regular bathing of the body is an excellent preventive.
S. M.-Destitute aged persons of either sex, regardless of nationality or religious belief, are accepted without admission fee into the homes conducted by the Catholic order of the Little Sisters of the Poor. These home are intended only for the destltute aged, and none who are able to pay an admission fee elsewhere are admitted. The inmates are drawn principally from the lower walks of life. Every large city has one or more homes, and these institutions are supported in part by the entrance fee paid by the applicants and by contributions from organizations and private gifts. If you wil send stamped, addressed. envelope, will enclose the addresses desired. E. L.-Velvet waists may be soaked overnight in gasoline, rubbed and squeezed through the hands, rinsed in clean gasoline and hung in the air to dry. Gasoline must be
used out of doors, away from all danger or fre. Some prefer hot casoline. To heat, set a tub out in he yard, and pour in boiling water; taining the gasoline, until warm enough. Squeeze and rub as usual To raise the pile on the velvet after washing, see that the garment is enwashing, see that the garment is enwarm a flat-iron moderately hot, warm a flat-iron moderately hot cover with a wet towel, pass the velvet slowly over it, right side up Have another person brush the vel-
vet against the pile as it $: 3$ passing vet against the pile as it $: 3$ passing through the steaming process.

## For the Laundry

Every woman should have an froning board, with supports of its own which fold under compactly when not in use, but which serve as a table hat can be at any desired height when not in use. These can be had at the house-furnishing department of

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Suit and Extra Pair of Trousers Spl nddty Pa torned nd Wel lai ored. A TYPICAL MACY BARGAIN.

##  <br> yb


R. H. MACY \& CO., Room 531, Broadway, New York.
any large store for 75 cents to $\$ 1$.
according to quality of workmanshlp according to quality of workmanship A board alone, to be supported at be had for less; but a good ironing board, with table, is worth many times the mere board, in convenlence. Any one who can hande a saw and plane can make the board. Its length should be five and onehalf feet, in order that long garments may be froned without moving the length, but a shorter one may do. The broad end should be fifteen to eighteen inches wide, and should be graded down to about nine inches wide at the small end, then the board should be made smooth on both sides, and all roughness sandpapered away. If the board is of a
wood that will warp under the influence of heat and steam, it should have a plece of wood let in on the under side to serve as a brace. This would require some skin, but on he bottom side of the board. When finished, cover one side with a cloth having no seam or patch on it, tack the edges to the underside of the board, and cover this with the unworn sides of old sheets, two or three of them, stretching every piece tightly, leaving no wrinkles, and securing the edges underneats over this draw a strip of muslin, elther new or worn, and pin tiphtly over the whole board. This last covering is to be removed and laundered and put away out of the dust after every froning day. It must be always kept clean. The and may be supported on the cable way. It can be slipped inside a wress, skirt, shirt, or other double garment, and the garment will be ironed without "mussing." When not in use, it should be slipped into a bag, made of any old or new mafresh from dust and stain.

## For the Home Scamstress

When sewing on heavy linen, the thread often breaks, and this may be avoided by rubbing the back of the eloth with white soap.
When fabrics fray easily at the seams, the best. method for fixing them is to pink them with a pinking iron, or clip into small notehes with a pair of sharp scissors. The bottom of shirtwaists Iles much flatter about the bottom if it is prepared in
the same manner, thus avolding the
em, which is noticeable under年t-fitting skirt
For the little fellow who kicks off he bed clothes at night, make feet anton flannel purpose. Anel excelient for this prpose. As this goods shrink, make Finlsh the cotton large.
imitation cotton house dress with now ruflion bolero niade with a naron braid. Strap with white cothe walst line, and have a fitted bat Rufte the lower portlon of the back. cume with aner portion of the gar nstead of a waistb-nd rume, and make the end of the sleeve slightly lose and rufle to match the rent of the dress.

To clean the soiled garments to be made over for the little folks, get en cents worth of soap bark and our boiling water over it, a quart保 Sponge the goods with this.
Bed socks may be made as stiracBed socks may be made as attractive as one wishes, according to time and skill in doing them, with the ook: but if only service needies and they, but if only service is wanted they may be cut from any thick mastocking, only larger the foot of a tocking, owly larger, cutting the in sewing together round lengthwise of the foot heel, ound thick ise of the foot. Made shed very ing very neaty with fancy stitening in colors around the, top and nit fust as you would shape the foot nit just as you would shape the foot instep. These for "night prowlerg?"

## "Doing the Hair"

If the hair is very dry, it may be ressed with a preparation of vaseine cut with alcohol. The druggist will know the right proportions. Thfs should be rubbed into the sealp rather than on the hair, and will not only give a gloss to the hair, but will tone up the scalp. A great deal "padding" with light rolls of hair or fute is "the fashion." but if care is taken to braid the hair at night, keeping it perfectly clean, the hair will be fiuffy and work up well without any additions. Hold the hair in place with many hairpins, using the small, invisible ones, if the hair ts thin. After putting the pin in place, bend one end back, and the pin will not fall out. The pin is essify straightened on taking the hair essify
down.

