

A TEST EXPERIMENT.

Peculiar Power Possessed by a New Medicine.

Of new discoveries there is no end, but one of the most recent, most remarkable and one which will prove invaluable to thousands of people, is a discovery which it is believed will take the place of all other remedies for the cure of those common and obstinate diseases, dyspepsia and stomach troubles. This discovery is not a loudly advertised, secret patent medicine, but is a scientific combination of wholesome, perfectly harmless vegetable essences, fruit, salts, pure pepsin and bismuth.



These remedies are combined in lozenge form, pleasant to take, and will preserve their good qualities indefinitely, whereas all liquid medicines rapidly lose whatever good qualities they may have had as soon as uncorked and exposed to the air.

This preparation is called Stuart's Dyspepsia Tablets, and it is claimed that one of these Tablets or lozenges will digest from 300 to 3,000 times its own weight in meat, eggs and other wholesome food. And this claim has been proven by actual experiments in the following manner. A hard-boiled egg cut into small pieces was placed in a bottle containing warm water heated to ninety-eight degrees (or blood heat); one of these Tablets was then placed in the bottle and the proper temperature maintained for three hours and a half, at the end of which time the egg was as completely digested as it would have been in a healthy stomach. This experiment was undertaken to demonstrate that what it would do in the bottle it would also do in the stomach, hence the unquestionable value in the cure of dyspepsia and weak digestion. Very few people are free from some form of indigestion, but scarcely two will have the same symptoms. Some will suffer most from distress after eating, bloating from gas in the stomach and bowels, others have acid dyspepsia or heartburn, others palpitation or headaches, sleeplessness, pains in chest and under shoulder-blades, extreme nervousness as in nervous dyspepsia, but they all have the same cause—failure to properly digest what is eaten. The stomach must have rest and assistance, and Stuart's Dyspepsia Tablets give it both, by digesting the food for it and in a short time it is restored to its normal action and vigor. At the same time the Tablets are so harmless that a child can take them with benefit. This new preparation has already made many astonishing cures, as for instance, the following:

"After using only one package of Stuart's Dyspepsia Tablets I have received such great and unexpected benefit that I wish to express my sincere gratitude. In fact, it has been six months since I took the package and have not had one particle of distress or difficulty since. And all this in the face of the fact that the best doctors I consulted told me my case was chronic dyspepsia and absolutely incurable, as I had suffered twenty-five

years. I distributed half a dozen packages among my friends here who are very anxious to try this remedy." Mrs. Sarah A. Skeel, Lynnville, Jasper Co., Mo.

Stuart's Dyspepsia Tablets are sold by druggists everywhere at 50 cents for full-sized packages. A little book on "Stomach Diseases" mailed free by addressing F. A. Stuart Co., Marshall, Mich.

three drachms of oil of sweet almonds and two drachms of cocoa butter; let it almost boil, then remove to a cool place and stir in a few drops of essence of bergamot and a few drops of simple tincture of benzoin. Continue stirring until cold, and store in pots for use.

For the Sewing Room.

Serviceable petticoats for school girls may be made from dark colored gingham; the skirt should be gored and sewed onto a yoke at the top, which fastens behind with two buttons; they should be finished at the bottom with either a ruffle or a feather-stitched hem. To accommodate possible shrinkage of the goods and growth of the girl, several tucks may be added. They could be made quite handsome if the ruffles were finished with cross-stitch embroidery in either white or colors, and it would be well to let the lassie learn on her own garments to do the work.

Light-colored chambrays may be used for dressy occasions, and may be either trimmed with embroidery, ruffles, colored laces, or with feather-stitched hems. Light-colored flannel-ettes make useful winter petticoats. While it is considered more healthful to use wash material for school clothes, pure wool is the very best to wear next the skin, as it retains the bodily heat while favoring the exhalation of perspiration, thus keeping the body warm and dry. There should be no admixture of either cotton or linen, and the material should be soft and fine rather than thick. Wool fabrics do not easily burn, hence are desirable for school dresses. All cotton-napped materials are dangerous.

Full bloomers matching in color and material the dress, are very popular for children's school and play wear. The bloomers are cut extra full and bag down well over the knees, and are finished with a narrow band made to button around the leg. The bloomers may button at the side. Leggings and thick-soled shoes should be worn by all school girls as no amount of clothing packed about the body will protect the thinly-clad limbs, while cold, and often damp feet and ankles are a prolific source of colds and catarrhs.

Don't forget the pockets in the school dresses and aprons, and have plenty of handkerchiefs to put in them. It will pay.

Home Chats.

I wish I could impress upon the minds of my farm brothers and sisters—especially the brothers—the importance of having a good, family vegetable garden, and right now is the time to plan and prepare for it. No matter what other work is projected, do not overlook the vital importance of this one. The "home market" should be well supplied with vegetables, not only during the summer season, but throughout the year; other foods are all right, but even fruits cannot fill the place of vegetables, and if one must be done without, let it be the fruits. The average farm family finds little for the table, especially during the late winter and early spring months, other than salt meats and bread, with a not abundant supply of either eggs or dairy products.

The vegetable garden should not be left for the care of the women of the

family; vegetables should be treated as a "crop," and the vegetable garden is one of the best paying investments the farmer can have. It should have the cultivation of the plow and the horse, and there should be enough of it planted to pay for the careful cultivation by the man and team. There should be a sufficiency, not only for the few summer months, but for the season through, and plenty to store in cellars and root-houses so that even the stock may be treated to the luxury of fresh roots in the cold months.

The gude wife will gladly can, or dry, or preserve any surplus that may be about, while the cabbage may be either buried, worked up into sauerkraut, or used fresh as long as it will last; potatoes are easily stored in a frost-proof cellar, with a few handfuls of air-slacked lime sprinkled among them, or buried in convenient holes in the gardens; beets, carrots, parsnips, salsify, and many other roots, including turnips, rutabagas, are readily kept and easily got at for use if care is given them. Many ways of keeping, and also vegetables to be kept, will suggest themselves to the seeker after "home comforts," and it only remains that they shall be provided, and now is the time to plan for the growing and to provide for the sowing of the seeds.

A Great Possession.

Patience is a great possession. No one ever accomplished much who lacked it. When your plans, your hopes seem all likely to fail, don't give up. "All things come to him who waits." A great patience will tire out many a pain, and it is a fine thing to have persistence. When the world finds out that you are determined to have your own way; that rebuffs, obstacles and even disappointments cannot turn you aside, it will cease to oppose you. Sir Isaac Newton worked twenty years on one problem. Palissy, the potter, endured years of discouragement, poverty and ill-luck, but he kept at the purpose of his life, and finally won. John Knox endured the tortures of the galley ship, but he conquered. It takes fine heroism, wonderful staying qualities to succeed under some circumstances, but it pays. If you would teach the boys and girls the importance of patience, show them by your own life what it is. There is nothing that will lift one over the bad places so effectually, or set one's feet more securely on the right road.

Discipline.

Hardship may be but the means used to develop the character, but hardship does not of itself give nobleness of character. When we consider how large a part in the shaping and directing of the highest personality has come through meeting and enduring hardships, we are inclined to fear that those who have no call to similar experiences of hardship may lack the training which would develop the highest manhood, but the men who have profited by hardship have simply done the best they could do in the circumstances which surrounded them, in the providence of God. There is no better school for any human soul than the school of God's own choosing, and one who does the best he can, whether he is called to hardship or not, is likely to develop a character for the work God has for him to do, whatever that may be. "Obedience is better than sacrifice," in all the walks of life. Do well the duty at your hand.

Cleaning Wall-Paper.

For cleaning wall paper, cut a loaf of bread, at least two days old, into eight parts; blow the dust off the walls and ceiling with a bellows, or wipe off carefully with a soft cloth,

shaking the cloth out frequently. Take a piece of the loaf, and with the cut surface rub down the length of the paper in half-yard strokes, beginning at the top of the room until all the upper part is cleaned; then go around again, repeating until all is gone over, changing the pieces of bread as they get dirty. If the paper is very dirty, more than one loaf may, and probably will, be needed.

Another way is to take about two quarts of wheat bran, tie in a piece of coarse-meshed flannel and rub the paper in the same way; if done carefully, so that every spot is touched, the paper will look almost as good as new. Dry corn meal may be used instead of bread, applying with a cloth. If there are any grease spots, put blotting paper over the spots and press with a hot flat-iron. If the paper has been torn, see that the pattern is matched as carefully as possible, and before applying the patch, paste a piece of old cloth over the torn place, and on this paste the paper patch.

Drinking Water.

A physician gives the following method of purifying water for drinking by boiling: Boil the water for fifteen or twenty minutes, then pour it into a stone jar and cover with a piece of cheesecloth. Let it stand in a cool place for twelve or more hours, then put into beer bottles having patent stoppers, and place on the floor of the cellar, or in the refrigerator. Water prepared in this manner is bright and palatable. The bottles, stone jar and cheese-cloth must be thoroughly washed, scalded and dried each time they are used. You can get the bottles at a bottling establishment, or perhaps your grocer will get them for you. The bottles must be cleaned each time they are used.

In many localities, not alone in the cities, the water supply is often contaminated, and much sickness may result therefrom unless great care be taken to render it pure by boiling and bottling. As ordinarily boiled, it is very unpalatable.

RHEUMATISM

Cured Through the Feet

Don't Take Medicine, External Remedy Brings Quick Relief. Sent FREE ON APPROVAL, TRY IT.

We want everyone who has rheumatism to send us his or her name. We will send by return mail a pair of Magic Foot Drafts, the wonderful external cure which has brought more comfort into the United States than any internal remedy ever made. If they give relief, send us One Dollar; if not don't send us a cent—you decide.



Magic Foot Drafts are worn on the soles of the feet and cure by absorbing the poisonous acids in the blood through the large pores. They cure rheumatism in every part of the body. It must be evident to you that we couldn't afford to send the drafts on approval if they did not cure, even after everything else has failed. Since I used the Drafts I walk without crutches. They do just what you claim.

ANNIE LEE GUNN, Augusta, Ark. I am much pleased with your cheap and simple remedy. I have found it to be just as you promised.

J. H. DIRKMAN, Danube, Minn. I never found anything that would help me before trying your Drafts. JOHN WHITE, Grafton, Mich.

I have suffered with rheumatism for the past ten years but Magic Foot Drafts have entirely cured me. I have felt no pain since using them.

MRS. MARY ST. ANGE, Woonsocket, R. I. We have thousands of long letters of gratitude from men and women cured of rheumatism by Magic Foot Drafts. Will you let them cure you? Write today to the Magic Foot Draft Co., XCG Oliver Bldg., Jackson, Mich., for a trial pair of drafts free on approval. We send also a valuable booklet on rheumatism, free.