

HOUSEHOLD HINTS

By Mrs. Brevy Lilly

Phone 2-4051



Table of Standard Measurements

Dash or few grains	less than 1/8 teaspoon
3 teaspoons	1 tablespoon
4 tablespoons	1/4 cup
2 tablespoons	1/8 cup
5 tablespoons and 1 teaspoon	3/8 cup
8 tablespoons	1/2 cup
10 tablespoons and 2 teaspoons	2/3 cup
12 tablespoons	3/4 cup
16 tablespoons	1 cup
2 cups	1 pint
4 cups or 2 pints	1 quart
4 quarts	1 gallon

All measurements are level and based on standard measuring spoons, cups, etc.

Cottage Salad

1/2 cup cottage cheese
 1/2 cup grated cheddar cheese
 1 teaspoon grated onion
 Lettuce
 Tangy French Dressing
 Combine cottage cheese, cheddar cheese and onion; shape into balls. Serve on lettuce with dressing. Serves 4.

Tangy French Dressing

Add to a good french dressing
 1 teaspoon worchester sauce

2 drops tabasco and 2 tablespoons prepared horse-radish before beating.

Pineapple Ambrosia

1 No. 2 can (2 1/2 cups) pineapple cuts
 2 cups chopped marshmallows
 2 bananas
 1/2 cup shredded cocoanut

Chill pineapple cuts; drain off most of syrup, add marshmallows sliced bananas, sprinkle with coconut. Serves 4-6.

Salmon A'LaKing Croquettes

1 1-lb. can (2 cups) salmon
 1 can Campbell Mushroom Soup
 2 eggs
 2 tablespoons water

Combine salmon, and mushroom soup. Pack into greased pan 8"x8"x2"; chill thoroughly. Cut in diamonds, beat eggs, add water. Roll croquettes in crumbs, dip in egg; roll in crumbs, fry in shallow fat or salad oil heated to 375 degrees F. about 5 minutes or until brown. Drain on absorbent paper.

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The Future Is Yours
 (Continued from page 2)

How did Edna Lewis begin? Where did she study? What are her plans?

She was born in Freetown, Va. Even seven years ago New York and costume designing were miles and dreams away. But not the charming little flowers she fashioned out of bits of paper and cloth, the tiny dolls she dressed in bazarre costumes—nor the necessity for making her own clothes and those of her family.

"I have always had to sew," she says. "We had hardly any money—but I loved beautiful things and there was nothing else to do but make them myself."

But she had help—from fashion magazines which she studied and clipped. Not only did the fashions themselves interest her, but the lives and activities of their creators as well. She bought sewing instruction books and learned the language and techniques of the crafts, and the uses of various sewing implements.

Shortly after finishing high school, Edna Lewis came to New York at the invitation of a relative. New York is a big city. Sometimes you lose your nerve, or you're helplessly humbled by the thousands of talented, even brilliant people milling frantically around. It takes more than ambition to push through to recognition. How did Edna Lewis manage it?

(To be continued)

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