# DRUGGISTS HIGHLY RECOMMEND DR. KILMER'S SWAMP-ROOT

Satisfied With Results

I have been selling Dr. Kilmer's Swamp-Root for six and one-half years with the results obtained from the use ed if they are not of too long standing.

Very truly yours, FRANK JENKINS, Druggist. Pilgrim, Texas. November 11th, 1915.

Very truly yours, McCUNE DRUG CO., By N. E. McCune, Bridgeport, Texas.

FOR ANY REASON BUT THAT

Whatever It May Be, No Man Goes

to a Banquet to Have a

Good Time.

An alert ear arises from a pillow at

the sound of the latchkey in the door.

The clock on the mantel strikes three.

In the distance is heard the grinding

"Is that you, John? What kind of

"Rotten! The most awful thing-"

"If I do say it, Lottie, my speech

"What did you have to eat? Was it

Lottie studies it with professional

interest. "It looks like an awful good

"Men certainly do have good times,"

"Good times," snorts John, "you don't think I went for a good time,

No man really knows why he goes

to a banquet .- Helena Smith-Dayton,

THE PROFESSOR'S STATEMENT.

Prof. Aug. F. W. Schmitz, Thomas,

Okla., writes: "I was troubled with

Backache for about twenty-five years.

its last stages. I

tried Dodd's Kid-

ney Pills. After

using two boxes I

was somewhat re-

lieved and I stop-

ped the treatment.

In the spring of

"They all look good in type."

"Did your speech go well?"

menu and turns up the gas.

sighs Lottie wistfully.

in Cartoons Magazine.

do you?"

hum of a taxi.

a time did you have?"

aved the dinner."

a good dinner?"

#### Prove What Swamp-Root Will Do For You

Send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample size bottle. It will convince anyone. You will also receive a booklet of valuable information, telling about the kidneys and bladder. When writing, be sure and mention this paper.

What to Do if Lights Go Out. denly a very good light can be made in the following manner: Melt a tablespoonful of lard and pour it in the top of a baking powder can. Put in four strands or ordinary white wrapping twine, allowing one end to stand up for about one-half inch above the edge of the can. Light the end the same as a candle.

Our biggest, blackest troubles are often only the locomotive drawing our richest treasure train.

> Sudden Cold. Look out-it's dangerous.



Your Liver Is Clogged Up

CARTER'S LITTLE LIVER PILLS will put you right in a few days They do their duty.
CureConstipation,

Bilicusness, Indigestion ar 1 Sick Headache SMALL PILL, SMALL DOSE, SMALL PRICE. Genuine must bear Signature





RUPTURE CURED in a few days without pain or a surgical operation. No pay until cured, Write | Fan DR. WEAY, 306 Bee Bidg., Omaha, Neb. fruits.

**Customers Speak Favorably** 

We have been handling Dr. Kilmer's Swamp-Root for fourteen years and durand my customers are always satisfied ing all that time we never had a dissatisfied user of Dr. Kilmer's Swampof the medicine and speak favorably regarding it. I have used it for "pain in the back" and a bottle or two put me in Inflammation of Bladder and Rheumagood shape and made me feel fine again, tism where it produced the most benefi-I believe Dr. Kilmer's Swamp-Root will cial results. We believe it is a good cure any cases for which it is recommend- medicine for the diseases for which it is intended.

Regular fifty-cent and one-dollar size bottles for sale at all drug stores.

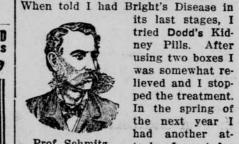
If your electric lights are cut off sud-

Just the Pet. "The alligator can go six months

without eating." "Just the pet for a poet."

CASCARA QUININE

The old family remedy—in tablet form—safe, sure, easy to take. No opiates—no unpleasant after-effects. Cures colds in 24 hours—Grip in 3 days. Money back if it fails. Get the genuine box with Red Top and Mr. Hill's picture on it—25 cents.



the next year I had another at-Prof. Schmitz. tack. I went for Dodd's Kidney Pills and they relieved me again. I used three boxes. That is now three years ago and my Backache has not returned in its severity, and by using another two boxes a little later on, the pain left altogether That's Why You're Tired—Out of Sorts may use my statement. I recommend—Have No Appetite.

Dodd's Kidney Pills when and wher-Dodd's Kidney Pills when and wherever I can." Dodd's Kidney Pills, 50c.

"I hear a reform wave struck Chig-

per box at your dealer or Dodd's Medi-

cine Co., Buffalo, N. Y .- Adv.

gersville," remarked the traveling "Yes," replied the village merchant.

"And I can't say that I'm sorry." "Of course not."

"The boys used to sit around my stove all winter and spit tobacco juice on it. They chew gum now."

Strong Thread From Spider's Web. Thread made from the spider's web is lighter and stronger than that which comes from the silkworm. In France there is a factory used only for the manufacture of spider thread.

Family trees are known by their

## Astonishing Power of Iron to Give Strength to Broken Down Nervous People

Physician Says Ordinary Nuxated Iron | you can walk without becoming tired. Will Increase Strength of Delicate Folk 200 Per Cent in Two Weeks' Time in Many Instances.

NEW YORK, N. Y .- In a recent discourse Dr. E. Sauer, Specialist, of this city, said: "If you were to make an actual blood test on all people who are ill you would probably be greatly astonished at the exceedingly large number who lack iron and who are ill for no other reason than the lack of iron, in some cases been doctoring for The moment iron is supplied all their months without obtaining any benefit. multitude of dangerous symptoms dis- You can talk as you please about all appear. Without iron the blood at once the wonders wrought by new remedles, loses the power to change food into living tissue, and therefore nothing you there is nothing like good old iron to eat does you any good; you don't get put color in your cheeks and good, the strength out of it. Your food mere-sound, healthy flesh on your bones. It ly passes through your system like corn is also a great nerve and stomach through a mill with the rollers so wide strengthener and the best blood builder apart that the mill can't grind. As a in the world. The only trouble was dried, usually dried, in an enormous result of this continuous blood and that the old forms of inorganic iron, nerve starvation, people become generally weakened, nervous and all run often ruined people's teeth, upset their down, and frequently develop all sorts stomachs and were not assimilated. of conditions. One is too thin; another and for these reasons they frequently is burdened with unhealthy fat; some are so weak they can hardly walk; the discovery of the newer forms of some think they have dyspepsia, kidney organic iron all this has been overcome. or liver trouble; some can't sleep at Nuxated Iron, for example, is pleasant night; others are sleepy and tired all to take, does not injure the teeth and is | American cities and purchased by bakday; some fussy and irritable; some almost immediately beneficial.

Next take two five-grain tablets of ordinary nuxated iron three times per day after meals for two weeks. Then test your strength again and see for yourself how much you have gained. I have seen dozens of nervous, run-down people who were ailing all the time double and even triple their strength and endurance and entirely get rid of their symptoms of dyspepsia, liver and other troubles in from ten to fourteen days' time simply by taking iron in the proper form, and this, after they had

skinny and bloodless, but all lack physical power and endurance. In such take stimulating medicines or narcotic urugs, which only whip up your fagging vital powers for the moment, maybe at the expense of your life later on. No matter what anyone tells you, if you are not strong and well you owe it to yourself to make the following test:

She how long you can work or how far

# In the Midst of Plenty Many Are Starving Themselves to Death

By DR. SAMUEL G. DIXON Commissioner of Health of Pennsylvania.

I may surprise many readers by mentioning the fact that notwithstanding our markets are full, and the wheels of industry moving with large repertoire of them to serve as

unprecedented steadiness, keeping the dinner kettle of every able-bodied person full of things to eat, we have many among us who believe themselves intelligent, and yet are starving to death.

The human body represents the most complicated with two beaten eggs added with half a piece of machinery known to man. To maintain it cupful of cream just before taking up. we must supply it with albumin found in meats, beans and some of the other vegetables. It must have starch or sugar found in bread, potatoes and sweets. We must have fats, also, found in meats, nuts and so on, a carrot, an onion, a clove, salt, pepand, of course, pre-eminently in butter and good milk. per, parsley and thyme to season. Re-

The body also demands certain salts such as are found in many of the half cupful of cooked vermicelli, a vegetables if they are not robbed of them by being soaked in water before tablespoonful of chopped parsley, a or during the process of cooking.

These constituent parts of the diet must be intelligently proportioned. milk. Reheat but do not boil. The lower animals know somehow what foods nature demands to keep up healthy bodies and a strong physical development, while man's artificial life has extinguished that intuition which may have existed during his primitive existence.

Today we must urge our educators to teach children of understand- cupfuls of veal stock, salt, pepper, able age the scheme of selecting a rational combination of foodstuffs.

At present we want real all-round family physicians whom mothers can consult as to how to feed their little flocks, including the grown-ups of the household as well as the small children.

Proper feeding is one of the necessary factors in the development of the human body and in preserving a natural resistance to cancer and other way seed and a head of lettuce cut

John tosses out the highly decorated

Lice will affect fowls at this time of year when you have the impression it's too cold. Use common coal oil on roost and get rid of them.

If the mother hen has scaly legs, the chicks are mighty sure to contract the disease. Use coal oil and grease on their shanks freely.

A bronze tom when full matured should weigh 36 pounds, and if you get that size, you have a large bird, although many exceed that weight. If you want your poultry house to be

snug and warm, cover the walls early with tarred paper on the inside. It will last much longer on the inside. See that your dropping boards are all in their places, perfectly level, nev-

fowls begin to take to roosts early. Don't provide artificial heat for your fowls if the weather should get bitter cold, but have your house naturally warm and sufficiently filled with fowls

to keep the room warm.

er slanting, and see that the young

Earth floors are the best for poultry if they can be kept dry; but if not, then plank is the best, as cement or brick cause disease of the foot, as it is unyielding to the scratching of the

Always gather the eggs at noon and at night when the weather is cold, otherwise you will have heavy losses especially if you are catering to private customers for the output of your eggs.

Watch for sorehead in the chickens as soon as the weather changes to wet or damp. Turkeys are likely to become affected with it, too.

### Some Things That Are New.

Matches can be waterproofed by dipping them in melted paraffin.

A stand to which an automobile engine of any size can be belted and turned to any desired position has been invented to facilitate the work of repair men.

For warming the hands there has been invented a small, perforated tube containing an asbestos pad within which is a wick to be soaked in benzine and lighted.

A Greek inventor has produced a machine which automatically cleans and packs more than 150 cases of currants an hour without contact of human hand or foot.

For electric welders a heimet made both cooler and lighter than the metal ones heretofore used and also protects a wearer against stray currents.

A small bag of unslaked lime fastened inside a piano just under the lid will absorb dampness and prevent the strings rusting.

A preparation of solidified glue which can be used instead of rubber by a German scientist.

#### 2.000.000 Chinese Eggs Shipped Each Week to U.S.

Beginning in a small way several years ago, a Boston firm is now importing 2,000,000 eggs a week from China. The eggs are broken and frozen or plant in the Yangtzepoo district of Shanghai. Eggs delivered at the plant cost \$4.50 per thousand in gold or less. The machinery in the plant is all American, but the operatives are Chinese girls. The girls never touch the eggs, which are broken and the yolk and white separated by machinery. The product is all shipped to

To Keep Plants Fresh. There is a simple way to water ferns and flowers which will be of interest to one who must leave them for a time without care. Take a washing tub and place three or four bricks in it and put about two inches of water in the tub. Place the flowers on these bricks and place the tub where they can get the morning sunshine.

#### STAR OF THE MOVIES



Miss Collins takes a prominent part in many of the Pathe feature films.

#### Six Flags Have Flown Over The Territory That Now Is Included in State of Texas

Six flags have flown over Texas, including the banners of three foreign the Gulf of Mexico by the intrepid La rium Society. Salle; following this was the Spanish emblem, first thrown to the breeze unpriests; then came in succession the blem of the Republic of Texas.

The Stars and Stripes followed the printed on his face. Lone Star, but was supplanted for a Confederacy.

spilled and countless tragedies have sluggish, others are lively." taken their places on the pages of his-

The history of the Republic of Texas is one of the most unique examples of national sovereignty that the world has

A province of 30,000 people won inmillions. But these 30,000 were generally men of sturdy Anglo-American

A few years later these same fearless of fiber has been developed that is gave up their sovereignty to become one of the galaxy of stars under the banner of the United States.

## Introduced Graham Bread.

dietic theory .- New York World.

Fish That Builds a Nest. The stickleback is one of the most

interesting members of the finny tribe. It constructs a home for its prospective mate, and then mounts guard over it until the mate comes along. The depths." It has been described as never left unguarded by the master of began to beat, it is "without form and the house until the lady of his choice signifies her willingness to enter .-Popular Science Monthly.

Johnny Was Curious.

A Few Remain.

There are more than 333,000 mempers of the famous five civilized tribes

Mother's Cook Book

All that is beautiful shall abide. All that is base shall die.

Some Simple Soups.

As soups are both nourishing and easy to prepare it is wise to have a luncheon and dinner dishes.

Add a cupful of cold mashed potaoes to six cupfuls of mutton stock. Reheat, season to taste and thicken

Quick Mutton and Potato Soup.

German Veal Soup.

Put two pounds of the knuckle of veal into three quarts of water, with heat six cupfuls of this stock, add a grating of nutmeg and the yolk of an egg blended with a half cupful of

Saratoga Soup.

Strain and reheat one can of tomatoes. Add a half cupful of sago and cook until the sago is clear. Add two Worcestershire sauce to season, and when boiling hot serve at once.

Chicken Broth.

Cut a chicken into small pieces and put into a kettle with two tablespoonfuls of pearl barley, a pinch of carafine. Cover with two quarts of cold water, simmer four hours, skimming when necessary. Strain through a sieve, season to taste and serve.

Chicken Consomme.

Cut up a chicken and put into a kettle with three pounds of the knuckle of veal and four quarts of stock. Add an onion, two cloves, two leeks, and three stalks of celery. Add a teaspoonful of salt, simmer for three hours, skim, strain and cool. Remove the fat, reheat, season to taste and

Savory Rice Soup.

Wash half a cupful of rice and boil fifteen minutes then drain. Add a quart of veal stock, simmer until the rice is done, rub through a sieve and reheat. Thicken with the yolks of two eggs beaten smooth with half a cupful of cream, season to taste and serve very hot with croutons. For a thickening butter and flour may be used instead of the egg.

Puree of Carrots.

Slice thin six fresh young carrots. Fry brown in butter, add sugar and salt and sufficient beef stock to make the required amount of soup. Simmer until the carrots are tender, put them through a sieve, reheat and serve with croutons. A binding of butter and flour may be used if desired.

# Nellie Maxwell

Ever See a Fish's "Soul"? Look Right In His Face. Fish can not sing or dance, or attend

dinner parties-except in an unfortupowers-France, Spain and Mexico. nate capacity-but they have souls, First came the French flag, which was said Dr. Paul Bartsch, curator of the carried down the Mississippi river to National Museum, before the Aqua-

"If you want to know whether a certain fish is kindly disposed to you, der the direction of the Franciscan look at its face," advised Dr. Bartsch. "The physiognomy of a fish reveals its Mexican flag and the Lone Star em- character, just in the same way that a man's most secret traits are im-

"If a human being has a soul, why time by the Stars and Bars of the not concede one to other animals? Man is a physical organism, only different In the struggle for ascendancy from other organisms in that his is among these various groups, it is need- more perfectly devoloped. It is certain less to say that much blood has been sish are temperamental-some fish are

### The Whale and the Eagle.

There are two animals that puzzle naturalists more than any others. They are Nature's submarine and aeroplane -the whale and the eagle. It is known dependence from a nation of several that whales occasionally descend as far as 3,000 feet below the surface of the sea-a depth at which, from the pressure of water, they ought to be crushed flat. Why they are not inand independent Texans voluntarily jured naturalists have yet to discover. It is this pressure that prevents a modern submarine from descending more than some 300 feet. Eagles have been seen, through telescopes, to fly with apparent ease from 30,000 to 40.-The inventor of Graham bread and 000 feet above sea level. At that flour was Rev. Sylvester Graham, a height no human being can live, ow-New England clergyman, who died in ing to the rarefication of the air. How Northampton, Mass., sixty-five years the birds live and fly at far greater ago, having devoted the major part of heights than man can endure is anfor many purposes has been invented his life to the advocacy of a vegetarian other question still unanswered .-Pearson's Weekly.

Defining the Heart.

The human heart, always a mystery, has become the subject of further speculation, since a Supreme court justice decided that "nobody can plumb its home is built from seaweed, twigs broad and hollow, and the jurist says, and aquatic plants, which are ingen- in effect, that it is bottomless. One is lously woven together. There are two almost driven to the conclusion that, entrances to the home, which are as was the world before the first heart

Japanese Claim Credit for Fan. Japan takes credit for the folding fan. The original kind was of the As a great privilege, John was taken palm-leaf variety—an oval or round to church to see his baby cousin bap- shape which could not be folded. But tized. Just as the minister had the Japan conceived the idea, just when water all ready and there was a hush or how nobody knows, of fastening in the congregation, John leaned to- half a circle of paper on a frame ward his mother and asked in a too made of sticks fastened together at audible stage whisper, "Hot or cold?" one end-and the collapsible fan resulted.

The life a man leads after his death of Oklahoma, the Cherokees leading in the memories of those who loved him with 41,824 the Seminols coming last is a stronger and better life than any with 3,127, the other tribes being the Chickasaws, Choctaws and Creeks. he lived during his physical life.—But-ler.

HADN'T REALIZED IT BEFORE

Lawyer's Speech Awaked Litigant to Full Knowledge of the Harshness of His Treatment.

It is told of Rufus Choate, one of the greatest of American lawyers, that on one occasion he appeared in court to defend a blacksmith, whose ironwork had been seized by a creditor.

So powerfully did the great advo-

cate depict the wrong which he contended had been done to his client, and so graphic was his description of the extent to which the forge had been stripped, that the blacksmith, who sat near by, was observed to burst into "Why, Tom," said a sympathetic

frend, "what's the matter with you? What are you crying about?" "Oh, dear me," replied the blacksmith between his sobs, "I had no idea

I had been so abominably t-t-treated!" "Yep, they fired me off'n the team!

But I put a couple of bricks in their

ball before I blowed it up!" Who faints not, achieves

Getting Old Too Fast? Late in life the body shows signs of wear and often the kidneys weaken first. The back is lame, bent and achy and the kidney action distressing. This makes people feel older than they are. Don't wait for dropsy, gravel, hardening of the arteries or Bright's disease. Use a mild kidney stimulant. Try Doan's Kidney Pills. Thousands of clderly folks recommend them.

A Nebraska Case

Mrs. David Rockie, Mrs. David Rockie,
1861 Maxwell St., Fremont, Neb., says: "I
had a constant, heavy
ache across the small
of my back, which was
the result of a cold
that had settled on
my kidneys. I couldn't
rest well and the pain
distressed me while I
was doing my work.
Doan's Kidney Pills
relieved me and whenrelieved me and when-ever I have used them since, they have al-ways helped me."

DOAN'S HIDNEY FOSTER-MILBURN CO., BUFFALO, N. Y.

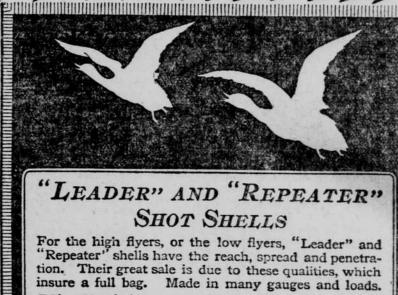


Many people in the larger cities buy a new automobile every year. This places us in a position to save you many dollars on the purchase of a high grade car in perfect running condition, but with the paint slightly weathered. **USED CAR BARGAINS** 

Expensive cars costing originally from \$1,000.00 to \$5,000.00, equipped with all the "tegs", can be had from our stock for a very low figure around \$300.00 or \$400.00. All cars sold are delivered with our guarantee to be in good running order. Every one is roughly inspected before it is offered for sale. Write us today, mention size of car you are intered in, wether two, five or seven passenger, and you will receive full particulars with specificals and photographs of cars in that class. Don't delay the best values are sold first.

MURPHY-O'BRIEN AUTO CO .- Dist. Dodge Brothers and Paige Cars Used Car Dept., 1814-16-18 Farnam St., Omaha, Neb.

NCHESTER



BE SURE TO ASK FOR THE W BRAND

Knew His Money by the Scent.

How real life plagiarizes from fiction was again shown at Aldershot Rumpus Ridge, in reply to the tender C. O. with stealing his money wallet. we've any pertickler use for a churn. Says the account: "Prosecutor stat- You see, when we've got more milk ed that he lost his wallet from his than the children can drink we pour tent and went to the sergeants' mess, it into a holler stump. When it sours where he was able to smell all the we sorter fling in three or four big treasury notes taken during the day, bullfrogs and they kick around and He recognized one as his by its per- churn it to butter before they can get fume. It had been kept in the wallet with a scent sachet given to him by his wife."-London Globe.

RED, ROUGH, PIMPLY SKIN

Quickly Cleared by Cuticura Soap and Ointment. Trial Free.

You may rely on these fragrant, super-creamy emollients to care for your skin, scalp, hair and hands. Nothing better to clear the skin of pimples, blotches, redness and roughness, the scalp of dandruff and itching and the

hands of chapping and soreness. Free sample each by mail with Book. Address postcard, Cuticura, Dept. L. Boston. Sold everywhere.-Adv.

All Facilities. The aged admiral was well known for his powers of exaggeration. At

a thrilling voyage. "While cruising in the Mediterranean," he said, "we passed an island which was red with lobsters." "But," said one of the politely in-

supper one night he was describing

until boiled." "Of course not," said the undaunted admiral, "but this was a volcanic island with boiling springs!"

credulous guests, "lobsters are not red

To keep clean and healthy take Dr. Pierce's Pleasant Pellets. They regulate liver, bowels and stomach.—Adv.

Alas, the Change! Look at man. When he is a babe everybody wants to kiss him. When he is a man everybody wants to kick

Artificial flowers can be restored

His Own Patent Churn "Well, no," said Mr. Gap Johnson of

when a sergeant charged another N. of the suave agent, "I don't reckon out."-Judge.

Heatless Heat.

"Br-r-r!" shivered the caller, "your apartment is like ice. I thought it was steam-heated?" "I thought so, too, when I rented it,"

rejoined the flat dweller, "but later I discovered it was janitor-heated." The little green apple is ripe for mis-

Ask for and Get THE HIGHEST QUALITY SPAGHETTI



COOK BOOK FREE! Mention this paper. PATENTS Watson E. Cole man, Patent Lawyer, Washington, D. C. Advice and books free.

Nebraska Directory

CAFE PRICES REASONABLE W. N. U., OMAHA, NO. 49--1916.

# Canada's Liberal Offer of **Wheat Land to Settlers**



is open to you—to every farmer or farmer's son who is anxious to establish for himself a happy home and prosperity. Canada's hearty invitation this year is more attractive than ever. Wheat is much higher but her fertile farm land just as cheap, and in the provinces of Manitoba, Saskatchewan and Alberta

160 Acre Homesteads Are Actually Free to Settlers and Other Land Sold at from \$15 to \$20 per Acre The great demand for Canadian Wheat will keep up the price. Where a farmer can get near \$2 for wheat and raise 20 to 45 bushels to the acre he is bound to make money—that's what you can expect in Western Canada. Wonderful yields also of Oats, Barley and Flax. Mixed Farming in Western Canada is fully as profitable an industry as grain raising.

The excellent grasses, full of nutrition, are the only

W. V. BENNETT Room 4, Bee Bldg., Omaha. Neb.

