

away separately, for that "some day" when even the busiest woman hopes to "have time."

For the children's clothes, liberal provision must be made for patches, and all pieces, new or old, suitable for such use, should be put away in the patch bag, while cuttings too small for any use, should find their way into the rag bag, if you live near a market for such things; if not, they should go into the fuel box—never swept out into the yard. All scraps of embroidery, lace, silk or velvet should be hoarded, as many pretty accessories to one's toilet can be made from these odd bits.

In looking over the "cast offs," or "outgrowns" of the family wardrobe, one often finds two or three garments of harmonious color and material from which, by combinations, and at a small outlay for new linings, etc., one or more serviceable garment may be constructed. In many cases, this can be economically done; but in others, so great an expense for linings, buttons, trimmings, etc., is encouraged that an entire new gown would have cost no more, and been much more satisfactory.

If one have needy neighbors with small children, it is often the wisest plan to bundle the refuse garments together and send them on their mission of mercy. Otherwise, the good and little worn parts may be made into quilts, cushion covers, fancy bags, pockets, throws, rugs, and other various conveniences and "fancy" articles so dear to the hearts of all house-wives.

"Pleased or Displeased."

The old game which some of us played in our foolish young days goes on and on through life, little as we expected it to; but we find the players are in earnest and care very little if we are pleased or displeased.

There are letters, there are people, there is music, there is the much abused and talked of weather; all these sometimes please and oftentimes displease us. Letters—you sometimes read one that receives your hearty indorsement, every line, and you know (you can tell) it has been written from the author's heartfelt convictions; how you wish you could grasp the hand and speak the word that would bind you, firm friends, forever. You wonder why such congenial people are not within reach, but, ah! friend, there is where we miss it. Some—if we could remove the mask of care and worry, of financial greed, the hidden grief—would be such nice companionable folk; but the objectionable is uppermost; the loveliness of heart is hidden and we pass them by and never know. A long time ago, I met a little woman in her home and at a neighbor's often. Her children were her constant care, her constant subject of conversation. Your opinion was asked on their prettiness, their different disposition, etc., and, in fact, she talked shop till every one was made weary, and even I, a baby lover, thought "there is nothing else of the woman."

Well, one day I met her in town, she had actually left those babies at home, and was such a different woman. She was nicely interesting; she was

amusing and intelligent, and I was pleasantly shocked to find that in leaving the home, she had shook off the burden and monopoly of those children.

I will not go into details of the people that please and displease us, for their name is legion and perhaps the one that makes us unhappy is some one's best friend. Some such good people are so disagreeable and make one's life so miserable that I (but it's only me, you know,) think I wouldn't care to go even to heaven with them. Isn't that shocking?

Music, that is quite another thing and the mermaids, had I been a sailor, could have lured me on to death with entrancing music. Its power over some people is overwhelming, and there is a music madness that creeps through their veins. Others there be that, hearing so acutely, are deaf to the difference in musical sounds and music has no power to please or displease them; but if there be one little corner of heaven I can occupy, it will be where the "harps with music ring."

As to the weather, long ago I gave up trying to have it my way and unless there is fearful devastation following in its wake I have learned not to grumble, but accept it as it comes, and never ask the question, "pleased or displeased?"

To Prevent Odor From Lamps.

To prevent a lamp from smelling offensively and from leaking over, trim the wick and clean the burner thoroughly each day. Do not have the reservoir quite full. Always turn the wick well down into the wick tube before blowing out. After the lamp is trimmed in the morning, turn the wick well down into the tube. Wash the burners in soap and water once a week. The offensive odor comes from particles of charred wick which remain in the burners, and the leakage comes from having the lamp too full or having the wick come to the top of the tube. If these directions are followed with all kinds of lamps there need be no trouble as to odor or leakage. In duplex lamps, with extinguishers, open the extinguishers after putting out the lamp.—Ex.

—H. W. McV.

Stork Partial to Berlin.

Berlin is becoming known as the "city of twins." The number of twins and triplets born here has steadily risen since 1825. Out of nearly 2,000,000 children born within that period, twins were born 22,441 times, triplets 229 and quadruplets three times. During the same period in London twins were born 14,000 times, triplets seventy-five, quadruplets twice. The Paris figures: Twins, 7,500; triplets, twenty-five; no quadruplets.—New York World.

Refrigerated Microbes.

Many people are under the impression that to place fruit and vegetables in an ice box is to render them harmless, whether raw or cooked. Cooking fruit or vegetables, if thoroughly done, does destroy all evil germs.

The banana is a prolific breeder of microbes. The fruit is picked before it ripens and in this country is generally

ripened by subjection to heat, often of doubtful origin.

In its native climate the banana is not eaten raw. It is baked by the cleanly and intelligent and its sheath is always carefully removed before it is put in the oven.

Heat alone destroys noxious germs. Refrigeration prolongs their power for evil. Frozen edibles of every description are now carried all over the world. So long as their refrigeration continues they are deemed marketable. Those that are pure remain so. Those that have become noxious before refrigeration remain noxious.—Chicago Chronicle.

Items of Interest.

Two coal mines are now in successful operation in Alaska. They produce good steam coal.

During the South African war 1,400 Germans are said to have fought against the British.

The Brazilian coffee crop for the year ending June 30, 1902, amounted to about 10,000,000 bags.

Burglars, footpads, light-fingered gentry and other undesirables are unpleasantly numerous in Johannesburg.

The government of Ireland is one of the most important, and far and away the most difficult, of ministerial posts.

Mrs. Bennett, Rochlands, near Castlebar, Ireland, who was already the mother of 18 children, has given birth to triplets.

Experiments are to be made by the Russian government in the planting of india rubber trees on the coast of the Black sea.

The herring fishing off the coast of Donegal last autumn was the best on record, and realized over \$200,000 to the local fishermen.

At Gornergrat, on the Zermatt mountain railway, stands the highest postoffice in Europe. It is over 9,000 feet above sea level.

The charge for a dog taken to Europe on the main lines of steamers varies from \$10 for a lap dog to \$30 for the largest animal.

The Detroit river is the outlet of the greatest bodies of fresh water in the world, aggregating 82,000 square miles of lake surface.

Experts declare hats are, from the hygienic point of view, an absolute absurdity, save where actual protection from the sun is necessary.

Whip-cracking by drivers of vehicles has become such a nuisance in some German towns that special by-laws have had to be passed against it.

Mr. Walton, a British subject, has presented a marble statue of Joan of Arc to the French nation. It is to be erected in the heroine's house at Domremy.

Women insure against being old maids in Denmark. If they marry before they are 40 what they have paid in goes to the less fortunate, and these last are pensioned for the remainder of their lives on a scale proportionate on what they paid in.

In 1846 there were 736 vessels carrying the American flag (practically all were from New Bedford) hunting whales in every corner of the world, from Ohkotsk to Arabia. That was a

mighty fleet. Of it today are left but 39 small barks and schooners.

An arm chair has been grown from the seed of a ginkgo tree by a Korean. He planted it, pruned, twisted and guided each tendril of the growing plant for 20 years. The chair weighs over 100 pounds, is 40 inches in height and 25 inches wide. It has been bought and carried to California by a sea captain.

President Merrill of Fisk university points out that the well educated and competent negro doctor has an amazing opportunity among the eight million of his race. President Merrill knows of 12 negro doctors in Nashville alone, all doing well, and six of them amassing property.

A Picturesque Figure.

The passing of the old black mammy, like the passing of a great many other things, attracts but little attention; nor will her worth be known until she is no more.

To the children of the southern states the old black mammy, in many cases, is nearly as dear to them as their own mothers, and yet in the north comparatively little is known of her. Some of the great men of the country, a few decades ago, were nursed at the breast of an old black mammy, and good and brave men they were when they reached their maturity.

In the old days of the south, when prosperity perched on every banner, the old black mammy was much sought after. To her lot fell the important duty of first teaching little feet to walk. She watched over her charges and cared for them as none but an old black mammy knows how, unless it be the mother. If "my lil' chile," as she called the babe, was ill, the heart of the old black mammy was touched, and if death came no one mourned more sincerely than she.

The other day the dispatches told of the burial of an old black mammy, in a southern town—one which was, years ago, the seat of war between the country she loved and one which sought to make her free. There were many to mourn this old black mammy, but none who shed more tears than two strong men who journeyed from the north to see her laid to rest beneath the magnolias and cypress. The old black mammy had nursed them both and, although they had not seen her in years—perhaps not since they were boys at the knee, yet they remembered her and traveled hundreds of miles to answer her last call, which was, "I want to see my lil' boys ag'in."

Many men and women of north and south loved the black mammy. She was their friend when they needed friends; she stood by them and cared for them in their infantile days. That they should love her in man and womanhood is but human.

But the old black mammy is fast passing away. In a few more years she will only be a memory.—Omaha World-Herald.

"AN 'EXPANSIVE GIRL'"

Not Necessarily an Expensive One

A little Kansas girl is called an "expansionist" because her clothes require "letting out" so often. She lives mostly on Grape-Nuts since recovering from a sick spell caused by too much greasy food.

Almost all ailments of children (and grown folks as well) are traceable to the wrong kind of food, and the surest cure is to quit the old sort; the greasy, pasty, undercooked or overdone things, that ruin the stomach and bowels.

Put the children and adults on the perfectly cooked food Grape-Nuts.

It is digested by the weakest stomach. Has the delicate sweet flavor of the Grape Sugar and surely and quickly rebuilds the body, brain and nerves. There's a reason.