



This woman says Lydia E. Pinkham's Vegetable Compound saved her life. Read her letter.

Mrs. T. C. Willadsen, of Manning, Iowa, writes to Mrs. Pinkham: "I can truly say that Lydia E. Pinkham's Vegetable Compound saved my life, and I cannot express my gratitude to you in words. For years I suffered with the worst forms of female complaints, continually doctoring and spending lots of money for medicine without help. I wrote you for advice, followed it as directed, and took Lydia E. Pinkham's Vegetable Compound and it has restored me to perfect health. Had it not been for you I should have been in my grave to-day. I wish every suffering woman would try it."

FACTS FOR SICK WOMEN.

For thirty years Lydia E. Pinkham's Vegetable Compound, made from roots and herbs, has been the standard remedy for female ills, and has positively cured thousands of women who have been troubled with displacements, inflammation, ulceration, fibroid tumors, irregularities, periodic pains, backache, that bearing-down feeling, flatulency, indigestion, dizziness, or nervous prostration. Why don't you try it?

Mrs. Pinkham invites all sick women to write her for advice. She has guided thousands to health. Address, Lynn, Mass.

The Alternative.

He was growling because his wife wore waists buttoned down the back. "But you know, dear," she said sweetly, "you wouldn't like it at all if I wore one unbuttoned down the back."—Harper's Bazar.

Beware of Ointments for Catarrh that Contain Mercury.

Mercury will destroy the sense of smell and completely derange the whole system when entering it through the mucous surface. Such actions should never be used except on prescription from a reliable physician. As the damage they will do is ten times as great as the benefit they derive from them, Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, Ohio, contains no mercury, and is taken internally, acting directly on the blood and mucous surfaces of the system. In buying Hall's Catarrh Cure be sure you get the genuine. It is taken internally and made in Toledo, Ohio, by F. J. Cheney & Co., Testimonials free. Sold by Druggists. Price, 75c. per bottle. Take Hall's Family Pills for constipation.

One to Three at Whist.

The late Senator Hoar was extremely fond of whist, which he played with remarkable skill. A friend says that the only time he ever knew the usually placid and genial man from Massachusetts to be absolutely impatient was when on one occasion at whist the senator had an unusually stupid partner. Notwithstanding this handicap, the pair were winning right along even against good players. In the middle of one game, some one paused behind the senator's chair and asked, "Well, senator, how are you getting on?" "Very well, indeed," was the reply. "In view of the fact that I have three adversaries."—Sunday Magazine.

THE SOFT ANSWER.



She—I will have the last word! He—You have the last line, my dear, that's a better game.

COFFEE DRINKING

A Doctor Says it Weakens the Heart.

"In my opinion," says a well known German physician, "no one can truthfully say that coffee agrees with him, as it has long since been proven that caffeine, contained in coffee, is an injurious, poisonous substance which weakens and degenerates the heart muscles. "For this reason the regular use of coffee, soon or late, causes a condition of undernourishment, which leads to various kinds of organic disease. "Convinced of this fact, I have often sought for some healthful beverage to use instead of coffee. At last I found the thing desired in Postum. Having had occasion to forbid people using coffee, whose hearts were affected, I have recommended Postum as a beverage, since it is free from all injurious or exciting substances. I know this from results in my own family, and among patients. "Hundreds of persons who now use Postum in place of coffee, are greatly benefited thereby. "There's a Reason." Name given by Postum Co., Battle Creek, Mich. Read, "The Road to Wellville," in pkgs.

THE START

The Funny Things One Sees in Smiling Round the World By MARSHALL P. WILDER

Foreword—There is a compensation in everything—even to the man who was blessed (?) with a disorderly wife. No matter how much everything was at sixes and sevens in the house, and nothing in its rightful place, he could always get up in the middle of the night and put his hand on the fly-paper without ever having to strike a match. Merrily yep, Marshall P. Wilder.

There is a morbid desire latent in the breast of nine-tenths of humanity to have it out with Fate, sooner or later, and to "best" her, if we can. If the old lady has been particularly hard on us, we feel that our grievance is just about the worst ever; and then we want to do something desperate. If we are in the neighborhood of eight years or thereabouts, we fly to the candy shop and sink our all in peppermints and gumdrops. If we are at the romantic period, when love has every thing else at a discount, we get real reckless and say to our best girl, "Come! to the altar! Let us plunge! Ho! there, installment man! rag-time portieres and marble-top cradles for ours!" Then, when we have done the deed, we're not sorry—no, indeed; only, it entails responsibilities, and things; and consequences—the inevitable consequences, as Kipling puts it. So, let me give you a little suggestion: When the reckless fit overtakes you, start on a journey, if not 'round the world then 'round the back yard.

Now, that was what we thought when we started to tour the world; but, try as we would, we couldn't keep our place in the procession. We started for the Grand Canyon of the Colorado in Arizona; that was to have been our first stopping place. But we were like the Irishman who started out on a bet to shoot a certain bird; he missed the bird, but killed a frog. He picked it up, and looked at it in surprise. "Be gobs!" he said. "I knocked the feathers off it, anyway!" The Grand Canyon was our bird; we didn't hit it, but we knocked the feathers off it in the way of divers unexpected adventures, as will be shown later.

The start was propitious, and everything progressed favorably, until Kansas City was reached. We arrived early in the morning and were requested by the conductor to get breakfast at the eating station. Yet that man had seemed to be our friend! There was a youth at the quick-lunch counter who served coffee, and there was a maiden beside him who occasionally changed a plate.

The young man's running fire of remarks to customers, and side compliments to her, sounded something like this: "See here! If you've finished, get a move on and give somebody else a show! Say, Mame! there's one of 'em up-town girls that think so much of themselves. Why, they ain't a marker to you! I tell you, you're worth—Fifteen cents, please, and the cup



"Had They Seen Her Abigail?"

don't go with the coffee for a souve-neer. Say, Mame, was you to Nellie's last night? I bet you looked out of sight. I couldn't get away from this beaver. That's the very best butter, madam! We get it five miles out in the country. What's that? No; I don't reckon it walked all the way here! Ain't she fresh?" A stout woman hovered along the line seated by the counter, like a perturbed hen trying to find a hole in the chicken yard fence. She held a small tin gal and had evidently come from this car of excursionists attached to our train. She inquired anxiously of the Ganymede of the coffee urn: "Say, young feller, what's yer coffee wuth a cup?" But Ganymede was too closely occupied to heed her. Finally she poked a beetle-browed old gentleman in the back with the dime she held, repeating: "Say, mister, what's coffee wuth a cup, here?"

Turning fiercely, the man glared at her and snorted: "Well, they charge ten cents, but it ain't wuth a d—m!"

"Washouts on the road!" was the word when we returned to the train, and we must be switched south at Newton, Kan. We had visions of the Grand Canyon receding into the future and darker ones of spending we knew not how many days on the train. So we looked about us to see what manner of people were to be our traveling companions. They were certainly varied.

Back of us was an old Irish woman—the pathetic sort that are peculiar to County Down. She would confide her story in a plaintive little monotone to everyone.

"To me daughter," she explained, "God knows I want some few days of sunshine before I go intirely. I'm not strong, and I ate nothin' at all, ye'd wonder what I live on. I've had nothin' the past three days but eight bottles of Kumys, four bottles of wine an' a box of crackers. Think of that, now—just nothin' at all." She went to one of the eating houses along the way and, not knowing they would charge her for a full meal, she



George.

sat at one of the tables and ordered a cup of tea and a roll. Her indignation, when charged 75 cents, was sublime. It took the cashier, four waitresses and the proprietor to explain that she should have gone to the counter. But of no avail. The blood of County Down was at white heat. She raved like a mad woman. Finally the cashier offered to take 60 cents—that was allowing 15 cents for the rest of the dinner.

Farther down the car was a would-be fashionable woman, the kind who affects an English accent and uses a lorgnette. She was traveling with her small daughter and maid. The maid was evidently her most treasured possession, for she displayed the greatest anxiety on her account, ceaselessly asking everyone the same question: Had they seen her Abigail? The small daughter was a bright, restless child, whose every action called forth a caution or a reprimand from the mother.

"Nita, darling!" in a mincing, elegant tone, and quite piano, "my precious sweetheart!"—then sforzando—crescendo fortissimo—"You little vixen—stop that, or I'll break your neck!" An Australian couple who were returning home by way of San Francisco, after having come to America by way of England, had the next section. She had tented Leslie Carter hair—deeply, darkly, beautifully red; but, after all, good Jesuit hair—the roots justified the ends. She was not at all pleased with America,—oh, dear, no!—and constantly aired her impressions in a strident voice, and with a strong cockney accent. She thought America a "shocking place"—and very much overrated—one she never cared to see "ogine." And the railroad service—"the hidea of dragging them all over the country and cheating them out of the Grand Canyon—why, it was downright dishonest!"

The porter was an amusing character, and had a droll way of referring to himself in the third person. I asked him if he was married. He said: "No, sah, but I got a gal. Nicest little gal you ever saw—she's pretty dark—but George likes 'em that-a-way, they can't come too black fer George. I ain't got no kind o' time fer dese yer yaller ones, they simply ornery, they got all the big feelin's o' the white folks, an' the bad qualities o' the niggers!"

Just then the lady with the lorgnette came along and, peering through it at George, asked: "Oh, George, have you seen my maid?" "No, ma'am, I ain't," he said, adding, when she passed on: "Seems like she has an awful hard time keepin' up with that maid—she's so feared we won't know she's got one. George has seen big white folks down south so po' they didn't know what their nex' meal was comin' fun, but, sah, 'impressive-ly, 'dey was quality 'is' de same! Dis yer 'oman ain' got no mo' use fo' a maid dan a hawg got fo' side pawk-ets!"

George's quaint remarks, and very often homely wisdom, were a great solace to us through the long days that dragged by as we meandered aimlessly over the southwestern portion of this great and glorious country of ours. Down through Oklahoma and Texas, from Fort Worth across to El Paso, and up through Arizona and Southern California, we took our devious way, dodging washouts, which seemed to multiply with alarming rapidity.

PERUNA EDITORIAL NO. I.

Dr. Hartman is now offering Peruna to the public as a regular pharmaceutical product. It is just as ethical as any compound put up for the medical profession. No straining of medical ethics can find any fault with it. THE PRINCIPAL ACTIVE INGREDIENTS are prominently incorporated in the label on the bottle, that the people may know that the claims made for Peruna have a true justification.

The only departure we shall make from medical ethics in the conduct of Peruna affairs in the future, is the fact that we shall continue to advertise and sell our product TO THE PEOPLE.

If we would agree to sell to doctors only, to advertise for doctors only, then the medical fraternity would be obliged to recognize Peruna as being entirely within their approval.

BUT WE SHALL NOT DO THIS. We shall continue to offer Peruna to the people. We shall continue to convey to the people our claims for Peruna as a household remedy. We shall continue to supply the people with free literature, teaching them how to use our medicine, teaching them how to avoid disease, teaching them many things of benefit to the home. We shall continue to do this, whether the medical profession like it or not.

We are proposing from this time on to take the public into our confidence. Notwithstanding that some imitators and substitutes will be attempting to put up something which they consider just as good as Peruna, we are going to draw aside the veil of secrecy and allow any one who chooses to know exactly OF WHAT PERUNA IS COMPOSED.

This ought to disarm all honest criticism. We expect, however, that criticism will continue. On some pretext or other those who are envious of the success of Peruna will continue to find fault. But we are determined to give such people no just complaint. PERUNA IS A GREAT MEDICINE. It has become a household word in millions of homes. Our faith in the remedy is stronger than ever. Every year we expect to establish new plants in foreign lands until the people of all the world are supplied with this valuable household remedy.

WE CLAIM PERUNA TO BE A CATARRH REMEDY. Buy a bottle and try it. If it helps you, be honest and acknowledge that it has helped you.

If you want us to we will publish your statement exactly as you furnish it to us. We will add no words, take away no words. If you wish us to we will publish your portrait in connection with it. We will not do this without your written request, without your entire consent.

Peruna has cured thousands of people of chronic catarrh, in many phases and locations. At least, that is what the people say to us, through unsolicited testimonials. Peruna will cure many thousand more, in spite of fabricated slanders to the contrary.

WE GUARANTEE EVERY BOTTLE OF PERUNA TO CONTAIN THE INGREDIENTS PRINTED ON THE LABEL. We guarantee that every testimonial we use is absolutely true—in the exact language of the testifier.

We guarantee that every photograph published is the photograph of the person whose name it bears, that every word of every testimonial was authorized by the hand that signed it.

We are determined to beat our opponents by being fairer than they are, by dealing squarer than they dare to. We are determined to meet falsehood with truth, duplicity with candor, insincerity with sincerity.

We know that the users of Peruna will appreciate our stand. We believe that the dealers in Peruna will applaud our course. We expect even our opponents will be obliged to acknowledge finally that Peruna is not only an honest and useful remedy, but one of the GREATEST HOUSEHOLD MEDICINES ON THE CONTINENT.

The best remedy for wrongs done to us is to forget them.—Syrus.

Mrs. Winslow's Soothing Syrup. For children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. 7c a bottle.

He hastens to repentance who hastily judges.—Syrus.

It's the judgment of many smokers that Lewis' Single Binder 5c cigar equals in quality the best 10c cigar.

Spanish Proverb. Many a lout is wealthy and a clever man hard put to.

WHAT CAUSES HEADACHE. From October to May, Colds are the most frequent cause of Headache. LAXATIVE BROMO QUININE removes cause. E.W. Grover on box 25c

Yet the bunk man's little game is only skin deep.

A Beautiful Watch Fob Free to those who ship us \$5 worth of hides or furs or buy guns or traps to that amount. N. W. HIDE & FUR CO., Minneapolis.

The day of fortune is like a harvest day, we must be busy when the corn is ripe.—Goethe.

"Brown's Bronchial Troches" cure Coughs and give grateful relief to sufferers from Bronchitis, Asthma and Catarrh. Free from opiates.

They are never alone that are accompanied with noble thoughts.—Sir Philip Sidney.

Wouldn't you like to try Nature's mild laxative, Garfield Tea? Headache Powders and Digestive Tablets also upon request. Send postcard to Garfield Tea Co., Brooklyn, N. Y.

On every occasion that leads thee to vexation apply this principle—that though this is a misfortune, to bear it nobly is good fortune.—Marcus Aurelius.

Important to Mothers. Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it bears the Signature of *Chas. H. Fletcher*.

In Use For Over 30 Years. The Kind You Have Always Bought.

Irrefutable Tramp Evidence. Tramp—I understand that a pocket-book, containing \$20,000 has been found on the street and you got it here. I lost it."

Police Justice—What proof have you got that you lost it? Tramp—This big hole in my pocket.

There is Only One "Bromo Quinine" That is Laxative Bromo Quinine USED THE WORLD OVER TO CURE A COLD IN ONE DAY. Always remember the full name. Look for this signature on every box. 25c. E. W. Grover

Effective Fog Shifter. A very effective fog shifter, by the way, is a good snowstorm. Last boxing day the snow that fell on the roof of the Lancet office was analyzed, and the result compared with a similar analysis of snow that fell in Kent. The result showed that the London snow, which was chiefly made up of sulphur, tar and organic ammonia, fetched down with it a large percentage of the coal smoke that is a chief constituent of London fog, while the Kent snow when melted was like distilled water. —London Daily News.

Insanity Cured by the Knife. Dr. N. S. Owensby of Baltimore has created something of a stir in medical circles by asserting that dementia precox, or precocious insanity, had been cured in recent cases by the use of the knife to relieve the thyroid gland of an excess of certain chemicals in the blood or the secretions. Out of five cases so treated, all but one are said to have recovered, where as the disease has generally been regarded as incurable. Dr. Spitzka of the Jefferson medical college, however, says that the theory on which Owensby operated has not been proved.

Appreciation. "They say Butterworth is going to erect a monument over the grave of his wife's first husband." "An ordinary man would regard that as a waste of money, wouldn't he?"

"Perhaps, but you see he left enough life insurance to make it possible for Butterworth to get along without working for the rest of his life, and I suppose he feels that he ought in some way to publicly show his appreciation."

TEXAS FARMS. For Sale or Exchange for Eastern Nebraska or Western Iowa Farms. 3566 acres Brazos Valley land in Baylor county, Northern Texas, subdivided into 160 acre tracts. Strong rich soil. Suitable for winter wheat, oats, corn, cotton and alfalfa. All kinds of vegetables and fruit. Sufficient timber for fencing and fire wood. Abundant rainfall. Healthful climate. Near good county seat town of 3,990 people. For further information call on or write, F. A. Field, Room 686 New Brandeis Bldg., Omaha, Neb.

More Criticism. President G. Stanley Hall is quoted as saying that songs of the "polly-wolly-doodle" order sung by college glee clubs composed of stalwart barbarians in evening dress often suggest downright infantilism. Poor college youths, they do have a hard time trying to fit their vocations and their avocations to the taste of everyone.

Of Interest to Cyclist. Cyclists will be interested to hear that a doctor has been investigating the proper nutriment for a long-distance ride, and has concluded that no meat or other nitrogenous food should be taken while doing the day's work, but that the ideal refreshment is fruit and milk.

The gold mine owners in South Africa have in three years spent over \$1,000,000 recruiting laborers from Central Africa. They only got 17,000 negroes, and few of them could stand the winter. Then 67,000 Chinese were brought, starting the labor troubles.

The devil's disciples always have strong backing.

Omaha Directory. Write for our new spring and summer style books for men and women. Ready February 15, 1908.

Nebraska Clothing Co. 15th and Farnam Sts. Omaha, Nebraska.

HORSES and MULES. Auction every Thursday and Friday for the entire year. E. W. ANSPACH. Union Stock Yards, So. Omaha. Carload Consignments Solicited.

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THE OMAHA WATCH REPAIRING, ENGRAVING & OPTICAL INSTITUTE. New Brandeis Block. First-class Watch Repairing and Engraving. Charges reasonable. Eyes tested free for Glasses. Students taken in all branches.

THE PAXTON HOTEL. European Plan. Rooms from \$1 up single, 75c up double. CAFE PRICES REASONABLE.

GRAIN COMMISSION Farmers' Ship your grain direct for sale in the central market and save 20c to 30c per carload. Write today for "shippers guide," getting full directions. Address, THE FARMERS' GRAIN COMPANY, 77-14 Brandeis Bldg., Omaha, Neb.

ELECTRICAL SUPPLIES and Apparatus. RAILWAY, STEAM and GENERAL SUPPLIES. JOSEPH R. LEHMER, 1218 Farnam, Omaha

OMAHA TENT & AWNING CO. Tents, Awnings, etc. Largest west of Chicago. Write for prices and estimates before buying. Cor. 11th and Harney Sts.

DON'T FOOL WITH YOUR EYES. By having them examined by traveling opticians. Come to us for Free Examination. H. J. PENFOLD & CO., Leading Scientific Opticians, 1408 Farnam, Omaha.

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