Like A Boy at 50 Bubbling Over

Doctor says Nuxated Iron is greatest of all strength builders Often jereases the strength and endurance of delicate, nevous folks 200 per cent. in two weeks time.

which started their diseases was noth- for lack of iron.-E. Sauer, M. D. ing more nor less than a weakened condition brought on by lack of iron in the blood. Iron is absolutely necessary to enable your blood to change food into living tissue. Without it, no matter how much or what you eat, your food merely passes through you without doing you any good. You don't get the strength out of it and as a consequence you become weak, pale and sickly looking just like a plant trying to grow in a soil deficient in iron. If you are not strong or well you owe it to yourself to make the following test: See how long you can work or how far you can walk without becoming tired. Next take two five-grain tablets of ordinary nuxated iron three times per ing more nor less than a weakened

NEW Y/RK, N. Y.-Not long ago a day after meals for two weeks. Then man cany to me who was nearly half test your strength again and see for a centus old and asked me to give yourself how much you have gained. I him a preliminary examination for have seen dozens of nervous, run-down life inurance. I was astonished to people who were ailing all the while, find him with the blood pressure of a double their strength and endurance boy \$20 and as full of vigor, vim and and entirely get rid of all symptoms of vitalty as a young man; in fact a dyspepsia, liver and other troubles in young man he really was notwithstand- from ten to fourteen days' time simply ing his age. The secret he said was by taking iron in the proper form. And king iron-nuxated iron had filled this after they had in some cases been him with renewed life. At 30 he was doctoring for months without obtaining in bad health; at 46 careworn and any benefit. But don't take the old nearly all in. Now at 50 a miracle of forms of reduced iron, iron acetate or vitality and his face beaming with the tincture of iron simply to save a few buoyancy of youth. As I have said a cents. You must take iron in a form hundred times over, iron is the great- that can be easily absorbed and asest of all strength builders. If people similated like nuxated iron if you want would only throw away patent medi- it to do you any good, otherwise it may cines and nauseous concoctions and prove worse than useless. Many an take simple nuxated iron, I am con- athlete or prize-fighter has won the day vinced that the lives of thousands of simply because he knew the secret of persons might be saved, who now die great strength and endurance and filled every year from pneumonia, grippe, his blood with iron before he went inconsumption, kidney, liver and heart to the affray, while many another has trouble, etc. The real and true cause gone down to inglorious defeat simply

MEN WERE DECEIVERS EVER

Mean Ruse Employed by Mr. Mulliger

Tawny Proves That Poet's Asser-

tion Was True.

"Mulliger," whispered Mrs. Tawny,

"Heh?" said Mulliger Tawny sleep-

"I know that as well as you do, you

shiftless wretch, but the burglar don't

know it!" hissed Mrs. Tawny. "Oh,

"Let me at him!" cried Mulliger

"I surrender!" gurgled the house-

"Take him out to a policeman," cried

Mrs. Tawny from under the bedclothes

power of his eye as he hastily dressed.

Once outside, the burglar tore off his

mask and laughed great, round laughs:

"Oh! Oh!" Then he and Mul-

liger repaired arm in arm to the club

and draw poker. It was the first night's

vacation that poor Mulliger Tawny had

had in two months.-Detroit Free

Same Old World.

Mother-You were a long time in the

conservatory with Mr. Willing last

night, my child. What was going on?

conservatory with father before you

Daughter-Did you ever sit in the

Daughter-Well, mother, it's the

Be honest, if you can-otherwise

Mulliger led him from the room.

there's a man with a dark lantern?"

Tawny. And in one bound he had the

masked intruder by the throat.

breaker.

"Nonsense! There's nothing in

"I hear someone moving in the next

room. It must be a burglar!"



SPOHN'S COMPOUND SPOHN MEDICAL CO., Chemists, Goshen, Ind., U. S. A.

"I need a lot of new things," began

Mrs. Wife. "We have to get a new rug for the dinnig room and some curtains for the living room. We need some new dishes, too. And, besides, I haven't a thing to wear. I've got to get a new evening dress and a street dress, and a couple of new hats, and I haven't a pair of shoes to my name, Well, what's the joke about this? this house to attract a burglar."

It isn't any joke-that's all.

HEAL SKIN TROUBLES

That Itch, Burn and Disfigure by Using Cuticura. Trial Free.

The Soap to cleanse and purify, the Ointment to soothe and heal. Rashes, eczemas, pimples, dandruff and sore hands yield to treatment with Cuticura | And after holding the burglar by the Soap and Ointment. Relief is immediate and healment, in most cases, complete, speedy and permanent.

Free sample each by mail with Book. Address postcard, Cuticura, Dept. L. Boston. Sold everywhere.-Adv.

"The Autumn-Dripping Gloom." It is very well that we have named the season fall. It is the time when everything comes tumbling about our ears. We have never learned to adjust the work of the year so that its divisions might fall as equal burdens upon our shoulders. Through tradition, mismanagement or necessity, the women of the world have the entire rearrangement of their segment of it in the autumn.-New York Times.

Faint heart ne'er won fair lady when tt preferred a brunette.

If you must waste time waste your patrons will buy their canned

Drinking of Water

(BY V. M PIERCE, M. D.)

The general conclusions of the latest Medical Scientists proves that drinking plenty of pure water both between meals and with one's meals is beneficial to health. It has now been prover by means of the X-rays and actual tests upon many healthy young men that the drinking of large amounts of water with meals is often beneficial. Therefore if you want to keep healthy drink plenty of pure water (not ice water), both with your meals and be- scription' to prospective mothers."tween meals. If you ever suffer from MRS. JENNIE MILLER, 2824 S. 19th backache, lumbago, rheumatism, or any Street. of the symptoms of kidney trouble—
such as deep colored urine, sediment in urine, getting out of bed at night frequently and other troublesome effects, Pierce, Buffalo, N. Y., 10 cents for take a little Anuric before meals, large trial package.

These Anuric Tablets can be obtained

Street.

Get "Favorite Prescription" today, either in liquid or tablet form, from any dealer in medicines or send Dr. Pierce, Buffalo, N. Y., 10 cents for take a little Anuric before meals, large trial package.

at almost any drug store.

A MISSOURI MOTHER

Mother-I suppose I did.

St. Joseph, Mo .- "I found Dr. Pierce's Favorite Prescription a great help to me during expect-



married him?

same old world.

goods elsewhere.

with five children. It was the means of my keeping strong and healthy during the whole time and my children wereallvery

healthy. I do rec-

ommend the use of 'Favorite Pre-

Dr. Pierce's Pleasant Pellets are purely vegetable, no calomel.-Adv.

Bumper Grain Crops

Good Markets-High Prices Prizes Awarded to Western Canada for Wheat, Oats, Barley, Alfalfa and Grasses

The winnings of Western Canada at the Soil Products Exposition at Denver were easily made. The list comprised Wheat, Oats, Barley and Grasses, the most important being the prizes for Wheat and Oats and sweep stake on Alfalfa.

No less important than the splendid quality of Western Canada's wheat and other grains, is the excellence of the cattle fed and fattened on the grasses of that country. A recent shipment of cattle to Chicago topped the market in that city for quality and price.

Western Canada produced in 1915 one-third as much wheat all of the United States, or over 300,000,000 bushels.

Canada in proportion to population has a greater exportable surplus of wheat this year than any country in the world, and at present prices you can figure out the revenue for the producer. In Western Canada you will find good markets, splendid schools, exceptional social conditions, perfect climate and other great attractions. There

oblet and ask for reduced railway rates, information as to best locations, etc. Immigration, Ottawa, Canada, or

W. V. BENNETT, Room 4, Bee Bldg., Omaha, Nebr.

With Vitality—Taking Iron Did It Che History of Thanksqiving

President Washington established the custom officially in the United States, but men have fervently thanked their Gods for blessings in all ages and every clime



HE goddess of the Roman harvest was Ceres. Her festival was celebrated annually and was called Ceralia. It was a day of worship and rustic sports. Men and women formed processions and went to the fields with music. Virgil refers to this festival. He mentions the sacrifices that were offered in the temples, and alludes to the joyousness of the occasion. But Roman thanksgiving days were not confined to this annual celebration of the festival of Ceralia. Sometimes they were held in commemoration of victorious martial campaigns. Plutarch tells us of the emperor who to conceal his defeat ordered

a thanksgiving, which was observed. Then when the facts of D his disastrous campaign became generally known, he excused himself on the ground that he did not "wish to deprive the people of a day

In one way or another, a thanksgiving day has been observed in Christian Europe for centuries before its celebration in New England. On the continent, and for a time in England, it occurred at Martinmas, which was a day of feasting and drinking. Occasionally, too, civil authorities recommended the observance of some fixed day. To celebrate the victory of King Henry V of England, at Agincourt, October 25, 1415, a public thanksgiving was held on Sunday, the feast of St. Edward, the King and Confessor. Such a day, too, was observed in Leyden, Holland, October 3, 1575, the first anniversary of that city from the siege by the Spaniards.

Many instances of a thanksgiving day can be pointed out in England during the sixteenth and seventeenth centuries. In 1559, the second year of Elizabeth's reign, Thanksgiving day entered Rogation day. Then it was ordered that thanks should be given to Almighty God "for the increase and abundance of his fruits upon the earth." In this reign, too, there was a great national thanksgiving day that is worthy of note. This occurred Tuesday, November 19, 1558, and was in commemoration of the great victory over the "Invincible Armada."

One legal and annual thanksgiving day, because of the long time it was such, deserves special mention. After the traitors in the Gunpowder plot had been tried and punished in 1605, it was ordered that because of their deliverance the English people should keep the fifth of November every year "as a public thanksgiving day to Almighty God; that unfeigned thankfulness may never be forgotten, and that all ages to come may yield praises to God's divine majesty for the same." The "fifth of November" continued a legal thanksgiving day for more than two centuries; but in later years it fell into disuse, and in 1833 was abolished by parliament.

Long before the advent of the Pilgrims in Massachusetts, all rituals contained expressions of gratitude to God for his mercies. In that of the Church of England, special prayers were provided for the Sunday service. This service, however, must be carefully distinguished from the Thanksgiving day of the Pilgrim fathers. Failure to make this distinction has led to the groundless claim that the Popham colonists were "the first to keep Thanksgiving day" in America. The service at Monhegan, on which this claim is based, was the regular Sunday service of the Church of England; and while it had an element of thanksgiving, the day can in nowise be regarded as a thanksgiving day as that term is understood.

The record made in his "Breeches Bible" by William White, who came over in the Mayflower, has far more significance in determining the origin of our American Thanksgiving day than the event at Monhegan. The record read: "William White married on ye 3rd day of March, 1620, to Susannah Tilly, Peregrine White born on board ye Mayflower in Cape Cod Harbor. Sonne born to Susannah White 19th ye six o'clock morning. Next day we meet for prayer and thanksgiving." This meeting "for prayer and thanksgiving" was not on Sunday, but on Tuesday. The fact that it was not a part of the regular Sunday service makes it more nearly accord with our idea of Thanksgiving day than does the Monhegan event.

The prototype of our present Thanksgiving day is found in the harvest festival at Plymouth in 1621. The long winter that followed the establishment of the colony had been so severe that less than half the settlers had survived it. "At one time during the winter only Brewster, Standish, and five other hardy ones were well enough to get about." In the spring and summer that followed, their fortunes improved, and by autumn they had cleared 26 acres and made it ready for cultivation. This industry, too, had arvest. Now food and fuel the needs of the approaching winter were laid in. Then Governor Bradford ordered a thanksgiving-the first in America.

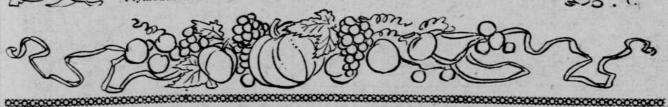
The first thanksgiving was not for a day only. It continued a week. In a letter to a friend in England, Edward Winslow has given us a brief account of the festivities. This letter bears date of December 11, and in it Winslow wrote: "Our harvest being gotten in, our Governor sent four men on fowling that so we might after special manner rejoice together after we had gathered the fruits of our labors. They killed as much fowl as with a little help beside served the company about a week. At which times among other recreations we exercise our arms, many of the Indians coming amongst us, and among the rest their greatest king. Massasoyt, with some ninety men, whom for three days we entertained and feasted, and they went out and killed five deer which they brought and bestowed on our Governor and upon the captains and others."

The records make no mention of a thanksgiving day in the next year, but in the year following, 1623, such a day was held. This, however, was not in the autumn, but in July on the arrival of provisions from England. Nearly 50 years pass before we hear of another thanksgiving day at Plymouth. There was one in 1668, and another for the accession of the Orange Stuarts. William and Mary, in 1689. An autumnal thanksgiving was held in 1690, the last in the history of Plymouth colony.

Independently of Plymouth, Massachusetts Bay colony had occasionally its own thanksgiving days. There was such a day for the "safe arrival of ships," July 8, 1630; and again the next February, when the provision ship, Ambrose, arrived. In 1632, the general court ordered a "publique" thanksgiving day in recognition of the "in'cy of God vouchsafed to the churches of God in Germany and the Pallatinate." The next year the court, because of the bountiful harvest, appointed October 16 as a thanksgiving day-the first harvest festival in the history of the colony. By 1680 the autumnal thanksgiving had become an annual festival. No doubt in its games and sports it took the place of the English Christmas, for until comparatively recent date all that savored of Rome and the episcopacy was held in disfavor in Massachusetts.

During the Revolution Thanksgiving day became national. All through the war, congress annually set apart a day for thanksgiving; but after the "Thanksgiving for Peace" in 1783, there were no more until Washington became president in 1789. On October 3 of this year at New York he issued a proclamation asking the observance of Thursday, November 26, as a day for national thanksgiving. This was the beginning of the orthodox "last Thursday" that has since been named in presidential proclamations. By this time the festival had general official recognition throughout New England, and in this year, 1789, the Protestant Episcopal prayer books recognized the authority of civil government in the appointing of thanksgiving days.

The chief differences between the two was the want of ceremony at Plymouth that characterized the English festival. In some parts of England the merry-making was around the "noddingsheaf," or "kern baby;" and in many places the last load of the harvest was drawn to the barn in a wagon called the "hoch cart." In front went pipe and tabor, and around it gathered the reapers, male and female, singing joyously as they proceeded. At Plymouth there was no ceremony.



Opinions Differ. "Men are like wagons," remarked the man who dispenses aphorisms. "what sort of a girl should I propose "They make the most noise when to?"

"Your trolley is off the wire," re- female fortune teller, "and if you exjoined the contrary person. "A man pect her to accept you, she must also makes the most noise when he is full," be foolish."

A Problem. "Wives should not question their husbands' wisdom." "Sure, and if they did, it is few would get an answer."

The Conditions. "Do you believe in corporal punish-

"That depends entirely on whether the corporal deserves it."

Married Experience. "Two are company." "Until they are made one."

His Only Hope. "Tell me," spake the easy mark,

"She should be rich," rejoined the for-

The Truth Comes Out. Customer-Do you really think this medicine will have the desired effect? Druggist-Sure it will; I'll guarantee it to work like a charm. Customer-But I have no faith in

Drugist-Neither have I.

Officer, the Wagon, Please. Tomdix-It isn't likely that our anestors were bloated bondholders. Hojax-Perhaps not; but they wore stocks about their necks, just the

Advice That Failed. Rich Uncle-What! Broke again? You ought to take Solomon's advice to the sluggard about going to the ant

Nephew (interrupting)-So I did, uncle, but aunt says she is in the same deplorable condition.

His Discovery. "After all," said the philosopher, men are but grownup children.' "Huh!" exclaimed the cynic; "you

Mutual Mistakes. He-I love the smell of powder. She-Oh, so do I. Don't you think

the violet scented is the best?

nust have been to a circus recently.

In the Printing Office. "Here's an advertisement for the ninstrel show.' "Set it in black-faced type."

\$3.00 \$3.50 \$4.00 \$4.50 & \$5.00 AND WOME Save Money by Wearing W. L. Douglas shoes. For sale by over 9000 shoe dealers. The Best Known Shoes in the World. W. L. Douglas name and the retail price is stamped on the bottom of all shoes at the factory. The value is guaranteed and the wearer protected against high prices for inferior shoes. The retail prices are the same everywhere. They cost no more in San Francisco than they do in New York. They are always worth the price paid for them.

The quality of W. L. Douglas product is guaranteed by more than 40 years experience in making fine shoes. The smart styles are the leaders in the Fashion Centres of America. They are made in a well-equipped factory at Brockton, Mass., by the highest paid, skilled shoemakers, under the direction and supervision of experienced men, all working with an honest determination to make the best shoes for the price that money

LOOK FOR W. L. Douglas name and the retail price stamped on the bottom.

Losing Game. "I'm sorry I asked the girl to clean

the typewriter." cure her finger nails afterward."

Rules for Success. Make up your mind what you in-

tend to do, make your plans accordingly and carry out your ideas.

Nothing is more unsatisfactory than

France as wireless operators. When the sense of sight is lost the senses of "She took fifteen minutes to clean hearing and touch become intensified, the typewriter and two hours to mani- and acuteness of hearing and sensitiveness of touch are just the qualities most needed in a wireless operator.

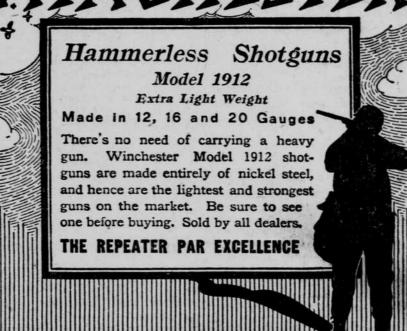
Blind Wireless Operators.

Blind soldiers are being trained in

Not So Mean. "They asked old Goldman if they could put him down for a thousand dollars for the charity fund and he

gave assent."

NCHESTER



CHIVALROUS TO THEIR MATES FORGOT ONE LITTLE THING

Bird Lover's Observations of Affection Bestowed on Females by Males of Feathered Tribes.

In a recent issue of the Companion, writes a friend, I read of the extremely appeared at the breakfast table with impolite ways of the cardinal. I was sundry pieces of court-plaster decoratmuch disappointed, for I had always ing his face. "I cut myself more and supposed Mr. Cardinal to be a southern | more every day!" gentleman, chovalrous and polite.

all birds are not so impolite to their shave himself. "It's ever so comfy, I'll mates as the cardinal proved to be. I fed the birds all last winter-suet, how it works."

they were eating, the neighbor's cat and cut than ever, frightened them away. The next day Mrs. Jay absolutely refused to come growled. down to the ground to eat. She sat would not come down. Her mate flew from the ground to her perch and back again several times, coaxing in a low, soft voice, but all in vain. At last he flew to the ground, picked up the largest piece of bread he could find and carried it to her. This he did several times, until she had eaten her fill, when they both flew away.

When the first warm spring days came, I placed a large pan of water under a big lilac bush, where the birds could bathe and drink.

One warm morning Mr. Robin came. and had just started to take his cold plunge when Mrs. Robin appeared on the scene. Mr. Robin immediately flew out on the grass and waited patiently until his spouse had refreshed herself with a bath and a drink; then he flew into the pan and finished his own ablutions.-Youth's Companion.

Polite Doubt. A fond parent was telling Oliver Herford of the really bright remark

Herford was much impressed. "How old did you say little Lena is?" he asked. "Only three," answered the mother

of her three-year-old daughter.

"Do you know," said the humorist, solemnly, "I have a suspicion that sometimes these children lie about

their age!"-McClure's Magazine.

Bolivia exports tin.

in Assembling the Various Parts of Safety Razor.

"I'll stop shaving!" swore dad, as he

"Why not get a safety razor?" asked My observation has taught me that George, who had lately commenced to lend you mine to try, and show you

cracked nuts, seeds and crumbs. A Father agreed to make the experipair of bluejays came very morning ment and was duly instructed in asfor their breakfast. They never quar- sembling the lethal weapon. Next mornreled, but divided everything in the ing, however, when he reached the most amicable way. One morning while breakfast table his face was more torn

"Hang your safety razor!" he "It hurts more than my old one did! Why, I had to pull like the high up in a large maple tree and dickens, and when at last I did manage looked longingly at the breakfast, but to get the hair off I brought the skin off as well!"

George was mystified. His safety was a razor to swear by and he determined to investigate. He entered the bathroom and shricked with laughter. When the family had administered first aid he explained:

"No wonder you had such a bad time with the safety razor, dad!" he gurgled. "You forgot to put the blade in!"

Perverting the Truth. Our chicken lays an egg every day," aid Kitty proudly.

"Our chicken lays two eggs every day," said Bessie, not to be outdone. "Our cat has kittens every month," said Willie. "Sure a be." exclaimed the cook:

'tis verselves is the little loivers.' Useful Playmates.

"I hope you are selecting playmates whose companionship will be of value to you," said Jimmy's mother.

"Oh, sure," replied Jimmy: "Skinny Jones is teaching me how to black eyes, and Tug Higgins says, if I'll give him my roller skates, he'll teach me the punch that knocked out Bombardier Wells."-Pearson's Weekly.

If a man is unable to make good on his own account, he usually points with pride to his ancestors.

In this country 30 to 40 per cent of the cases requiring charitable relief are due to sickness.

Think of It-

People cut out tea or coffee before retiring when these beverages interfere with sleep. In the morning they drink freely of them, strangely overlooking the fact that at whatever time of day the cup is drunk the drug, caffeine, in tea and coffee is irritating to the nerves.

More and more people are turning to

Instant Postum

the drug-free, nourishing, comforting cereal drink.

"There's a Reason"