

**HOUSEHOLD HINTS**

By Mrs. Brevy Lilly

Phone 2-4051



**Tuna Fish Loaf**

1 tablespoon chopped onion  
 1/2 cup finely chopped celery  
 3 tablespoons butter  
 4 tablespoons enriched flour  
 1 1/2 cups milk  
 1/4 teaspoons salt, few grains pepper  
 1 1/2 cups fine soft bread crumbs  
 1 egg  
 1 -13 ounce can tuna fish

Cook onion and celery in butter over low heat for five minutes stirring occasionally, add flour and mix well. Add milk and cook over low heat stirring constantly until thickened. Add salt and pepper and combine with the bread crumbs, slightly beaten egg and finely chopped tuna fish. Pack in a buttered small loaf pan and bake at 350 degrees for about 50 minutes. Serve with horseradish sauce.—Serves 6

**Worth Remembering**

To keep soft cookies from drying out store them in a covered jar with a piece of apple or orange.

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Green vegetables should stay green if cooking water is salted or one or two lettuce leaves are cooked with the vegetable.

Beside its use as a beverage canned grapefruit juice makes a good base for gelatine dishes, particularly for molded vegetable salad.

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**Calavo Grapefruit Salad**

1 package lemon gelatine  
 1 cup boiling grapefruit juice  
 1/2 cup cold grapefruit juice  
 4 tablespoons lemon juice  
 2 avocados, diced  
 1 cup grapefruit segments  
 1 cup diced celery  
 1/4 teaspoon salt

Dissolve gelatine in the boiling grapefruit juice, add the cold juice, lemon and salt. chill until thick, then add the diced avocado, celery and well drained grapefruit segments and mold. When it is firm turn out the mold and serve on shredded lettuce with mayonnaise to which 1 tablespoon cucumber has been added.

**Mint Parfait**

This is an easy dessert suggestion, it looks attractive and has a distinctly different flavor.

Put crushed mint jelly and vanilla ice cream in alternate layers in parfait glasses, top with whipping cream and mint candy.

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