## Fabatitani ine t <br> papering and painting. Much that

Dual Lives.
We lead two lives-the outward seeming fair,
full of smiles that on the surface lie;
The other spent in many a silent prayer,
th thoughts and feelings hidden from the eye.
The weary, weary hours of mental pain,
Unspoken yearnings for the dear The wishes, half-defined, yet crushed again,
ake up
Make up the silent life we lead
So, happy visions that we never
voice,
That they will fade like sunset's clouds, we know,
Yet life seems brighter for each stolen glance.
This hidden life-we little know its power
strengt
To strengthen us for either good or ill;
Whether we train our thoughts, like birds, to soar,
Or let them wande: wheresoe'er they will.
Not those we love this silent life may share,
Though day by day we strive to Our secret chamber- close;
Our secret chamber-none may enter there,
And if, beneath His eye we repose. quail,
Though all the world may turn from us aside,
We own a secret power that shall preWhen ev
tried.
motive of our life is
The kingdom of home is a beautiful realm,
Its subjects the truest that ever
When the father
wise hand, rules with a strong,
And a loving mother, its faithful
But a desert land is the kingdom
Where Self is lord, and Might is Where love lies dead, in its poisoned bed,
And dread and doubting to all things eling.

## Friends, there

Friends, there should be no place for "waste" in the home-whether it printed page; hence there or on the basket here. Every letter which reaches me is read, closely, carefully,
thoughtfully; some of them read many times. When I lay them aside, I send a mental "thank you," receptacle, however to whiters is a are consigned-I think I shall they it the "Help-Box," and I shall go ofshall find there. None of yiration I tars are barren of thought your letawaken thought in me. The fact that you cared to help me-that you have to me the way in which to point out may use my position as your editor for the furthering of the interests and deepening the influence of our depart ment is an inspiration in itself. Do not fear iration in itself.
est, as expressed by your written letters, will not be understood or appreciated. Every letter is looked upon as a kindly hand-clasp, an assurance that that the high consideration in which womanly worth and intelligence is held by The Commoner is not without substantial grounds. These women talks" which appear upon the Home pages of the various newspapers and periodicals are of wide significance for good or for evil; they are like the seeds sown on good ground-they must grow, and bring forth wheat or tares; or worthless grasses may rob us of the hoped-for fruitage. We do not want the tares; we do not want the worthless grasses. Let us have the seeds that shadow
forth the fitting harvest. We cannot lorth the fitting harvest. We cannot
shirk our responsibility-we are, indeed, our "brother's keeper."

## Timely Toples.

The new designs in wall paper are decidedly effective, and many of them are offered at very low prices. From a sanitary point of view, the tinted walls are preferable, and are gaining in popularity. The wall decorations, carpets, furniture and furnishings should harmonize.
A carpet should be always chosen as a background upon which the other articles of furniture are to be placed, and should, from its neutral features have a tendency rather to improve, by comparison, objects placed upon it, than command for itself the notice of ing, but rather It should vie with nothing, but rather give value to all objects coming in contact with it.
More and more, rugs are growing in favor, as they are so much easier taken care of than heavy carpets. In
purchasing a rug, care should be taken to select a medium weight, heavy enough to lie on the floor without turning up at the corners, yet light enough to be lifted easily and cleansed. A rattan beater should be used for cleaning them. Very durable rugs may be made of old ingrain and brussels carpets, at an expense for warp and weaving of about 75 c per square yard. For dining and sitting rooms, rattan and reed rugs are washed summer use. They can be washed in salty water, wlped off with Fiber cloth, or shaken out of doors. Fiber matting is durable, inexpensive and attractive.

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Couches in the working rooms are a great comfort to the tired housewife. structed by wire cot, or one of wickerpenter; a prettily draped with linen, art may be or cretonne, and these covers denims, able, inexpensive, and easily laundered. The cot, alone, easily launcomfort folded and laid on it is very grateful to a tired back.
Lace curtains should not be Ironed; where show numerous bulging places sides receiving has been stretched, beoften warping injury to the design, side. There are leaf or flower to one structed for the purpose frames conthem. The price purpose of drying lar upward. Vrice varies from one doldone without them, if one is careful.

## Small Economies

To the careful, systematic housewife, the phrase, "house-cleaning,",
means more than the means more than the mere lifting of carpets, dusting of furniture, scrub-
may be classed in this category is of such a nature as to admit of its being done at odd intervals, better before than after the heavy, actual upheaval has begun. In "making ready" for the work proper, all closets, shelvings, trunks, drawers, and other "storage" places should have a thorough overhauling, the contents sorted and consigned to their proper places in the household economies.
A great many odds and ends gather in spite of one and much of it is really of no earthly use to any one, and should be consigned to the rag-bag or the flames, if no other immediate use can be found for it. What is found should present or prospective value proper boxes, bundles and placed in places, and thus res or other fitting the really useful by destroying the useless.
All draperies should be takèn down from windows, doors and wall openings, well dusted, and carefully looked over for rents, needed darns, or spots that require cleaning. Such as have to be laundered should be properly cared for, and put in readiness for rehanging when called for .
All bed-linen and covering should receive, attention before being laid aside. Sheets that show a thinness in the middle will last much longer by being torn in two lengthwise, the selvage edges joined by overcasting, or sewn in a flat seam on the machine: the thin, torn edges should be neatly hemmed, and all actual holes either darned or patched. Sheets that are dered and for this should be launIn patching she away for old muslin. In patching sheets, use the corners of Pillow-slips seldom muslin.
Pillow-slips seldom repay patching or darning, and might as well be put with the old muslin.
Blankets may, like sheets, be torn apart in the middle, and turned, but is orten sufficient to darn the thin is of sufficiene yarn. If the blanket out-lay, a large worth to repay the out-lay, a large patch, or lining may stitched over the thin center and cat-stid lengthwise on the machine with floss or very fines on all sides with floss or very fine yarn. "Buttonholing" the raw edges all around with ferable a crochet hook is often preof laum them. If in need of laundering, this should be attend the summer blankets put away for "switching" summer. Often a thorough switching" in a hot sunshine is all old necessary.
Old comforts-especially if home-made-may have the covering ripped off, and the cotton laid out in a smart plot, and an a grass or other clean plot, and allowed to dry in the hot sunshine, after which they may be The "store" article, however, is new." erally made of very poor cotto genting, and may very poor cotton-batwads, of very ite only lumps and Towelling may be darned, use. patched, or, if very thin may or even ed together and sy thin, may be foldcellent wash rags, dust cloths, or pol ishing rags.
Table linen may be patched, darned or made over. Worn places may bo greatly strengthened by darning with weave of the thread, by imitating the weave of the material; by cutting to match the figures, patches may be put on scarcely noticeable, by darning the edges down carefully on both sides For patching, cut off a strip from the end of the cloth. If the cloth is worn beyond hope, napkins may be cut from
the best parts and hemmed nicely, serving no end of uses about the din ing room and pantry; or, by folding and stitching lengthwise, they may be use for bread, or cake cloths, or tow-
els for polishing silver and glassware.
It is never wise economy to put such things away unmended. The fall days will find you just as busy as you are now, with the added tax of deferred mending clamoring for attention. Have a "Half-Hour" basket, and put all such jobs as you cannot now finish into this, and use the spare pieces of hours for this purpose.

## Query Box.

Beginner.-The chocolate of commerce is a dietary substance prepared from the seeds of several small treas found in the tropical parts of the American continent. The tree appears to have been originally a tive of Mexico, but is now cultivated throughout the American tropies and the West Indies. The chocolate, prepared as a beverage, is considered a most nourishing drink.
Mrs. M. A. B., Freeland, O.-I am afraid there is no way to keep your pie-crust, filled with juicy material, from becoming "soggy," after standing a day or two. The cause of it is, that the moisture soaks into the crust. Try brushing the lower crust with beaten egg before putting in the filling. Bake fruit pies in a moderate oven, having a better heat at the botlow than at top of the oven, or the when crust will be raw and clammy; tins, or the, remove at once from the tins, or the crust will become "soggy." Cassie, Watson, Ill.-Vermicilli, of flour and water the are all made being the size of the only difference being the size of the holes in the perforated iron plates through which the stifi dough is forced in the making. Hard wheat, rich in gluten like that of taly, is now raised largely in the central west, so that Italian marcaroni comes from New York, Just as Swiss cheese comes from Elgin. Among the Italians, it is considered the "staff of life," and is usually served with tomatoes and cheese.
L. E. L.-Tapioca is one of tha
products of the products of the manioc, or cassava plant, and is largely used in the preparation of desserts, and as a food for children and invalids. It is light, wholesome, inexpensive and nutritious, and a great variety of delicious dishes are prepared from it Sago is a form of tapioca, and is often called pearl tapioca; it is a useful starch ood; a trifle more expensive than the ordinary form, but it cooks soft more quickly, and does not require soating. J. W. R. Wingo Ky - Coment for china: With a small camels for brush, rub the broken eamels-hair little carriage oil varnish; when th oughly dry it is said that it will stand both fire and water. Nothin better, it is isinglass, dissolved in than Russian ter; it takes twelve hare soft waby soaking in pure soft to soften it considerable heat to soft water, then which it is appliter alabaster held firmly together pieces must be dry. The genuine until thoroughly will probably genuine Russian isinglass will probably cost you 35 c to 40 c an A. E
A. E. A., Lincoln, Neb.-Here is keeping fresh for which you ask, for dried beef are beef; it and the one for the beef are well recommended. Cut layers in a thin slices, and put in and in a jar-a layer of beef, salt done: pepper on top, and so on until in to dry. Nou begin to dry. Next day, put a piece of y the large as an egg in a pot, then half full in by layers again until half full; cover tight; it will draw enough water to cook it tender; stir occasionally, then let cook dry. Put into the jar in layers again, and put a weight on until cold; then pour

