

Home Department.

(Continued from Page Eight.)

poise, mental and physical, which comes of looking life and its capabilities, its duties, its delights, square in the face.

She has discarded the petty measures of vanity and self-seeking and learns to love her race, her country, and the humanity which she helps to adorn. She is glad to live while she can serve, and she will continue to serve with dignity and grace until the final, sweet dismissal.

We will take it for granted that by this time she has come into that best dowry that a woman can have, marriage and maternity. One awakens, transforms, elevates. The other teaches all lessons and especially unselfishness.—Laura E. Allan, in the Brown Book.

Irish Lullaby.

(Alfred Percival Graves.)

I'd rock my own sweet childie to rest in a cradle of gold on a bough of the willow,
To the shoheen ho of the wind of the west and the lulla lo of the salt sea billow.

Sleep, baby dear,
Sleep without fear;
Mother is here beside your pillow.

I'd put my own sweet childie to sleep in a silver boat on the beautiful river,

Where a shoheen whisper the white cascades, and a lulla lo the green flags shiver,

Sleep, baby dear,
Sleep without fear;
Mother is here with you for ever.

Lulla lo! to the rise and fall of mother's bosom 'tis sleep has bound you,

And, oh, my child, what cosier nest for rosier rest could love have found you?

Sleep, baby dear,
Sleep without fear;
Mother's two arms are clasped around you.

A STEADY WORKER

Coffee Works Slow But Sure

Many people use coffee day after day without an idea of the serious work it does with nerves, stomach, bowels, and sometimes with the eyes, heart and kidneys. Its work is done gradually, that is, the poison affects the nerve centers a little today and a little tomorrow and so on, and finally the nerve cells are slowly broken down and then Nature begins the call for help.

It is a safe proposition that if a man or woman has headache, stomach trouble, or any such ailments come on at intervals, something is wrong with the food or drink, and this question should be investigated carefully, for health is the best capital anyone can possess and willfully breaking it down is a piece of childish folly.

It is easy to leave off coffee if one will take Postum Food Coffee, properly made, for Postum has a delicious coffee flavor and a deep seal brown color which changes to a golden brown when cream is added, and it satisfies the coffee drinker without any of the bad effects of coffee; on the contrary, the result of using Postum is the rebuilding of the broken down nerve centers by the food elements contained in it.

Postum is a pure food beverage made by scientific food makers and can be depended upon absolutely for its purity and the good results that follow its use.

To bring out the flavor and food value Postum must be boiled at least 15 minutes after the boiling begins.

One Woman's Work.

Mrs. Fanny Carpenter of New York city has shown it is a good thing for a woman to study a profession. Seventy-five thousand dollars for winning a single case is what she received recently. It is the largest fee ever paid to a woman lawyer. Mrs. Carpenter took up the study of law in 1896. She entered the law school of New York university and was admitted to the bar in 1897, since which she has practiced more or less assiduously.—Kingston (N. Y.) Leader.

Another Vampire.

A woman there was, and she wrote for the press,

(As you or I might do);
She told how to cut and fit a dress,
And how to stew many a savory mess,
But she never had done it herself, I guess,
(Which none of her readers knew.)

Oh, the hour we spent and the flour we spent,

And the sugar we wasted like sand,
At the hest of a woman who never had cooked,

(And now we know that she never could cook)
And did not understand.

A woman there was, and she wrote right fair,

(As you or I might do),
How out of a barrel to make a chair,
To be covered with chintz and stuffed with hair,

'Twould adorn any parlor and give it an air!
(And we thought the tale was true).

O, the days we worked and the ways we worked.

To hammer and saw and hack,
In making a chair in which no one could sit
Without a crick in his back.

A woman there was and she had her fun—

(Better than you or I)—
She wrote out receipts and she never tried one;

She wrote about children—of course, she had none—
She told us to do what she never had done
(And never intended to try).

And it isn't to toil and it isn't to spoil
That brims the cup of disgrace—
It's to allow a woman who didn't know beans—

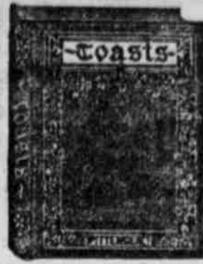
(A woman who never had cooked any beans),
But wrote and was paid to fill space.
—"The Spoiler," in Congregationalist.

False Calves.

The necessity of wearing knee breeches at the coronation ceremonies has called the attention of many of those who will participate to the fact that their nether limbs are not as full as could be desired, and steps have been taken to remedy this fault. It is learned that extensive orders for artificial calves for human legs have been placed in France in view of the ceremonies. Now that the United States has decided to send representatives to the coronation the dealers who are making the artificial calves are expecting orders from the other side of the water as well.—London Dispatch.

Is There a Difference?

Do we stop to think that for what we have spent in the Philippines we might have bought the isthmus and dug the canal? Is there a difference of opinion as to which investment would have been the wiser?—Florida Times-Union.



Books Worth Having

These volumes are replete with valuable information, compact in form and unequalled in point of merit and cheapness. They are the latest and best books on the subjects of which they treat. No one who wishes to have a fund of general information or who has the desire of self-improvement can afford to be without them. They are 6x4 1/4 inches in size, well printed on good paper, handsomely bound in green cloth, with a heavy paper wrapper to match.

TOASTS BY WILLIAM PITTENGER

Most men dread being called upon to respond to a toast or to make an address. What would you not give for the ability to be rid of this embarrassment? No need to give much when you can learn the art from this little book. It will tell you how to do it; not only that, but by example it will show the way. It is valuable not alone to the novice, but the experienced speaker will gather from it many suggestions.

LAW and HOW TO KEEP OUT OF IT By Paschal H. Coggins, Esq.

Most legal difficulties arise from ignorance of the minor points of law. This book furnishes to the busy man and woman information on just such points as are most likely to arise in every-day affairs, and thus forestalls them against mental worry and financial loss. Not only is this information liberally given, but every point is so explained by means of a practical illustration that the reader will not only understand the law on the subject, but cannot fail to remember it.

The DEBATER'S TREASURY By William Pittenger

There is no greater ability than the power of skillful and forcible debate, and no accomplishment more readily acquired if the person is properly directed. In this little volume are directions for organizing and conducting debating societies, and practical suggestions for all who desire to discuss questions in public. There is also a list of over 200 questions for debate, with arguments both affirmative and negative.

How to Become a Public Speaker By William Pittenger

This work shows in a simple and concise way how any person of ordinary perseverance may become an effective public speaker. He is here directed how to gather thoughts, how to arrange them to the best advantage, and how to form clear outlines. He is then told how to overcome timidity, how to secure fluency of language, and how to acquire such a mastery of the arts of the orator as will give him eloquence and power.

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ITEMS OF INTEREST.

Thomas county, Kansas, has a dug-out school house in which seven children are taught daily by a young woman.

Peru is sadly in need of a new coinage system. According to a lately published report eggs are the only circulating medium in one province.

The Minnesota board of control recently bought two tons of chewing tobacco and half a ton of smoking tobacco for the inmates of the state institutions.

It has been found that perhaps the main reason why tuberculosis advances so rapidly at Hong Kong is that in most cases it is complicated with malaria.

A single brewery in Munich uses 118 railway freight cars of its own, besides 28 belonging to the state. Other breweries have 143, 90, 52, 80, 100, 86, etc.

Investigations conducted recently at Baku by the Russian government lead to the belief that the naphtha beds at that point extend far out under the sea.

It is planned to gather all the good portraits and photographs obtainable of Wendell Phillips and place them in an album at the Boston public library.

Far away from civilization gesture-language is still extant in Australia. Some of the tribes possess an excellent code that is almost as efficient as the spoken language.

A process for making artificial rubber by chemical treatment of the stalks of two plants, chryothamnus and begelovia, has been discovered by two men in Carson City, Nev.

After many years' consideration the British and foreign Bible society has decided to alter its laws so as to enable it to circulate the revised version of the Bible as well as the authorized version of 1611.

Government by injunction has assumed a new terror. A Newark (N. J.) girl has made application to the supreme court for an injunction to restrain a young man who she says promised to marry her from marrying another girl.

The first monument ever erected to a cook is about to be inaugurated in Paris. The chef in question is Urbain Dubois, who labored in the German emperor's kitchen. So popular was he that his brother cooks have united to do him honor.

Books Received.

A History of Medicine, a Brief Outline of Medical History from the Earliest Period; with extended account of the new schools of the healing art in the nineteenth century, by Alexander Wilder; published by the New York Eclectic Publishing Co., New Sharon, Me.

Ye Mountaineer, a Collection of Poems, by Bingham Thoburn Wilson; published by F. Tennyson Neely Co., 114 5th ave., New York.

The Early Empire-Builders of the Great West, by Moses K. Armstrong, a pioneer congressman; published by E. W. Potter, St. Paul, Minn.

Wall Street, or the Making of a President, a tragedy in four acts, by D. T. Callahan, M. D.; published by the Cambridge Encyclopedia Co., New York.

Organized Self-Help, a History and Defense of the American Labor Movement, by Herbert M. Casson; published by Peter Eckler, 35 Fulton st., New York.

The Americanization of the World, or the Trend of the Twentieth Century, by W. T. Stead; published by Horace Markley, New York and London.

Eastern Peru and Bolivia, describing the resources of the countries named, by Wm. C. Agle; published by Homer M. Hill Publishing Co., Seattle, Wash.

The Debater's Treasury, comprising a list of over 200 questions for debate, with arguments both affirmative and negative, by William Pittenger. Penn Publishing company, Philadelphia.

Law and How to Keep Out of It, by Paschal H. Coggins, Esq., of the Philadelphia bar. Penn Publishing company, Philadelphia.

Toasts and Forms of Public Addresses, by William Pittenger. Penn Publishing company, Philadelphia.

How to Become a Public Speaker, by William Pittenger. Penn Publishing company, Philadelphia.

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