

**HOUSEHOLD HINTS**

By Mrs. Brevy Lilly

Phone 2-4051



**Sour Milk Cake**

Mrs. Arthur E. Gaines  
630 W. 4th St.  
Los Angeles, 13, Calif.

1 cup sugar  
1 egg  
1 cup sour milk  
1 teaspoon soda dissolved in milk  
3/4 cup raisins  
1/2 teaspoon cloves  
2 level cups flour  
Cream butter, sugar and egg thoroughly, add spices, milk and flour. Add fruit last. Bake in moderate oven.

**Refrigerator rolls**

1 cake compressed yeast  
1/2 cup luke warm water  
2 cups scalded milk  
2/3 cup shortening  
1/2 cup sugar  
1 teaspoon salt  
2 well beaten eggs  
Flour to make stiff batter, about 7 cups or more.  
Scald milk, add shortening, sugar, salt. When luke warm, add yeast dissolved in luke warm water. Add beaten eggs, then flour, mix well.  
Knead on floured board until smooth and pliable. Put in greased bowl, large enough to al-

**W. C. Handy, Remembering Leaner Years, Gives White Song Writer A "Break"**

HENDERSON, Ky.— (ANP)—  
W. C. Handy is not only the "father of the blues," but is "fathering" many a struggling musician with whom the fates have not dealt too kindly. In keeping with the tradition that music is color blind, Handy has come to the rescue of a white cripple, a man who is nearly blind and who has been bedridden with arthritis for 13 years.

During the long years that Hugh Edward Sandefur lay on his bed, songs have been forming in his mind. Local friends in Henderson who believed in his talents, constantly encouraged him in his efforts but sought in vain for a publisher for his creations.

low rising. Cover with clean cloth put in refrigerator. When rolls are wanted, pinch off dough, shape and let rise until double about 1 1/2 to 2 hours. Bake in hot oven 15 to 20 minutes.

**ASPARAGUS SOUFFLE**

Two tablespoons butter, 4 tablespoons flour, 2 cups thin cream, 5 eggs, salt, white pepper. Savarin mold: 1 1/2 tablespoons butter, 2 tablespoons breadcrumbs.  
METHOD: Heat butter, add flour, stirring. Add cream gradually, stirring, and cook for a few minutes still stirring. Remove from fire, and when fairly cool, add yolks, one at a time, and season. Cut into mixture, with a knife, the well-beaten whites. Pour into buttered and bread-crumbed ring mold and place the mold in a tin of boiling water in moderate oven (385 degrees F). Time for baking: about 40 minutes. Turn out on a round dish and fill the hole in the middle with asparagus stew. Arrange heated asparagus around the souffle. Serve with creamed butter and asparagus tips in sauce made of butter, flour and thin cream.

But now, thanks to the understanding of a Negro who came up the hard way, Sandefur has been taken out of the amateur class and introduced into professional circles.

Handy Brothers Music company of New York has published two numbers by Sandefur, "Stars Hide Their Faces" and "Heaven Sent You."

Henderson has special memories for Handy. He well remembers the day in 1894 when he landed there on a freight train with empty pockets. "Here," says Handy, "I had my change . . . from hobo to professional musician." Some forget the struggle when they breath the refined air of success, but Handy continues to be generous in his encouragement of fellow musicians.

**Dark Merit**



by  
Kathryne  
Favors

**Duties of the Slave**

The slave's work began early each morning. On some plantations breakfast was prepared in the slaves cabins. On other plantations breakfast was then taken to the workers in the field after they had begun their tasks.

The majority of the Negro slaves were field hands on the plantations. On some plantations the master gave each slave a certain amount of work to do each day. The slave was permitted to stop working when he had finished his daily tasks. The children helped the adult slaves. At night and on Sunday the slaves worked for themselves. Some of them worked in their vegetable gardens. A few slaves were able to earn money, and saved enough to buy their freedom.

In the winter the slaves were kept busy repairing and building. They mended the broken rail fences. They repaired the cabins and storehouses. They went in the woods and cut logs for the buze fireplaces. They mended the harnesses. They learned to be carpenters, masons, wheelwrights, coopers, blacksmiths, sailors, typesetters, movie engineers, mechanics, jewelers, and silver-smiths. Some slave Mechanics could not only build but also draws plans, make contracts and complete a house.

Some women learned to spin, weave and sew. They were cooks, maids, dairy maids, and laundresses. Some of them became good nurses.

The slaves were not only taught how to work; some few masters and mistress taught their slaves how to read and write.

Supplementary Units for the course of Study in Social Studies.

**Calendar Campaign Successful**

The Usher Board and Auxiliary of Quinn Chapel A.M.E. Church announced that the Calendar campaign for this year was very successful. A liberal contribution was made to the organ fund.

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