crust, after the crust is fitted to the and a half at each side of it, sewing 4 cupfuls of flour, 1 pound, or one the coffee grounds. Then draw the tin, rub a tablespoonful of flour into the surface of the paste up to the edge; if the filling is very juicy, sprinkle a tablespoonful of flour over the top of it; wet the edges of both crusts lightly and press together.

Mary .- To massage the scalp, a good "home" way is to run the fingers of both hands through the hair, letting the tips rest on the scalp and with the cushions of the finger ends, press on the skull beneath, moving the scalp up and down, and round in a circle, doing this until the scalp feels warm. This will bring the

blood to the surface.

H. J .- The word, mortar-board, as applied to the cap worn by college students, is a corruption of a French word, mortier, meaning the cap worn by the ancient kings of France, and still omcially used by the chief, or president, of the court of justice. As the college cap has a square board on the top, the "mortier board" became a "mortar board."

"Observer."-A woman's signature is her own name, not her husband's, and without the use of the prefix, Miss or Mrs. Miss, or Mrs.

is a title, not a name.

Elva. - For churning, cream should have a temperature of sixty degrees in summer, and sixty-two to sixty-five in winter. A dairy ing and boiled starch should be thermometer should be used, lowering it into the cream, no guess-work will do. If too cold, the temperature may be raised by setting the churn into a vessed of hot water, stirring both cream and water occasionally, until the right temperature is reached. If the cream is too warm, the butter will be white and spoiled; if too cold, the cream will be frothy, and the butter will not "come."

"Only Me."-For keeping the waist and skirt together at the back, use three hooks and eyes; if the waist is worn over the skirt, sew one eye to the center back of the skirt belt, and one about an inch

LOST \$300

Buying Medicine When Right Food was Needed

Money spent for "tonics" and "bracers" to relieve indigestion, while the poor old stomach is loaded with pastry and pork is worse than losing a pocketbook containing the money.

If the money only is lost it's bad enough, but with lost health from wrong eating, it is hard to make the money back.

A Michigan young lady lost money on drugs but is thankful she found a way to get back her health by proper food. She writes:-

"I had been a victim of nervous dyspepsia for six years and spent three hundred dollars for treatment in the attempt to get well. None of it did me any good.

"Finally I tried Grape-Nuts food, and the results were such that, if it cost a dollar a package, I would not be without it. My trouble had been caused by eating rich food such as

pastry and pork.

"The most wonderful thing that ever happened to me, I am sure, was eggs, or ten medium size, 1 pound; the change in my condition after I 1 heaping tablespoonful of butter, began to eat Grape-Nuts. I began 2 ounces, or one-fourth cupful; butto improve at once and the first week | ter size of an egg, 2 ounces, or one-

I gained four pounds.

"I feel that I cannot express myself in terms that are worthy of the benefit Grape-Nuts has brought to me, and you are perfectly free to publish this letter if it will send some poor sufferer relief, such as has come to me."

Reason."

waist, the hooks should be sewed on very valuable to the housewife who minutes .- L. C. the inside of the skirt-band, and the has to depend upon cups and spoons eyes or loops on the outside of the for her weights. Every kitchen waist-line to correspond.

painted and long dried can not be satisfactorily cleaned of the paint and stained. Regular painters burn old paint off, but the work is seldom satisfactory, and with the amateur it is a failure. Varnish and paint ing. Allow twice as many level time, arrange on individual salad removers do not give the desired results, in most cases. Washing with a good scouring preparation, then sandpapering is the best that can be done. No. 1 sandpaper should be used, wrapped around a block of wood for easy handling.

Answering Many Questions

Fringed napkins and doileys should be taken by two corners and that the egg shall not coagulate with juice to each serving. snapped quickly, changing the hold from side to side to shake out ail the fringe; when ironing, the napkin should be laid on the ironing board and carefully smoothed out with the hands, that the fringe may be without tangles, and straight without matting together. The fringe should be ironed the last thing.

When table linen is washed, bluadded to the rinse water, and too much starch should not be used, as the linen should not be very stiff.

A pretty way to serve oranges is to cut the rind in the shape of a little basket, carefully remove the pulp; break it up and sprinkle well with sugar; re-fill the basket and place in a refrigerator, or other cool place until serving time. White cherries, or other fruits may be mixed with the pulp, if desired.

When the tops of salt cellars are slightly corroded, they are difficult to move. In the end of a stout stick put two very thin wire nails; thrust these nails in the holes of the cover, and twist. This will remove the top.

For the deep scratches which sometimes mar the surface of a hardwood door or casing, this is recommended: Hold a red hot poker an inch above the scratch for a moment. and when the place is cool, rub hard with a mixture of equal parts of olive oil, alcohol and best vinegar. This is a clean, effective furniture polish.

A good polish for boots and shoes is made by mixing together two pints of best vinegar, one pint of soft water; stir in a quarter of a pound of glue broken into bits, or powdered, one-half pound of logwood chips and one-quarter pound of isinglass. Put the mixture over the fire and let boil for ten minutes or more, until a good color; then strain the liquid and bottle in small bottles and cork tight. When cold, it is ready to apply with a bit of clean sponge.

Comparative Measure

One tablespoonful of liquid, equals one-half ounce; 2 rounded tablespoonfuls of coffee, 1 ounce; two rounded tablespoonfuls of powdered sugar, 1 ounce; 2 rounded tablespoonfuls of flour, 1 ounce; 9 large fourth cupful; 1 rounded tablespoonful of butter, one ounce; 1 pint chopped meat, packed solid, 1 pound; 1 pint of milk or water, 1 pound; 2 cupfuls, 1 pint; 1 cupful, 2 gills or one-half pint; 4 tablespoonfuls of liquid, 1 wine-glass, one-half gill, or one-fourth cupful; Name given by Postum Co., Battle 3 cupfuls of meal, 1 pound; two and Creek, Mich. Read, "The Road to one-half cupfuls of powdered sugar, Wellville," in pkgs. "There's a 1 pound; 2 cupfuls pulverized sugar, 1 pound; same of granulated sugar;

Housewife.-Wood that has been good scales, but not every one is.

"A Cup of Coffee"

the hooks in corresponding posi- quart; 4 cupfuls of liquid, one pot to the back of the range and tions on the inside of the belt of the quart; 2 cupfuls solid butter, 1 stuff tissue paper in the spout; let) waist. If the skirt fastens over the pound. These measures will be stand at barely boiling point for ten

> Remove the skin and fiber from ought to be supplied with a pair of six oranges, then cut the pulp into small blocks; peel and dice three bananas; peel and cut a mediumsized pineapple first into rounds, Have your coffee pot perfectly then into small, wedge-shaped secclean and sweet. Have one perfect- tions. Stand the prepared fruit in ly fresh egg, and water freshly boil- a cold place to chill. At serving tablespoonfuls of ground coffee as plates as follows: First, around the there are cups to be served. For outer edge a border of pineapple; inevery ten tablespoonfuls of coffee side this a row of orange blocks, allow one well beaten egg. Add a then fill up the center with the diced little cold water to the egg when bananas, heaped up to form a tiny beating, mix with it the ground cof- mound. Finish off the top of the fee, and put the mixture into the mound with a fine, fresh strawberry coffee-pot, and pour over it the num- or a maraschino cherry; sprinkle ber of cupfuls of boiling water, boil with sugar, and add at the last mofive minutes, stirring occasionally ment one tablespoonful of grape

Latest Fashions for Readers of The Commoner



2203-Ladies' Tucked Shirt-Waist. Linen or Victoria lawn develop well in this style. Six sizes-32 to 42. 2058-Misses' Nine-Gored Double

Box Plaited Skirt. An excellent model for everyday made in any material. Three sizes-13 to 17 years.

2242-Boys' Russian Suit, Consisting of a Blouse Closed at Right side of Front, with High Neck and Rolling Collar, or with sailor Collar and a Removable Shield. One of the most stylish models for the linen suit. Four sizes-2 to 5 years.

2293-Ladies' One-Button Cutaway Coat. Made up in dark blue serge with revers of moire silk. Seven sizes-

2307-Ladies' Shirt-Waist, with Kimono Sleeves. Nainsook and embroidery are prettily combined in this waist. Five sizes-32 to 40.

2309-Ladies' Nine-Gored Skirt, with an Inverted Box-Plait at Centre-Back Seam and below Hip at the other Seams. Serge and Moire silk are used for this model. Seven sizes-22 to 34.

2316-Girls' and Childs Dress, with high or Dutch Neck. Flowered dimity develops well in this style. Six sizes-2 to 12 years.

2292-Misses' Jumper Dress, Consisting of a Tucked Jumper, an attached Four-Gored Skirt, and a separate Guimpe having long or three-quarter Length Sleeves. Light blue organdie, combined with Valenciennes lace is a girlish development of this pretty model. Three sizes-13 to 17 years.



THE COMMONER will supply its readers with perfect fitting, seam allowing patterns from the latest Paris and New York styles. The designs are practical and adapted to the home dressmaker. Full directions how to cut and how to make the garments with each pattern. The price of these patterns 10 cents each, postage prepaid. Our large catalogue containing the illustrations and descriptions of 1,000 seasonable styles for ladies, misses and children, as well as lessons in home dressmaking full of helpful and practical suggestions in the making of your wardrobe mailed to any address on receipt of 10 cents.

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