LETTERA MAN

SENT ME

of courtesy to the man whom she had sworn be-

fore God to love and honor, she may not be wholly

In the course of my wanderings to and fro I

have often spent some time at a house where

there never has been a meal finished without

some fault-finding by the master thereof. This

is not due to ill-cooked food, for the wife pre-

pares good dishes and sees that the cook does

likewise. If the chicken is broiled, "Why didn't

you fry this?" If it is fried, "Why wasn't it

broiled?" Or perhaps the complaint will be that

chicken was cooked at all when he wanted fish. The vegetables were always over or under done;

something that he wanted and had not spoken

about had not been prepared. Maybe it would be:

"I've been trying ever since I was married to

is never suited, never praising, but always find-

I have never seen an instance of a very happy

marriage when the woman was the bread win-

ner, if the husband were a strong, well man. If

the husband and children who should be in it,

she has business enough within the walls of her

house. Whatever she does outside is just so much

taken from the strength and thought that belong

rightly to the home and its inmates. From the

beginning it has been woman's part to care for

what the man provided, and this instinct is

rooted back many centuries, and is a part of the

human race to-day. So surely as it is violated

for anything but the greatest need the woman

and the man suffer for the violation. She grows

to despise the man who does not provide for

The woman who works with all her might to

help a man make money, makes a great mis-

take if she is seeking happiness, for the money

is bought at the cost of the character develop-

ment in tenderness and unselfishness that the

man needs and gets when he looks after his

wife as he wants to when he marries. It should

from him this right to an unselfish manhood. The

woman who makes a true home does more for

the man than she does by going into the labor

It is true that the happiness of married life

depends a good deal upon the woman-more, I

think, than upon the man-because her strength

lies in just and proper using of the powers of

heart and spirit. Of course, men sometimes are

trying and dense, but I have seen most unprom-

ising material made into husbands who were de-

lightful and the envy of women who had not

known or cared how to use what was theirs to

One cannot be happy with an unbearably jeal-

ous man who suspects his wife at every turn,

but the man with minor faults, such as asking

"What did you do with the 50 cents I gave you

last week?" may be cured by the right handling.

It may be hard to be happy if you have black

her-and he loses his self-respect.

mart, and she cannot do both.

ing fault.

teach Polly to make

bread, but it seems im-

possible for her to get

it into her head," and

the bread is as light

and sweet as bread

ought to be. Heaven

help the woman whose

husband thinks he can

cook, and help her

doubly if at the same

time he has the grum-

If you sat at the

table three times daily

to such remarks, you

dear little bride of the future, what would life

be worth to you? Yet

this man has been

much loved of women

and has made three

wives happy-or miser-

able?-well, conscious

of a few of their de

fects, let us say. But

to some women it

would be bitter bread

bling habit!

mon occurrence, a success or a failure?

AND THE PERSON HARRY ARE YOU GOING OUT IN

is not proof that it is a success, nor is the excellence of an institution proved by the few cases but by the many. The few but prove the possibility of success where there is more often but slight measure of it.

No one who has considered the matter thoughtfully can doubt that marriage at its best is the perfect life, ideal in its relations and in its develcoment of the best type of man and woman, but, unfortunately, that a thing may be is not the same as that it is.

To an outsider, one of the strongest arguments against matrimony is the number of those who try to get out of it. Being tied is in itself a condition trying to an erratic temperament, for you are never so eager to get away as when you know you can't.

I have watched devoted lovers grow into indifferent partners, and also have seen most beautiful marriages grow from rather commonplace wooings, so the advance stage seems not much of an indication what the future will give

One of my girl friends said to me of her fiance: "I am not one of the silly girls who cannot see faults in those they care for. I can see them all the plainer because I love, and though I have hunted very hard for them, I can't see a fault in Joe, and so I know he hasn't got any." She and Joe got married and went their loving way. Some years later I met her, and in the course of conversation she surprised me by saying: "No, of course, I don't tell Joe everything, the way I used to. Men are so stupid they never understand. so it is foolish to tell them and get into a fuss.'

"Do they grow stupid after marriage?"

"Well, they may not, but they seem to. Why, Joe nearly went wild over the most innocent letter that a man sent me, and he happened to find. I've told the maid again and again never to bring my letters to the table, but to put them in my bureau drawer, but she is so careless. One often has letters she doesn't wish her husband to see, bills and things of that sort."

Now, it is hard for me to imagine marriage a success in which one party to the contract has such a feeling as that. Marriage, it seems to me, is one of two things, either a business contract, or a union founded upon sentiment, and if deceit enters into it one party or the other is not living up to the agreement, however smoothly things may seem to go. If it is a business concern, each partner has a right to the confidence of the other, and so long as sentiment enters into it there will be the same interchange of interests between married couples as between the engaged. The rule holds as good whether applied to man or to woman.

Another of my friends loves her husband devotedly, she says. She has no secrets from himnor from anybody else-not even those she ought to have, for perfect faith does not necessitate telling a man every foolish little thing, nor passing on to him something some girl friend has told her. When of an evening her husband puts on his coat to go out this wife begins: "Why, Harry, are you going out this evening? Where are you

THIS EVENING?

WHAT DID YOU DO WITH THAT FIFTY CENTS I GAVE YOU LAST WEEK?" going? What are you going for? Who else is that had that flavor; one would be as comfortgoing? What makes you go? You can think of able walking on tacks as living with a man who me waiting here alone until you get back. I shall

sit up until you get home.' Think of a self-respecting, able-bodied and minded man being subjected to that every time he goes out of the house. Could you bear it, oh, sister woman, if he put you through like questioning? Why should a man or a woman be required to give an account of all the moments as they fly? Speaking of human beings from my own standpoint, I should say there is nothing dearer than freedom of the individual, and nothing much harder to bear than any infringement upon it. I consider being questioned almost the unpardonable offense on the part of a friend, yet, left to myself, probably I should tell him or her all I knew; but quizzing me always results in my telling nothing, and there must be others like that.

Something of this kind I said to Ella, and that to ask a man so much seemed to me like an indignity. She replied: "How funny you are! Why should be object to telling me if he isn't going where he is ashamed to have it known? Am I not his wife and entitled to know all he does?"

"He probably might tell you without your asking if you gave him a chance, but anybody with an atom of sense would object to being forced to tell every time he turned around and why." "If he loves me he ought to be willing to tell

me so little a thing as that." What are you going to do with a woman like that to live with every day-love her? Yes, but you will come to the conclusion that dumbness

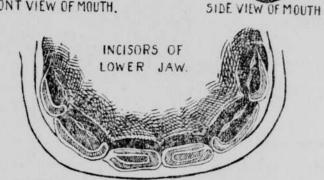
is not without some compensations. Once I was visiting a friend who had been the most romantic and sentimental of girls. When she was first married she wept bitterly because her husband said another woman was the hand-

somest one he had ever seen. "No other woman ought to be so handsome to a man as his wife, however she looks," sobbed she, as if a man lost his eyesight when he married. Woulan't you suppose a woman would lose confidence in her husband's judgment if he thought she was the most beautiful of women

when her mirror told her she was not? While I was at this friend's home her husband told at dinner of something funny that had happened that day in the office, addressing his remarks directly to her. She made no pretense of listening, and evidently did not hear a word.

'You don't seem to see anything funny in that?" "Oh, I never listened to it at all. I thought likely it was as stupid as the stories you usually tell"-ruderess in her manner as in her words. She often sighs because marriage is so different

FRONT VIEW OF MOUTH.



AS TO THE TEETH OF A HORSE

By Them You Can Tell Its Age.

Teeth of a Y ear-Old Horse.

free from fault. Should you, present lovers, call age is judged. At one year old the al star." the marriage in which such as this was a com-

In the domestic animals the teeth | horse has the full number of incisors,

change in shape, appearance and char- six above and six below, though the acter as age advances and these corner ones have not yet reached their changes being fairly regular furnish a full length. The lower nippers (cen- ter." means of determining age. The horse, ter teeth) are considerably worn upon speak before me and her children with this lack temporary or milk teeth, because they found to be so much worn. There will are soon shed, and give place to others be noticed near the outer edge a yelthat are stronger and more solid. It is low line, surrounded by the whiter from the front or incisor teeth that dentine. This is known as the "dent-

WHY CREAM IS OF POOR FLAVOR

By Prof. Otto F. Hunziker, Purdue University.



Some Forms of Milk Pails Used in Certified Dairies.

There are many causes that lead to | the action of the bacteria in it was the production of poor flavored cream, not checked, and that cream is such as the feed given to the animals, usually fermented to some extent inattention to cleanliness in the opera- and also sour; in case of the water tion of milking, the care and handling of the milk and cream, and, after it is drawn, the method of creaming ita woman makes a home and cares properly for self. The buttermaker that has absolute control over the cream from the time it leaves the separator has also control over the separating itself, can give it the attention which is necessary if the best quality of butter is to be produced. Many, if not most, of our hand separator or gathered cream plants produce butter that does not grade as high as that produced by the

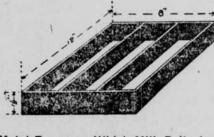
whole milk plants, and while that is true the fault is not with the separator itself. There is no reason why the hand separator cannot produce as good cream, as good butter, as the cream that is separated at the creamof; but the trouble is the separator is not taken proper care of in many cases, and the cream is, not cooled down to the proper temperature.

be some very strong cause that leads her to take

Ideal Dairy Stable.

eyes and hair, when your husband takes pleasure proper care, where it is cleaned after in calling your attention to beauties with blue every separation (which should be eyes and golden hair, and tells you how he aldone), and where the cream is cooled ways admired that style of beauty, but think down immediately after separation to what a compliment he paid you in preferring you as low a temperature as possible, say in spite of his fancy for another type of come-60 degrees or lower, and where the cream is held at that temperature until it leaves the farm, is shipped to the creamery in clean, sweet cans at least three times in the summer and twice ing winter, she should not be permitin the winter, there is no reason why good butter cannot be made from hand separated cream.

When you come to the gravity sys of the hen is for egg production. Find tem the proposition is a different one. out which hens are the best layers. Take the deep setting system, for instance, the cream is 36 hours old to start with, usually is not in the best condition, often it is sour and heed to this old proverb. sometimes tainted: the same in the case of the shallow pans, and to a was done at a temperature at which poultry work,



Metal Frame on Which Milk Pails Are Set in Stable to Keep Them Out of

dilution system it is worse yet. The temperature is usually high, the water used for diluting the milk usually pollutes the cream as well as dilutes ery if the cream is properly taken care it, and the germs will get in the butter and help to deteriorate it very rapidly.

Sell Unprofitable Poultry.-There is Where the hand separator receives a limit to the profit-earning of a chicken, and it must be sold when the limit is reached, or before. Unless a bird is growing into money or laying eggs or hatching chickens, it is a dead expense. Therefore, sell your hens after they have quit laying; sell your young cockerels while they are in the frying stage at about two pounds in weight; and sell all the breeding stock that you do not want for next season as soon as possible.

> Haying Tools .- If the harvest and having tools were not put in repair last fall it will be a pretty good plan to look them over and order new parts

> Bees on the Farm .- Bees help to make the crop and pay the farmer for the privilege. They are little trouble and may be the source of a good in-

Burning Straw .- The burning of straw and stalks, except in special cases, is a wasteful practice and has no place in judicious farming.

Don't Overfeed .- If the two-year-old hen is to be kept for laying this comted to become fat.

Pick Best Layers .- The chief value

Take Heed .- "Whatsoever a man soweth, that shall he also reap." Take

Go Slow .- Do not try to keep too greater extent because the creaming many varieties of fowls just for farm



"Are you interested in things psychical, Mr. Dubbs? "No, Miss Culchaw: I haven't wheeled any since the chainless-geared

A Subtle Difference.

safety came in "

Mrs. Blank, wife of a prominent minister near Boston, had in her employ a recently engaged colored cook as black as the proverbial ace of spades. One day Mrs. Blank said to her:

"Matilda, I wish that you would have oat meal quite often for breakfast. My husband is very fond of it. He is Scotch, and you know that the Scotch eat a great deal of oatmeal."

"Oh, he's Scotch, is he?" said Matilda. "Well, now. do you know, I was thinkin' all along dat he wasn't des like us."-Woman's Home Companion.

"Mrs. Pinkham, of the Lydia E. Pinkham Medicine Company of Lynn, Mass., together with her son, Arthur W. Pinkham, and the younger members of her family, sailed for Naples on May 20th for a three months' tour throughout Europe and a much needed vacation."

The Very Way.

"I don't understand an expression in the book I have been reading, pa; how do you get 'over the bay? "By taking a schooner, my daugh-

YOU'RE TOO THIN.

Even Slight Catarrhal Derangements of the Stomach Produce Acid Fermentation of the Food.

It's Stomach Catarrh

Some people are thin and always remain thin, from temperamental reasons. Probably in such cases nothing can be done to change this personal peculiarity.

But there are a large number of people who get thin, or remain thin, who naturally would be plump and fleshy but for some digestive derangement. Thin people lack in adipose tissue. Adipose tissue is chiefly composed of

Fat is derived from the cily constitnents of food.

The fat-making foods are called by the physiologist, hydrocarbons. This class of foods are not digested in the stomach at all. They are digested in the duodenum, the division of the alimentary canal just below the stomach.

The digestion of fat is mainly, if not wholly, the work of the pancreatic juice. This juice is of alkaline reaction, and is rendered inert by the addition of acid. A hyperacidity of the digestive fluids of the stomach passing down into the duodenum, destroys the pancreatic fluid for digestive purposes. Therefore, the fats are not digested or emulsified, and the system is deprived of its due proportion of oily constituents. Hence, the patient grows

The beginning of the trouble is a catarrhal condition of the stomach which causes hyperacidity of the gastric juices. This hyperacidity is caused by fermentation of food in the stomach. When the food is taken into the stomach, if the process of digestion does not begin immediately, acid fermentation will take place. This creates a hyperacidity of the stomach juices which in their turn prevent the pancreatic digestion of the oils, and the emaciation results.

A dose of Peruna before each meal hastens the stomach digestion. By hurrying digestion, Peruna prevents fermentation of the contents of the stomach, and the pancreatic juice is thus preserved in its normal state. It then only remains for the patient to eat a sufficient amount of fat-forming foods, and the thinness disappears and plumpness takes its place.



is made of the best selected meat, scientifically prepared and evenly baked by damp heat in Libby's Great White Kitchen. The natural flavor is all retained. When removed from the tin it's ready to serve!

It can be quickly prepared in a variety of styles and nothing makes a better summer meal.

In the home, at the camp, and for the picnic Libby's Veal Loaf is a satisfying dish, full of food value that brings

Libby, McNeill & Libby, Chicago.

contentment!

WIFE AS A COMPANION

comfortable, is a far better wife than chops and muddy coffee. Talent, like

woman who cannot read or write, but sician and a mistress of French and makes a wife a more charming comwho makes her home and husband Italian is poor consolation for burnt panion to her husband. a girl who can speak six languages charity, should begin at home, and and does not know how to cook a no woman can be called clever who dinner and keep a house clean, says does not use her wits first toward and habit forms itself by repeated aca writer. Unless a bride's brains are achieving home comfort and skilled tion. Habits are like paths, beaten turned to domestic account they are of housekeeping. At the same time I hard by the multitude of light foot very little practical use to a husband. know many a bride who is ignorant steps which go to and fro. The daily stances.—Western Catholic

of "book learning," shaky in her restraint or indulgence of the nature spelling and a shocking housewife, in the business, in the home, in the too! After all, to be clever and to imagination, which is the inner laboracultivate one's mind-without neglect tory of life, creates the character, A distinguished author says that a The fact that she is a brilliant mu- ing cookery and the domestic arts- which, whether it be here or there,

Character.

Character is consolidated habit.

settles the destiny. Men forget what life is for. Their consciousness takes in only the flimsy, transient, passing They forget that experience show. is the only all important factor. That character is worth more than all else he world can possibly yield-the very object of all materials, of circum-

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