

The Home Department.

A Gustatory Memory.

Last Thanksgiving-dinner we
Et at Granny's house, an' she
Had—ist like she allus does—
Most an' best pies ever wuz.

Canned blackburry-pie an' goose-
Burry, squashin'-full o' juice;
An' rozburry—yes, an' plum—
Yes, an' churry-pie—um-yum!

Peach an' punkin', too, you bet,
Lawzy! I kin taste 'em yet!
Yes, an' custard-pie, an' mince!

An'—I—ain't—et—no—pie—since!
—James Whitcomb Riley in the Cen-
tury.

Mrs John A. Logan on Young People. (Copyrighted by W. R. Hearst.)

We are not ambitious to be consid-
ered a "croaker" in any sense of the
word, but cannot refrain from calling
attention to the evidences daily wit-
nessed of the almost criminal care-
lessness of parents of the present day
in the matter of constant vigilance in
the care of their children. Girls and
boys, especially of wealthy and well-
to-do families, are allowed to grow up
with almost a total disregard of pa-
rental authority.

They come and go at their own
sweet will, without even so much as
consulting the wishes of either their
mothers, fathers or guardians. In all
too many cases they have been ban-
ished to the nursery until they were
old enough to go to school. Even
then there is very little attention given

A BLIND WANDERER.

Didn't Know That Food Could Restore Her.

A well known writer uses Grape-
Nuts as a tonic when feeling the ef-
fects of extra heavy work. She writes,
"Grape-Nuts should be taken regularly
as one would a tonic. I eat mine cold
in the morning with hot milk or cream
poured over it, and it is delicious,
nourishing and strengthening.

Some time ago I said to a lady
friend who was a great sufferer from
dyspepsia and has been an invalid for
five years, and who was a mere skele-
ton, 'If I had only known you sooner
you need not have suffered all these
years.' She looked at me in surprise
and asked me what I would have done.
'I should have put you on Grape-Nuts
Breakfast Food,' I replied quite confi-
dently. 'Did you ever hear of it?'
Oh yes she had heard of it, but never
tried it as she had never had her at-
tention called to it especially and had
not thought it applied to her needs.
'Now,' I said, 'If you will just set
about it and try Grape-Nuts for a
week, three times a day, I will guaran-
tee you will rise up and call me
blessed.'

She took my advice and followed it
faithfully. When I saw her about a
week later she looked like a different
person although she had only gained
two pounds in weight, but said she felt
so much better and stronger and has
greatly improved in health and
strength since using the food.

She is getting well and you can im-
agine her delight is unbounded. My
own experience and that of others is
sufficient evidence of the scientific
value of a food that supplies nour-
ishment to the system and builds up
the brain and nerve centres." Name
given by Postum Co., Battle Creek,
Mich.

to the investigation of the schools to
which they are sent.

Not infrequently they fall into equal-
ly indifferent hands in these institu-
tions, many of whom have as their
principal object money-getting rather
than the drudgery of educating and
training of their pupils, particularly
in that class of boarding schools that
advertise extensively for pupils whom
they promise to surround "with all
the care and comforts of Christian
homes" but who practically leave the
pupils to their own devices, without
giving any more attention than they
can avoid, to the diet, manners, morals
or mental training of those entrusted
to their care.

The boys usually indulging in ci-
garettes and escapades that fall little
short of criminality. The girls in
more than one case keeping pretty
close to the boys in aping their in-
dulgencies, often adopting the "small
vices" of their male companions.

Bicycling, golf, football, tennis, sup-
pers at restaurants, matinees and
vaudeville performances occupying
much more of their time and thoughts
than the curriculum they are supposed
to be mastering.

To one brought up under the stricter
observances of the rules of propriety
and womanly modesty, purity of mind
and heart under the old regime, the
rooms of many of the young men and
girls, in their homes and the boarding
schools of today, furnish material for
reflection and alarm at the moral de-
generacy of the present generation.

Pictures of actors and actresses in
all the roles outside of the legitimate
drama; all the instruments necessary
for the various games and amuse-
ments now in vogue, adorning the
walls and the places of their instal-
ment, displacing in the young ladies'
rooms all of the old time accessories of
work table, writing desk, musical in-
struments, artists' materials and eas-
els, and other feminine requirements.

Too many young men allowing their
minds to be filled with the knowledge
of sports instead of that of the useful
and practical, so necessary for suc-
cess and the attainment of a high
place in the world.

Often the laudable ambition of the
achievement of the highest prizes giv-
ing way to that of the less noble of
the championship as sprinter, rower,
golf, baseball player, football kicker,
cricketer, or some game that happens
to be the fad of the day.

While young girls and matrons are
equally eager to be the champion golf,
tennis or basket ball players; and we
have heard of football clubs of women.
These ambitions supplanting the more
attractive accomplishments of music,
painting and other triumphs in the
refinement of life. We know of in-
stances where the violent exercise to
secure the championship has resulted
in the most serious invalidism for
young women and disastrously to the
offspring of matrons.

Sports that tend to the development
of the race and especially to that of
the men of any people, if indulged in
for that purpose, with an observance
of proper moderation, are all right.

We know that any criticism along
these lines is quite offensive, but the
disposition of Americans to go to ex-
tremes in all things is so evident, and
the undesirable evil resulting from
these excesses so apparent, that it is
the duty of thinking people to call a
halt.

There is also another side to this
indiscriminate association of the sexes
without the restraint of chaperons and
tutors that is appalling to every
thoughtful, refined person. The style

of dress adopted by these young peo-
ple for their games is most demoraliz-
ing and destructive to modesty in
women.

The familiarity begotten by the
negligee costumes and the free and
easy lolling about while resting from
century bicycle rides and games can
have but one effect—That of engender-
ing a disregard for the delicate in-
stincts of modesty in women and less
respect for womanhood in men.

Women come to think that the
swagger and coarseness of men who
come into their presence in their
sweaters, with the ever accompanying
cigarettes, are not so bad after all,
and hold them guiltless of offense or
disrespect, because they know they
have lowered their own standards of
dignity by their want of fastidious at-
tention to their mode of dress and
careless manners.

These "as you please" ways of so-
ciety are far-reaching in their deleteri-
ous effects. Men think nothing of
publicly saluting their female ac-
quaintances in the most familiar way
—joining them on the street, prome-
nading and loitering about the parks
and places of resort as if they were
members of the same household.

Numerous young women bedeck
themselves in all their gorgeousness
and walk up and down the streets and
avenues of the towns and cities, know-
ing they will pass places frequented
by young men, purposely designing
to attract their attention, and, if pos-
sible, inveigle them into joining them,
many times expecting that the young
men will invite them into some place
for refreshments over which they
spend hours in silly twaddle over
nothings, ignoring the fact that they
have forfeited their claims to re-
spectability.

In this way women, sometimes of
very mature years, become irretriev-
ably entangled with young men who
sooner or later become disenchanted
and throw them aside, while the
young men are so demoralized them-
selves by the association of such
women that they are ruined and must
pay the penalty of wrong-doing by the
loss of confidence in their integrity
and devotion to their business or pro-
fession.

The insatiable revenge of their vic-
tims demanding in some cases life it-
self, as exemplified a while ago with-
in the shadow of the dome of the Na-
tional capitol, and more recently in
the case of Walter Brooks, who, if re-
ports are true, was a victim of the
wiles of a wayward girl.

Mothers, teachers and guardians are
directly responsible for such tragedies
by allowing their daughters to go
about unattended by a chaperon. It
is surprising that so many young
women escape entrapment by the
many pitfalls laid for them as they go
about alone in the most crowded
thoroughfares of large and small cit-
ies, pushing and shoving their way till
they attain what they desire—some-
times a nothing, not worth the expo-
sure of their pretty faces to the lecher-
ous eyes ever on the alert for beauty.

If in the discharge of duty a young
woman must go abroad alone, she can
protect herself from intrusion by a
dignified reserve that all men respect.
If she dresses simply and preserves a
modest demeanor she can always de-
pend upon the gallantry of men whom
she meets if anything should occur
which would require their assistance
or protection.

As a rule this class of women have
no trouble, but command the respect
of all their masculine acquaintance.
It is the leisure class of both sexes
who come under the maxim "There is
always something evil for idle hands
to do."

We trust that the alarm has been
sounded everywhere and that parents
and guardians will awaken to a real-
izing sense of their moral responsibil-
ity for the rising generation, and that
they will know where their sons and



Fantastic
stories have
been written of
magic mirrors in
which the future
was revealed. If
such a thing were
possible many a bright-faced bride
would shrink from the revelation of her-
self, stripped of all her loveliness. If
there is one thing which would make a
woman shrink from marriage it is to see
the rapid physical deterioration which
comes to so many wives. The cause is
generally due to womanly diseases.

Lost health and lost comeliness are
restored by the use of Dr. Pierce's Fa-
vorite Prescription. It cures irregular-
ity and dries weakening drains. It
heals inflammation and ulceration, and
cures female weakness.

"It is with the greatest pleasure that I tell
you what Dr. Pierce's Favorite Prescription and
'Golden Medical Discovery' have done for me,"
writes Mrs. Emma L. Bankes, of 1952 North 7th
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world of good. I had female weakness for six
years; sometimes would feel so badly I did not
know what to do, but I found relief at last,
thanks to Dr. Pierce for his kind advice. I have
this medicine still in my house and will always
keep it."

If you are led to the purchase of
"Favorite Prescription" because of its
remarkable cures of other women, do
not accept a substitute which has none
of these cures to its credit.

Free. Dr. Pierce's Common Sense
Medical Adviser, paper covers, is sent
free on receipt of 21 one-cent stamps
to pay expense of mailing only. Or
for cloth-bound volume send 31 stamps.
Address Dr. R. V. Pierce, Buffalo, N. Y.

wards and daughters are at all times,
until they are safely launched in the
resistless tide of human affairs.—New
York Journal.

A Cheerful Kitchen.

When women are more generally
architects, kitchens will be things of
beauty and comfort. Walls will be
tiled half-way up, so that smoke, spat-
tering grease, and other kitchen ills
will be powerless to spoil them. Sinks
will be high enough to prevent broken
backs.

Kitchen closets will have glass doors
through which their contents may be
readily noted. Aluminum cooking
utensils will add a touch of brightness
to the scene, and altogether the kitchen
may be made more habitable by a lit-
tle care. Linoleum, which may be
easily washed, may cover the floor,
and the walls may be covered with lin-
oleum also, so that they may be read-
ily wiped off when soiled. Sink clos-
ets may be abolished, and a bad ten-
dency on the part of the servants fully
overcome. The kitchen table may
be covered with oilcloth, neatly tacked
under the edges, and the kitchen la-
bors lightened to that extent.

Glass-doored cupboards may be
used. A book-shelf which contains a
few cookery books will help the cook's
memory, and a rush-seated rocking-
chair and a hassock will tend to her
comfort.—Northwestern Christian Ad-
vocate.

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