

Vegetables, fresh, potatoes, Burbank .....	32.5
Apples .....	32.0
Coffee .....	35.2
Soda, bicarbonate .....	38.2
Apples, evaporated, choice .....	38.0
Prunes, Calif. in boxes .....	44.6
Nutmegs .....	55.7

Here is a revelation in statistics. Almost everything that is an actual necessity to human life has risen in price so that the trusts and corporations which control them, even though they may maintain wages, are yet enabled to reach further into the pocket of the consumer by an arbitrary increase.

Since 1894 canned goods have advanced over 25 per cent on the dozen cans. The Standard Oil company has advanced the price of oil 8 cents a gallon in the same time. Bread is still 5 cents, although the price of flour has risen 36 per cent. This is because the bakers, to protect themselves, were forced to make the loaf smaller.

The hens of today produce four times as many eggs as a similar number did ten years ago. The advance in price has been phenomenal. The art of cold storage is the one great barrier which prevents commodities from finding a natural price level. These cold storage plants are controlled by the trusts.

We eat eggs laid a year ago. We eat chickens and game that was killed last year and beef that has been on ice for years. You may find in these cold storage houses barrels of frozen turkeys which were killed last Thanksgiving Day and which you may probably eat next November.

The system is a beautiful one for keeping up the prices and making the American laborer feel that he is earning his money.

Soda crackers have decreased 10.5 per cent in price, and about 50 per

cent in size. Fresh vegetables cannot very well be kept for next year's consumption, consequently they have decreased naturally in price with the advance in truck farming.

Coal has clambered up the scale about \$2 a ton since 1890, without counting the extra high figures reached in 1903.

**Is Your Wheat Good?**

Two men were disputing over their respective churches. Finally one called a neighbor who was passing and asked his opinion as to which was the only church in which to be saved. "Well," said he, my son and I have hauled wheat to the same mill nigh on to forty years. Now, there are two roads that lead from our place to the mill—one's the valley road, t'other takes over the hill. And never yet, friends, has the miller asked me which road I took, but he always asks: "Is your wheat good?" —Exchange.

**Woman's Backbone**

The average woman has twice as much "backbone" as the average man, yet her spine is one inch shorter. Consult Gray's Anatomy. It seems, therefore, singular that she should sit so much higher. Here is something about woman that sheds a ray of light on the sitting higher: Put the toe of your right foot against the baseboard of the room, forming the angle of a square; bring the toe of your left foot against the heel of the right, continuing in a straight line; now place the toe of the right against the heel of the left, in the same straight line, and bring the left alongside of the right so that both toes are on an equality. You will have stepped straight back from the wall two foot lengths. Don't fudge. Now have a plain, ordinary armless chair placed

sideways between your body and the wall. Bend low down, bringing your torso in a nearly horizontal position, legs erect. Grasp the seat of the chair in your two hands, raise the chair from the floor until it touches your breast, then proceed to lift your head from the wall and straighten up your body. No living

man can do it, but there never was a woman who could not do it.—New York Press.

St. Petersburg dispatches say that M. Muravieff has resigned as chief peace plenipotentiary and will be succeeded by M. Witte.

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