

You should eat meat very sparingly.

BABY'S SCALP CRUSTED

"Our little daughter, when three months old, began to break out on the winter, and by April they will be large set in the sun every day. The female head and we had the best doctors to treat her, but they did not do her any good. They said she had ecnems. Her scalp was a solid scale all ever. The burning and itching was so severe that she could not rest, day or night. We tad about given up all hopes when we read of the Cuticura Remedies. We at once got a cake of Cutionra Scap. a box of Cuticura Ointment and one bottle of Cuticura Resolvent, and followed directions carefully. After the first dose of the Cuticura Resolvent. me used the Cuticura Sosp freely and applied the Cuticura Ointment. Then she began to improve rapidly and in two weeks the scale came off her bend and new bair began to grow. In a very short time she was well. She is now sixteen years of age and a picture of bealth. We used the Cuticura Remedies about five weeks, regularly, and then we could not tell she had been affected by the disease. We used no other treatment after we found out what the Cuticura Remedies would do for her J. Fish and Ella M. Mish, Mt. Vernon, Ky., Oct. 12, 1909."

It Revolted Him.

William Loeb, Jr., at a dinner in New York, referred with a smile to the barsher penalties, even to imprisenment, that are now to be inflicted upon smurglers.

They take it hard, very hard, these smugglers," said Mr. Loob. "Revolted at the size of their fines, they make me think of George White, the chick-

"'What!' George shouted reproachfully on hearing his sentence. 'What' Ten dollars for stealin' that chicken? Why, judge, I could 'a' bought a smarter ben for 50 cepts?""

No Union.

Mrs. O. H. P. Belmont, at a luncheon at the Colony club in New York, urged on women the necessity for union.

"It we are to get the vote," she said, "we must stand together. Too many women face this question as they fare all others-like the elderly belies at the charity ball.

"What a flatterer Wooter Von Twiller is" said the first belle.

"Why, did he tell you you looked nice" said the second.

There is more Chronic to this section of the enemity than an other diseases put boughter, and gutt the had few years was successed to be invariable. For a grad many open decision prosequent if a local decision and preserved local remodes, and by excessionin fating is one with local translant, presequent if it such as the present Catarra to be a constitutional contains, and therefore requires constitutional treatment. How a Characta Carlo manufactured by F. 2. Cherry & Co. Toucho, Ohn. Is the only Constitutional structured the market, it is taken internally is done from it does not a reconveying. It area directly on the bood wid manner series of the system. They after the internal contains for any case it has to care. Send has contained and teachments. orem F. J. CHINEY & CO., Toledo, Obia. to be the larger of the for econopetion.

Different.

"That man wouldn't touch a cent that didn't belong to him." "I know," replied Mr. Dustin Stax. That how about giving him a chance at \$30,000 T

As gold as tried by the furnace, and he baser metal is shown; so the holex-hearted friend is known by adversity.-Metastasio.

Mrs. Winstow's Southing Symp. Charles of a party of the court of the

A quarrel merely proves that one of the parties to it basn't any more sense than the other.

Smokers find Lewis' Single Rinder Se egar better quality than most like eigars.

The charm of the unattainable is

For That Heartburn

and smothering sensaion after eating you really ught to take Hostetter's Stomach Bitters. It acts juickly, tones the stomach and aids digestion, thus renoving the cause of the rouble. Always keep a bottle handy for just such ases. It is also for Indigestion, Dyspepsia, Contipation, Liver Trouoles, Colds, Grippe and Malaria. Try it today.

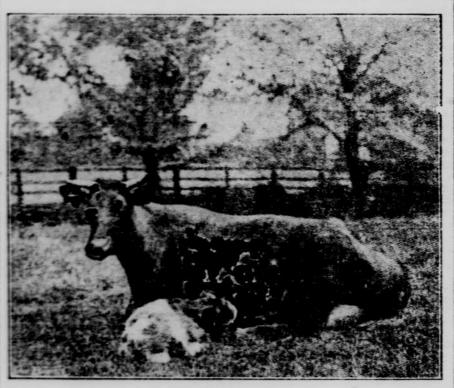




PROFITABLE TO RAISE

They Do Not Cost as Much as Those Born in the Spring Owing to the Absence of Heat and Flies-How They Are Managed.

Calves dropped in the late fall and | from the mother. Afterward give sweet the early part of winter can be raised skimmilk, to which may be added a litat less cost than caives dropped in the boiled oilcake and second quality spring. Spring calves do not receive wheat flour. Feed lukewarm twice a much benefit from grass the first sea- day, about two quarts at each meal. son, because for some six weeks after Give the calf the two fingers of the birth the ruminating stomach is unde- right hand to suck up the milk at first. veloped; then, again, the summer heat The calf will soon learn to drink the and the plague of flies are a serious milk without the hand. Feed at regular drawback to healthy growth. In the hours. After the milk has been drunk fall and during the wil ter months, out- put a little hay in the calf's mouth. A door work not being so pressing, more little bright, sweet clover hay should Mr. Jone-I avoid it altogether. I time for feeding and caring for the be tied in the pen every day. This will ent nothing but lunctroom ham sand calves may be given. The calves being teach the calf to eat. Have a clean fed mostly on milk and swill, mill feed feed bucket. Disease and no end of and catmeal food, and kept in a warm, germs lurk in the seams of a dirty well-lighted box stall and under the bucket. A wooden bucket should not management of a careful hand, will be used unless scoured out daily. The make a strong growth throughout the buckets should be washed, scalded and



Content

enough to turn out to pasture and do calves from the best cows should be well on the dry rations of the following raised. It is well to raise a choice male winter. The fall calf, properly fed and animal, to take the place of the head cared for, can be served when 16 to 18 bull when he becomes too old or vimonths of age, coming fresh the latter clous. Dairymen having the pasture part of the second winter.

of the calf after birth. This milk should up the milk business. The calf pen few days give fresh, newly drawn milk and well aired.

and the forage should raise their cows, The calf should be left with the cow instead of buying them. Better milkers for several days after birth, as the milk may be had and at much less cost. The the cow, which is of a turbid, yel- labor cost of raising a calf should not lowish color, unfit for human food, but be counted, as the farmer should athaving medicinal qualities, wisely detend to this part of the business. He signed by nature to free the bowels has abundant time not only to raise and intestines of the new-born animal the calves, but also to feed and help from the mucous, excrementations milk. Unless the owner gives careful matter always existing in the stomach attention to details he had better give never be given to older calves, as it should be kept clean, given dry bedwould produce scours. For the first ding and fully exposed to the sunshine

CARING FOR

"No," was the reply. 'He told me By Observing a Few Precautions Farmer May Avoid Loss of Time, Expense and Injury to Animals.

(By H. E. KINGMAN.)

with shoulders that pain him every shoulder will then gradually become time he takes a step. The horse may toughened. It is a good idea to sponge be looked upon as a machine that is the shoulders with co d water-just expected to do so much work, and if plain cold water. Alum water has been some of the mechanism is out of order then the amount of work is lessened. lutions of tannic acid. Alcohol tends But, also, the animal must be looked upon as a creature with feeling and ambition, taking pride in its work, that is a willing, obedient and therefore vasuable servant, and should be properly cared for.

The first thing of importance to consider in the draught horse is the collar Most of the injured shoulders are the result of poorly fitting collars, and the fault usually lies in a collar being too large. It is a good idea to have a barness maker fit the collars to your horses. He may be able to remove is the masterwork of the feeder. padding and in other ways make the count over so that it will fit nicely, care of all that he can eat. Heavy collar pads are to be avoided if shoulders to sweat; this keeps the pad luse and shoulder wet, and the skin be-

comes soft and blisters easily. Dirty collars are probably as respon- the hog trough. sible for sores boulders as ill fitting ones, in the spring especially, when cess and three feeds a day is better the horse's hair is long. He is soft from than two. lack of work, and sweats profusely. This forms a gummy dirt that adheres to the collar and makes, when dry, a hard, rough surface. The ordinary method, however, is not an especially soon as the collar is taken of will, enough to slightly grease them.

TRUCK FARMING

Difficult to Conceive of More Pro-

fitable Type of Agriculture

Than Judicious Blend-

ing of Two.

(By W. M. KELLY.) The truck farmer who is farming

without manure maintains the supply

of nitrogen in his soil by the use of

legumes and buys a fertilizer rich

this way he secures a better balanced

fertilizer than the dairyman who uses

manure rich in nitrogen and deficient

in the mineral elements on clover sod

Now as nitrogen is the most expen-

sive element of fertility we can read-

ily see how much more profitable it

that is already rich in nitrogen.

phosphoric acid and potash. In

in one or two minutes, remove the dirt. This may be followed by an oiled FARM HORSES rag; if this is done the collar in the morning should be soft and smooth.

Careless driving, jerking a borse out of the furrow and into it again, a lowing him to work with his head around on one side, all tend to produce sore

Of course, the first precaution to take is not to ask a colt to do a full day's work until he learns something A horse cannot do satisfactory work about his job and ceases to fret. The used to good advantage; also weak soto toughen the skin

> The injuries to the top of the neck very frequently terminate in fistulas, withers, etc. A blister near the point of the shoulder is likely to become a callous and form what is known as a cold abscess." Ill-fitting collars and poor drivers are equally responsible for a condition known as "sweeny."

Feeding Swine.

The 300-pound pig at eight months It is not a fact that a pig can take

The pig can eat more than he can possible. They are not and cause the digest and digest more than he can

> Indigestible feeds such as bran and cob meal should be kept away from

> Regular feeding is essential to suc-

Oil for Shoats.

Have a gunny sack soaked with farm hand feels that his duty is done crude oil hanging over the hole made t he scrapes the dirt from the coliar for the little pigs in the farrowing with the back of his jackknife. This pen to run through, just high enough to rub their backs as they run good one for the leather of the collar, through. This will be sufficient to and a smooth surface is not left. A keep them disinfected from lice, etc. camp sponge used in the evening as Not too much oil on the sack-just

grain foods required to feed the dairy cows.

WITH DAIRY In this way he would be making better use of the surplus of nitrogen In this way he would be making and the purchase of a small amount of mineral fertilizers would enable him to greatly increase the yield of every crop grown in the rotation that is followed in growing food for his cattle.

I believe that we should try and incorporate some of the methods of soil handling practised by the trucker and market crop grower into the management of our dairy business if we succeed in deriving from it the largest and most certain profits.

It is difficult to conceive of a more profitable type of farming than a judicious blending of dairy farming and market crop growing, but in order to successfully combine these two types of agriculture we must abandon old and unprofitable methods of dairying and get right down to a study of the principles of soil fertillengthen his rotation one year and ity.

It is safe not to expect anything if enough to pay for the purchased you don't want to be disappointed.

CALVES DURING WINTER The TIPE

wet, rtake the best of men-

"I can teach sugar to slip down your throat a million of ways."

The following are a few choice

candy recipes that may be made at

home: if the directions are carefully

followed the results will be most sat-

Buttercups .- Boil two cups of mo-

lasses, a cup of sugar, a half cup of

boiling water, two tablespoonfuls of

butter, a third of a teaspoonful of

cream of tartar, all together until a

firm ball may be made when tried in

wide enough to inclose a roll of fon-

dant an inch in diameter. Place the

edges together and press firmly over

The recipe for fondant is prepared

a half cup of water and a tablespoon-

graining, or a half teaspoonful of

cream of tartar may be used instead

of the glucose. Boil until a soft ball

is formed when rolled in the fingers.

Flavor with vanilla, when stirring,

after it is cold enough to bear the

finger. This is the foundation for

Peanut Candy.-This is a delicious

candy when carefully made. Shell a

quart of peanuts and roll with a roll-

ing pin until well crushed. To a

pound of light brown sugar add six

ounces of butter, boil stirring con-

stantly ten minutes. Add the nuts

and pour onto a buttered pan. Mark

Butter Scotch .- Boil together a cup

of sugar, one-fourth of a cup of mo-

lasses, a tablespoonful of vinegar, two

tablespoonfuls of boiling water and a

half cup of butter. Boil until it be-

comes brittle when tried in cold

water. Turn into a buttered pan

When cool mark it in squares with a

pointed knife. A flavoring of vanilla

may be added if liked, just as it is

Peanut Brittle.-This is one of the

simplest of candies to make, but care

must be taken that it does not burn.

Put a pound of granulated sugar in a

smooth sauce pan and put over the

fire: stir until the sugar is melted

and a golden brown; add a pound of

shelled peanuts and pour into a but-

individual; illness of the physician.

Buttermilk as Food.

a medicine. As all the properties of

skim milk are still in the milk, the

casein and mineral matter, which are

the valuable part of the milk are still

ers, hardening of the arteries and stif-

stimulation to the liver, skin and kid-

changed into good rich red blood.

Buttermilk is prized as a food and

家。 吴 编

BELIEVE: That health is

the duty and business of the

in squares when cool enough.

taken from the fire.

tered pan.

all the French candies and bonbons.

be too brittle to handle.

Some little skift o' clouds'll shet

The sun off now and then.

isfactory:



Season of loss and gain! Since grief and joy must alike be ours, Why do we still complain?

Garnishings for Soups. Usually soup garnishes are limited in number to three or four. A garnish that is both tasty and good to look at is worth consideration. Noodles are a common garnish and are generally liked. To prepare them, beat an egg elightly, add a teaspoonful of salt and flour enough to make a stiff dough; knead, toss on a floured board and roll as thinly as possible. Cover with a towel and set aside for half an hour; then cut in fancy shapes, using a French knife or a vegetable cutter. Dry for an hour, then cook 20 minutes

White Bait Garnish.-Roll the trimmings of puff paste, and cut in narrow strips three-fourths of an inch long and an eighth of an inch wide. Fry in deep fat until brown, then drain on brown paper. Serve passed with the

in boiling salted water; drain and add

to soup. Noodles are served as a veg-

etable

Egg Custard.

Beat two eggs slightly, add two cupfuls of milk and a few grains of salt. Pour into a small buttered cup and place in a pan of hot water to cook until firm; remove from the cup, cut in fancy shapes with French vegetable cutters

Fritter Beans.

Beat an egg until light, add two tablespoonfuls of milk, three-fourths of a teaspoonful of salt and half a cupful of flour. Put through a colander into deep fat until brown. Drain on brown paper.

Egg Balis.

Rub the yolks of two hard-boiled eggs through a sieve, add an eighth of a teaspoonful of salt, a few grains of cayenne and half a teaspoonful of melted butter; moisten with uncooked yolk of egg to make of the consistency to handle. Shape in small balls, roll in flour and saute in butter. Reval Custard.

Beat the yolks of three eggs and one whole egg slightly, add half a cup of soup stock (consomme is the best).

season with nutmeg, salt and cayenne. Put into a buttered mold, place in a pan of water and bake until firm; cool, remove from the mold and cut in



Of honey in the saliest tear: And though he fares with slowest feet. Joy runs to meet him drawing near.

Invalid Cookery. Physicians agree that the proper preparation of food for the sick is often of more importance than medi-

Arange the tray as daintily as possible cover the tray with a spotless cloth that just fits the tray. Select the choicest china, making frequent changes to avoid monotony. It is surprising what small things make or mar the happiness of an invalid

Arrange the tray as nearly as pos sible as one does the table service. If two or three courses may be served there. The lactic acid in the butterto a patient, have one removed before milk attacks and dissolves the earthy the other is brought. deposits in the veins and arteries, so

Avoid crowding the tray. Serve that there is no clogging. It is the small quantities of food. It is better calcareous deposits in the veins and to send for more than to spoil the joints which cause decay of the powappetite by serving too lavishly.

All foods which are intended to be fening of the joints. Buttermilk, if served hot, should be placed in heated freely drunk, postpones the infirmities dishes and kept covered until the pa- of age ten and twenty years. It is a tient is reached. Equal care should be observed with neys. It tones the stomach and is

cold dishes. Never consult a patient in regard to When feeling a touch of rheumatism his menu. He will inform you if there drink buttermilk freely. Buttermilk is anything he especially desires. The should be freshly churned to be whole-

meal that is a surprise is more apt to some. create an appetite. If liquid diet must be used, make bread with buttermilk which was it as full of variety as possible. Often wholesome and of fine flavor. For a milk is objectionable and it forms the

chief food. Vary it by adding rennet recipe: or making the milk into koumiss or adding a sparkling water like Apol- fuls of flour, half a teaspoonful of salt, linaris

Barley and rice water are used to half a teaspoonful of soda. Sift well reduce a laxative condition. Toast water is used in extreme cases of nausea.

Clam water may often be retained erate oven. when the stomach refuses to retain other food.

Oatmeal water may be drunk on the fuls of flour, one beaten egg, three tahottest days when ice water would blespoonfuls of sugar, a little grated be dangerous. Fruit waters are refreshing, cooling ten the flour with a little buttermilk,

and stimulating and they are also val- heat the remainder but do not boil: uable in acids and salts. Beef tea, if made from the fresh milk and after cooking the flour until beef, is more of a stimulant than a thick, add to the mixture. Season and nutrient. Beef essence is another food pour over the bread crumbs. both stimulating and nutritive.

Koumiss is prepared by warming a cornmeal into a bowl add a cup of quart of milk to blood heat, add one flour, half a cup of sugar, two tableand a half tablespoonfuls of sugar, a spoonfuls of melted butter, a beaten third of a yeast cake dissolved in a egg. Add a teaspoonful of soda to tablespoonful of lukewarm water. Fill two cups of buttermilk and half a teabottles within two inches of the top, spoonful of salt. Beat well and bake tie down the corks and invert. Let in buttered muffin pans. stand over night at a temperature of 80 degrees. Chill, and in another day it is ready to serve.

that he will ever remove the cause of

Civility of the Young.

his discontent.

Philosophical Reasoning. in a schoolhouse yard with the query: It may be unpalatable advice to tell "Hey, you on the bicycle, got a knife?" a man who is suffering under a strong and by a messenger boy on the street sense of injustice to be cool, re with; "Say, what time is it?" His strained, and disciplined; but it is query is respectfully referred to school only by the practise of these qualities | teachers and parents in general.

is no doubt that everything comes A friend asks what department of high these days. He states that even education has in charge the teaching his mother-in-law is growing dearer of civility to the young He says that to him with every passing hour .in one day he was accosted by a crowd | Judge

NOTHING SORDID ABOUT HIM COLDS Poet Was Looking for Appreciation

of the Ages That Stretched Into the Future.

The editor looked at the poetry and then he turned back to the poet. For a moment his customary assurance failed him. The poet was so

thin and seedy and hollow eyed. "See here, my friend," he said in as gentle a voice as he could assume on short notice, "I don't want to discourage you, but while your stuff here is fairly good-and perhaps a little better-it is a standing rule of this paper never to buy poetry." The poet drew himself up with a

sudden snort. "Why, suffering Dante," he cried, 'you didn't suppose from my appearance that I was out for the filthy simoleons, did you? Why, bless your journalistic soul, all I'm working for

is a plain niche in the Hall of

The Significant Wink. "I think," said the weary stranger, "that I'll go somewhere and take forty

Fame!

winks. The hack driver looked puzzled.

"What's the trouble?"

"I was wondering whether you wanted me to drive you to a hotel or

cold water. Flavor with vanilla and Ten Beautiful Christmas Cards Free pour on a buttered platter and pull To suickly introduce the biggest and best farm journal in the West, we make this special 20 day bargain offer. Send 10 ents for trial 3 months' subscription and we will give you free our collection of 10 very finest Gold Embossed Christmas post yards. Nebraska Farm Journal, 313 Ramge Building, Omaha, Neb. when cool enough. Shape on a lightly-floured board in a long strip fondant on the candy and bring the

The Simple Life. the fondant. With both hands pull Mrs. Knicker-You will have to get the candy in a long strip. Cut in small ap to light the fire. pieces with shears or a sharp knife. Knicker-Unnecessary, my dear; I If the candy is boiled too long it will never smoke before breakfast.

At sixteen a girl thinks about roses by boiling together two cups of sugar, and poetry; at twenty-six her thoughts un to cabbages and money. ful of glucose to keep the sugar from

Lewis' Single Binder straight 5c cigar. Farms Wanted forsale or to buy, Send particulars and lowes.

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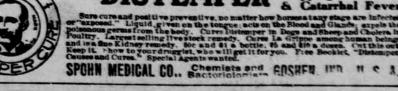
Nellie Maxwell.

add the sugar and egg to the butter-

Ever Dearer to Him. We know a man who says that there

Corn Muffins.-Put two cupfuls of

Harness soft as a glove tough as a wire black as a coal









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