



and schools when mae real ills perplex then es to yex them -Robert Burns.

# A VARIETY OF PUDDING SAUCES.

In the making of pudding sauces, our cooks are as apt to get into ruts than one long one. and serve the same sauce day after day, as in serving other dishes. A new sauce will change the character of a ble, with flouwers in keeping with the pudding and make it seem like an en- color. tirely new dish.

Coccanut Sauce .- To the mik of a cocoanut add a cupful of sugar, a half cup of grated occoanut, two tablespoonfuls of butter, cooked together with a tablespoonful of flour. Mix all the ingredients together and serve

The juices left from canned fruits are most delicious made into sauces, when smooth season with salt and by adding a little cornstarch for thickening and a bit of butter for richness. Duchess Sauce .-- Boil two ounces of

rated chocolate in one cupful of milk or five minutes, add the volks of two eggs well beaten with half a cup of sugar and a quarter of a cup of cream; strain and return to the fire. Stir until thick as honey, then take from the

boiler a cup and a half of grated maple sugar, four tablespoonfuls of butter, beat to a cream. Then add four tablespoonfuls of sweet cream and the juice of a lemon, set into boiling water until melted to a thick creamy froth.

Peach Sauce .- To a cupful of peach juloe saved from canned peaches add an equal amount of water, sugar to taste and a quarter of a cup of raisins. Boil together ten minutes and just before serving add a few drops of almond estract. A little cornstarch may be added if liked with thickening and cooked well to remove the raw starch

A nice hard sauce may be made by using a half cup each of butter and sugar, well creamed, and the yolks of two eggs added, with flavoring, and set on ice to become firm.



"Clear the darkened windows, open most important; one that gives milk wide the door, let the blessed sun- rich in cream and wholly free from shine in."

Have several small tables; each may have a distinctly different decoration At one small table the hostess sits and she selects one of her friends to preside at each of the other tables To these falls the duty to promote the enjoyment of the guests.

As the groups change, between eacl course; a delightful feeling of socia bility follows each change.

Beside being an easier way of enter taining one's friends, the smaller tables lend themselves to decoration and make a prettier general effect

The colors may be arranged in hormony, as a white, pink and green ta-

RECIPES WORTH TRYING. When an emergency soup is wanted, take a tablespoonful of peanut butter

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17

worked to a paste with milk. Scald a cup and a half of milk with a slice of onion. Melt a tablespoonful of butter, add two tablespoonfuls of flour. Pour the scalded milk slowly on this, and pepper to taste. When serving pea soup, garnish with a tablespoonful of finely-chopped mint.

Breakfast Dish .-- Toast six slices of bread in a slow oven until a golden brown. Butter and dip into a little hot cream or milk, just long enough to moisten. Peel half a dozen bananas and put them through a ricer. Place fire and add a tenspoonful of vanilla. a generous tablespoonful on each Maple Sugar Sauce-Put into a slice. This makes a nice luncheon dish also.

> Rhubarb Sponge .- Line a mold with pieces of sponge cake; pour over stewed rhubarb, then put another layer of cake. Put a plate with a weight on top, and after a few hours turn out on a plate and serve with custard.



kind of luncheon. Cakes were vented for that meal, for five o'clock a, weddings and for school boys only.

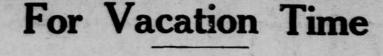
# DIET FOR CONSUMPTION.

Doctor Osler, the great medical authority says: "The cure for consumption or tuberculosis is a question of nutrition; make a person grow fat and the local disease may be left to take care of itself." To force the body to take on fat is the great problem, then, as the weight

is increased the strength and vitality is also increased. A method tried and proven more than satisfactory is that of drinking the last milk or strippings from the

cow. Of course, choice of a cow is tuberculos taint.

Ind you ever notice a plant that had The method of taking the milk is







OW that vacation time approaches | finished fabric, is the proper garb. the heart begins to long for a lit- It cannot be too plainly made and tle journey and the mind busies must be well tailored-that is it must itself with preparing the way. Travel- have good lining and interlining and ing in America ought to be a pleasure, be correctly fitted and finished. Such and is, to those who know how to a gown cannot be outclassed. The make the most of all our modern fabric should be shrunk before it is traveling conveniences, writes Julia made up and it is obviously better

Bottomley in the Illustrated Milliner. to select a waterproofed material What with parlor cars, dining cars than any other when buying. If cirand sleeping cars, good ventilation, cumstances compel you to economize dust-shielded windows, comfortable on your outfit, remember that it is chairs and competent service, a joureconomy to buy good material for ney is a recreation and rest. People your tailored dress and to have it no longer burden themselves with a made right.

lot of luggage, but think out how they may get along with as little as possible. This is especially true if the should be that. It should be large for the purpose at hand. Most of the trip is to be a long one and sightseeing its object. The first thing that engages the

way. It need not be severely plain, mind of the feminine traveler is, of and may even indulge in the charm course, the matter of her traveling of flowers for a moderate amount of costume and this article will concern traveling. It must have style. Three itself with something of that. fine examples are given here of street Although we .an't garb ourselves,

hats suited to this purpose. like Miss Phoebe Snow, "all clad in Street shoes and gloves made for white, etc." we can count upon as service and well fitted are in keeplittle cust on our journey as on the ing with gown and hat. Tan is the average shopping excursion. Our best color and one may wear a veil millinery is thoroughly protected, be- to match and carry a bag of the same cause paper bags are provided by the useful and bright color.

porter and hats consigned to the rack | The shirtwaist or blouse may be from start to finish of the average either of silk or a wash material. A

enough to keep out of other people's

# Delicious Confection Prepared at Home Far Better Than Can Be Bought,

useless) can be used in two ways that will give much pleasure. Any girl who wants to have something a little out of the common for a luncheon party, or who wants to make a very small gift, but one that shows some real work of her own, can accomplish

either object by making candied orange peel. Not by buying it at the confectioner's, where plenty of it is sold, but by doing it herself. The candied orange peel made at home and used while fresh is so far superior to that one can buy that it seems like quite another thing.

It can be made of the skin of an orange that has been pealed and used in any way, but rather a smooth skin should be chosen, and it must be used before it becomes at all hard and dry. The first thing to do is to scrape off with a knife as much as possible of the white inner skin. Keep on scraping until the skin is quite this and the back shows the yellow. Then cut the pieces of skin into strips one quarter of an inch wide and from one and a half to two inches long.

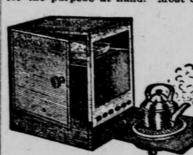
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Now comes the cooking, which is done in the following manner: In a small saucepan full of water dissolve three tablespoonfuls of sugar and put in your strips of peel. Boil them untill the water boils away, leaving a thick syrup. During the latter part of this process it must be carefully watched and stirred to prevent burning. Next take the peel from the saucepan and roll it in powdered sugar; then put the pieces on plates to dry, not piled up, but in single layers. The orange peel is best on the first or second day after it is made, and it must be used within a week or it will grow too hard. A dainty box filled with this orange peel makes a very attractive gift, or, if one is sending some really handsome box (a silver one or an enamel or carved one), an added pleasure will be given by filling it with candied orange peel made by the giver.

# **ELECTRICITY IN THE KITCHEN**

Combination Oven and Warming Plate That Surely is a Boon to the Housewife.

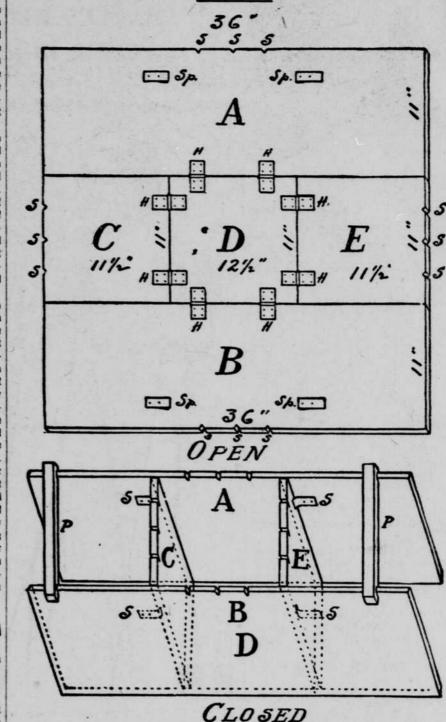
In using gas, it is usually difficult to obtain the heat other than in an It goes without saying that the hat upward direction, even though this should be pretty because all millinery may not always be the most desirable enough to shade the eyes and small



# Oven Door Used as Warming Plate

# EASY TO MAKE CANDIED PEEL PRACTICAL WOOL RECEPTACLE **ATTRACTIVE IN APPEARANCE**

Orange skins (generally considered Details Given Herewith for Construction of Inexpensive Box for Packing Fleece So That None of Black Ends Will Show and Keep It Regular and Compact -Any Farmer Can Make One.



A Wool Box.

There are several kinds of wool | placing these hinges so that these boxes used by growers in tying up four boards will raise and form a box, ficece wools, but the following shows open on the top. Here one can tie the fleece, with the piece D forming a cheap, practical box that can be easthe bottom and the others the sides. ily made by any farmer who can use Notches can be cut in the outside a saw, square and screwdriver, writes edges of these boards to hold the Roscoe Wood in the Breeders' Ga- strings.

Put on the fleece the shorn side on Take three 1-inch boards two feet the open box, raise the sides A and B ong anl one foot wide, clear pine, or, and hold together with pieces P, P, what is better, oak or walnut; they 1 by 2 inches, about 17 inches long, should be planed and smoothed so notched on each end so as to hold that they are about seven-eighths inch these sides, at a width equal to that thick and 11 inches wide. Saw one of the end pieces C and E. Then raise of these boards into three pieces, one, the end pieces C and E to an upright gas stoves used in kitchens show this D, 121/2 inches long, the other two, C position, and let them be held in place

tiful, green and thrifty? New things in order to reap the reward. The last that grow without somethine are per- quart is milked into a dish which is fect or beautiful, and children as well surrounded by hot water in order to as grown-ups need the purifying, life- insure the milk from cooling. The giving and healing power of the sun- froth is blown back and the milk light.

The home that has the drawn cur- will cool it too much. tains that exclude the light will be the home where pervousness, ill temper and general ill health are found. casily done, and patients after a short The sunlight is the best germicide known and it should flood our homes. Keep the windows open in the day for the sun and at night for the pure sweet air. During the hot weather a house well aired in the morning and then closed through the heat of the day, will always be cool and comfortable.

#### Helpful Hints.

If you have occasion to use a very large roast, perhaps you don't know it as a medicine, and later grow fond that it is a good idea to roast it rather of it. The prescribed treatment is rare the first day, then cut off what a quart night and morning. is wanted and roast it again.

When cooking bass, try this method Thoroughly scrape and dry the fish, city, fill with several slices of bacon that and parsley, then seasoned with pep- when debilitated from other causes.

drain them and place in a large jar or | in the stomach. kettle, which may be covered tightly. and if kept in a cool place until needed, the greens will keep crisp and fresh for several days.

Use white embroidery cotton to make buttonholes in thin white goods. They are much easier made, and wear as well as when thread is used.

White cotton crepe waists may be washed and dried over a clothes hanger and a fresh waist is always ready with no ironing.



the chief charms of these dinners of

# A PROGREESIVE DINNER PARTY.

Here is an idea which is not new, happy. And people should not have but which has been tried most succentfully by many hostesses. This arranger ent relieves the hostess of the strain of entertaining to a great ex- boredom and separation. Yet, probtest, and does away with the usual ably, had they married their union stiffness which is the particular horror would have been happy."-London of one entertaining.

#### Bending the Great Guns.

Among the problems with which or counteract it, according as it is the army and mayy engineers have to deal upper or under part of the gun that nowadays is that of the drooping of has the higher temperature. In conse-the muzzles of excessively long guns quence of these distortions projectiles under the stress of their own weight. Experiments have shown that wire-wound guns of 12-inch caliber and 56- probably more.-Youth's Companion. foot length droop at the muzzle about 4% minutes of arc, while built-up solid guns of the same size droop about 21/2 minutes. Differences of

grown in a dark place? Was it beau- simple, but must be carefully followed drunk without straining, as that will

> At first it is not easy to drink a quart, but after a week or two it is treatment gain nearly a pound a day. This milk taken warm into the empty stomach is absorbed in a very short time. The patient will then take the regular meals in addition to the milk. those foods which agree.

Such treatment may be taken at home. The price of a good cow is not to be mentioned with expensive trips to sanitariums or a change of climate. Those who object to milk will take

It is easy on a farm to take this treatment; but many have tried it and -one used by a well-known chef: found it most satisfactory even in a

This same diet is equally efficacious have been dripped in chopped onion in increasing the weight and strength per and salt. Wind the fish with a lt is well to remember that milk is This simple waist is of light blue string, and fry or broil for 30 minutes. not a beverage, but a food, and should armure silk, trimmed with bands of Serve with melted butter and lemon. be taken in sips, a little at a time, to white silk set on with fagoting and To keep greens fresh, wash and avoid making hard indigestible curds ornamented with little gold buttons and loops of cord.

nellie Maxwell.

Too Few Elopements in England. "What we want in England is more elopements. If people would only get married they would, in nine cases out of ten, live happily ever after, whereas if they wait they end in parting."

This unusual point of view is taken by Mrs. York-Miller, the Anglo-American authoress. She was discussing a recently deided case in which a girl sued a man for breach of promise after being enzaged to him for six years. Nearly all that time they were happy and then came a breaking off of the engage-

ment, with subsequent damages sucde gloves in white, pale tan or gray shades. To clean the gloves draw against the defendant. "They should elope and get marthem on and plunge the hands in a

ried." she said, "it is the way to be small basin of oatmeal, rubbing them well, especially the finger tips, the long engagements. The time of the knuckles and wrists, with the meal. engagement is a trying period that and scrubbing the more soiled porwears out the patience and results in tions with a clean nail brush. Finally, they should be dusted with a piece of soft fiannel. Wash leather gloves require yellow soap and water, the lat-Mirror ter warm but not too hot. They

wooden trees, in the sun or close to ther increase the droop at the muzzle the fire. Like flannels, the quicker they dry the better. quence of these distortions projectiles Old Night Gowns for Dress Covers. I have for a long time used old on leaving a gun have a wabbly momuslin night gowns as covers for my

### Partial Abstraction.

"He seems to be a very busy man." "That's true, but you will notice temperature in the body of the gun that he never forgets where he puts tiso cause bendings, which may ei- his pipe."

No dust can reach them. light-weight silk is most economical limitation and the makers of electric and E, 11 inches long. Fasten each by a heavy steel spring set in on each For traveling, a plain, well-tailored for long journeys. Fresh jabots and cloth gown of serge, mohair, covert stock collars make it possible to look cloth, fancy sulting or other hard- immaculate at the end of the journey.

The collar and cuffs are of em-

broidered linon finished with little

The Mannish Blouse.

The mannish blouse is not to be

dispensed with in the wardrobe of the

well-dressed girl. It is well to have

Oatmeal as a Cleaner.

ruffles of the same.

not to be transparent.

-Chicago Inter Ocean.

SIMPLE LITTLE WAIST. TO WEAR ON TAILORED HAT

> Quill Trimming, Arranged Artistically. Is Sure to Find Favor With Smart Dressers.

> Coming back into prominence and feminine again after an absence of several seasons, is the quill or feather trimming. It is very stunning when properly used on tailored chapeaux and gives its wearer a very trim and jaunty appearance. One stunning model noted recently

was of rough black straw, with the fashionable high crown and the equally fashionable rolling brim. It was quite plain and bare of any adornment, save two great quills which slanted upright, starting from the

back. These were of the new coral shade, changing from a vivid coral in the center to deeper, almost black hue on the edge. And they gave just the note of color and air of jauntiness which the hat needed to make it distinctly chic.

# Use Men's Shirt Sets.

Girls are turning to account the smart shirt buttons in colored enamels that come for men's shirts. They are usually six sold to a set. These buttons have a link to thrusi

through the eyelet and are held by a patent fastener. When a girl uses them she works eyelets instead of button-holes in front of her waist and in the cuffs. Sometimes the buttons are all used at the back.

some of silk, and remember that it is economy in the end to get a good Some have colored enamel centers with a rim of striped two-toned gold; quality. Get a china silk that is really others of solid enamel in delicate good and it will outlast three shirts in an inferior quality. There is an tones with a design of gold; again there are centers of barred enamel excellent variety that comes at \$1.25 in a thirty-six-inch width. It is light with a plain rim in a deeper tone or of and cool and yet of enough substance a deep ecru enamel with a colored rim.

# Millinery Help.

To rejuvenate last year's violets Oatmeal is a safe remedy for soiled shake all the dust out of the discarded bunches which adorned last year's hats, and even the most forlorn and faded will respond to the magic touch of the paint brush. Separate them and apply a touch of water color to each petal. The result is highly satisfactory. When dry mass them together with several green leaves, which also have been "touched up." tie with a strand of tulle or a cord of purple silk and the violets are as good as new. should be dried on the hands or on

# Gift for the New Baby.

A pretty and sensible gift for the new baby is a knitted protector set, which includes blanket, sweater, bon-

net and stockings. All of these are hand knit, or may be crocheted in stead, if desired.

For these wool is used, which is best dresses when they hang in the closet. They are easier to get off especially suitable for this purpose giving the greatest possible warmth without weight. A simple stitch is and on than bags, and cover the gown quite as well. Hang the dress first on a coat or skirt hanger, then used and the garments are well shap cover it with the night gown, buttoned, the bootie and stocking combined being shaped over the knees and need ing the latter to keep it from falling ing no confining ribbons.

being unhampered by this objectiona the piece D with strong iron hinges, C and E will be held at a right angle ble feature. With electric ovens or which should be set into the board so to the bottom, D. be movable. An interesting illustra tion of this is found in a new electric oven offered by a Scotch firm which has the heating element fastened to one side of the oven. When the oven is not needed, this whole side of the oven can be swung outward to form a heating plate for use with teakettle. coffee pots, or the like. Such a change

would be manifestly impossible with any gas heated device, yet it is but one of the wide range of new combinations which electricity is bring ing to our kitchens .- Popular Mechanics.

# Good Peach-Canapes Recipe.

Peach-canapes may be a novelty Drain peaches from syrup, and if whole cut in halves, put in a shallow pan, and in each cavity put one teaspoonful of sugar, one half teaspoonful of butter, a few drops of lemon juice and a slight grating of nutmeg. Surround with some of the syrup and cook in a slow oven until thoroughly heated, basting twice. Serve on circular pieces of sponge cake sauted in butter. If the cake is not at hand use buttered toast .-- Woman's Home Companion.

# Cleaning Waste Pipe.

If the pipe of your kitchen sink becomes clogged, place your hand over the drain, being careful to hold the sides of the hand and tips of the fingers firmly on the sink. Allow water to the depth of one inch to run into the sink, then raise and lower the palm of the hand until you think the impediment has been removed. After this pour a quart of scalding water and soda down the pipe. This will carry away any waste that remains.

### Delicious Soup.

Rinse lightly one cup of rice; cool in two quarts of salted water until the kernels burst; stew can of tomatoes

arrived, try strawberry biscuit occasence could be offered showing how sionally. Prepare a biscuit dough, roll the richness of the milk is affected by it out a third of an inch in thickness, the quality of food. Cows vary in the cut it into oblongs and mark each in halves. Put a spoonful of sweetened as they do in the quality, says the Ruberries on one half, fold the other ral home. It is a well known fact However, to apply it when the trees over it and pinch the edges together with a little water. Rub with melted

# Corn Balls

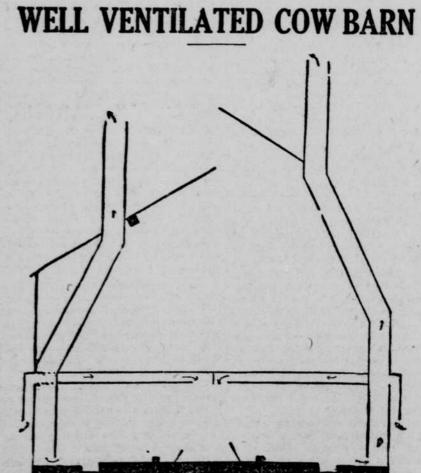
Boil together two cups of molasse one cup of brown sugar, an egg-size piece of butter, teaspoon of vinegar: when hard as taffy stir in all the pop ped corn the candy will take and mold into balls or pour into pans and cut into squares.

heating devices have been delighted at of the shorter pieces to each end of side on A and B, at a place so that stoves the heating element can be that when opened the boards lie close

zette.

With such a box fleeces can be done

placed in any position or location that together. Then on the sides of the up so that practically no black ends of may seem best suited for the cook piece D fasten the 3-foot pieces, A and the fleece show, and at the same time ing to be done by it and it may even B, one on each side, in like manner, the fleece is regular and compact.



The illustration shows a barn ar- | be constructed on a hip and a comranged for two rows of cows facing mon pitch roof. each other. The fresh air flues are

extended from both sides and made to

in Tennessee.

Talking Back.

Talking back is not impudence when discharge over the feed alley, says Hoard's Dairyman. The illustration the land replies to seeding and cultialso shows how the ventilator should cating with a bumper crop.

established. Every method known to science, skill and practical experiment FOR BUTTER in feeding, so as to get the last frac-tional part of an ounce of butter from them, in tests from one day to one year, was resorted to, and in nine cases out of ten it was demonstrated that rich feeds produced rich milk, and that the greatest quantity of but ter was not made when the cow was No better or more conclusive evi- giving her greatest flow of milk.

#### Coal Tar for Trees.

We may apply coal tar during the quantity of milk they give as much spring when the circulation of the sap is active, with comparative safety. that some fodders will increase the are dormant there is danger of injur for of milk, but add nothing to its ing the trees. There is another prep richness, and it is equally true that aration, a German preparation, known rich, concentrated feeds will add to as Carbolineum, that can be painted the richness of the milk without in- on the trees when they are in active creasing the flow. The first system- circulation of sap and rabbits and atic testing of Jersey cattle for but- mice will not touch them. It is used ter to any noticeable extent in this very extensively in Germany and is country was made by the breeders of sold in New York. In some sections these cattle in Tennessee, and large-ty from the results of these tests the fame of the Tennessee Jerseys was the deep snow so long continued.

butter and bake.

Berry Biscult.

Richness of Milk Without Increasing Flow-First Test

three cloves, small bay leaf and a lit Rich. Concentrated Foods Add to tle nutmeg; rub tomatoes when done through sieve into the rice starch; add one cup whipped cream and serve Now that the strawberry season has

FEEDING COWS one-half hour; season when put on store with one teaspoonful salt, a level saltspoon pepper, one tablespoon of sugar, one medium sized onion, sliced