

## Home Department.

## Mr. White's Experiment.

(Continued from Page 9)

her we'll be glad to board her if she will assist you about the house."

"But you've hired Mary Ann."

"There's work for 'em both," said Mr. White.

And he sat down and took refuge in last week's paper, while Mary Ann wrestled with the charred remains of the breakfast, and cut fresh slices of home-cured ham.

In this world there are bloodless battles and victories won without the clash of steel; and in this category may be classed Mrs. White's victory over her husband in respect to the question of "hired help."—An Old Magazine.

## Turtle Cakes.

Bake a good cake mixture in patty or muffin tins. If the child guests are very young a sponge cake is best of all. For this cake beat the yolk of six eggs until thick, add two cups of powdered sugar and beat until a light, smooth mass; add the juice and grated rind of one lemon, then fold in lightly two cups of flour which have been sifted twice with two level teaspoons of baking powder, and last fold in the stiffly beaten whites of six eggs. Bake in small tins in a moderate oven. Be careful not to stir the cake after putting in the flour and white of egg, but fold both in by strokes across the bowl and deep enough to touch the bottom of the dish; in this way the air cells are not broken and the cakes will be much lighter.

If a rich cup cake is liked best one-half cup of butter and one and one-half cups of fine granulated sugar to a cream; add the beaten yolks of four eggs. Now add alternately one cup of milk and two and one-half cups of flour. When the mass is smooth stir in one-half cup of flour in which four

## BLACK AND RICH

Is the Way Postum Coffee Should be

A liquid food that will help a person break a bad habit is worth knowing of. The president of one of the state associations of the W. C. T. U., who naturally does not want her name given, writes as follows: "Whenever I was obliged to go without coffee for breakfast a dull, distracting headache would come on before noon. I discovered that, in reality, the nerves were crying out for their accustomed stimulant.

At evening dinner I had been taught by experience that I must refrain from coffee or pass a sleepless night. In the summer of 1900, while visiting a physician and his wife I was served with a most excellent coffee at their dainty and elegant table and, upon inquiry, discovered that this charming beverage was Postum Food Coffee, and that the family had been greatly benefited by leaving off coffee and using Postum.

I was so in love with it, and so pleased with the glimpse of freedom from my one bondage of habit and so thoroughly convinced that I ought to break with my captor, that upon my return home I at once began the use of Postum Food Coffee and have continued it ever since, now more than a year.

I don't know what sick headache is now, and my nerves are steady and I sleep sound generally eight hours regularly. I used to become bilious frequently and require physic, now seldom ever have that experience.

I have learned that long boiling is absolutely essential to furnish good Postum. That makes it clear, black and rich as any Mocha and Java blend. Please withhold my name, but you may use the letter for the good it may do."

level teaspoons of baking powder are mixed, and last the stiffly beaten whites of four eggs.

Cover the small cakes with a white frosting and ornament with turtles made from large layer raisins. Stick whole cloves in for head and feet and clove stem for the tail.—Alice E. Whitaker, in Chicago Inter-Ocean.

## Dictionary Girls.

A disagreeable girl—Annie Mosity.  
A sweet girl—Carrie Mel.  
A very pleasant girl—Jenny Rosity.  
A smooth girl—Amelia Ration.  
A seedy girl—Cora Ander.  
A clear case of girl—E. Lucy Date.  
A geometrical girl—Polly Gon.  
Not orthodox—Hettie Rodoxy.  
One of the best girls—Ella Gant.  
A Musical girl—Sarah Nade.  
A flower girl—Rhoda Dendron.  
A profound girl—Mettie Physics.  
A star girl—Meta Oric.  
A clinging girl—Jessie Mine.  
A nervous girl—Hester Ical.  
A muscular girl—Callie Sthenic.  
A lively girl—Anna Mation.  
An uncertain girl—Eva Nescent.  
A sad girl—Ella G.  
A great big girl—Ellie Phant.  
A warlike girl—Milly Tary.  
A chemical girl—An Aliza.  
An untrustworthy girl—Charlotte An.  
A girl at the foot—Peggy.—Unidentified Exchange.

## Worth While.

'Tis easy enough to be pleasant  
When life flows along like a song;  
But the man worth while is the one  
who will smile  
When everything goes dead wrong.  
For the test of the heart is trouble,  
And it always comes with the years,  
And the life that is worth the honor of  
earth  
Is the smile that comes through  
tears.

It is easy enough to be prudent  
When nothing tempts you to stray;  
When without or within no voice of  
sin  
Is luring your soul away.  
But it's only a negative virtue  
Until it is tried by fire,  
And the life that is worth the honor  
of earth  
Is the one that resists desire.

By the cynic, the sad, the fallen,  
Who had no strength for the strife,  
The world's highway is cumbered to-  
day,  
They make up the item of life.  
But the virtue that conquers passion,  
And the sorrow that hides in a  
smile—  
It is these that are worth the homage  
of earth,  
For we find them but once in a  
while.  
—Ella Wheeler Wilcox.

## Undemocratic Folly.

Who is to pay the hundreds of thousands of dollars which it will cost to send Mr. Reid and a fleet to England? The American people, of course. The government cannot get a dollar except by taking it from the pocket of the citizen by taxation. Every citizen, the very poorest, will have to contribute to the fund which it is intended to squander in taking part in the circus performance which King Edward will give in compliment to himself for having done the British people the deathless service of being the son of his mother.—New York Journal (dem.).

Minneapolis Journal: Paris is frightened. We are not surprised. Mr. Rockefeller has made it a lighting proposition.

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