

Our Children

By Mrs. W. B. Davis



Some persons have a gift—a way with children. This gift is compounded of many experiences; reading and study, perhaps, the ability to temper theory with practice, a genuine feeling for human relationships; the ability to discard lesser values and a willing self-discipline. Also, there are little skills of techniques they know how to use in situations involving human relationships. These they substitute for more usual but less successful methods. They work to the benefit of both parent and child. Changing the subject is one of these techniques. In families where arguing is a routine, where everything is issue, it is often unaware that we take the attitude with the children. Every bit of misbehavior must be corrected, every wrong attitude set right,

and at once. It is a way to good discipline—and peace!—to change the subject, it is an art in itself. The change must interest more than one person and persons of different ages; It must be sufficiently intriguing to divert attention from something which already grips it. "Please be quiet," we tell the youngster, but they are cooped in the house and it is hard to remember, and hard to do even when we remember. Instead of making an issue of obedience, here a redirection of activity is a more successful technique. In a way this is the same as changing the subject. There are times when avoiding the issue foster disobedience and bring bad results. It requires a fine exercise of judgment and common sense to discriminate.

NEW?



By Delight Killinger graduate Hastings College

Is there anyone who doesn't experience a feeling of excitement at the thought of something new? We have recently had the thrill of crossing the threshold of a new year which doubtless will present many new opportunities. In keeping with this season of the year when most people are busily making—and breaking—New Year's resolutions, let's take a look and see some of the very important things in our lives which might well be improved.

Of utmost importance is the care which we give our bodies. Good care and treatment insures prompt and efficient response to the demands of almost any occasion. Proper nourishment, rest and exercise make for a zest for living which only one who possesses a healthy body can have.

A new outlook for the New Year is also very important. Perhaps we needn't have a completely new outlook, but we should revamp our spirits to seek for new beauties which enrich rather than to dwell on the mistakes of the past. We have profited by our blunders and should go on building toward new goals of peace, brotherhood, and happiness.

Instead of making many good resolutions for the New Year—most of which will be broken during the first few days—let us make our new resolutions at the beginning of each new day. We can live only one day at a time, and if we can observe those habits which we are trying to adopt each day as it comes, they will soon become a part of our personalities.

It would be a wonderful new year if we could make someone glad each day because of some deed of kindness—if we could learn some one new thing each day—if we could win some victory over our baser selves—if we could make the hard or disliked tasks more joyful—and if we would practice the art of doing our best in whatever comes along to be done.

HONOLULU JOTTINGS

By John Miller

Let's Resolve

Let's resolve to forget what we have done for others and remember what others have done for us. Let's resolve to ignore what the world owes us and think what we owe the world . . . let's resolve to put our rights in the back ground and put our duties in the middle distance, and our chances to do a little more than our duties in the foreground. Let's resolve that our fellow man is just as real as we are, and try to look beyond his face and see how his heart seeks joy. Lets resolve to admit that probably the only good reason for our existence is not what we get out of life, but what we put into life. Let's resolve to close our Book of Complaints against management of our universe, and look around ourselves and see how many places we can find to sow a few seeds of Happiness. If we resolve and keep these for one day in 1947, we will remember to keep this 1946 Birth of Christ.

A two inch chunk of charcoal in one corner piece of your refrigerator will work wonders in keeping it sweet and preventing strong flavored foods from tainting the other foods stored there. by Mrs. Henrietta Wilson

Only Book of Its Kind

(Continued from page 2)

ists, and educators; a time saver for researchers; an invaluable reference book for newspaper men, advertisers, and publishers; a directory for salesmen and manufacturers and an essential book for all libraries.

Florence Murray, the editor, was born in Alexandria, Virginia, of a family of printers. Her father, F. H. M. Murray, a well-known writer and scholar, was one of the original members of the Niagara Movement, out of which grew the National Association for the Advancement of Colored People. Miss Murray was educated in Washington, D. C., where she was graduated from Howard University. She also studied at Columbia University and the University of Chicago. The 1944 edition of the Negro Handbook was prepared by Miss Murray under a Rosenwald Fellowship in Journalism.

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