

RHEUMATISM

Cured Through the Feet

The success of Magic Foot Drafts has been so great that the makers have decided to send them FREE—On Approval

We want everyone who has rheumatism to send us his or her name. We will send by return mail a pair of Magic Foot Drafts, the wonderful external cure which has brought more comfort into the United States than any internal remedy ever made. If they give relief, send us One Dollar; if not, send nothing.



Magic Foot Drafts are worn on the soles of the feet and cure by absorbing the poisonous acids in the blood through the large pores. They cure rheumatism in every part of the body. It must be evident to you that we couldn't afford to send the drafts on approval if they didn't cure. Write today to the Magic Foot Draft Co., X223 Oliver Bldg., Jackson, Mich., for a trial pair of drafts on approval. We send also a valuable illustrated book on Rheumatism.

brave engineer, whose faithfulness to his trust and skillful hand has hurried them on their way, guarded from accident and death by his never sleeping vigilance.

There are obligations between man and man which cannot be compensated by dollars and cents. The engineer is a man, too, and a kind word of thanks or encouragement is not lost upon him. Every trip he takes his life in his hand; the risk is great.

Give him a kind word, a hand-clasp and a hearty "God bless you," and cheer his too often troubled heart by this touch of human sympathy. Remember, that, rough, soot-begrimmed, perhaps surely and short-voiced, he is one of the world's heroes, and to his nerve and skill you owe more than all the cheery words of greeting will ever repay, God bless him.—Ex.

Children's Clothing.

The tendency of the times seems to be towards simplifying in many matters pertaining to the home and house-keeping, and as family help is not to be counted on, we should not hesitate to avail ourselves of all the little helps we can pick up.

In the matter of children's clothing, Dame Fashion is kind in that she gives us many garments easily made and as easily laundered. Many serviceable little suits have no furberlows, no trimmings, no tucks, ruffles, or even gathers. Among the most serviceable, as well as most comfortable dress suits for little girls is the blouse and plaited skirt, with a sailor collar extending to the waist line. The suit is made with a plain waistlining to which the deeply plaited skirt is fastened, leaving the blouse quite separate. Navy blue serge for the suit and white serge for the trimmings (collar and shield) seem never to go out of fashion. Red or orange may be used instead of the white if the colors suit the complexion, hair and eyes of the child better.

Dark serges or chevots, which are the most sensible and serviceable of stuffs for school frocks, are always brightened by trimmings of bright color; plaid pipings, colored braids or black braids over bands of bright red or blue velvet, or edgings the same.

Uses of Salaratus.

For a headache, dissolve a teaspoonful of baking soda in a half-cupful of

water, wet a cloth in this and bind around the head, repeating if necessary, when it dries.

Salaratus makes a good dentifrice, and the mouth should be thoroughly rinsed out with warm water after its use.

A tablespoonful of saleratus in water used to rinse any vessels in which milk or butter is kept will keep them sweet and free from acids.

Tarnished silverware can be cleaned with saleratus; moistened with water in which, if convenient, a few drops of ammonia have been put; rub the ware with this, using a soft cloth; for the engraved parts, use an old, soft tooth brush; polish with a clean cloth, or a piece of soft tissue paper. Tinware is polished in the same way.

Query Box.

S. J. B.—Answer in another column.
M. I. C.—Recipe given in another column.

Sister.—Pepper sandwiches are made by spreading toast with mayonnaise dressing and minced green boiled peppers, and putting together with thin slices of broiled ham or bacon.

Carrie S.—To clean pots and dishes in which macaroni, and such things, have been cooked, put into it hot water with a lump of washing soda, and let it boil for a few minutes.

L. N.—An excellent powder for removing perspiration and odor, and for making sore and tender feet feel comfortable, is made by mixing in a seive one-half ounce salicylic acid, one ounce powdered burnt alum, and two pounds powdered boracic acid. Mix thoroughly.

Jose.—To clean a hair brush, take a basin of cold soap suds, add a spoonful of spirits of ammonia, put in the brush and draw coarse comb through the bristles until the brush is clean. Rinse well in clear water.

Emilie.—When obliged to wash dishes in hard water, add half a teacupful of sweet milk to an ordinary-size dish pan half full of water; it is said the tableware will look brighter, the pots and pans will wash easier, and your hands will not suffer as they will if lye is used. Borax will soften the hardest water, having no bad effect on the hands.

Young Mother.—The cause of the baby's flannels being stiff and hard is that you do not wash them properly. Either soft water, or water softened by washing soda, should be made into a nice, hot suds with good laundry soap, the flannel washed through this, then water of the same temperature, softened with the soda, but using no soap, used to rinse them, then snake well and dry without freezing.

Ferol.—See that your coffee and tea pots are clean; you cannot make a good beverage without. After using, set them on the stove nearly full of water, add two tablespoonfuls of washing soda, or saleratus, and let boil a half hour; then wash well in clean hot water and set out to air. Do this every day or two—at least two or three times a week.

Sally M.—To clean your lamp burners, put a vessel on the stove with water enough in it to cover the burners, add a heaping tablespoonful of saleratus or washing soda to it, and put the burners into the water and boil them for half an hour. They will be clean and bright. When oil is cold, you should not fill your lamp quite full, as heat causes the oil to expand and forces it out, making the top dirty and greasy.

Mrs. M. I.—It is difficult to find a remedy that will permanently remove superfluous hair without also permanently disfiguring the face or skin. The hair follicles are so deeply imbedded in the skin that any remedy which will remove or destroy them must necessarily more or less injure

the skin. The electric needle is claimed to be the best eradicator. It is claimed that a paste made of fine wood ashes spread on the skin and left to dry will eat off the hairs, but it is likely such a remedy would eat off the skin, too.

Mrs. M.—To clean the inside of the lamp or bottle, fill half full of rather warm soap suds and put in a tablespoonful of sharp sand or small pebbles and shake until clean. If very difficult to dislodge the stain, put in less water and shake the pebbles well. Rinse with clean warm water and wash the outside with a stiff brush and more soap suds. To clean your glassware, use the brush and soap suds and polish with tissue paper.

The Stomach.

When the external body gets weary after a long day's work, the stomach bears its share of the fatigue, and should share in the rest. But if, when the body sits down to rest, we give the stomach a five or six hours' task, we impose on the very best friend we have, and if this overtaxing is continued, it must certainly prematurely wear out the most important organ we possess. The stomach works even when ailing, but the work, under such circumstances, must be poorly done, and a poor digestion reacts upon every organ of the human economy. All the best authorities strongly insist that we eat too much, and that this over and imprudent eating is the great cause of so much suffering and such general ill-health among mankind.

Fewer meals, simpler and better prepared food and plenty of outdoor air and exercise would greatly lessen the demand for drugs and doctors' attendance. One of the hardest appetites to control is that for physical foods, and a diseased condition of the digestive organs is the cause of the constant demand for "something new" in the culinary line.

For Frosted Feet.

Before going to bed, rub in snow or ice-water, and apply the Compound Resin ointment made by all druggists, with a very little turpentine added. Or, bathe the feet in very hot, soapy water, dry well, then put on the affected parts all the turpentine they will absorb, heating it before the fire. Or, grease the parts well with rabbit fat.

The following is said to heal the worst cases in a short time: Mutton tallow and lard, of each three-fourths pound; melt in an iron kettle and add hydrated oxide of iron, two ounces, stirring continually with an iron spoon until the mass is a uniform blackness; let cool and add Venice turpentine, two ounces, and Armenian bole (rub up the bole with a little olive oil before adding to the mixture), one ounce; oil of bergamot, one dram. Stir all well together, and apply several times daily, by spreading it on lint or linen and using it as a plaster, to the sore.

For Odd Pillows.

When scalding fowls, save all the feathers except the coarse quilled ones, and wash until they are clean—generally through several waters; then pour boiling water on them and let stand until cold enough to wring them dry as possible with the hands; put into a large dripping pan and set in quite a hot oven, care being taken not to burn them, and stir quite frequently until perfectly dry. Or, if the sun shines hot enough, they may be left in the sunshine, but they should be subjected to great heat. When washing them previous to the boiling water, one or more of the wash waters should be strong soap-

For the Children.

To Keep Their Digestion Perfect Nothing is so Safe and Pleasant as Stuart's Dyspepsia Tablets.

Thousands of men and women have found Stuart's Dyspepsia Tablets the safest and most reliable preparation for any form of indigestion or stomach trouble.

Thousands of people who are not sick, but are well and wish to keep



well take Stuart's Tablets after every meal to insure perfect digestion and avoid trouble.

But it is not generally known that the Tablets are just as good and wholesome for little folks as for their elders.

Little children who are pale, thin and have no appetite, or do not grow or thrive, should use the tablets after eating and will derive great benefit from them.

Mrs. G. H. Crotsley, 538 Washington St., Hoboken, New Jersey, writes: "Stuart's Dyspepsia Tablets just fill the bill for children as well as for older folks. I've had the best of luck with them. My three-year-old girl takes them as readily as candy. I have only to say 'tablets' and she drops everything else and runs for them."

A Buffalo mother, a short time ago, who despaired of the life of her babe, was so delighted with the results from giving the child these tablets that she went before the notary public of Erie Co., N. Y., and made the following affidavit:

Gentlemen—Stuart's Dyspepsia Tablets were recommended to me for my two-months-old baby, which was sick and puny and the doctors said was suffering from indigestion. I took the child to the hospital, but there found no relief. A friend mentioned the Stuart Tablets and I procured a box from my druggist and used only the large sweet lozenges in the box and was delighted to find they were just the thing for my baby. I feel justified in saying that Stuart's Dyspepsia Tablets saved my child's life.

MRS. W. T. DETHLOPE.

Subscribed and sworn to before me this 12th day of April, 1897.

HENRY KARIS,

Notary Public in and for Erie Co., N. Y.

For babies, no matter how young or delicate, the tablets will accomplish wonders in increasing flesh, appetite and growth. Use only the large sweet tablets in every box. Full sized boxes are sold by all druggists for 50 cents, and no parent should neglect the use of this safe remedy for all stomach and bowel troubles if the child is ailing in any way regarding its food or assimilation.

Stuart's Dyspepsia Tablets have been known for years as the best preparation for all stomach troubles whether in adults or infants.