

Social Briefs

Mr. and Mrs. Welcome Nichols of Winfield, Kansas were the house guests of Mr. and Mrs. Luther Allen during Fair Week. While here they attended the fair and were the dinner guests of Mr. and Mrs. Clayton Lewis on Thursday.

Mrs. C. O. Shepard and Mrs. Ed. Todd were co-hosts at breakfast on Wednesday September 3rd., at the home of Mrs. Todd, 2267 Y Street, honoring Mrs. S. M. Shepard of Sedalia, Missouri, Mrs. Nealy of Los Angeles, Calif., and Mrs. Effie George of Hope, Arkansas. Guests included, Mrs. J. T. Bell, Mrs. Ralph Johnson, Mrs. Frank Pierce, Mrs. Clayton Lewis, Mrs. James Fuller, Mrs. R. H. Powell, Mrs. W. B. Davis, Mrs. John Irving, Mrs. Walter Gill and Mrs. John McWilliams.

Mrs. Sarah Simms and her grandson, Michael Le Roy Brown, left several days ago for New York City where they will have an extended visit with Mr. and Mrs. Fred Lankford, sister and brother-in-law of Mrs. Simms.

Mrs. Eugenia Brown left Sunday for Hawkins, Texas where she will teach at Jarvis Christian College.

Howard Bean left Friday for Denver, Colorado where he will be employed in the Railway Postal Service.

The Rev. J. B. Brooks was guest speaker at the Men's Day Program at St. John's AME

church in Topeka, Kansas on Sunday. He motored with Mr. I. B. Colley. They were accompanied by Rev. Brooks' sons, Wendell and Walter. The Rev. Syrus Keller, pastor of St. John's church was guest speaker at the Men's Day Program at Quinn Chapel on Sunday.

Mr. Roy Miller, son of Mrs. Lillian Miller, was home during fair week.

A couple of the new faces seen on the campus this year are Miss Gladys Bradford, daughter of Mr. and Mrs. Monte Bradford and Miss Shirley Thomas, daughter of Mr. and Mrs. Wendell Thomas, both of Omaha. A few old faces were glanced, James McField, Harold Dickens and Paul Kidd of Kansas City.

Word has been received of the coming wedding of Mary Charleen Jacobs, daughter of Mr. and Mrs. William Jacobs, sr. to Rev. J. Curtis Foster, jr. which will take place September 27, 1952 at Mason Memorial Methodist church, Kansas City, Kansas.

Mr. and Mrs. Watler Gill had as their guests over the week-end Mrs. Gill's nephew, Carl Miller of Oakland, Calif., Their dinner guests on Sunday were Mr. and Mrs. Theodore McWilliams of Los Angeles; Mr. and Mrs. John McWilliams and Mr. J. C. Leslie of Topeka, Kansas.

Mr. and Mrs. Fred Bradley spent the week-end in Denver, Colo. Accompanying them was Mrs. Henrietta Bell who visited her daughter, Mrs. Alice Fox.



Miss Sampson

Household Hints

By
Miss Mary Sampson
2811 S. 24 — 3-6212
and
Mrs. Odessa Johnson
1519 A St. — 3-6701



Mrs. Johnson

Health in the School Box
By Betty Cook For ANP

Now that the children are back in school, let us be sure that their lunch is made up of health-giving foods. Raw fruits and vegetables, whole grain or enriched breads, cereal cookies, and other wholesome sweets are storehouses packed full of vitamins, minerals and proteins, all of which are important to maintaining health. It is good to keep these things in mind in packing the school lunch box. Here, then, are a few basic rules to remember:

1. Make the sandwiches of whole-grain or enriched breads with moist, appetizing fillings that are high in protein. Here are a few suggestions: sliced boiled eggs, peanut butter, sliced cold meat loaf, tuna or salmon salad, left-over meat salad, sliced liver-wurst or corned beef.
2. Include carrot or celery strips or celery cut up in the sandwich fillings frequently, because of their vitamins and minerals.
3. Fruit also supplies vitamins and minerals and should be included, preferably raw.
4. A drink made with milk should be included, of course, because of high mineral and vitamin content.
5. Remember that sweets, such as Raisin Bran Molasses Cookies* or Bran Fruit Squares*, are not only sure to make a hit with youngsters but provide a welcome and nutritious "surprise" feature. So here are two recipes you will surely want to try.

RAISIN BRAN MOLASSES COOKIES*

- 2 cups sifted flour
- 1/2 teaspoon Calumet Baking Powder
- 1 teaspoon soda
- 1 teaspoon salt
- 1 teaspoon cinnamon
- 1 1/2 teaspoons ginger
- 1/2 cup shortening
- 1 cup sugar
- 1 egg
- 1/2 cup molasses
- 1 1/2 tablespoons vinegar
- 2 tablespoons milk
- 1 cup Post's Raisin Bran

METHOD: Sift flour once, measure, add baking powder, soda, salt, and spices and sift again. Cream shortening, add sugar gradually, and cream together until light and fluffy. Add egg and beat well. Add molasses and vinegar; mix thoroughly. Add flour mixture, alternately with milk, mixing well after each addition. Add Post's Raisin Bran and blend. Drop from teaspoon on greased baking sheet. Bake in hot oven (400 degrees F.) 8 minutes, or until done. Makes 5 dozen cookies. NOTE: For softer cookies, store with slices of bread in covered

container.

BRAN FRUIT SQUARES*

- 3 cups Post's 40% Bran Flakes
- 1 1/2 cups chopped raisins
- 1/2 cup chopped dried figs
- 1/2 cup chopped dates
- 1 cup chopped walnut meats
- 1/2 cup sweetened condensed milk
- 1 tablespoon honey
- 1 tablespoon lemon juice

METHOD: Combine Post's 40% Bran flakes with remaining ingredients and mix until blended. Press into 9x9x2-inch pan and cut in small squares, or roll in balls or in finger shapes. Place shaped candy on platter and dry several hours. Wrap in waxed paper. Or, candy may be dipped in melted candy-making chocolate. Finger-shaped pieces may be half-dipped. Makes about 5 dozen pieces.

Children to Share \$66,000,000 School Lunch Program

WASHINGTON, D. C. (ANP)—Over nine million white and Negro children in 56,000 schools will share nearly \$66,000,000 in school lunches in 1952-53 through the United States and territories, according to the U. S. Department of Agriculture.

According to the department's Marketing Administration, which conducts the program were served last year.

To the South, where the largest percentage of Negro children live, went nearly \$30,000,000 — about half of the total current allotment.

The known volume of oil underground today is more than a trillion gallons.



Fashion Trends
by Freddye S. Henderson

other four designers for making the initial step. After all, no single country has a monopoly on creative ideas, nor on technical know-how. Just as other countries have taken their places in the fashion picture, we predict that Spain will do likewise.

Plenty Good Room In Fashion World

When the Spanish couture launched their first co-operative fashion showing down in Madrid a few weeks ago it focused international attention on a new, unexplored fashion potential. Spain has always been important as a source of inspiration to American and Parisian fashion designers, but the Spanish designers themselves have never before attempted to market their wares in the international fashion market.

Such familiar items of apparel as sombrero, the bolero, the mantilla, and now the matador trousers in lounge clothes owe their existence and popularity in America directly to the influence of Spain. So, if the American couturier is going to make annual treks to this Latin country, it is only reasonable that the Spanish designer make his own niche in the fashion market.

This venture, as frequently happens with outstanding "firsts", has met with a number of criticisms coming from the fashion reporters and buyers who attended the showings. The beautiful embroidery for which Spanish needle women have long been famous was reportedly used too lavishly. Too much fabric, making the styles impossible to reproduce by American mass production methods, and too much allegiance to the past, such as bullfighter and gypsy inspiration gave the clothes a theatrical effect, were among the opinions voiced.

Getting any major undertaking started is hard. Our hat is off to the House of Rodriguez and the

The fashion industry in America as we know it now is a mere 50 years old, and it took a second World War to really bring out its true color. England has virtually always been known for its elegantly tailored men's wear, but only recently has it received any recognition as a fashion center for women.

Italy as a fashion center is even more recent, for it has been only within the last two years that it has received any international fashion attention. Now all three countries take their places beside Paris, and the buyers and reporters are equally anxious to see all wares.

Here in America the National Association of Fashion and Accessory Designers can take courage from this step made by the Spanish Couture. Both should recognize the fact that the fashion market is not a static one.

As long as there are women there will be a need for new ideas in clothes; for women will always enjoy wearing beautiful clothes and men will always enjoy seeing them wear them.

Yes, in the fashion field there is plenty of good room for fresh, new ideas.

Notes of Interest

Mr. Felix Polk motored to Steam Boat Springs, Colorado, on Monday, September 8th, to get his wife, Sarah Polk, who had spent the summer in Colorado. He was accompanied by the Rev. Melvin L. Shakespeare and his brother, Daniel Shakespeare of Kansas City, Missouri. They returned on the 12th.

Every Item in Our Entire EAST WINDOW

1/3 OFF

CHEAPER DRUG STORE
1325 "O" St.

Jess Williams Spring Service
2215 O Street
Lincoln 8, Nebraska
Phone 2-3633

CLEANING and SANITATION SUPPLIES
All Types
Brooms—Furniture Polishes
Mops—Floor Seal and Wax
Sweeping Compounds
Mopping Equipment

Kelso Chemical
117 North 9th St. 2-2434

SKYLINE ICE CREAM STORES

1433 South St. Phone 3-8118
1417 N St. Phone 2-4074
1845 E St. Phone 2-8122
5490 So. 14th Phone 3-2269

"Ends Your Quest For the Best"
Skyline Farms So. 14th St.

Please Ask For
UMBERGER'S AMBULANCE
2-8543
Umberger's Mortuary, Inc.

GEO. H. WENTZ
Incorporated
Plumbing and Heating

1620 N St. Phone 2-1293

THE **CAMERA Store**
1122 N ST.
2-2625

DONLEY-STAHN CO. LTD.
1331 N St.
DRUGS—PRESCRIPTIONS
SICK ROOM NECESSITIES
WE APPRECIATE YOUR PATRONAGE

ROSE MANOR STUDIO
1319 O Street
Phone 2-2247
Portraits by Appointment
George Randol, F. A. of A.
Prices reasonable
Work guaranteed

The WHITE FURNITURE COMPANY

First in Furniture Appliance and Rugs

108 North 10th St.
Just 27 Steps North of 10th & O Street