WOMEN FROM 45 to 55 TESTIFY

To the Merit of Lydia E. Pinkham's Vegetable Compound during Change of Life.

Westbrook, Me. — "I was passing through the Change of Life and had pains in my back and side and was so weak I could hardly do my housework. I have taken Lydia E. Pinkham's Vegetable Compound and it has done me a lot of good. I will recommend your medicine to my friends and give you permission to publish my testimonial." — MRS. LAWRENCE MARTIN, 12 King St., Westbrook, Maine.

Manston, Wis. — "At the Change of Life I suffered with pains in my back and loins until I could not stand. I also had night-sweats so that the sheets would be wet. I tried other medicine but got no relief. After taking one bottle of Lydia E. Pinkham's Vegetable Compound I began to improve and I continued its use for six months. The pains left me, the night-sweats and hot flashes grew less, and in one year I was a different woman. I know I have to thank you for my continued good health ever since." — MRS. M. J. BROWNELL, Manston, Wis.

The success of Lydia E. Pinkham's Vegetable Compound, made from roots and herbs, is unparalleled in such cases.

If you want special advice write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass. Your letter will be opened, read and answered by a woman, and held in strict confidence.

MADE HIS COMPANIONS GASP

One Man of Bibulous Trio Was Determined to Prove He Had Not Lost His Appetite.

Three men entered the dining-room of the hotel, and with difficulty sank weakly into the chairs at a table. Whenever there was a noise behind them, they flinched and trembled. They were nervous. One of them tried to drum on the table with a knife, and a spasmodic motion of his muscles sent it sailing through the air. To the most casual observer, it must have been evident that they had been drinking too much the night before. Also, it was evident that they were uncertain about whether they could eat any breakfast.

That is, two of them were uncertain. They were so uncertain that they gazed at the menu in despair, and ventured no remarks to the waiter standing behind them.

Finally the third man, a fellow of great build, gave an order which aroused the undying admiration of the other two.

"Waiter," he said, in stentorian tones, "bring me three hard boiled eggs and a bottle of beer."—Popular Magazine.

Worse.

"Why do they hate each other so?"

"They are rivals."

"Oh, both trying to marry the same girl, eh? That sort of thing certainly does arouse man's primal passions."

"In this case it is worse than that. They are both trying to marry the same fortune."

When Normal.

Baze—He's crazy about his wife.

Daze—Yes; but he's sane enough away from her.—Judge.

All-Round Man.

"Does he belong to the 400?"

"Yes, indeed; he's one of the ciphers."

TEACH BOYS TO PLANT TREES

These Boys Will Take an Interest in This Tree, and It Will Grow as They Grow.

By A. B. GRAHAM.

College of Agriculture, Ohio University.

Haven and earth help him who plants a tree,
And his work his own reward shall be.
—Lucy Larcom.

Proclamations and programs alone never planted trees or shrubs or school grounds. It is altogether proper that a day be set apart for tree planting. Seize the opportunity, obtain some trees and spades and trees will be planted. The most excellent things that have been written about trees, green fields, beautiful streams and nature's cozy corners should assist us to see and respond in feeling to the beauties of nature. Let Arbor Day be a time for both sentiment and planting; if either must be omitted for the day, let the sentiment go and plant a tree.

No planting should be done to interfere with the playground. The space directly in front of the house should be left open if possible. Plant to the right and left of the front. Such shrubs as snowball, flowering quince, flowering almond, lilacs, spireas or bridal wreath, sweet clove and roses should be planted in masses not many feet apart to give the most pleasing appearance.

Climbing roses should be planted near the foundation of the house. Peonies and many other hardy plants bloom before school closes. Daffodils, tulips and crocuses should be planted in the fall. These bulbs winter very well and come forth with the first warm spring days.

A tree or shrub in the hands of a willing boy, who will oil his spade with seriousness, push it into the ground with a weight of determination, will make an Arbor Day that will be long remembered. The people should build a protecting fence of public sentiment so high that Neighbor Indifferent's horse or cow cannot jump it, so tight that Coldwater Fourer's hogs cannot creep under, and lock the gate so tight that the school ground cannot become the camping place of all the Doolittles. —A. B. Graham, College of Agriculture, Ohio State.

SUGGESTIVE LIST OF TREES FOR ARBOR DAY PLANTING

For dry or thin soils:
- Black locust
- The mulberries
- Kentucky coffee tree
- Box elder
- Red or common cedar
- Norway spruce
- Scotch pine

For wet soils:
- The willows
- Red or scarlet maple
- The alders
- Red or white birch
- European larch
- Hemlock spruce.

For country or suburban planting:
- American elm
- Sugar or hard maple
- American linden
- Western catalpa
- Scarlet oak
- Tulip poplar
- Cucumber, or northern magnolia

For windbreaks, screens and hedges:
- Osage orange
- Russian mulberry
- Honey locust
- Norway spruce
- Hemlock spruce
- Austrian pine

For rich or moist soils:
- American or white elm
- Sycamore or cottonwood
- Sugar or hard maple
- American linden
- Scarlet oak
- White birch
- Austrian pine

For city streets and avenues:
- Horny maple
- Silver maple
- Sycamore or cottonwood
- Carolina poplar

Trees of rapid growth:
- Carolina poplar
- Western catalpa
- Silver maple
- American white ash
- Black locust
- Sycamore
- European larch

Trees with showy flowers:
- Horse chestnut
- Northern magnolia
- Western catalpa
- Empress tree
- Flowering dogwood
- Crab apple
- June or service berry

If Sealed in a Bottle it couldn't be more Dust Proof, Dirt Proof, Impurity Proof!

The new

"SEAL OF PURITY"

keeps out dampness—water—even the air. Everything undesirable is kept completely away from the fresh pure beneficial dainty inside.

So give constant and delicious aid to your teeth, digestion, breath and appetite with the gum with the "Seal of Purity."

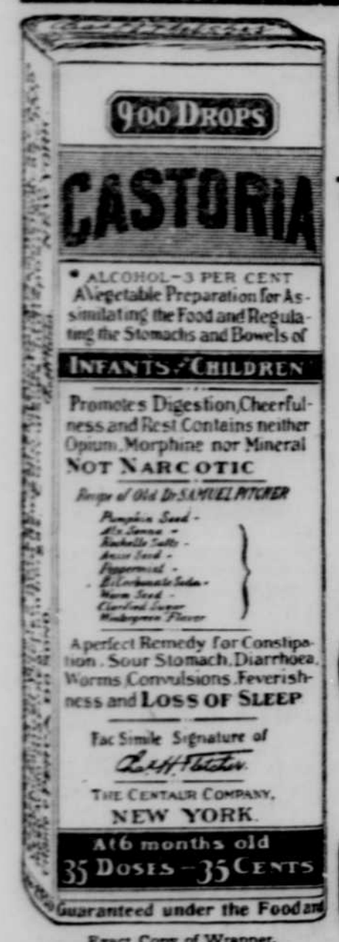
BUY IT BY THE BOX

for 85 cents at most dealers. Each box contains twenty 5 cent packages. They stay fresh until used.

Chew it after every meal

Be SURE it's *clean, pure, healthful* WRIGLEY'S. **Look for the spear.**

14



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For Infants and Children.

The Kind You Have Always Bought

Bears the Signature of Chas. H. Fletcher.

In Use For Over Thirty Years

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THE CENTAUR COMPANY, NEW YORK CITY.

ARBOR DAY TRANSPLANTING LESSON

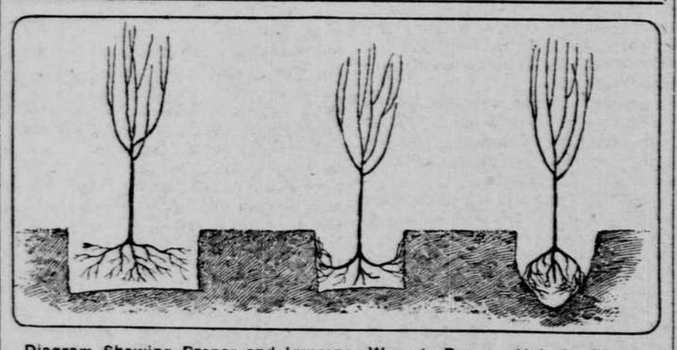

Diagram Showing Proper and Improper Ways to Prepare Hole for Planting.

By WILLIAM R. LAZENBY.

Professor of Forestry, Ohio State University.

Transplanting is a necessary practice in connection with modern methods of cultivation as applied to many plants. It may be divided into three divisions or steps: lifting the plant, transferring it from its old to its new location, and replacing it in the soil. The first and second steps belong primarily to the nurseryman and plant-grower, while the latter belongs to the man who grows the plants for ornament or profit.

While the immediate result of transplanting is always to check growth, the ultimate results of proper and careful transplanting are usually beneficial. It makes possible better care of the plants while young; a more compact and better branched root system is developed.

In spite of these advantages, thousands upon thousands of trees and plants die annually as a result of improper transplanting, and still other thousands are weakened and stunted beyond all hope of satisfactory recovery. The losses are the more deplorable because they can, in a great measure, be prevented.

Digging the holes for the plants is an important part of transplanting. Whatever the method of preparing the soil, the holes should be dug large enough to receive the roots of the plants in their natural position, and from two to three inches deeper than they were found in the nursery. The poorer and harder the soil, the larger and deeper the holes should be. On land level enough to permit the use of the plow, this will be found the more rapid and better way of digging one hole at a time. The earth should be filled in and compacted about the roots to a distance of two feet on either side of the tree.

In filling the soil around the roots, the top should be used first, worked and carefully compacted about the roots. At the same time the plant should be lifted and shaken slightly. This will have a tendency to direct the roots downward and fill in thoroughly under the crown. The dirt should be compacted into the hole until it is two-thirds full; the remainder of the soil should be left loose, so that it will act as a mulch to hold the moisture around the roots.

Watering will not usually be necessary, but in case it is, the soil should be compacted into the hole until it is two-thirds or three-fourths full, then watered copiously. One or two buckets of water to each plant should be used, and after the water has entirely disappeared the hole should be filled with loose soil. Watering during the summer months should be done at considerable intervals and then done thoroughly until the soil is completely saturated.

National Flowers.

National flowers are as follows. France, lily; England, rose; Ireland, shamrock; Scotland, thistle; Germany, cornflower; Canada, sugar maple; United States, goldenrod and others; Egypt, lotus; Spain, pomegranate; Italy, lily; Prussia, linden; Greece, violet; Saxony, mignonette.

Needs an Expert.

Don't think because a man is expert at cutting wood, that he is therefore qualified to perform the surgical operation of pruning a tree.

Try Raising Trees.

What about the waste ground—will it not raise trees? Will it not raise them at a profit and pleasure, too? Try it.

Two Days in One.

Arbor Day is also Bird Day. Make them welcome. Encourage their presence about the home.

We have reached a time in the history of this country when, if we would have timber at all, we must pursue the common-sense course of treating it in such a way that it will reproduce itself.—William H. Taft.

HORSE SALE DISTEMPER

You know what you sell or buy through the sales has about one chance in fifty to escape SALE STABLE DISTEMPER. "SPOHN'S" is your true protection, your only safeguard, for as sure as you treat all your horses with it, you will soon be rid of the disease. It acts as a sure preventive no matter how they are "exposed." 50 cents and $1 a bottle; $5 and $10 dozen bottles, at all good druggists, horse goods houses, or delivered by the manufacturers.

SPOHN MEDICAL CO., Chemists and Bacteriologists, GOSHEN, IND., U. S. A.

AND IT WAS SO ORDERED

Lady's Suggestion Met All the Requirements of Man's Complaint, as He Had Worded It.

A very large lady with a very large hat was sitting in the theater directly in front of a mild-mannered gentleman, who, for the greater part of one act, was unable to get a glimpse of the stage. At last, unable to endure his enforced blindness any longer, he bent forward and whispered:

"Excuse me, madam, but would you mind removing your hat?"

"Why should I remove my hat?" retorted the lady.

"Because," protested the man, "I can't see the stage, and I want to laugh with the rest of the audience."

"Well," replied the lady, turning away again, "you watch my shoulders and when I laugh you laugh."

Then He Went.

The young man who never knew when to go home was silent. So was the young woman.

"You should say, 'A penny for your thoughts,'" suggested the delayer.

The young woman hid a yawn.

"I should say a mouseng," she corrected.

"A mouseng! What's a mouseng!"

"It's a Japanese coin," she replied. "It takes 224 of them to equal a penny."

Then he went.

Occasionally when we look about we find it hard to realize that fools are not all born yet.

Helping Father.

"Is your boy much of a help to you in managing the farm?"

"He's a wonderful help," replied Farmer Cornstossel. "If it wasn't for his restraining care, some of the conversation I address to the live stock would be terribly ungrammatical."

RASH ITCHED AND BURNED

400 South Hermitage Ave., Chicago, Ill.—"I was attacked with a breaking out on the inside of my arms. It was a small rash or pimples and it itched and burned, especially at night, so that before I knew it I had made myself sore. I had to wear the finest kind of cotton underwear, no woolen at all, because the least thing irritated it and made it much worse. The rash itched and smarted until at times I got no sleep at all.

"I had this trouble and took treatments for about one year, but they only gave me relief while taking them. Then I began using Cuticura Soap and Ointment and I got relief right away. In three months I was a well man again." (Signed) H. W. Foley, Nov. 5, 1912.

Cuticura Soap and Ointment sold throughout the world. Sample of each free, with 32-p. Skin Book. Address postcard "Cuticura, Dept. L, Boston."—Adv.

Marriage at First Ask.

"Was Miss O'dmaid's wedding a case of love at first sight?"

"No, first ask."

Better a fool who knows nothing than one who knows too much.

Nebraska Directory

BLISS & WELLMAN
Live Stock Commission Merchants
254-256 Exchange Building, South Omaha
All stock consigned to us is sold by members of the firm, and all employees have been selected and trained for the work which they do. Write-phone-ship us

THE PAXTON HOTEL Omaha, Nebraska EUROPEAN PLAN
Rooms from $1.00 up single, 75 cents up double.
CAFE PRICES REASONABLE

ANTI-HOG CHOLERA SERUM
Don't let your hogs die with the Cholera when you can prevent it by immuning them with our serum. When ordering give us the number and weight and we will know how much to send. Write for free booklet.
NEBRASKA SERUM COMPANY
340 S. Street Lincoln, Neb.

DEFIANCE STARCH
is constantly growing in favor because it
Does Not Stick to the Iron
and it will not injure the finest fabric. For laundry purposes it has no equal. 16 oz. package 10c. 1-3 more starch for same money.
DEFIANCE STARCH CO., Omaha, Nebraska

(281) Clothing Store, $14,000. Good Neb. town 1,100. Want land in Neb.
(303) 400-acre farm nine miles west of Fullerton, Nance Co. Highly improved. Price $75. This is bargain price and bound to move.
(304) 480-acre farm Nance Co., Neb. $38,000. A bargain, for mdse.
(310) Two quarter section farms San Luis Valley, Colorado. $10,000, for income property.
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438 State Bank Bldg. Omaha, Neb.

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LEADING SELLERS OF LIVE STOCK SINCE 1867. TRY US AT
SOUTH OMAHA
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Agents Wanted in Every Township
by the
National Hail Insurance Company
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Incorporated January 4, 1899
The only Company in Nebraska Doing a Successful Hail Insurance Business for the Past Fifteen Years. $11,095 More Paid for Losses during the past three years than any other Company in Nebraska. Losses Paid on Growing Crops Since Organization $328,269.56. Losses Paid in Cash as Soon as Adjusted. **Write Today for an Agency.**

Pettit's GOOD FOR Eye SORE EYES Salve

Make the Liver Do its Duty

Nine times in ten when the liver is right the stomach and bowels are right.

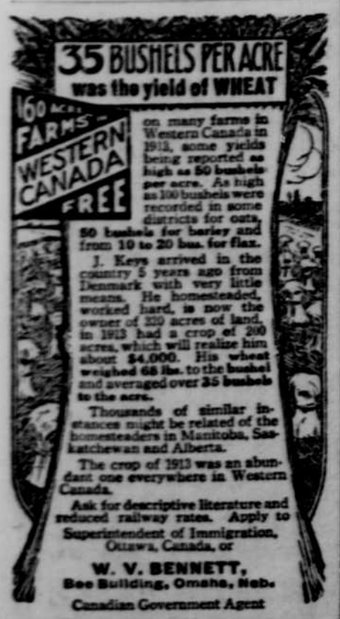
CARTER'S LITTLE LIVER PILLS gently but firmly compel a lazy liver to do its duty.

Cures Constipation, Indigestion, Sick Headache, and Distress After Eating.

SMALL PILL, SMALL DOSE, SMALL PRICE.

Genuine must bear Signature

Brent Good



FREE TO ALL SUFFERERS

If you feel "OUT of SORTS" "RUN DOWN" "GOT the BLUES" SUFFER from KIDNEY, BLADDER, NERVOUS DISEASES, CHRONIC WEAKNESS, ULCERS, SKIN ERUPTIONS, PILES, write for FREE CLOTH BOUND MEDICAL BOOK on these diseases and WONDERFUL CURES effected by THE NEW FRENCH REMEDY **THERAPION** No. 1 No. 2 No. 3 and decide for yourself if it is the remedy for YOUR OWN CASE. Absolutely FREE. No "follow up" circulars. No obligations. DR. LECLERC MED. CO., HAVERSTOCK RD., HAMPSTEAD, LONDON, ENG. WE WANT TO PROVE THERAPION WILL CURE YOU.

No Particular Hurry.

Brown and his wife were at a moving-picture show.

In the play on the screen the villain had just thrown the hero from the high cliff.

"Oh," exclaimed Mrs. Brown, "I hope the officers hurry up and catch the wretch!"

"Have patience, dear," said her husband. "The operator is turning the reel as fast as he dares."—Judge.

Better Still.

Jennie—I can cook on an emergency.

Lizzie—Humph! I can cook on an electric range.

Ten smiles for a nickel. Always buy Red Cross Ball Blue; have beautiful clear white clothes. Adv.

A girl seldom likes a young man until her mother begins to criticize him.

Putnam Fadeless Dyes are the brightest and fastest. Adv.

New York's birth rate in 1913 was the lowest since 1903.

Backache Warns You

Backache is one of Nature's warnings of kidney weakness. Kidney disease kills thousands every year.

Don't neglect a bad back. If your back is lame—if it hurts to stoop or lift—if there is irregularity of the secretions—suspect your kidneys. If you suffer headaches, dizziness and are tired, nervous and worn-out, you have further proof.

Use Doan's Kidney Pills, a fine remedy for bad backs and weak kidneys.

AN OKLAHOMA CASE

John T. Jones, 213 S. Pine St., Pauls Valley, Okla., says: "I was confined to bed for days with kidney trouble. I had terrible pains through my back and got dizzy and exhausted. The doctor prescribed for me, but nothing helped me. I had almost given up hope when a friend brought me a box of Doan's Kidney Pills. In three days they relieved me and four boxes made me well. I am today in the best of health."

Get Doan's at Any Store. 50c a Box

DOAN'S KIDNEY PILLS
FOSTER-MILBURN CO., BUFFALO, N. Y.

VITAL FORCE

Disease germs are on every hand. They are in the very air we breathe. A system "run down" is a prey for them. One must have vital force to withstand them. Vital force depends on digestion—on whether or not food nourishes—on the quality of blood coursing through the body.

DR. PIERCE'S Golden Medical Discovery

Strengthens the weak stomach. Gives good digestion. Enlivens the sluggish liver. Feeds the starved nerves. Again full health and strength return. A general upbuilding enables the heart to pump like an engine running in oil. The vital force is once more established to full power.

Year in and year out for over forty years this great health-restoring remedy has been spreading throughout the entire world—because of its ability to make the sick well and the weak strong. Don't despair of "being your old self again." Give this vegetable remedy a trial—Today—Now. You will soon feel "like new again." Sold in liquid or tablet form by Druggists or trial box for 50c by mail. Write Dr. R. V. Pierce, Buffalo, N. Y.

Dr. Pierce's great 1008 page "Medical Adviser," cloth-bound, sent for 31 one-cent stamps.