



Mrs. Mary J. Holmes, the novelist, is dead.

The Illinois legislature is in special session.

Emperor Francis Joseph of Austria is seriously ill.

W. T. Stead has organized a peace pilgrimage through Latin America.

Mrs. Cassie Chadwick, who created quite a stir in financial circles, died in the Ohio penitentiary.

The Santa Fe Railroad company was found guilty of rebating in the federal court at Los Angeles, Cal.,

Governor Comer has called an extra session of the Alabama legislature for the purpose of considering the railroad question.

This cablegram from Nagasaki was printed in the St. Louis Globe-Democrat: "During the trip of the steamer Minnesota, on which Secretary of War Taft and his party were passengers, from Kobe to this port, a Japanese passenger was put in irons by order of the captain of the vessel on account of his suspicious actions. He said he was a member of the Taft party. He was turned over to the police here, and it was

**EASY FOOD**

Ready for Instant Use Without Cooking

Almost everyone likes a cereal food of some kind at breakfast and supper, but the ordinary way of cooking cereals results in a pasty mass that is hard to digest and if not properly digested, the raw mass goes down into the intestinal tract where gas is generated and trouble follows.

Everyone knows that good food properly digested keeps the body well, while poor food, or even food of good quality that is poorly prepared and not digested, is sure to bring on some kind of disease.

The easiest food to digest in this line is Grape-Nuts, made from wheat and barley, and cooked thoroughly at the factory, some twelve to sixteen hours being consumed in the different processes of preparation. The food, therefore, is ready for instant service and the starch has been changed to a form of sugar, so that it is pre-digested and ready for almost immediate absorption.

A Chicago young lady writes that she suffered for years from indigestion and dyspepsia from the use of food that was not suitable to her powers of digestion. She says:

"I began using Grape-Nuts, and I confess to having had a prejudice at first, and was repeatedly urged before I finally decided to try the food, but I have not known what indigestion is since using it, and have never been stronger or in better health. I have increased in weight from 109 to 124 pounds."

People can be well, practically without cost, if they will adopt scientific food and leave off the indigestible sort. "There's a Reason."

Grape-Nuts Food is crisp and delicious to the taste. It should be served exactly as it comes from the package, without cooking, except in cases where it is made up into puddings and other desserts.—Book of delicious recipes, and "The Road to Wellville," in pkgs.

developed that the man had been drinking. The affair was explained as an attempt to injure Secretary Taft."

John Mitchell, president of the United Mine Workers, announces that he will not be a candidate for re-election on account of ill health.

The railroad commissioners from various states met in national convention at Washington. They adopted a report opposing exclusive federal control of railroads.

Henry Clay Barnabee, the veteran opera singer, was run over by a trolley car in New York and seriously and perhaps fatally injured. He is seventy-four years old.

The Washington correspondent for the Chicago Record-Herald says that Cannon for president and Hughes for vice president is the latest scheme of the anti-Roosevelt forces.

The federal court at St. Paul has cited for contempt Edward T. Young, Minnesota's attorney general. He is charged with violating a mandamus issued in connection with railroad litigation.

An Associated Press dispatch from Boston follows: "Assistant Secretary of State Robert I. Bacon figured in a heroic rescue on the Charles river late today when he jumped overboard from the Harvard launch Veritas and swam to the rescue of two boys who had capsized in a canoe and succeeded in saving the life of one. The second boy was rescued by J. S. Reed, a student of Harvard, who followed Mr. Bacon into the water. After swimming nearly seventy-five yards Bacon reached the boy, who had become unconscious and was sinking for the last time. Grasping him firmly Bacon turned back toward the launch which was moving slowly toward him, and the men on the launch drew both Bacon and the boy back on board. Reed and the other lad were also picked up."

The Rhode Island democrats in convention at Providence nominated the following ticket: Governor, James H. Higgins, Pawtucket; lieutenant governor, Charles Sisson, Providence; secretary of state, Atmore A. Tucker, South Kingstown; attorney-general, Edward M. Sullivan, Cranston, and general treasurer, John D. Archembault, Warwick. Mr. Higgins is known as the "Boy" governor. Mr. Sullivan is thirty years old, and Mr. Tucker only twenty-seven. The platform adopted was devoted entirely to state issues, especially the so-called "boss system" said to control the republican general assembly. The alleged connection of United States Senator George P. Wetmore and Charles R. Brayton with "corruption" in state politics was condemned, and the election of Colonel R. H. I. Goddard to succeed Senator Wetmore was urged.

**TIME**

"I did think of ordering a suit from that tailor of yours," said Brokeleigh, "but I couldn't get him to promise to give it to me on time." "Why," said Richley, "he's usually very prompt." "O! yes; but he wanted me to be equally prompt." — Philadelphia Press.

**MR. BRYAN IN 1908**

The Fayetteville (N. C.) Observer copies from Webster's Weekly the following article:

The zeal with which the opponents of Hon. William Jennings Bryan are laboring to start a boom for somebody to defeat him for the nomination for president is amusing. They declare frantically that if he will but give his endorsement the democratic party will nominate a southern man and that said southern candidate, with a united party behind him, would stand an excellent chance of being elected.

The brethren need to be reminded that Mr. Bryan has never stood in the way of a southern man attaining any honor to which he aspires. At the national democratic convention in St. Louis in 1904 he urged the nomination of General Cockrell, of Missouri, a gallant confederate soldier, while the southern democracy lined up behind Judge Parker, of New York, following the lead of

Senator John W. Daniel, of Virginia, who declared that he was "tired of being defeated."

It can not be doubted that General Cockrell would have made a stronger run than Judge Parker did; in all probability he would have carried Missouri, which Parker failed to do. And Judge Parker and his friends had a platform to their liking, and to make assurance doubly sure, the candidate sent his famous gold telegram.

With Mr. Bryan it is not a question where the candidate hails from, but it is what he stands for. He is not in the way of Governor Folk, Governor Johnson nor Governor Glenn. He is not seeking the nomination. More than a year ago he made his position clear on this point. In response to a letter from Hon. James K. Jones, national democratic chairman in the campaigns of 1896 and

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**Good Pay and Promotion**

There is no other occupation where progress and promotion is more certain to the young man who proves his efficiency than in the United States Navy.

There are vacancies waiting in every branch of the service, easily within the reach of the young man with ambition, even though inexperienced. The

**United States Navy**

does more than offer young men a permanent, profitable and dignified occupation. It gives inexperienced men a chance to secure good pay while training for a higher rating and higher pay.

Applicants must be American citizens, between 17 and 35 years of age, sound physically, and of good character. Pay \$16.00 to \$70.00 per month, including board, medical attendance and clothing allowance on first enlistment. Privilege of retirement on three-fourths pay and allowances after 30 years' service.

Applicants accepted will be assigned to United States Naval Vessel or to Naval Training School for instruction in seamanship or the various trades.

Term of enlistment, four years, with special inducement to re-enlistment. Navy Recruiting Stations in various cities will receive personal applications, or full information of how and where to enlist can be had by writing

**Bureau of Navigation,  
Navy Department, Box Z, Washington, D. C.**

**PRIMARY PLEDGE**

I promise to attend all the primaries of my party to be held between now and the next Democratic National Convention, unless unavoidably prevented, and to use my influence to secure a clear, honest and straightforward declaration of the party's position on every question upon which the voters of the party desire to speak.

Signed.....

Street..... Postoffice.....

County..... State..... Voting Precinct or Ward.....

Fill out blank and mail to Commoner Office, Lincoln, Nebraska.