

# RHEUMATISM

## Cured Through the Feet

Thousands are cured at Home every month by MAGIC FOOT DRAFTS.

Why not YOU?

Try Them—FREE

The Drafts cured Mrs. W. D. Harriman, wife of Judge Harriman of Ann Arbor, Mich.

They cured H. C. Van Valkenburg, Providence, R. I., of an intensely painful case of muscular rheumatism.

They cured severe rheumatism of the arms, neck and back for T. C. Pendleton, Jackson, Michigan.

Mrs. Caspar Yahrdsorfer, Jackson, Michigan, 70 years old, was cured in a few weeks, after suffering 30 years.

The Drafts cured James Gilbert, Locomotive Dept., Mich. Cent. R. R., Jackson, Mich., after 27 years of pain.

Dr. Van Vleck, Jackson, Mich., writes that they cured him and he is now using them in his practice.



They have cured hundreds of cases probably just like yours. Isn't the chance worth taking? You try them free. Send us your name. We will send you by return mail a pair of Magic Foot Drafts—prepaid. If you are satisfied with the comfort they give you, send us One Dollar. If not, you send us nothing. **You decide.** Magic Foot Drafts are worn without the least inconvenience, and cure rheumatism in every part of the body by stimulating expulsion of acid poisons through the great foot pores. Splendid booklet, illustrated in colors, free with the trial Drafts. Don't suffer, but write today to the Magic Foot Draft Co., XCl6 Oliver Bldg., Jackson, Mich.

more. One very potent reason is that the average woman has all she is able to do to attend the wants of her home and family, while the above-the-average woman might employ her extra ability in the amplification of the same sphere. Few women have more physical or mental strength than the need of her family calls for, and the duties demanded of her in those lines absorb all her energies, and exhaust her nerve forces.

But there are circumstances which render it obligatory on the wife to do what she can toward the family finances. These circumstances may arise from shiftlessness, incompetency, illness or misfortune of the rightful purveyor, and there may be no alternative other than that the wife and mother shall take up the burden of the family support, or the family suffer great discomfort, and perhaps absolute want, in consequence.

These questions should be settled inside the family, as no outsider is competent to judge of the necessities which may lead to such a condition of things. In the relations of man and wife, it is of course best for all that the husband be the provider—the wife having quite as much as she is able to do to look after the household affairs, and her work being fully as arduous as his, she should not be expected, or attempt of her own free will, to add wage-earning to her already heavy toil.

Where necessity compels, a woman deserves great credit for trying to "keep matters moving," by lifting the burden on her own shoulders, but more often than not, the consequences of trying to do double duty is disastrous to the health of the woman, and, unhappily, there are men who are

perfectly willing to allow the wife to "pull the load" even after the necessity for it is removed.

When there are daughters in the family old enough to relieve the mother of the housekeeping, and the wage of the father is insufficient for the many demands, the wife is perfectly right in using her spare time, if she chooses, in helping out the family expenses; and there are many ways in which this may be done without in the least affecting disagreeably the comfort of the home life.

It is often best that the mother, rather than the daughter, should become the wage-earner, as, in that case, the daughter may learn housekeeping, and get an inside knowledge of homely duties which reliance upon her own resources will teach her as nothing else can. The elder, experienced woman can fill safely many positions which might, to say the least, subject the daughter to annoyance, and, at the same time give to her daughter's housekeeping lessons a valuable oversight.

The question, however, is one which every woman must settle for herself. A self-respecting, self-reliant woman need be ashamed of nothing that is right and honorable.

### "Blessed Are They That Do."

We are told that every good deed brings its own reward, and if we pause to think of it, we find the saying is a true one. Every good deed, every kindly thought sent out to another brings one of its kindred home "to roost" with it. The little act of courtesy, so small that we are scarcely conscious of doing it, makes not only ourselves, but the world better for its birth. By these little, scarcely noticed kindnesses we are paving the way, disciplining ourselves for the greater acts of self-denial—it may be sacrifice—which, at some time or another, must enter into the lives of each of us. Step by step, we are thus being led up the heights, where, in time, we shall reach the power to "love our neighbor as ourself."

O O

By every thought and act, we are building for tomorrow. If we would be happy tomorrow, we must set about creating the necessary tomorrow conditions by making the best use of today, and there is no way of doing this so surely as by helping to make the world about us as happy as we can. We must fight out of our lives all hatred, envy, jealousies, repinings and complainings. We must not allow the clouds to obscure our vision. Determine that you are happy and thankful and grateful—not that you will be, IF, but that you are, and refuse to harbor a suspicion that you are not. Believe the best you can of everybody, and do not allow any one to make you doubt them. Do not listen to any tale-bearing of a harmful nature.

O O

There is nothing that so quickly breaks down one's happiness, and even self-respect, as the admission into the soul of a feeling of envy. Why should you envy any one? The dear Lord gives you just the work he wants you to do—just the discipline you need to fit you for the task assigned you. If you will but accept it as such, seeking to read the lesson it contains, you will find that the exercise of your faith and the earnest performance of your work will give you just the strength and growth needed to enable you to reach the heights of your ideal. Bring yourself to be glad for the success of another, even though, at first thought, you may be tempted to indulge in ill-natured envy. If you find yourself indulging in such feelings, turn at once to your mirror, and see the ugly lines the emotion

# GIVEN AWAY FREE

## 100,000 Trial Packages of Dr. Blosser's Catarrh Cure to be Mailed Free to Sufferers

A Remarkable Remedy That Positively Cures Catarrh in All Its Stages and Forms and is Pleasant and Harmless.



DR. J. W. BLOSSER.

Dr. Blosser has for many years made the treatment of catarrh a special and constant study. He has demonstrated that the usual treatment with sprays, douches, snuffs, ointments and the ordinary inhalers, cannot possibly be applied so as to reach all the diseased parts, so that even if they were composed of curative ingredients they could not cure. Neither can the blood be made so pure that a deep seated old chronic catarrh will get well without local treatment applied directly and thoroughly to the ulcerated surfaces. An old catarrh, with its foul discharge and burrowing microbes, will continue to eat its way into the tissues in spite of all the blood remedies that the sufferer can swallow.

You had as well try to cure the corns on your toes by swallowing camomel, as to try to cure chronic catarrh by medicine that is taken into the stomach.

Catarrh begins as a local disease in the mucous membrane of the nose and head, and this is always the home and stronghold of the disease, and it is there that the battle for its extermination must be fought by medication that can be applied directly to the disease. This is the way that Dr. Blosser's Catarrh Cure erad-

icates the disease. No other remedy can be applied so directly, thoroughly and effectually to every diseased spot.

Dr. Blosser's Catarrh Cure will destroy the catarrhal microbes and at the same time is healing to the mucous membrane, and is applied in such a way that it reaches every part of the diseased membranes.

### Why We Give Samples.

We give sufferers from catarrh a sample of Dr. Blosser's Catarrh Cure that each one may see for himself how the remedy takes hold right where the disease is located. This is the best argument we could use to convince any one that this treatment, if continued a reasonable length of time, will effect a cure. Nearly everyone who tries the sample becomes our customer.

No matter how many remedies you may have tried to no effect, write us, and we will send you a sample, which we believe will please you so well that you will give it a further trial; or if you wish to give it a more thorough trial without being delayed, send us \$1.00 for a full month's treatment, which we send postpaid. Address Dr. Blosser Company, 371 Walton St., Atlanta, Ga.

makes upon your face. Tell yourself that you are glad; tell it so often and so emphatically that you will compel yourself to believe it, and you will thus open in your heart a well-spring of joy and a source of happiness that will surely bring you reward.

C O

In this seeking after the happiness of those about you, you will insure your own. But, through it all you must not lose sight of the fact that you have a work to do. While fighting envy and malice and jealousies and hatred out of your own life, you must not forget that you are a living witness of the faith you would uphold, and you must strive to make of your life something so safe and strong that you shall draw others after you,

not to their undoing, but to the straight and narrow way that leadeth forever upward, even into the presence of the Infinite. You cannot accomplish this by sitting down with folded hands: "Blessed are they that do His commandments," and one of the strongest of these is "That ye love one another."

On January 6 Secretary of the Interior Hitchcock recommended to the president that the office of railroad commissioner held by the late General James Longstreet be abolished. It seems probable now that the recommendation will be adopted, as the duties of the office practically have been absorbed by the interstate commerce commission.

AN OLD AND WELL TRIED REMEDY  
Mrs. Winslow's SOOTHING SYRUP for children teething should always be used for children while teething. It softens the gums, allays all pain, cures wind colic and is the best remedy for diarrhoea. Twenty-five cents a bottle. It is the best.