

is awe-inspiring when we understand it. This knowledge is of greater importance to the world than all other knowledge on all other subjects.

Yet our colleges never include one single reference to it in a five years' course of study to the future mothers of men. Parents never refer to it.

Men are equally ignorant, and they marry with no recognition of the duty incumbent upon them to specially guard, protect and render peaceful and happy the mothers of their unborn children.

Not long ago it was my misfortune to overhear a conversation between a young wife and her husband, the parents of one child. The wife intimated that she feared another addition might be made to the family. The husband replied angrily: "Well, if there is another kid coming I'll skip the country."

Could anything be more brutal and inhuman? And yet it is not an infrequent case. Hundreds of men become violently angry when they know their wives are to become mothers, and instead of supporting them through the months of expectancy with love and tender care, they rouse their worse instincts and wonder later why the child is so ill-tempered and nervous, and resentful in its nature.

Such men belong to the male cat species. Many male animals, notably the cat, despise their own offspring and destroy them if allowed to be in their presence.

No man properly taught by his mother could treat his wife unkindly at such a period of her life. It is a waste of sentimental platitude to call a woman a "good mother" if she has brought up a son to a marriageable age who has not been made to realize the sacredness of maternity and the importance of fatherhood.

When in the West Indies I saw an ignorant, unwedded child of nature—a young negress of scarcely fifteen years of age—nursing her child with motherly tenderness.

She had not been taught our code of morals. She did not know she had done wrong to bring a child into the world, and she loved her little one and cared for it tenderly and was not ashamed.

I could not help contrasting her with some women I know—married women and devout church members—women of wealth and station, who pay their physicians (also church members) large sums of money to destroy their unborn children because they do not want to be bothered with them.

Somehow the little colored girl mother did not seem the greater sinner of the two, to my mind! Criminals, lunatics, deformities, invalids and degenerates are often the result of a mother's attempt and failure to destroy the child before birth.

And does it never occur to these "Christian" mothers that an immortal soul cannot be destroyed and that they must meet that spirit face to face in another sphere which they have refused to encounter in earth life?

One can be sorry for the girl led astray by love—who in her fear of this world's scorn risks her life and destroys her child before her shame



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There must be considerable satisfaction to every man when he realizes that he has done something wise and creditable, especially when it directly concerns the welfare of himself and family. Here is a man who is hauling a shipment home, content with the knowledge that all his supplies for several months have been purchased at wholesale prices, or in other words at a saving of about 30 per cent over his home prices.

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is known. But what can we say in excuse of the society woman to whom the act is a frequent occurrence?

And our churches in every large town can produce many such women.

Madam, if you know motherhood awaits you, face it with a prayer in your heart and God's love in your soul. Say to yourself, "I will bring a beautiful and good child into the world; I will govern my temper; I will think cheerful and reverent thoughts; I will put away every unworthy and selfish mood, and think always of the helpless, innocent soul intrusted to me and of my great responsibility; I will ask God's aid to help me make that child a blessing to me and to all humanity, and I will believe it is to be all that I would have it."

This is the greatest work you can do for the world, Madam,

Attend to it.—Ella Wheeler Wilcox, in New York Journal and American.

Keep Cool.

Thus far the summer has been moderate, but heat and humidity are bound to come in their season. When the hot days are here, let us all keep cool. How?

By refraining from undue indulgence in heating and stimulating food. Too much meat is a prolific source of heat in the summer solstice. By keeping the table provided with appetizing cold dishes, by using fruits, vegetables and cereals, with milk and cream, and puddings made of farina, sago and similar light substances, instead of hot viands, which necessitate enormous fires in a coal-fed range.

Next, by thoroughly airing the house night and morning, and then closing windows and doors during the daytime, excluding the sun and the heated air.

Third, by wearing cool clothing. In southern latitudes men have learned to dress in style befitting the weather; to wear white linen instead of thick woolen clothes, and to avoid the sun. An umbrella is as necessary for a

man as a parasol for a woman in a hot noonday.

Fourth, by avoiding alcoholic drinks. The person whose usual beverage is cold water, iced tea and iced coffee, is much safer than the one who indulges in wines and other intoxicants. Even soda water may be taken to excess; probably, however, the chief danger here is to small boys whose parents give them too much spending money.

Fifth, Keep cool by controlling your temper. Be not hasty to anger. Do not be easily irritated by trifles nor even impetuous; be not fretted by those small accidents which are the common lot. Ink spilled upon a floor, a grease spot on one's dress, a child's frock torn, a cherished cup broken or a saucer nicked, are all in a life-time, and there is no common sense in losing equanimity over such trifles. Emotions recklessly indulged in wear out the nervous strength that should last for a long, long day. To be a spend-thrift of one's capital is very shortsighted, and conduces to greater evils than being uncomfortably hot in a day of the mounting thermometer.—Margaret E. Sangster.

Dewey and the Spanish Governor.

The statement made by Admiral Dewey shows the capture of the city of Manila to have been a sham battle, as shameful as it was unnecessary. He said there was no need for the loss of a man in the capture of the city, but the governor said his honor demanded that a few shots be fired, so "I had to fire and kill a few people," said the admiral. This may be very regular and very ethical in the eyes of military men, but if civilized warfare demands that human life be sacrificed to satisfy antiquated and quixotic notions of honor, we are of the opinion that the rules of civilized warfare are badly in need of reform. If this Spanish governor had such high and ancient notions, why didn't he vindicate his priceless honor by sacrificing his own life? If he desired to pose as

a noble Roman, why didn't he emulate the example of Brutus and Cassius by perishing on his own sword? Why should one American naval officer slay men unnecessarily at the instance of a physical and moral coward, who, having neither the courage to surrender or fight, demands that innocent soldiers be slain to placate his false pride and ridiculous vanity? Why did not Dewey have the manly American hardihood to kick this fellow out of his presence instead of indorsing his cruel egotism and executing his barbarous and bloody commands?—Memphis News.

Sublimated Bureaucracy.

The Root bill to provide for a general staff, with a chief to be selected by the executive, has been by no means abandoned in the war office because of congressional indifference to its provisions. The lieutenant general commanding the army will have been relegated to the retired list when congress shall meet again, and the general staff project will be urged anew on grounds dissociated from personal considerations. The expanded army is a tremendous factor in federal administrative policy, and nothing will be left undone by those in authority to retain its control absolutely in the hands of war department officials, as contradistinguished from senior general officers in the military establishment. Already the expert casuists, historical authorities and cunning controversialists in the service are piling up citations, briefs and arguments in favor of the general staff system, by means of which the department tail could always wag the army dog. Senior officers may command, of course, but they must not control. That is the function of sublimated bureaucracy wherever great armies are mustered.—Philadelphia (Pa.) Record.

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