# ARE YOU

IS THE APPETITE GONE ? IS THE DIGESTION POOR ? COMPLETELY DISCOURAGED ?

Getting the Doctor.

Ira Collins calls to our attention the difference that forty years has made in the old time run for the doctor. Forty years ago a runaway team injured a man on the Nemaha bottom. A neighbor saddled one of those famous race horses bred by the Smiths, Mormets and Wittwers and raced him to Sabetha, 18 miles away, for old Doctor Irwin. When he turned in the head of Main street he commenced to shout, "Oh, doc, oh, doc, d-o-c," and the doctor was on the spot with his thoroughbred old Monk and raced away on the last lap for the life of the Nebraskan. It took two hours and your puny vanities, your petty hatreds thirty minutes to pace that 36 miles. A short time ago a hay fork jumped from the roof of a big barn near Whiting and stabbed the operator twice in the chest. The injured man was bundled into the farmer's auto and in 38 minutes was upon the operating table in Sabetha, 26 miles away.-Leavenworth Times.

Motor Progress. "Now our new 1916 patent negotiable runabout is the latest thing on the market." said the agent. "What's the advantage?" asked the

prospective buyer.

"To begin with, it is a dividendbearing car," said the agent, "but in addition to that we have arranged with national and other banks in all parts of the world to cash 'em on sight | mor.' if the owner ever gets hard up.'

Weeping Willow Is Chinese. The weeping willow, so called (scientific name S. babylonica), is a native of China, from which country it has been taken over most of the civi- to school now. How do you like it?"

A fellow's had to hustle to play 18 holes between rainstorms.

Love's a disease that keeps one sick a long time after he gets well.

PAY ENVELOPE \$ 17.50

Aday part of the Burt

When Health is Wrong

physical forces kept upbuilt and in trim.

ing brain and body at their best.

The Pay is Short

Getting ahead in this world calls for mental and

Often the food one eats "makes" or "breaks"-it

Over 18 years ago a food was perfected to offset

-and it has stood the test of the years.

depends upon the kind of food. In many cases the

daily dietary lacks certain essential elements for keep-

Grape-Nuts

Made of whole wheat and malted barley this

Grape-Nuts has a delicious nut-like flavour; is

famous pure food supplies all the nutriment of the

grains including their mineral salts-Phosphate of

Potash, etc.-necessary for building brain, nerve and

always ready to eat -fresh, and crisp from the package;

"There's a Reason" for

**Grape-Nuts** 

-sold by Grocers everywhere.

so thoroughly baked it is partially predigested.

Thousands "on the job" every day know

## PUT ONE OVER ON BURGLARS

Industrious Safe Blowers Found Only Irritating Note Instead of Riches Tney Expected.

Burglars have been so busy cracking safes on the upper East side with dynamite, nitroglycerin and lyddite, that it is impossible for flat dwellers in that vicinity to keep pictures straight on the walls. The storekeepers have been touched so often that they are beginning to get wise. Instead of leaving the day's cash in their strong boxes, they are filling them up with coal and other uncommon things. A clerk in a hat store in that section of town, after removing the money from the safe at closing time, left a note inside of it. A pair of burglars spent a busy set of hours in the hat store, using sectional jimmies, "can openers" and every known device for successfully approaching the interior of the safe. When they had reduced the strong box to a shredded iron biscuit they looked into its riddled heart and found this note: "Well, what's the idea?" AT ONCE. IT REALLY HELPS That was all there was in the safe It is assumed that the subsequent conversation was enough to explode the surplus nitroglycerin, but one of the annoyed felons took his indelible pencil in hand and wrote as follows: —, you can — — and furthermore. - - - ! ! !" Which. considering what their feelings were, was putting it mildly.-New York

What the Woods Teach.

A week in the woods, with your ear close to Mother Nature's heart and your eyes finding vistas up into the blue eternal mystery, may teach you that your little selfish strivings. and jealousies, that make up so large a part of your daily living and your nightly worrying, are of no more worth to the world or you than are the nameless little gnats that so foolishly zigzag in the gloom.

Misunderstood.

"I hear they have an excellent curriculum at this school," said Uncle John, who was visiting his nephew at col-

"You bet your life we have," replied the nephew enthusiastically. "It's built of steel and concrete, and seats 20,000 people. Come over and I'll show it to you."

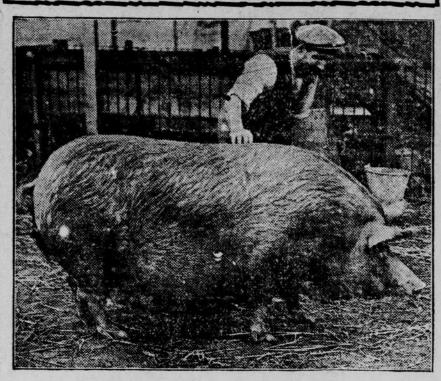
Their Reputation. "The Turks have no sense of hu-

"Why, from the accounts we are getting of them, I was led to imagine they were regular cut-ups."

"Well, Johnny, I hear you are going "I don't like it at all. I wish I hadn't wished I was six years old."

"Do you think Yapper will land this bridge-building contract for us?" "If anbody can, he'll put it across."

#### HOLD ON TO THE GOOD BREEDING ANIMALS



Prize-Winning Tamworth Sow.

(By R. G. WEATHERSTONE.) It is well known that the progeny

The writer has always been troubled | breeder. to keep his breeding sows from befarrowing a small number of scrawny

I once took a large sow to fatten for one-half the pork. I did not she would eat.

Imagine my disappointment and vexation when she had three little, dwarfed pigs-not only smaller than pigs usually are when first farrowed, is decreasing. In the farmer's family, but emaciated.

Sows for breeding should not be alfed on corn, but kept in a pasture by is preferred. themselves and given a plentiful supply of slop, made of equal parts

Most young sows will breed when with a boar, but eight or twelve

Not only this, but it stunts or things permanently, and they never The pigs from large-bodied, old

sows will be more in number, and to the pigs' ribs. -and will frequently weigh 50 per plumpest.

| cent more at a year old A neighbor of mine last year bought from mature parents are superior to an old sow in the spring for \$10. She those descended from young progeni- had ten fine pigs in April, which were tors, not fully developed. Boars and fattened and sold to a butcher in the sows, for breeding, should be kept in fall of the same year, bringing him a good, thrifty condition, but not fat. \$115, and he still has the sow for a

Sows should be kept for a number coming too fat, and consequently of years until their places can be filled with younger ones which have proved to be good breeders.

Formerly, heavy pork from hogs 12 to 24 months old (and the fatter the know she was with pig and fed her better) was demanded. Men who all the cornmeal and wheat middlings | worked hard in the open air said there was a wasting quality about pigpork-that it shrunk in the pot "and did not stick to the ribs."

Fortunately, this call for heavy pork and with people generally employed in indoor occupations in the towns lowed to run with the fattening hogs and cities, pork from younger hogs

This pork is not only the best, being the tenderest and sweetest, but it is of wheat shorts, cornmeal and wheat | the quickest produced, at a lower cost and at better profit to the producer.

Young animals grow faster and three months old, if allowed to run with less food than when they be come older, and pork from a hog less months is as young as it is judicious than a year old does not cost so much to produce as the pork from old hogs.

To make the most money from dwarfs the growth of such young hogs, none, except those kept for breeding purposes, should ever be wintered over. A little alfalfa makes the ccrn stick

frequently double the size of pigs | The well-fed litter of pigs must

from young sows when farrowed- have an opportunity to exercise, or and this with the same feed and care else thumps are liable to claim the

### **ENSILAGE RELISHED** BY FARM ANIMALS

Greatest Use of Feed Has Been Addition of Shelled Corn and for the Dairy Cows-Beef Cattle Also Like It.

Ensilage is relished by most farm animals. The greatest use made of it has been for dairy cows, thirty to fifty pounds being fed each cow daily at the North Dakota experiment station. It can be fed to beef cattle too, but they should be fed about half as much as the dairy cattle. Young stock can be fed ensilage in proportion to their size. Some grain and hay should be fed with ensilage. If the hay is alfalfa, the grain can be decreased and in some cases omitted.

Sheep relish a small amount of ensilage, two to three pounds a day is a good amount. Some feeders give as high as five or six pounds.

Horses can be fed ten to fifteen pounds of ensilage a day. It has a good deal the same effect on them as pasture. Hogs like a little ensilage and especially so if it contains a good deal of corn. Ensilage is a bulky food, a good deal like pasture in its effect on the animal. It is important that it be free from mold, as this causes trouble. Horses should not be fed ensilage that has been frozen, though with other stock it seems to be all right provided it is thawed out before feeding.

Three silos are in use at the North Dakota experiment station.

#### SUPPLY DARK NESTS FOR LAYING FOWLS

Hens Will Dig Through Hay to **Bottom of Manger Rather** Than Use One in Light.

Hens always prefer a dark nest to one exposed to light and will dig through hay to the bottom of the manger rather than use a ready-made nest in light.

A good style of nest is made in sections of four nests, twelve inches high and 14x14, with just room enough between the nests and the wall for the hen to enter. The top can be made all in one piece, hinged at the inner edge so that it can be lifted up when eggs are gathered, but a better way is to lay the top on loosely so that it can be taken off and the entire contents of all the nests dumped out at once. The nests should be fumigated with sulphur and also sprayed with kerosene at least once a month.

Separate Ailing Cow. If the cow is off her feed, droops and shows signs of illness, she should be removed from the herd at once. It is a mistake to change the cow's feed suddenly and radically. If the cow is thriving her feed should not be changed.

Ben Davis Is Favored. The man who raises fruit for his own table never sets out a Ben Davis, but if he raises fruit for sale, this variety always makes a brave showing on the city fruit stands.

#### SILAGE INCREASES **PROFITS IN LAMBS**

Clover Hay Reduced Cost of Gain at Purdue.

The addition of corn silage to a ration of shelled corn and clover hay reduced the cost of gain on a lot of lambs fed at the Purdue station 49 cents per hundred pounds. It also slightly increased the selling value of the lambs, and increased the profit 22 cents per lamb. When the corn silage was added to the ration, it was found that slightly less of the shelled corn was eaten, and at the same time, the rate of gain on the lambs was slightly decreased. The amount of hay consumed by the lambs also was reduced when silage was added, 121 pounds of the silage reducing the hay consumption 0.72 pound daily per

Without silage, the ration of shelled corn and clover hay produced gain on proportionately the same quantity of grain as did the same ration with silage added. Considerable hay was saved, however, as it was found that 363 pounds of silage reduced the quantity of clover hay consumed in making 100 pounds of gain by 199 pounds.

#### LITTLE THINGS FOR SUCCESS WITH HENS

Fowls Must Be Kept in Good Health and Well Fed for Development.

A poultryman to be successful

Keep his hens in good health, providing coops that are clean and well ventilated, and allowing the chickens the run of orchard or pasture through

Feed his hens well for growth and development. They should go to roost with crops well filled with wholesome grains, after returning from the range and plenty of skim milk and water should be available through the day. See that his hens have shade in which to rest. If trees and shrubs are

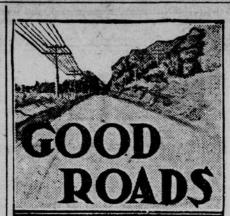
not plentiful, burlap or gunny sack shades should be put up. Keep his broody hens in airy coops and feed and water them well. They will recover from their broodiness in five or ten days.

Gather his eggs daily and market them at least twice a week.

Fattening Western Lambs. To fatten the western lambs or the yearlings they must never be allowed to go hungry. Give them all they will eat up clean every day. Unprotected Young Trees.

Are you going to leave your young trees unprotected from the rabbits and mice this winter? It seems like a great waste of money.

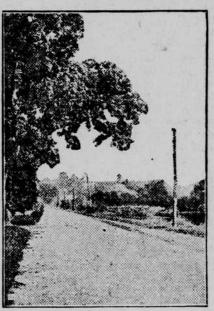
Oats for the Ewes. Oats are a good ration for the ewer until next spring lambing time.



IMPROVING THE POST-ROADS

Four Hundred and Sixty-Five Miles of Experimental Highways Are Now Under Construction.

Four hundred and sixty-five miles of experimental post-roads of different types, benefiting 28 different counties, are now under construction in 13 states, which are co-operating with the federal government. These roads, which are being built under the supervision of the department, are authorized by the act of congress of Au-



Ohio State Highway, Brick.

gust 24, 1912, which appropriated for the post-road department \$500,000, to be expended in an experiment to test he called it. And then about the ture. out the value of improved rural-carrier routes. The federal government pays one-third and the state or county ben- lock of one of the mules. This sorter efited must defray two-thirds of the cost. The entire sum of \$500,000 of ple' and 'idiotic' were synonymous and federal funds and \$1,000,000 of local simultaneous terms."-Kansas City funds will be expended under the su- Star. pervision and checking of federal highway engineers.

The following work on post-road improvement has been undertaken, according to a bulletin dealing with the construction and maintenance of roads and bridges, issued by the department:

Lauderdale county, Alabama, 30 miles of earth road. Boone and Story counties, Iowa, 51

miles of earth road. Dubuque county, Iowa, 20 miles of

gravel road. Bath and Montgomery counties, Kentucky, 11 miles of macadam road.

Montgomery county, Maryland, 5.4 miles of macadam road. Cumberland county, Maine, 21 miles of bituminous macadam road.

Leflore county, Mississippi, 24 miles of gravel road. McDowell county, North Carolina, 16

miles of earth road. Davie, Forsyth and Iredell counties, North Carolina, 48 miles of sand-clay

and top-soil road. Licking and Muskingum counties, Ohio, 24 miles of concrete road.

Jackson county, Oregon, 51.4 miles Aiken county, South Carolina, 27.3 miles of sand-clay and top-soil road.

Loudon county, Tennessee, 6.4 miles of macadam road. Montgomery county, Tennessee, 7.6

miles of macadam road. Bexar, Comal, Aravis, Hays and Guadalupe counties, Texas, 71.6 miles of gravel road.

Fairfax county, Virginia, 12.3 miles of gravel road.

Spotsylvania, Caroline and Hanover counties, Virginia, 38.2 miles of sandclay and top-soil road.

As rapidly as these roads are constructed the department is endeavoring to interest the local authorities in inaugurating systematic maintenance to keep them in condition The county engineer has undertaken the maintenance of the Virginia postroad in Spotsylvania county, and another will supervise the upkeep of the completed part of the Ohio postroad. It is believed that this local maintenance system will be extended to the post-roads to be built in Maine, Tennessee, Texas and Alabama.

Bulletin on Roads.

The United States department of Agriculture bulletin, No. 220, is upon the subject of roads, and it is well worth reading. It tells of Roman roads, French roads, and treats not only of road surfacing, but of road grading and foundations for roads. Send for it,

Keep Roadsides Clean. Roadsides and fence rows free of

weeds, rank grass and rubbish, are not only pleasing in appearance, but injurious crop pests cannot start housekeeping in such places. Neither is there a chance for noxious weeds to mature or dangerous plant diseases to start on cleun roadsides.

Greatest Single Factor. The greatest single factor in national economics is transportation, and the greatest single factor in economical transportation is good roads.

Reduce Work Team's Feed. When the summer work is out of the way the feed of the work teams may be gradually reduced. Don't allow them to get too fat during the coming months, and to insure this remember to exercise them plenty.

Prevent Potato Rot. Burn the potato vines and all the trash in the field to prevent rot.

Talk Alone Does No Good. All talk and no work will not mak

Swayed by Conditions That Surround Him.

There is no chance and no anarchy in the universe. Every god is there sitting in his sphere. The young mortal enters the hall of the firmament; there he is alone with them alone; they pouring on him benedictions and gifts, and beckoning up to their thrones. On the instant, and inces santly, fall snowstorms of illusions. He fancies himself in a vast crowd which sways this way and that, and whose movements and doings he must obey; he fancies himself poor, orphaned, insignificant. The mad crowd drives him hither and thither, now furiously commanding this thing to be done, now that. What is he that he should resist their will and think on himself? Every moment new changes and new showers of deceptions to baffle and distract him. And when, by and by, for an instant, the air clears and the cloud lifts a little, there are the gods still sitting around him on their thrones-they alone with him alone.-Emerson.

New Definition.

"The study of etymology," says the Philadelphia Record, "causes no end of trouble among that class of school children whose knowledge of English is limited to words which figure in the ordinary street conversation, and many curious results have followed. The custom usually observed by the teachers is to require such a definition of the word, then its derivation, and finally a sentence in which the word is properly used. The word "ligament" fell to the lot of a rather diffident boy recently. He defined it properly as "a Band," but followed up the correct derivation with this remarkable sentence: "I was wakened up last night by hearing a brass ligament going down the street."

Mixed Adjectives.

"We had at our house for about half a day this summer a young man from Kansas City as a boarder," stated honest Neighbor Hornbeak. "He came with the expectation of staying two weeks, and just nacher'ly hungered and thirsted for the simple life, as first thing he did was to seek to pick a sandburr off from the left hind fetled me to believe that he thought 'sim

#### THICK LOVELY HAIR

Because Free From Dandruff, Itching, Irritation and Dryness.

May be brought about by shampoos with Cuticura Soap preceded by touches of Cuticura Ointment to spots of dandruff, itching and irritation. A clean, healthy scalp means good hair. Try these supercreamy emollients if you have any hair or scalp trouble.

Sample each free by mail with Book. Address postcard, Cuticura, Dept. XY, Boston. Sold everywhere .- Adv.

War Hurt Philippine Trade. In the Philippine foreign trade movethe adverse effect of the European war was the leading factor. Imports amounting to \$44,479,861, declined \$11,-500,000, or 20 per cent below the 1914 value: and, though exports were only nominally less than \$51,000,000, total of the previous year, greatly increased production of copra alone saved the

reduced.-Commerce reports. For a really fine coffee at a moderate price, drink Denison's Seminole Brand, 35c the lb., in sealed cans. Only one merchant in each town sells Seminole. If your grocer isn't

total, and the high price for sugar

was the only marked war benefit in an

export trade that was very generally

the one, write the Denison Coffee Co. Chicago, for a souvenir and the name of your Seminole dealer. Buy the 3 lb. Canister Can for \$1.00. -Adv.

"How is the Turkish army doing?"

"From last accounts, it was in good unning order."

Every woman's pride, beautiful, clear white clothes. Use Red Cross Ball Blue. All grocers. Adv.

Money talks-and the chap who pos sesses it usually is a man of few



Roofing

guaranteed in writing, 5 years for 1-ply years for 2-ply, and 15 years for 3-ply d the responsibility of our big mile General Roofing Mfg. Co.

# SET ADRIFT BY ILLUSIONS MRS. THOMSON TELLS WOMEN

How She Was Helped During Change of Life by Lydia E.

> Pinkham's Vegetable Compound.

Philadelphia, Pa.—"I am just 52 years



fered for six years terribly. I tried several doctors but none seemed to give me any relief. Every month the pains were intense in both sides. and made me so weak that I had to go to bed. At last a friend recommen-

ham's Vegetable Compound to me and I tried it at once and found much relief. After that I had no pains at all and could do my housework and shopping the same as always. For years I have praised Lydia E. Pinkham's Vegetable Compound for what it has done for me, and shall always recommend it as a woman's friend. You are at liberty to use my letter in any way."—Mrs.Thomson, 649 W. Russell St., Philadelphia, Pa.

critical periods of a woman's existence. Women everywhere should remember that there is no other remedy known to carry women so successfully through this trying period as Lydia E. Pinkham's Vegetable Compound. If you want special advice write to Lydia E. Pinkham Medicine Co. (confidential), Lynn,

Change of Life is one of the most

Mass. Your letter will be opened. read and answered by a woman and held in strict confidence. If a man is unable to recall a pretty

girl's name, it's another sign that he is Many a woman's makeup prevents

her from holding the mirror up to na-

Always proud to show white clothes. Red Cross Ball Blue does make them white. All grocers. Adv. One of the mysteries that a man has so far failed to solve is the reason

why a woman cries when she is glad.

# It Never Came Dack

Backache Sufferer! Thousands will tell you what wonderful relief they have had from Doan's Kidney Pills. Not only relief, but lasting cures. If you are lame in the morning, have headache, nervous troubles, dizzy spells and irregular kidney or bladder action don't wait until gravel, dropsy o Bright's disease gets hold. Use Doan' Kidney Pills, the best-recommende

A Nebraska Case



DOAN'S HIDNEY PILLS FOSTER-MILBURN CO., BUFFALO, N. 1

Your Liver Is Clogged Up

That's Why You're Tired-Out of Sorte -- Have No Appetite. CARTER'S LITTLE LIVER PILLS will put you right

SMALL PILL, SMALL DOSE, SMALL PRICE,

Genuine must bear Signature

Nebraska Directory Good Serum Will

Save Your Hogs GIUIT

OMAHA ROBE and TANNING CO., Inc. Manufacturers of ROBES, FUR

COATS, mittens and caps, harness and lace leathers. Phone So. 2854; Factory 27th and N Sts., SO. OMAHA, NEB.



