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Camping time is a time of joy for the youngsters ery few things are needed for a cracking good time plain, stout clothing, and plenty

## Grape-Nuts

It's an ideal camping food-nourishing, appetizing
nd always ready to eat.
This delicious wheat and barley food contains great nutrition with little bulk. It is made from the
natural, whole grains, retaining all of their vital mineral natural, whole grains, retaining all of their vital mineral
salts, particularly neccessary for building health and strength in growing boys and girls.

Grape-Nuss is ready to serve direct from the
Suckage-just add good milk or cream. Summer rains package-just add good milk or cream. Summer rains
won't hurt the supply-packages are wax-wrapped and moisture-proof.
"There's a Reason"
for
Grape-Nuts

