## NORTHWESTERN LOUP CITY, NEBRASKA.

# IN THE Maintenance OF HEALTH

It is highly important that you pay special attention to the stomach, liver and bowels

## AT THE FIRST TENDENCY

to sluggishness or weak- their skill. ness you should try

## **HOSTETTER'S Stomach Bitters** PATENTS Watson E. Coleman, Patent Lawyer, Washington, D.C. Advice and books free "ROUGH on RATS" Ruds Eats, Mice, Burs

ed.

Injured Pride.

After a recent Zeppelin raid, when the worst was over, a resident went out into the town to see what damage had been done. In the darkness he heard a group of women talking loudly, and judging them a clue not to be neglected he followed them along an ing, which, in the view of the writer, entry into the back yard of a house. should be performed as speedily as The debute never ceased, but he was possible, unable to get the hang of it until one of the women-the most eloquent-appealed directly to him. "'Ere," she said. "do you call it fair? T' bomb dropt in our yard, an' a bobby's gone and took it away-never even give me a receipt for it. It's our bomb."-Manchester Guardian.

## TAKES OFF DANDRUFF. HAIR STOPS FALLING

2

#### Save your Hair! Get a 25 cent bottle Commissioner of Health of Pennsylof Danderine right now-Also stops itching scalp.

Thin, brittle, colorless and scraggy hair is mute evidence of a neglected scalp; of dandruff-that awful scurf. There is nothing so destructive to the hair as dandruff. It robs the hair of its lustre, its strength and its very life; eventually producing a feverishness and itching of the scalp, which if not remedied causes the hair roots to shrink, loosen and die-then the hair falls out fast. A little Danderine tonight-now-any time-will surely save your hair.

Get a 25 cent bottle of Knowlton's Danderine from any drug store. You surely can have beautiful hair and lots of it if you will just try a little Danderine. Save your hair! Try it !- Adv

## WHAT THEY KNEW OF SPORTS

Surgery was already an art when | and scissors. For almost a thousand | medicine was only a phase of super- years the treatment of wounds, fracstitles, the earliest record of surgery tures and dislocations varied by bloodhaving been found among the Egyp- letting, remained unchanged.

SURGERY AN ANCIENT CRAFT

tians in a period about 3000 B. C. In Under the Byzantines, medical serv-European museums are instruments, ice, including every appliance for the lancets, tweezers, iron rods for cauter- treatment of disease and wounds, was ization and other things used by Egypwell organized, cavalry and infantry

alike being supplied with a company tian practitioners. Jewish and Greek surgery immediately followed that of the Egyptians, it was to bring the wounded out of or merely to show that she isn't listenand surgery was held in high esteem action. Strangely enough, surgery, suffering among the Indians at a remote age, as proved by their ancient proverb, "A from the general superstitious horror

physician who is no surgeon is like a of the knife, save in conflict, which bird with but one wing." Instruments pervaded the early people of all lands. now on exhibition at Madras, Calcutta continued for many centuries to be and Alexandria afford evidence of despised by physicians, professional standing being denied to the men who

In Greece surgery had attained high healed wounds and set fractured limbs. It was not until the sixteenth cenproficiency long before the day of Hippocrates, and in one of his works is found a complete treatise on the physi- vance common to every art and cian's operating room, surgical instru- science, its practitioners correspondments and appliances, together with ingly improving their social and proastruction in the correct method of fessional position. In this reform the on the proper posing of the pa- day was led by Paris, with her Coltient, and the use of water and band- lege of Surgeons, founded in 1279. ages. Then follows a description of Berlin and Rome followed her example various wounds, from which it would 300 years later. In the eighteenth century London, appear that hemorrhages were arrest-Edinburgh and Dublin were added to then, as now, with cold compress or styptics, while wounds were healed

the various centers of surgical learning, while America, leader of all other by primary union or suppuration. Lesion of the joints, injuries to the countries in these days, laid the founspine and various kinds of dislocations dation of her proficiency in the school established by Doctor Shippen at Philare dealt with. Hippocrates' surgery treats instructively on fractures and adelphia contusions of the skull. For fractures

## the standard operation was trephin-Mothers' Cook Book

\$-----

Corn meal, if well cooked, makes one of the most nutritious and economical of breakfast dishes and if served with a good baked apple it is a breakfast sufficiently nutritious for a growing child. When cooking corn meal The question of proper ventilation

during the winter months is one which it is quite difficult for many people mering point. See that the meal rap-

desired by night. The fresh air does not depend upon the temperature and can be supplied by a proper heating and the mixture well, then add a half cup-

admits the fresh air, often causes whites of the eggs and bake for 20 which are uncomfortable, not

SOME SMILES 

and the state of the second state of the second state

Dealt With.

Grease spots may be removed by the

application of carbon tetrachloride, ac-

cording to H. F. Zoller, assistant in

chemistry in the Kansas State Agricul-

"Removing grease spots with gaso-

The disadvantage is its expense.

pot must be bleached.

perienced person.

cohol.

fellow

been in the garment for some time.

icids. In case of the coal-tar inks, the

"Iron rust can be removed by fairly

strong oxalic acid solution, if allowed

to stand on the goods for a short time,

and often when it is exposed to the

sunlight the action is a little quicker.

The excess of oxalic acid must be

washed out, and the goods washed with

a good soap, in order to neutralize the

mover of iron rust, if handled by an ex-

al of fountain-pen ink, especially iron

ink and iron rust, is the aceto-oxalic

acid formula. It is made by saturat-

ing a 10 per cent acetic acid solution

with oxalic acid, and mixing one part

of the product with four parts of al-

HOUSEHOLD HINTS

sprinkle a few seeds upon the water.

This added attraction will make the

bath become a habit with the little

of bicarbonate of soda in the water

ling, add a little washing blue to the

To make glassware clear and spark-

If ink is spilled on the carpet or ta-

Powdered alum added to ordinary

Oxalic acid and javelle water are

New tinware will never rust if

greased with a little fresh lard and

baked in the oven before it is used.

Corn Chowder.

One can corn, four cupfuls potatoes

cut in one-quarter-inch slices, one and

one-half-inch cube fat salt pork, one

sliced onion, four cupfuls scalded

milk, eight common crackers. Cut

pork in small pieces and try out. Add

onion and cook five minutes, stirring

often that onion may not burn. Strain

fat into a stewpan. Parboil potatoes

five minutes in boiling water to cover,

drain and add potatoes to fat; then

add two cupfuls boiling water; cook

until potatoes are soft, add corn and

stove blacking adds to its brilliancy.

excellent for removing ink stains,

ble cover, cover it immediately with

before putting them into a vase.

soapsuds when washing.

salt as it absorbs the ink.

To induce a canary to take a bath

tural college.

In Doubt "Do your views on public questions

meet with your wife's favor?" "Tye never been able to find out." answered Mr. Twobble. "Whenever I voice an opinion my wife merely hums

a little tune. I don't know whether of surgeons and assistants whose duty she does that to express disapproval, ing and doesn't intend to."

#### Not Worth Mentioning.

"Tommy, you've been fighting again."

"I'd hardly call it that, ma." "But I saw you through the window. You struck that little Glithers boy."

"An' knocked 'im out the first lick. tury that surgery shared in the ad- It takes two scrappers to make a fight, ma."

#### Tough Luck.

"Hiram Shucker says a chap tried 1 114 to sell him a sky-114. in the scraper while he was up to the city last week."

"Did Hiram fall 1111 fur that?" trer "Nope. But he

fell in a coal hole while he was lookin' the durned thing over."

#### Always in Same Place.

0

"Conductor," said the fussy old lady, are you sure this train will take me to Bunksville?

"I'm reasonably certain that it will, madam. I've been traveling this route for twenty years, and to the best of my knowledge Bunksville has never eluded us vet."

#### A Vicious Jab.

"I understand Miss Sereleaf is thinking of getting married." hereabouts for the past fifteen years,"

"That has been the understanding answered the town gossip.

> Progress. "Just out, old

Dal ?" "Yep. I wuz in quad up to a week ago." "How much was yer bit ?"

> "I did five years an' learned a new trade.' "Goin' ter reform, eh?" "Naw, I'm goin' ter quit secondstory work an' be

> > a counterfeiter."

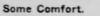
Eternal Rest. "Youngeby seems to be an indolent milk, then heat to boiling point. Sea-

### TAKE OUT GREASE SPOTS END STOMACH TROUBLE, GASES OR DYSPEFSIA Blemishes That So Greatly Annoy the Housekeeper May Be Effectively

"Pape's Diapepsin" makes Sick, Sour, Gassy Stomachs surely feel fine in five minutes.

If what you just ate is souring on your stomach or lies like a lump of lead, refusing to digest, or you belch gas and eructate sour, undigested food, or have a feeling of dizziness,

ine or benzine is both dangerous and heartburn, fullness, nausea, bad taste wasteful," said Mr. Zoller. "Chloroform in mouth and stomach-headache, you s effective, but is dangerous. Carbon can get blessed relief in five minutes. tetrachloride is used by cleaners be-Put an end to stomach trouble forever cause of its safety, cleaning power and by getting a large fifty-cent case of the absence of a disagreeable odor. Pape's Diapepsin from any drug store, You realize in five minutes how need-"Ink is difficult to remove if it has less it is to suffer from indigestion, dyspepsia or any stomach disorder. Iron inks may be removed by oxalic, It's the quickest, surest stomach docacetic, citric, or dilute hydrochloric tor in the world. It's wonderful .- Adv.



"I hate to wear made-over dresses." sobbed Mary, who was asked to "try on" a dress made out of Ellen's old cne. "I am just like Cinder-el-la," she

DOAN'S HIDNEY FOSTER-MILBURN CO., BUFFALO, N.Y. sobbed, "but I ain't even got a fairy godmother." "You goose, you," said unsympa-Get Rid of Rats

acid. Hydrochloric acid is the best re- thetic Tommy, "Cinderella did not have any dresses. She just had a pair of before they start to build their homes mismated glass slippers, and why, she in your crops. It costs you about \$2.66 "An excellent formula for the remov- | wasn't even an American."

### ACTRESS TELLS SECRET.

A well known actress gives the follow-Ing recipe for gray hair: To haif pint of water add 1 oz. Bay Rum, a small box of Barðo Compound, and ½ oz. of glycerine. Any druggist can put this up or you can mix it at home at very little cost. Full directions for making and use come in each box of Barbo Compound. It will orndwally darken streached folder more kills them for less than 1 cent per rat No mixing. No mussing. Always ready to use Por gradually darken streaked, faded gray hair, and make it soft and glossy. It will not color the scalp, is not sticky or greasy, and does not rub off. Adv.

Only about one-tenth of the vast

amounts of iron ore mined in Spain

annually are utilized at home because



Thousands Tell It

Why dally along with backache and idney or bladder troubles? Thousands

tell you how to find relief. Here's a case to guide you. And it's only one of thousands. Forty thousand Ameri-can people are publicly praising Dean's Kidney Pills. Surely it is worth the while of anyone who has a bad back, who feels tired, nervous and run-down, who endures distance minute distance of the second

who endures distressing urinary dispr ders, to give Doan's Kidney Pills a trial

A Nebraska Case

Mrs. Harriet"hey Pidure Iels a Stary"

sts Neb

Seventeenth Falls City, says: "For

says: "For years s u ff e r e d terril

m disorder

ad sides and

leveloped into r matism. Finally

used Doan's Kidn

yearly to feed one rat.

Pills and three boxes cured me. The swell-

ngs in my limbs went down and all he soreness and pain left me

happened years ago and I am say that the trouble has never

Get Doan's at Any Store, 50c a Box

RID-OF-RATS

We refund ma goods unsation

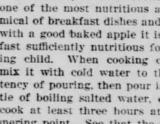
neys. The iffected my

matism

ings

12-14 Steuben St., Brooklyn, N. Y. W. N. U., OMAHA, NO. 2 .- 1917.





It is apparent to almost everybody that the admission of pure air is necessary if efficient work is to be performed and

ful of flour with a teaspoonful of bak-

The opening of windows while it ing powder. Fold in the well beaten

Just being happy is a fine thing to do; Looking on the bright side Rather than the blue; Rather than the back Sad or sunny musing Is largely in the choosing. And just being happy Is brave work and true.

\*\*\*\*\*

Good Family Dishes.

mix it with cold water to the consistency of pouring, then pour into a kettie of boiling salted water, enough to cook at least three hours at the sim-

idly boils, then set back to simmer. When cooked with plenty of water each grain of corn meal will stand out by itself just as does rice when well cooked. A fireless cooker is an ideal place for this kind of cooking, yet the evaporation of water is limited so that must be lessened.

#### school and if rerefreshing sleep Corn Gems.

Beat the yolks of two eggs and add a cupful of milk, a half teaspoonful of salt, a tablespoonful of melted butter and a cupful of corn meal. Beat

Cocoanut Egg Curry.

Codfish Croquets.

salt and pepper to season. Put the

cover with boiling water, cook until

the potatoes are tender, drain and

nereie Maxwell

Wise and Otherwise.

There are sermons in stones-

ecause he has a double chin.

Alas, for the lass who is afflicted

Everybody knows how everybody

A man isn't necessarily two-faced

When a woman hasn't any more to

Don't follow in the footsteps of com-

A woman's tongue is often responsi

to study American methods of cotton

-also

drop by spoonfuls into hot fat.

with lassitude!

One cupful of raw salt fish, two and

quarter cupfuls of potato cubes, one

### in Their Effort to Boost Their Favorite Cities.

two Irishmen who were arguing about ed afr. the relative merits of New York and Chicago. You know, there is a type pensive, have been placed on the marof person who, when he knows nothing about a thing, and finds you don't | The most economical and at the same know either, will start in and explain it to you. These two were both of that tilating device is one made of glass or kind. Said one:

growing right on the roof, just the should be placed under the sash with same as down on the ground. You can a slant from the bottom to the top at have your front yard on top of your an angle of 45 degrees, leaving an house

"That's nothin"," declared the oth- cloth, er. "In Chicago we play golf on the roofs."

you knock a ball back and forth across a net?"

"Yes, that's it."

"You dommed idjut, that's not golf ! You're talkin' about croquet."

"Yes, said the other one. "I know you couldn't mean golf. How would they get the horses up on the roof for a golf game?"-Chattanooga Times.

#### Improving Washington.

Nearly every president of the United States since the city of Washington was inid out has endeavored better and more beautiful than he found it. President Wilson is no exception. He is said to have ambitious plans for the improvement of the city, and it is believed these will be carried out during his second term. Development of the Great Falls electric power and the establishment of a new and magnificent. public park are said to be included in Mr. Wilson's program.

Switzerland has 796,909 cows.

Instead of Worrying

about the high cost of living, just buy a package of

# Grape-Nuts

-still sold at the same fair price.

Enjoy a morning dish of this delicious food, and smile over the fact that you've had a good breakfast and

## Saved Money

Isn't that a fair start for any day?

to say injurious. Where a number of pans. people are occupied in a room it is often a cause of subjecting one or two

With the development of Roman sur-

gery from the time of Galen, the

variety of instruments used increased

to the number of 300. Among examples

of these now in the museums of Rome

and Naples are needles, hollow probes,

bincers, cauteries, bistouris, lancets

VENTILATION

By DR. SAMUEL G. DIXON.

vania.

to solve.

in

office

Of all the funny stories I recall at to exposure if the windows are opened the present moment, I think I can work to secure ventilation. This can be up the best laugh over the tale of the avoided by an ample supply of warm-

onion, stir until the onion is soft, add Numerous devices, more or less exa teaspoonful of curry powder, the same amount of chopped red pepper ket but are not always satisfactory. and a chopped or finely grated cocoanut. Add a cupful of the cocoanut time probably the most efficient venmilk and cook slowly one hour. Dish and serve with poached eggs. Boiled wood eight or ten inches in height and "Why, in New York we have grass made the width of the sash. This rice, baked apples, stewed rhubarb or chutney go well with this dish.

opening at the top covered with cheese egg, one tablespoonful of butter and

Ventilators of this sort are so simple that they can be made at small "Golf. You mean that game where | cost anywhere and the covering can be potatoes and fish into a saucepan and readily replaced. They are suitable for office and school room, living mash, add the seasonings, salt, pepper, rooms and bed rooms. They permit reasonable ventilation without too eggs, and butter and beat until light. great a loss of heat and prevent that stuffiness of atmosphere which is dangerous to health and destructive to real comfort during the winter months. This device leaves an opening between the upper and lower sash through which the used air of the room may

## Ancient Shrine Is Found.

escape.

ice cream in bricks. One of the most important archeological discoveries of recent years has else ought to do things. just been made at Gonnoi, near the vale of Tempe in Thessaly. The archeological society has just unearthed what is plainly a sanctuary say she is willing to let a man talk. to the Goddess Artemis and among the articles found on the spot are petitors: set the pace. some of the most remarkable votive offerings yet discovered.

ble for her shortness of breath. One hundred and thirty-eight mar-Some men get rich while others are ole shafts bear inscriptions, from vaiting for bigger opportunities. which it is plain that the shrine was If there is any question, nine times devoted to Artemis as a goddess of out of a possible ten it's good policy childbirth, "Artemis genitrix." not to.

A Little Bit of Everything.

production and other agricultural questions. Swamp and overflow lands in the A German manufacturer can com-United States embrace an area greater mand the services of a highly efficient than that of the Philippines. A wealthy native of India has given

\$5,000 a year for 15 years to aid in perhaps taught chetalstry for years in suppressing tuberculosis in Bombay. The inventor of a new square funa year. ael contends it operates more rapidly The sunflower is or much value as a

than a round one, which causes a ro stock, its oil is equal to the best fintary motion in liquids and delays their seed, and its stalks are as good as flow.

The United States flag was raised coal for producing heat. over Porto Rico in token of formal The sun exceeds the earth in surface possession October 18, 1898. The dis- 11,750 times; in volume, 1,260,000 tance from San Juan to New York is times, and in mass 225,800 times. The diameter of the earth is 8,000 miles; 1.411 miles.

A device for coupling ordinary ve- that of the sun \$60,000 miles. aicles behind automobiles, so flexible Bran is an excellent poultry food. that sharp corners can be turned, is It is not only richer in protein than the invention of an eighteen-year-old the ordinary grains, but is also rich California boy.

A Swedish engineer has invented a largely in the formation of bone and his book, "Inventors and Money-Makprocess for extracting a substance egg shell. from sulphite lye which, in powdered The telegraph and telephone systems form, is compressed into bricks for use as fuel.

quire about 4,000,000 poles a year for The government of British India has renewals along old lines and the erec- fortu

minutes in a hot oven, using 12 gem

idea of heaven is a vast hotel lobby filled with big leather chairs, where a person can loaf forever without having Put two tablespoonfuls of olive oil the house detective sneaking about and or butter into a saucepan; when hot, casting suspicious looks at him." add four tablespoonfuls of chopped

## Speaking Roughly.

The Subaltern-Let me introduce my fiancee, old man.

His Friend-Best congratulations! The Subaltern-I've known her since the was in pinafores. His Friend (trying to say the right

thing)-So you can be sure you are not buying a pig in a poke !- London Opinion.

## **Dinosaur of Ancient Days** Mere Pygmy by Side of the Blue Whale of Modern Times

It has been said that the first duty of a whale is to be large-the blue whale is, then, the most successful whale, for it is the largest creature which has ever existed on the earth or in its waters. Even those extinct giant reptiles, the dinosaurs, which splashed along the borders of the inland seas of Wyoming and Montana 3,000,000 years ago, could not approach a blue whale either in length or weight, declares a writer in the New York Independent. In 1903 a blue whale was weighed be used instead of raisins, or in comin sections in Newfoundland. The anibination with them. mal was 78 feet long, 35 feet around the shoulders, the head was 19 feet in length and the tail six feet from tip to tip. The total weight was 63 tons. The flesh weighed 40 tons, the blubber eight tons, the blood, viscera and baleen seven tons and the bones eight tons. Exaggerated accounts of the size of

blue whales are current even in reputable books on natural history, but the largest specimen which has yet been actually measured and recorded is 187 feet long, stranded a few years ago upon the coast of New Zealand; it must have weighed at least 75 tons.

#### A Great Grape Country.

Mendoza is the southern California of Argentina, says the National Geographic Magazine. Irrigation has long been successfully applied to its and experienced chemist, one who has vineyards, which produce more wine than the combined vineyards of the a technical school, at a salary of \$800 entire United States of North America. The whole of the province lies at an altitude of more than 2,000 feet. Makes 12. plant. Its seed makes fine food for live Italians are, for the most part, employed in the cultivation of the grapes, the whole family accompanying hus-

band and father to the field and assisting in tending the vines. The babies are put to sleep in improvised tents while their elders work.

Inventors Can't Heip Inventing. "One thing stands out conspicuously -the race of contrivers and inventors obeys an, inborn and irresistible impulse," states F. W. Taussig, professor

in ash, the element that enters of economics in Harvard university, in ers." "Cartwright was in difficulties almost all his life; yet he never reof the Unit d States and Cauada re- laxed his interest in any and every sort of mechanical device. Edison made

nes and lost them again

son with salt and pepper and butter "So he is. I suspect Loungeby's and crackers, split and soaked in enough cold milk to moisten. Remove crackers, turn chowder into a tureen and put crackers on top.

#### Codfish Souffie.

Pare and slice enough potatoes to make one pint, add a pint of codfish, shredded. Place in a saucepan, cover with cold water and bring slowly to the boiling point. Drain off this water. cover with boiling water and cook until the potato is thoroughly cooked. then drain and mash fine. Melt one tablespoonful of butter, add an equal amount of flour and stir until smooth: add one and one-half cupfuls of milk, then fish and potato mixture and cook for five minues. Cool, add the beaten yolks of three eggs, then the stifly beaten whites. Turn into a buttered baking dish and bake slowly for 35 minutes. Serve immediately, garnished with sprigs of parsley.



FOR ITCHING, BURNING SKINS One-half cupful butter, one and a quarter cupfuls granulated sugar, Bathe With Cuticura Soap and Apply three eggs, half cupful thin cream or rich milk, half even teaspoonful soda, one even teaspoonful cream tartar, two For eczemas, rashes, itchings, irritacupfuls of pastry flour, half cupful tions, pimples, dandruff, sore hands, seeded raisins. Add whites of eggs and baby humors, Cuticura Soap and last and bake in tube pan. When cold Ointment are supremely effective. Befrost with a heavy white icing that will contrast prettily with the yellow of the sides they tend to prevent these discake. Citron sliced in thin strips may tressing conditions, if used for every-

Chocolate Pie.

Boston. Sold everywhere .- Adv. Four tablespoonfuls cocoa, one pint of water, yolks of two eggs, two tablespoonfuls cornstarch, six tablespoon-As an Italian investigator has given fuls sugar. Boil until thick, add one considerable time to the investigation tablespoonful vanilla. Bake the crust, of the reason for the failure of olive pour in the chocolate. Beat the whites trees in the presence of oaks, and he of the eggs with one cupful of sugar, has concluded that it is due to the imspread over top and brown. One teapoverishment of the soil by the oak spoonful of baking powder in one-half rather than by transmission of any specupful granulated sugar added to the cies of infection. white of one egg stiffly beaten makes

a fluffy meringue.

Cornmeal Muffins.

to make your wife begin the tirades Sift together one cupful cornmeal. you complain of." one cupful bread flour, one teaspoonful soda (level) in one cupful sour milk, She's a self-starter." and add it to the sifted ingredients. Then add one-quarter cupful molasses, But if a man is inclined to be foolish

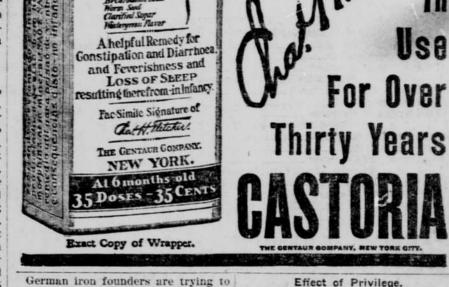
then two eggs, two tablespoonfuls meltsilk hat won't save him. ed drippings. Beat well and bake in well-greased muffin pans about onehalf hour in moderately hot oven.

## Steamed Suet Pudding.

One cupful chopped suet, one-half teaspoonful salt, one teaspoonful soda. two teaspoonfuls cream of tartar, one cupful molasses, one and one-half cupfuls milk, two and one-half cupfuls flour, one cupful chopped raisins, one cupful currants, a little cut up citron, one teaspoonful of lemon extract, one teaspoonful nutmeg. Steam four hours. Serve hot with hard sauce.

#### Ice Cream Coffee.

Put a good-sized spoon of vanilla ice cream into the bottom of a tall, large glass and fill up with chilled and iced coffee made with sugar and cream. Do not stir. Serve with long-handled



Senator Sutherland of Utah was place of gravel and crushed stone in talking about certain "privileged" persons.

> "I'm a foe to all 'privilege,' he said. "Privilege means trouble. It's like the steamboat captain who had the bar privilege.

"This captain, to whom all the profits went, shouted through his telephone to the engineer:

"'For heaven's sake, Mike, slow her down. We got 'em drinkin' fine.'

Electric railways of the United States represent a valuation of \$730. 000.000.

No man has any rights that his wife's relatives are bound to respect.

The first sneeze is the danger signal. Time to take-1110 CASCARA QUININE

Latest Improvements. "I'll bet you do some cranky thing

"Nothing in the cranky way doing,

increase the use of furnace slag in

the Ointment-Trial Free.

day toilet and nursery preparations.

Free sample each by mail with Book.

Address postcard, Cuticura, Dept. L,

Oaks Impoverish Soil.

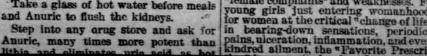
concrete.

A Great Discovery

(BY J. H. WATSON, M. D.) Swollen hands, ankles, feet are due to a dropsical condition, often caused by disordered kidneys. Naturally when the kidneys are deranged the blood is filled with poisonous waste matter, which settles in the feet, ankles and wrists; or

tles in the feet, ankles and wrists; or under the eyes in bag-like formations. As a remedy for those easily recog-nized symptoms of inflammation caused by uric acid – as scalding uriné, back-ache and frequent urination, as well as sediment in the urine, or if uric acid in bago, sciatica, gout, it is simply wonder-ful how quickly Anuric acts; the pains and stiffness rapidly disappear. Take a glass of hot water before meals

Take a glass of hot water before meals



The old family romedy-in tablet form-safe, sure, easy to take. No opiates, no unpleasant after effects. Cures colds in 24 hours-Grip in 3 days. Money back if it fails. Get the genuine box with Red Top and Mr. Hill's picture on it-25 cents. At Any Drug Store



A WOMAN'S BURDENS