



man who rode through say about it:

the town faster than the to his ship when all the diphtheria I can tell it pretty quick which had died that morning from crew deserted him; there and I get ready to give it a good, stiff rables. It contained a frightful amount is the woman who plucked treatment, but with consumption you of living bacilli. The worker wore

somebody else's child out don't know whether you have it or neither mask nor rubber gloves, and nes; there is the engineer not until it shows up good and strong. when asked why he did not take that The kept his hand on the throttle and I'd much rather be with my diphtheria precaution he only smiled and redied to save his train-load of passen- bugs, thank you." -

had there are others of a quieter sis expert. "Not at all! Go in and see He showed us shelves on which and leas spectacular sort. The men the man who is working on rables, were twelve jars containing the spinal and somen who work day after day Now that's what I call risky work, cords of rabbits. These represented among steaming pots and glittering Just let that bowl slip and the bugs the period of drying, from one to and tubes in the laboratories, fighting will fly out, to find their way into the twelve days, and each day the cord in men by inch against disease and cut- smallest break in his skin, and then the last bottle is thrown away and the the death rate in every one he is on the road to r case of hydro- bottles moved up, while a fresh cord d these awful scourges which wipe phobia. That's an awful disease." at tundreds of thousand of human The rabies specialist cannot see it lines every year. that way; he has his views on the the twelfth day is first used, as this

Theirs is no life of case. Every day dangers of the tetanus worker. mey take the chance of catching some "Well, if you really want to see as an immunizer. Each day a cord of natal analady themselves. And inch where a man risks his life, go in there. less period of drying is used until they by inch they gain. Each year they cut I can feel pretty sure of what my bugs reach that of the seventh day, when the death rate, though taking are doing, but lockjaw, well, that's the the living bacteria are found, though surry chance with death themselves. limit, I think."

They are making serums; they are And the specialist at work with the If by this time the path

an Smalle rices. develop rapidly. On a glam-topped The latest fancy of the womantable were a bunsen burner, a small smoker is a pipe-not the tiny affair wire basket containing about twenty that suffices for the Japanese, but a small test tubes, each corked with a small wadding of cotton; a receptacle good-sized brier or a neat meerholding a dozen glass-handled plati- schaum. The pipe is boldly carried num wires, a microscope and the large along with a gold card case and chainpurse. For some time now the cigvessel, about one-third filled with yellowish or ambercolored fluid, and arette has given place to a cigar. small in size and mild in quality. also a number of slides like the small Women said they were tired of the covers of preserve jars. These were the test slides upon which the individ- cigarette, and wanted a bigger smoke. -London Mail

ual gerins are developed into colonies. each colony appearing to occupy no more space than could be covered by a large pin point.

These germs were to be used for injections to one of the horses, from most remarkable cyclists in the counwhich they wished to secure the diphtheria antitoxin.

a small one, but the germs get to work wheeled pedalless machine, with a jana, Texan independence and battle at once. At the same time the blood padded tube covering the axle bar. of San Jacinto in Texas, Admission takes up the task of fighting them. Across this he lice face foremost, and day in California, and so on. Missis-The next injection is larger, and the with wooden clogs strapped to his sippi is like the federal government blood, now containing certain agents hands he propels himself along the in lack of statutory holidays, but by produced in the first battle, attacks streets and roads in a marvelously common consent Independence day. the newcomers with added force. So rapid manner. He has complete con- Thanksgiving and Christmas are ob- pocket, and, holding it up, asked who the process goes cn. until a great trol of the machine, his hands acting served. A new one is Columbus day quantity of germs can be injected as pedals, steering gear, and brake in a few of the states, without the disease developing, and combined,

the horse is now ready to give up its immunized serum. Georgotto Fontano, an embroiderer This, when extracted, is found to

lins, a great amount of useless ma- has found herself condemned to a terial, which if injected into a human month's imprisonment for what seems being, while not causing any danger, to her a harmless act. would give the blood an added amount | She was going home from a concert a few evenings ago when she decided of work to do.

The serum is taken to the labora- abe would like to see her fiance. As tories to be refined. This is done by he happens to be a fireman whose filtering and refiltering until only the station is in her own neighborhood it globules remain, and these when in- occurred to her it would be very easy jected furnish the human blood with to summon him to her side by breakreinforcements that the disease cannot ing the glass of the fire alarm and defeat. Great care must be used in sounding a call.

raising these "pets," as one of the She did so anr in a few moments orderlies called the germs, and in or- fire engines came from several direcder to make them grow they must be tions, all laden with firemen, of course, placed in specially prepared bouillon. but alas! her fiance was not among Then they are taken to a room which them, and more than that all the fireis kept at a high temperature all the men were angry, and before she knew time. In some cases they are covered what had happened she was taken to so that no light can reach them. a magistrate, who proceeded to make In the germ room are many of these | the course of true love run unsmoothly

ERGES! Why, yes, there They forget about the danger. Just enough bacilli to wipe out the entire in spite of her tears and protests that are many kinds. There is listen to what some of them have to population of the United States. Every she thought it would be a simple way one of those disease germs is carefully of bringing her fiance to her side.

marked that it might interfere with

is placed in the one just emptied.

In giving the treatment the cord of

contains only dead bacilli, which act

"Mine is not so had," said the man tended so that it may not die, water followed him, yelling who works over diphtheria day after In the Pasteur room a physician was NEW SAWS BADLY NEEDED that the dam had burst; day. "Think of the man at work with grinding something in a small bowl.

Don't Seem to Fit Into Mod-

king the advice of one's elders?" began the sad-eyed, undersized little man on the car. "Sure you do. Now

let me tell you something. See that big apartment house over there on the right? And that little business block right next to it?

howling wilderness, in fact, and you could almost chase rabbits up here. more clearly than those of the last That was about eighteen years ago. 40 years .- Dundee Advertiser. I had a hunch then-and I was only

eighteen years old at that time-that this land would some day jump in

pooh-poohed me. 'Go away, boy,' he said to me, with runners. a patronizing smile. 'You don't know you from such wild notions as this there on that plot 50 years from now. G'way.' "I argued it with him, and he sat down on me. Then he went and invested my \$15,000 at three per cent. "Three years ago the man who bought that same block of ground for \$18,000 sold it for about \$200,000 cash. and he's now cruising over in the Mediterranean or some place or other, while I'm taking my wife out "There's got to be a new set of

Lightning Change The Manager-Can you make quick changes and double in a few parts? The Actor-Can I? Say, you know fighting, and a friend rushes in and about three hundred years old. Capseparates 'em? Well, I played all three parts one night when the other | States pilot boat, sighted the monster two fellows were ill.

Holidays in the States.

Washington's birthday is a holiday in all states. Decoration day in all states but Florida, Georgia, Louisiana, Mississippi, North Carolina, South of Leicester, England, is one of the Carolina, Tennessee and Texas, Labor day is observed everywhere. Virtutry. Both his legs are withered and ally every state has legal holidays useless, but the Leicester Cripples' having to do with its own special af-The first dose given to the animal is Guild has provided him with a two- fairs-battle of New Orleans in Louis-

Planting Wedding Oaks.

Princess August Wilhelm, wife of contain, besides the antitoxin globu- who lives in the Rue Sevres in Paris, the task of reviving one of Germany's proudly. "But in confidence, I'll tell oldest customs, that according to which newly wedded couples immediately after the marriage ceremony plant a couple of oak saplings side by side in a park or by the roadside of their native town.

The town of Mulchausen, in Thurinthere plant oak saplings.

The tree planting idea was started with the object of repairing the rav- to mistake these items for a list of his ages caused by the 30 years' war. The elector forbade young persons to marry until they had planted a number of fruit trees.

Two Very Old Ladias.

We have heard a great deal lately about long-lived people, but it is probable that the oldest two people in the another old lady named Babavaslika. The former lives at Posem, in Prussian Poland, and was born on February 21, 1785. She is therefore one Birmingham Mail. hundred and twenty-five years old. The latter, however, is nine months her senior, having been born in May,

She is still a fairly hale old woman. and for nearly one hundred years worked in the fields. Her descendants number close on 100, and these now make her a joint allowance. She lives at the village of Bavelsko, whose neighborhood she has never quitted houses or business blocks on it when during the whole of her long life She I first clanned eves on it. It was a remembers events which hannened at the beginning of last century much

An Alaskan Luncheon.

Runners of woven Indian basketry. value by leaps and bounds. When I with white drawnwork doilies at each however, is largely a matter of form tionale qui entre, le suffrage univer-

Largest of Whales.

The largest whale of its type of captured recently off Port Arthur, table where he can be seen. Through-Tex. He measured sixty-three feet out his meal he wears a deeply stuwhere the hero and the villain are in length, and was estimated to be dious, a completely absorbed, attitude. tain Cob Plummer. mate of a United in the shoals off the jetties, and the crew of his vessel captured the mam-

mal. The huge body was towed ashore, exhibited and much photographed before being cut up.

> Bankers and Bank Notes. Four men, three of whom were con-

nected with brokerage concerns in the United States paper currency and the are so sure nowadays," said one of the party, "as to the genuineness of bills that little attention is paid to could tell whose portrait it bore. No one knew, and by way of coaching the broker said it was the first treas-

urer of the United States. Again no one knew the name. "Why, It's you, I didn't know it five minutes ago."-New York Tribune.

An Unnecessary Confession.

A hearty laugh was occasioned at the Birmingham police court by a prisoner who gave himself away in a very gla, is the first to respond to the prin- delightful manner. The man was the cess' appeal. A municipal official ap- first on the list, and the charge against pears at the church door after every him was merely one of being drunk pair of boxin' gloves."-London Titwedding and invites the bride and and disorderly. He stepped into the bridegroom to drive with him in a car- dock, however, just at the moment riage to a new road near the town and when the dock officer was reading out a few of the cases which were to come before the court that morning, and a by a former elector of Brandenburg guilty conscience apparently led him

previous convictions. He stood passive enough while the officer read out about a dozen drunk and disorderlies, but when he came to one "shopbreaking" the prisoner exclaimed excitedly, "That was eight years ago, your honor," Everyone began to laugh, and the prisoner, realizing the blunder he had made, at first world today are Frau Dutkievitz and looked very black indeed, but finally saw the humorous side of the matter, and a broad smile spread over his face. His blunder did not cost anything - jail.

DIFFERENCE IN THE RACES

Mexicans in the Main Unjust in **Blaming Americans for Lack** of Politeness.

All the Mexican correspondents who have written on the subject of why Americans are not better liked question of a lack of politeness on the part of the foreigner here, and in The latter is inexcusable, and certainly must emanate only from inconsidwhich no nation is free. Politeness,

Takes Himself Scriously. Nicola Tesla, dining by himself in a hotel's great dining room, takes a He may bring to the table a portfolio filled with papers. These he may scan with prolonged solemnity. In any event, he sits an eloquent tableau of profundity .- New York Press

Rat Bounty Excites Merriment. Seattle, fearing the introduction of bubonic plague by rats, has offered s bounty of ten cents a rat. This moves Tacoma, safe from infection from the sea, to raucous laughter, and the Led-Wall street district, were discussing ger says that the bounty, "though not intended for rodents of Tacoma, disappearance of counterfeits. "We Everett, Bellingham and other populous and busy centers, has been finding its way into the pockets of nonresidents of Seattle for non-resident them in handling, except as to de rats. But the joke would be on us if nomination." To prove his assertion it were found that our rat populahe took a \$10 yellowback from his tion had found its way into the Seattle census."

Pretty Good Definition.

We hear some funny things in Fleet street sometimes, and the following definition of the height of aggravation, by a gentleman in rather shaky boots, whom we encountered in a well-known hostelry the other day, struck us as being particularly choice.

"The 'eight of haggravation, gentlemen," said this pothouse humorist, setting his pewter on the counter and looking round proudly, with the air of one about to let off a good thing, "the 'eight of haggravation-why, trying to ketch a flea out o' yer ear with a Rits.

Before Days of Free Press.

Many of the restrictions that hampered the influence of the press re mained in force until the close of the eighteenth century in England. It was not till that period that newspapers obtained the right to criticise the policy of ministers and of the king. Mr. Walter, the first editor of the London Times, was prosecuted for censuring the duke of York. He was sentenced to pay a fine of \$250, stand in the pillory for an hour, be imprisoned for a year and give security for his good behavior for seven years. The order with regard to the pillory was canceled, but he had to serve his term in - 2 ·

French Official Etiquet.

The wives of the new French ministers share in the honors conferred on their husbands, the degree of deference due to them being minutely established by the "protocole." When the wife of a minister enters a room, if any deputies' or senators' wives are present, they are supposed to rise and remain standing until she is seated. Other ministers' wives may rest by Mexicans agree that it is largely a | in their chairs, but should the prime minister's wife arise they also must stand to attention. And even Mme. some cases an ill-concealed contempt. Briand (if there were such a person), would have to show similar deference to the wife of the president of the erate or poorly educated persons, from chamber. With her, according to the protocole, "e'est la representation na-

there is the man who stuck the tuberculosis germs. When I get This was a spinal cord from a rabbit The Old-Fashioned Ones Somehow ern Situations. "You know all the copybook, Mc-Guffey's reader line of talk about ta-

1784.

Well, there weren't any apartment

was twenty years old 1 came into a of the 12 covers, were used on an oval and training. It is undeniable that sel la France."-London Chronicle. bunch of \$15,000. I went to my guar- mahogany table. The doilles were the Anglo-Saxon salutations, methods dian, an old man, pretty prominent made at Sitka. In the middle of the of expressing thanks and appreciain estate management and wisdom at table a mirror held a tall central vase tion, etc., are simpler and shorter that time, and I told him I wanted to of frosted glass, surrounded by four than the Latin forms. To many who known theologian of Des Moines, said soak the whole \$15,000 in this block smaller vases, all filled with white have all their lives been accustomed of ground I pointed out to you. The spring blossoms. The edge of the to the briefer Saxon ways, an attempt block was then on the market for mirror was banked with the same of the more elaborate Latin politeness thinks the soul is not immortal; but, exactly \$15,000. The old gentleman, flowers. Four totem poles were placed seems, for them, nothing short of afwhat you want. It's my duty to save Alaskan scenery. Abalone shells held adopt the courteous phrases of the one you've got into your head. They'll held bonbons. The soup spoons were they are the exceptions. And it is told how a locomotive is made. be shooting rabbits and squirrels out of horn, several of the dishes used difficult to see how this can readily "There's got to be a new set of city delights (small cates). Robuild and balls particularly unless you catch them and they pound frightfully; and then more and girls, thanks to the serum this point strong, because I believe it "The securing of the vaccine is ac- tury consumption. The McGuffey's on crackers), Nome firewater (coffee). while they're young .- Mexican Her-

vessels and test tubes containing by sending her to prison for a month

Cripple Rides Bicycle.

Too Ardent a Lover.

George Anstey, aged 12, a cripple,

scope; they are examining typical ensure in the hope of getting some new him that will work for stamping out some pest to men, women and chil-

Tetanus, diphtheria, meningitis, tu-Berculosis, rables, septicaemia, glanders-these are some of the contagions take up the work. they face. Millions of microbes come before them every day. Is a soldier Is intlie taking any more chance with department of New York city, and Dr. been marvelous. this site?

the is said about them. There seems to the last stage the other day. STATES. Zark World.

" July no longer gets its toll of dead enten, and I trust that you will make self. for lockjaw. Sacriffres have paid.

some new who have worked over the only in its infancy, and we cannot but i the flesh before we use it. possible this reduction.

weeping by the side of little graves. ever so much more. is with diphtheria, so it has been the lines that they have saved!

To use a platitude, "Pamiliarity

Witchforks and Not Sugar Plums Repress Wicked Tendencies of

the Beast.

by kindness, but by fear, and that in Jersey City recently Queen, an el- the pitchfork and not sugar plums reelephant ever in captivity, was put apple filled with cyanide of potassium. an inn yard. she ste this, and death was almost insussiancess. This was probably not aritien 50 years ago, her owners for right up to the cannon's mouth and Au Revoir." 29 years "had been calling her a duck squinted down it. Then she turned abre she was a demon."

it was Reade who first gave away gunner took the opportunity and the showman's secret concerning the fired. The smoke cleared, and there elephant. In the character of Mile. Iny Djek. The round shot went clean Biek be showed that her gratitude through her body and struck the oprould not be won; that she was a posite wall with great force."

tetanus bacilit is modest and refers symptoms of the real disease it is you to the meningitis department, and thought that he had never been inhe in turn sends you where the glan- oculated in the first place or that the ders germs are being cultivated, until effects of the immunizing doses have you have seen for yourself the danger- defeated it, but should the symptoms ous calling of every one of them. Each become marked then the dosage is

"Dangerous?" queried the tuberculo his work.

has its risk so great that it seems re- kept up until they reach that of the markable that anyone would dare to first day, which means the use of materials from a freshly removed cord. Commissioner Lederle of the health | The cures from this treatment have

William H. Porks, chief of the re- "I am well repaid for my risk, then," Do they die? Of course they do, search laboratory, showed the work of said the rables expert.

Fes hear of them, though, because lit. preparing the antitoxin from the first The tetanus room was similar to that used by the diphtheria man, and mothing heroic in dying of glanders or To get the antitoxins and vaccines. the work was much the same, except meningitis, but it is death just the and also for test purposes, we use that a greater amount of the bouillon

The victim is only one more guinea pigs, rabbits, goats, calves and was placed in each bottle so as to martyr to medicine, says the New horses," said the commissioner. "The keep out as much of the oxygen as horse furnishes us with most of the possible, for these germs do not thrive "What a useless sacrifice!" so many antitoxia. On the farm there are 24 in oxygen. This filling of the bottle, impy may. But is it? In every one of horses, of which 18 are used for diph. of course, brings the germs much there germ diseases the death rate in theria alone. When they have given nearer the top of the vessel and makes Now York and other cities every. us the immunized serum they are put the risk of handling them greater. where has been cut down. Diphtheria to work; their strength has not been The vaccine room, they all declared, the work; their strength has not been the awful peril it once impaired by the operation. The calves was the one where there were no dan. for nickel car rides and wondering central mound of powdered sugar), can to the ways of his adopted coun-Tuberculosis is curable if the from which we take the vaccine are gers at all. Nothing more could hap- where my \$15,000 went." palient be caught in time. The Fourth killed and eaten by us. Yes, actually pen than the doctor's vaccinating him-

will do much to show the people who complished by vaccinating a calf with reader kind are moth eaten."

Take diphtheria alone. The death have been crying out against vaccina- the vaccine of some other calf," said rate today is so reduced that practi- tion that there is nothing harmful in the vaccine expert. "We are very carewilly every case, if taken in time, has it, or we could never eat the meat. | ful in our work so that nothing fora favorable outloo's. The death rate "Antitoxin and vaccine treatment, eign can enter the vaccine, shaving has hen reduced 75 per cent. But wonderful as have been the results, is and carefully cleansing the surface of

Subtherin bacilii have died to make wonder what the future holds in store. There is absolutely no danger from As each day passes and new points vaccination, especially when the per-The autitoxin from the norse has are brought to light, we are encour- son so treated preserves a certain warked this wonder and has kept thoy. aged to fight just that much harder in amount of antiseptic caution; by that massis of mothers and fathers from the hope that the next will bring out I mean not allowing dirt to get into the sore, or picking at it or scratching

"Take tetanus antitoxin as an exam- it. The vaccine is only an attenuated with other scourges. Men and women ple. It is not so long ago that we dis- smallpox and it is not capable of dehave worked over cultures until they covered that this was an excellent im- veloping the true disease. Instead, it have found the culture that gives im- munizing agent. Injecting it into the has the wonderful property of immuinvality. Some have died, but think of veins has produced cures, and positive nizing the person from an attack of cures at that." that awful disease for a certain period. re the diphtheria room the bacteri. I have never seen a culture of small-

treeds contempt." So it is with those ologist was preparing for the trans. pox used on a calf, and the vaccine we take work over the hacteria of dis- planting of the living bacteria from are using on the calves today is taken wase; so it is with railway men and the test tubes, where they get their from one previously vaccinated and it workers in powder mills and mines. start, to a larger vessel, in which they in turn from another.

TREACHERY OF ELEPHANT treacherous, truculent, man-killing The death of Queen, while not so brute, and quite knocked out the opin- dramatic as that of Mile. Djek, was, ion encouraged among mothers and after all, an improvement on the children that an elephant is a good, cruder method of the earlier part of kind creature. In Lis story Reade dis- the nineteenth century.

"If There Be Room."

ample of curious errors in inscrip-

closed that the elephant is not moved

tions. A Caen maker of mortuary Mile. Djek, like Queen, killed one wreaths was requested to place on to death by her owner, a circus man, too many persons, and paid the death the ribbon "Rest in Peace. Au Revoir." for having killed her keeper. She penalty therefor.' Reade's story of Two hours later his client desired to had taken him up with her trunk and the elephant was founded on fact, and add to the tribute, and sent a teleafter battering the body against the his relation of her death was adapt- graphic message with the request to wall of her stall had kneeled upon it, ed from an official paper of a Swiss add the words after "peace," entron an onesal paper of a Swiss and the work of the ribtell her, the owner gave her a big red ecution the elephant was brought into bon. The letterer was equal to the occasion, and improved upon it so the

"One morning a cannon was run up mourners had the consolation of know-Queen's first killing, and, fke Mile, to the gate. She began to walk about ing that their good wishes were pro-Queen's first killing, and, fike Mile. to the gate. She began to walk about bjrk, in Charles Reade's short story, and presently the poor fool marched in Peace in Heaven, if there be room,

and at last crossed right before it. The Working on Their Feelings. "He can bring his audience to smiles or tears at will " "I suppose some he cwes, and some of them owe him."

salted nuts, and tiny Indian baskets Mexicans and use them naturally, but the cakes were served on haskets

-Woman's Home Companion.

it. There are exceptions among Amer-Place cards were water colors of icans and Englishmen who readily

were made by Alaskan Indians, and be changed. Our Mexican friends The menu was as follows: Poisson that if Anglo-Saxons do not, as a rule, tatoes Julienne), snowbirds avec they mean no offense thereby. They auroraborealis (roast duck with jelly), are accustomed to taking a good ald

Vivid at Least.

Dr. Hiram C. Cortlandt, the wellin a recent address:

"Thomas A. Edison tells us that he after all, what does this great wizard on doilies in the angles made by the fectation, and they simply cannot do know about souls? His forte is electricity and macainery, and when he talks of souls he reminds me irresistibly of the young lady who visited the Baldwin locomotive works and then

"'You pour,' she said, 'a lot of sand into a lot of boxes, and you throw old should understand, on the other hand. stove lids and things into a furnace, and they you empty the molten stream a la Bering Sea (halibut chowder), go through as many social formalities into a hole in the sand, and everybody Yukon climbers (broiled salmon, po- as the usages of the land prescribe, yells and swears. Then you pour it out and let it cool and pound it, and then you put it in a thing that bores Shungnak river turnips, Tanana many things for granted that their holes in it. Then you screw it tobeets, Skagway hash (salad). Fair Latin cousins give verbal assurance gether, and paint it, and put steam in banks nuggets (ripe strawberries ar- of. Naturally, it is the duty of the it, and it goes splendidly; and they ranged on individual dishes around a outlander to conform as nearly as he take it to a drafting room and make arctic slices (brick ice cream), Circle try, but human nature and settled got-they have to make a boiler. One City delights (small cakes), Klondike habits are pretty hard to make over. man gets inside and one gets outside, they tie it to the other thing, and you ought to see it go!""

That Suit for Libel Against the Postum Cereal Co., Ltd., Gave a Splendid Chance to Bring Out Facts

A disagreement about advertising arose with a "weekly" Journal.

Following it, an attack on us appeared in their editorial columns; sneering at the claims we made particularly regarding Appendicitis.

We replied through the regular papers and the "weekly" thought we hit back rather too hard and thereupon sued for libel.

The advertisement the "weekly" attacked us about claimed that in many cases of appendicitis an operation could be avoided by discontinuing indigestible food, washing out the bowels and taking a predigested food Grape-Nuts.

Observe we said MANY cases not all. Wouldn't that knowledge be a comfort to those who fear a surgeon's knife as they fear death?

The "weekly" writer said that was a lie. We replied that he was ignorant of the facts.

He was put on the stand and compelled to admit he was not a Dr. and had no medical knowledge of appendicitis and never investigated to find out if the testimonal letters to our Co. were genuine.

A famous surgeon testified that when an operation was required Grape-Nuts would not obviate it. True.

We never claimed that when an operation was required Grape-Nuts would prevent it. The surgeon testified bacteria [germs] help-

ed to bring on an attack and bacteria was grown by undigested food frequently.

We claimed and proved by other famous experts that undigested food was largely responsible for appendicitis.

We showed by expert testimony that many cases are healed without a knife, but by stopping the use of food which did not digest, and when food was required again it was helpful to use a predigested food which did not overtax the weakened organs of digestion.

When a pain in the right side appears it is

hospital and at the risk of death be cut. Plain common sense shows the better way is to stop food that evidently has not been digested.

Then, when food is required, use an easily digested food. Grape-Nuts or any other if you know it to be predigested (partly digested before taking).

We brought to Court analytical chemists from New York, Chicago and Mishawaka, Ind., who swore to the analysis of Grape-Nuts and that part of the starchy part of the wheat and barley had been transformed into sugar, the kind of sugar produced in the human body by digesting starch (the large part of food). Some of the State chemists brought on by the "weekly" said Grape-Nuts could not be called a "predigested" food because not all of

it was digested outside the body. The other chemists said any food which had been partly or half digested outside the body was commonly known as "predigested." Splitting hairs about the meaning of a word.

It is sufficient that if only one-half of the food is "predigested," it is easier on weakened stomach and bowels than food in which no part is predigested.

To show the facts we introduce Dr. Thos. Darlington, former chief of the N. Y. Board of Health, Dr. Ralph W. Webster, chief of the Chicago Laboratories, and Dr. B. Sachs, N. Y. If we were a little severe in our denunciation of a writer, self-confessed ignorant about appendicitis and its cause, it is possible the public will excuse us, in view of the fact that our head, Mr. C. W. Post, has made a lifetime study of food, food digestion and effects, and the conclusions are indorsed by many of the best medical authorities of the day.

Is it possible that we are at fault for suggesting, as a Father and Mother might, to one of the family who announced a pain in the side: "Stop using' the food, greasy meats, not always necessary to be rushed off to a gravies, mince pie, cheese, too much starchy

food, etc., etc., which has not been digested. then when again ready for food use Grape-Nuts because it is easy of digestion?"

Or should the child be at once carted off to a hospital and cut?

We have known of many cases wherein the approaching signs of appendicitis have diaappeared by the suggestion being followed.

No one better appreciates the value of a skilful physician when a person is in the awful throes of acute appendicitis, but "an ounce of prevention is worth a pound of cure."

Just plain old common sense is helpful even nowadays.

This trial demonstrated Grape-Nuts food is pure beyond question. It is partly predigested.

Appendicitis generally has rise from undigested food.

It is not always necessary to operate. It is best to stop all food.

When ready to begin feeding use a predi-

gested food.

It is palatable and strong in Nourishment. It will pay fine returns in health to guit the heavy breakfasts and lunches and use less food but select food certainly known to contain the elements nature requires to sustain the body. May we be permitted to suggest a breakfast of fruit, Grape-Nuts and cream, two soft boiled eggs, and some hot toast and cocoa, milk or Postum?

The question of whether Grape-Nuts does or does not contain the elements which nature requires for the nourishment of the brain, also of its purity, will be treated in later newspaper articles.

Good food is important and its effect on the body is also important.

"There's a Reason" Postum Cereal Co., Ltd., Battle Creek, Mich.