth, rubbing hard to bring out the polish and remove all traces of the oil. Brushes and buffers for this purpose may be bought at the paint stores, if preferred to the home-made. Do not pour the polish, or any oil, on the floor, but apply a very little at a time, with the after-rubbing; otherwise you will have a dust-catcher, very disagreeable to deal with.

A good floor stain that goes right into the wood and is durable is made of linseed oil colored as desired with ground burnt umber. Have this hot, and apply to the floor, rubbing in thoroughly as you go with a flannel pad; let dry, and the next day polish with the beeswax dissolved in turpentine, if a polish is desired. The polish must be applied warm, as above. Polished floors mean hard work and plenty of it.

Cooking Spinach

Pick over, trim off the decayed juice is drawn out, then let it boil until tender, drain off all water and chop fine. For half a peck of spinach (before cooking) add one large tablespoonful of butter, half a teaspoonful of salt, a dash of pepper, and cream enough to moisten it. If you have no cream, make a little thickening the same as for drawn butter. Heat the spinach again, then mold it in small cups and turn onto a platter; grate yolk of a hard-boiled egg over the whole and serve immediately. Fried Spinach .- Take cold spinach left from dinner and chop with it the yolks of two or three hard-boiled eggs, sprinkle with a little pepper; put into frying pan a large tablespoonful of butter, and when it is sufficiently hot put in the spinach and eggs and fry nicely.

according to taste, and when mixing to the fresh ripe fruit by many; it one tablespoonful of suct, one cupful the stains they must not be too thick is better the second year than the of milk, one cupful of vinegar, and with the coloring matter, nor ap- first. It is nice as a relish with one egg. Mix the sugar, mustard, plied too plentifully with the brush meat bacon or liver; for dessert it and suet thoroughly; slowly add the to the floor. Apply the stain in a may be served with sliced bananas milk, stirring vigorously, then stir thin coat, with a flat brush, going and berries and covered with whipped in the vinegar, and last, the egg.

> If the baby has been allowed a "pacifier," he should give it up; many mouth allments are caused by this article, and the sooner it is thrown into the fire, the sooner the baby's mouth will get well. These neither a member of a church nor of "pacifiers" are a "blind nipple attached to a ring," and can be of no

Tomato Salad

possible benefit to the child.

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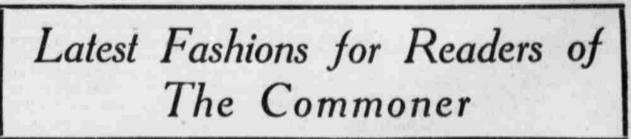
Chop fine six medium-sized nearly ripe tomatoes, and add one-half can of salmon and about a pint of cold boiled potatoes, diced. Make a dressing of one tablespoonful of mustard, ain't .-- Philadelphia Ledger.

Boil this until it is like custard, and pour over the salad when cold.

DOUBTS

There was a darky in southern Tennessee named Eph Friday, who died a short time ago. Eph was a lodge, and thus had no one to deliver an address or a prayer at his burial. At last an old uncle consented to say a few remarks for the departed soul. As the coffin was being lowered into the grave the old uncle said to the assembled mourners

"Eph Friday, we trust you hab gone to de place whar we spects you



2363-Misses' Tucked Jumper, with a Separate Guimpe Having Long or Three-Quarter Length Sleeves. A pretty style for afternoon or dressy wear. Three sizes-13 to 17 years.

2341-Ladies' Seven-Gored Flare Skirt. Any of the pretty plaid worsteds make up well in this style. Eight sizes-22 to 36

2332-Girls' Low-Necked Dress, with Yoke, Collar and Short Sleeves. Flowered lawn or organdle are pretty developed in this style. Four sizes-6 to 12 years.

2344-Ladies' Semi-Fitting Jacket. This is an excellent model for the eparate coat in serge or covert cloth Seven sizes-32 to 44.



FIT THE GROCER Wife Made the Suggestion

A grocer has excellent opportunity to know the effects of special foods on his customers. A Cleveland grocer has a long list of customers that have been helped in health by leaving off coffee and using Postum Food Coffee.

He says, regarding his own experience: "Two years ago I had been drinking coffee and must say that I was almost wrecked in my nerves.

"Particularly in the morning I was so irritable and upset that I could hardly wait until the coffee was. served, and then I had no appetite for breakfast and did not feel like attending to my store duties.

"One day my wife suggested that inasmuch as I was selling so much Postum there must be some merit or. The imported fruit is picked in it and suggested that we try it. green and ripens en route. If the I took home a package and she prepared it according to directions. The amber or tan color, the fruit i- ready result was a very happy one. My for use. Pending the season of strawnervousness gradually disappeared berries, cherries, peaches and meland today I am all right. I would ons, it is worth while to experiment advise everyone affected in any way with nervousness or stomach yellow, sound, sweet-smelling fruit, troubles, to leave off coffee and use peel it, scoop out the core and fill the Postum Food Coffee." "There's a hole with sugar; let it stand twenty-Reason." Read "The Road to Well- four hours in a cool place, slice and ville," in pkgs.

Ever read the above letter? A new one appears from time to time. cover with sugar and serve after sev-They are genuine, truc, and full of eral hours. The silver-forked canhuman interest.

Choosing Pincapples

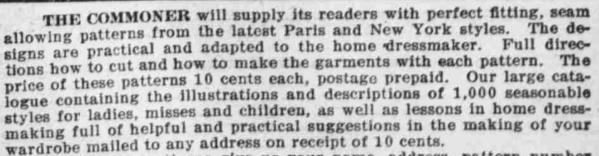
Pineapples are "to'd" by their col-"eyes" are smooth, and of a bright with pineapples for dessert. Get a serve. Another way is to shred the fruit-"silver-fork it," as it is called. ned pineapple in market is preferred

2331-Ladies' One-Piece Shirt-Waist. A pretty pattern for cross-barred dimity, flowered lawn or thin silk. Five sizes-32 to 40.

2357-Misses' One-Piece Tucked Skirt with Straight Lower Edge. Muslin, organdie, or any of the thin materials make up well in this style. Three sizes-13 to 17 years.

2361-Child's One-Piece Dress, in Bishop Style. Fine nainsook develops well in this style. Five sizes-1 to 9 years.

2333 - Ladies' Dressing Sack. A pretty pattern for lawn or organdie. Four sizes-32, 36, 40 and 44.



In ordering patterns give us your name, address, pattern number and size desired:

Address THE COMMONER, Pattern Dept., Lincoln, Neb.