## Neur Neurs of yesterday <br> 

Famous Quarrel Explained

Confession of John J. Ingalls

Appeal That Got $\$ 50,000,000$


The Preservation of Venison


## What About Brain Food?

This Question Came Up in the Recent Trial for Libel.

| Alaims made printed some criticisms of the not fancy our renly prioted th evidentis dic papers ind bur buight puit for libel. At the trial some interestiog facts some interesting facts came out. | law of amnity, all things needed to manufac ture the elixir of life. <br> Further on he says: "The beginning and end of the matter is to supply the lacking princl- | This trial has demonstrated: <br> That Braln is made of Phosphate of Potash <br> as the principal Mineral Salt added to atb |
| :---: | :---: | :---: |
| ( Some of the chemical and medical experts | furcishes it in vegetables, fruits and grain. | as the princlpal Mineral Salt, added to albu- |
| The following facts, however, wers gulte clearly established: | core." <br> The natural conclusion is that if Phosphate | ar Grape-Nuts contains that eleme |
| Analysis of brain by an unquestionable aut thority, Geoghegan, shows of Mineral Saits, | of Potash is the needed mineras not contain it, you have brain fag because its daily loss is | more than onehalf of all its mineral sal |
|  | not | fn |
| This |  |  |
| Beaunis, another authority, shows JPhosoric Acid combined" and Potash 73.44 per |  | st and least understood part of bimself. at part which some folks believe links us to |
| nt from a total of 101.07. | ${ }_{\text {P }}$ In |  |
| (considerable more than one-zar of Fhos- | search in this country and |  |
| Analysts of GrapeNuts shows: Potassium | Europe, regarding the effect of the mind on | act, and Nature has defined a way to make a healthy brain and renew it day by day as it |
| Phosphorus, (Which te of Potash), is con | E | is used up from work of the previous day. |
| -half of all the mineral salts in the food. | $\underset{\substack{\text { sneer } \\ \text { Mind }}}{ }$ |  |
| Dr. Geo. W. Carey, an autbority on the co | broken |  |
| (ree |  |  |
| slium Phosph | Worry, an | There's a Reason |
| a oxygen creat | interere wit |  |
| nerve furd or the gray matter of the brain. | fere with the flow of the digestive juices of |  |
| er organic mater in nerree fuid, but Potas. |  |  |
| sium Phosphate is the chief factor | has much to do (more than suspected) with digestion. |  |

