



The Home Department

Conducted by
Helen Watts McKevy

The Difference.

Two women stood at a cradle side,
And gazed on a picture fair—
A nestling child, with dark-fringed
eyes,
Where lurked the deep-toned blue of
the skies,
And shining, sun-touched hair.
One of them sees but a sleeping child,
Clasping a battered doll,
She notes the beauty of form and face,
The rich effect of the priceless lace,
And the carven cradle—that is all.
She kisses the babe, as she tarries
awhile,
Then turns away with a careless
smile.

The other gazes with misty eyes,
And the cradle fades away;
Before her stretches the path of life
With all its perils, its toil and strife,
And the dangers of every day;
She sees the tiny form grow strong,
And the tender heart grow cold
In the race for pleasure that ends in
pain,
The losing struggle for place and
gain—

The maddening quest for gold,
And she sobs a prayer—"O, God, that
thou
Wouldst hold him always as close as
now."

These women stood in the self-same
room,

Sweet and gentle and fair to see;
Alike in feature, in form and face,
Alike in a tender, nameless grace—
In a gentle charity.

Both loved the babe with the eyes of
blue

And the sunny, clustered hair;
One asked that his life be fair and
sweet;

One laid his soul at the Father's feet,
And asked for the Father's care.
They looked on the self-same child
and cot,

But—one was a mother; and one was
not. —Selected.

Home Chats.

"A Reader," evidently of the masculine gender, asks: "Is it not a wife's duty to meet her husband with a smile when he comes home from business?"

Well, yes, my boy, a smiling face is a blessing wherever we find it, and I wish it were commoner than it is; but I think it is no more the duty of the wife to meet her husband with a smiling face than it is his duty to meet her in the same manner. A woman, shut up in the house all day, has a great many nerve-racking experiences of which her husband has no appreciation, and it is a little difficult for her, at a moment's notice, to smooth out the lines of care in order to let the laughing wrinkles have full play. The husband is providing the home for her not one whit more than she is making a home for him. While he may earn the money and furnish the means to the end, it is she that makes the home. They must work each for the other, each in his or her appointed way, or there can be no home nor happiness. He works no harder outside than she does within, and the smiles must be mutual in order to insure the real home happiness. Try to do a good share of the smiling, yourself, son, and see if it

AN OLD AND WELL TRIED REMEDY
MRS. WINSLOW'S SOOTHING SYRUP for children
teething should always be used for children while
teething. It softens the gums, allays all pain, cures
wind colic and is the best remedy for diarrhoea.
Twenty-five cents a bottle. It is the best.

don't pay. She may be as "human"
as you are.

O O

Dear friends—you, who are fighting the hard battles of life, and finding its burdens so hard to bear—read this paragraph which I have clipped for you. "Cato prophesied that, if the time ever came when Rome had nothing to push against her greatness, she would collapse. After the Romans had given battle to all of their antagonists and put them all to route; had conquered all which lay before them, the glory of the Romans passed away. In other words, the glory of Rome was something which was achieved only through long generations of terrible conflict. She had grown strong by meeting and overcoming the forces which arose against her, and when there was nothing more upon which Rome could strengthen, she fell."

The "straight and narrow way" is the only safe one; and it is the one that is hardest to follow. But Heaven lies at the far end of it.

Little Helps.

Do not forget to send an Easter greeting to your friend. It is so easy to make the heart of a friend glad.

For the removal of milk stains, try painting the stain with glycerine, then wash out the glycerine with lukewarm water.

When soaking salt fish, place the fish in the water skin-side up, to freshen quickly; otherwise, the salt lodges against the skin, and it takes longer soaking.

Excellent silver polish is made as follows: One-third pint of alcohol, two-thirds gill of ammonia, and two level teaspoonfuls of spanish whiting. Apply with a flannel cloth, and polish with a dry flannel before the solution becomes dry.

To clean worsted slippers, such as are worn for invalidism, in the bedroom, or on the steamer as a protection over dainty satin or kid evening slippers, remove the soles and bows and immerse the slippers in gasoline as directed for waists and gloves; shake out thoroughly when taken from the jar, and dry in the open air.

Baked bananas are recommended as one of the best foods for nervous persons and for brain workers. This food, it is claimed, will, in nearly all cases, build up and strengthen persons with poor blood. The banana should be baked with the skin on, in an oven, for fifteen minutes or until quite soft, when they will burst open.

If green vegetables have become frosted, try steeping them in cold water twelve hours before boiling, to restore them. Potatoes and other roots should be pared, then steeped for an hour, and when boiled, a small piece of salt petre should be added to the water. This method is recommended.

To clean a gold chain put the chain in a small bottle with warm water, a little tooth-powder, or prepared chalk, and some pure white soap to make a lather; cork the bottle and shake vigorously. The action against the glass polishes the gold, and the soap and chalk extracts every particle of grease and dirt from the most delicate patterned interstices. Rinse in clear cold water, wipe with a soft cloth and the polish will surprise you.

To clean an old, stained, spotted black skirt, soiled to an apparently hopeless condition, take one ounce of soap bark (to be had of your druggist) and put it in about two gallons

of hot water; let it stand about fifteen minutes, strain through a cheese-cloth, and in this strained water immerse the skirt, dip up and down, in and out, many times, as you would wash flannels. When the dirt is wholly removed, rinse well in clear water, lukewarm, shake vigorously, hang out in the open air, and iron before it becomes thoroughly dry. Iron on the wrong side.

Query Box.

Dorris.—Try black mosquito netting, rather than the colored or white.

Hannah.—Soak the old jar rubbers overnight in ammonia and water, to soften them.

Anxious Mother.—For a burn, grate a raw potato and apply as soon as possible.

Hostess.—As a matter of courtesy invitations should be sent to all, even those whom you know cannot attend.

H. S. M.—For inflamed eyes, use boric acid four grains, camphor water and distilled water each half an ounce. This will also strengthen the eyes.

Mrs. B.—The objection to sheep's wool for filling mattresses is that it is sometimes infested with vermin as a result of the decomposition of the oils in it.

Nurse.—To make lime water, put a tablespoonful of unslacked lime into two quarts of water; stir thoroughly and let settle. Use only the clear water from the top, and add more water as it is used, stirring occasionally.

Mrs. L. W.—Colored napery is allowable at breakfast and luncheon, but is not used at dinner. In white napery, the plainest effects are the most attractive. Very little, if any, starch should be used in laundering table linen, and, if possible, the cloth should be rolled, not folded.

Sister.—To preserve orange peel, cut the skin from the fruit, being careful to cut off none of the white skin with the yellow; boil in water until tender, then boil in a thick syrup; dry, and roll in granulated sugar.

Marie.—China bowls are now used for soup, in place of the regulation soup plate; the bowl has the advantage over the plate that it is easier to handle without spilling the contents, and some of them have the added advantage of having handles.

S. N.—A good cement for broken crockery is the white lead commonly used by painters; it will resist both heat and water. The article to be mended should be bound together after the lead is applied to the edges and set away for several weeks, until thoroughly dried. Unslacked lime or plaster of paris mixed with the white of an egg until of the consistency of cream, is excellent.

Olive S.—A good way to wash lace curtains is to make a suds of warm water, a little borax and white soap; dip the curtains up and down in the suds without rubbing, squeezing and stirring them, until clean; when quite clean, squeeze them as dry as possible with the hands, then rinse in clear water, starch very lightly, and pin them to a sheet spread on the carpet in an unused room until dry. If they are very much discolored by smoke and coal gas, they should be soaked a little while in clear water before washing, and may have to be boiled.

Fannie.—In selecting a street suit, the length of the skirt must be determined by the use for which it is intended. For general, every day wear,

the instep length is accepted as the only possible one; most skirts, except those destined for very dressy use, are being made shorter, and in many instances quite elaborate costumes are to be seen with the skirts cut round and almost escaping the ground in length. The old, full skirt of our mothers' days is being revived.

R. E. M.—A good finish for hardwood is a mixture of wax (white or yellow, to accord with the color of the wood) with turpentine. Melt two ounces of the wax over a moderate fire in a large vessel; when melted, add four ounces of turpentine, stir until cool; apply with a brush while warm, and polish by rubbing hard with a piece of flannel. It may be renewed at long intervals, but generally a good hard rubbing will develop a fine polish. Make up your mind that the work will call for considerable muscle. It may be put on cool.

Roll Jelly Cake.

Beat three eggs together until thick and light, add one cup of sugar gradually, beating continually; add half tablespoonful of milk, one teaspoonful of baking powder sifted with one cup of pastry flour and one-fourth teaspoonful of salt. Then add one tablespoonful of melted butter and a slight grating of lemon. Line the bottom of a long narrow dripping pan with paper; butter both the paper and the sides of the pan, and spread the mixture evenly over the bottom of the pan; bake twelve or fifteen minutes (do not overbake), remove from pan and turn on a paper; spread with jelly which has been beaten to a consistency to spread easily, and roll quickly (or the cake will crack); the paper should be rolled around the cake and left until cold. If the cake is overdone, it will crack in rolling.

Floral Notes.

Do not forget the flowers. Arrange to have a few—two or three are better than none, and whether indoors or out-doors, there is nothing so comforting, so refining, so soul-healing as these bright-faced children of Nature. You will always find them doing their best; they never give up until forced to do so, and they are always seek-

THIN DIET

No Nourishment In It.

It's not easy to keep up when coffee has so ruined the stomach that food won't digest.

A Mo. woman says: "I have been an invalid for two years from stomach trouble caused by coffee, got so bad I couldn't digest food and for quite a while I lived on milk and lime water—nothing but that—a glass of milk and lime water six times a day. In this way I managed to live but of course did not gain.

"It was about 5 months ago I began using Postum Food Coffee; I did not need the milk and lime water after that for I gained rapidly and I can now eat a good meal and drink from 1 to 3 cups of Postum each meal and feel fine.

"I would not go back to coffee for any reasonable pay. I like Postum better than coffee now and make Postum by directions on box and it is just fine; never found a better way to make it than on box. Now this is all true and you can easily prove it." Name given by Postum Co., Battle Creek, Mich.

Postum is a brew from field grains with all the nourishment left in. It makes red blood and rebuilds particularly well where coffee has done damage as it does to nearly all who drink it.

A 10 days trial of Postum in place of coffee works wonders. There's a reason.

Get the little book, "The Road to Wellville," in each pkg.