NIGHT SWEATS, NO APPETITE. **USED PE-RU-NA.**



MRS. LIZZIE LOHR, 1155 W. 13th IVI St., Chicago, Ill., writes: "I take pleasure in writing you these few lines, thinking there may be other women suffering the same as I did. "I had my complaints for over a year, night sweats all winter and no appetite. I was run-down so far that I had to sit down to do my cooking, I was so

"I tried many different medicines and doctors also. Nothing seemed to do me any good. The doctors wanted to operate on me

"At last I wrote to Dr. Hartman. I told him just exactly how I was, and he told me what ailed me and how I should take Peruna.

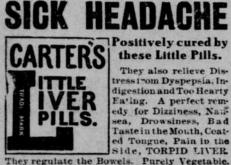
"I did as he told me for four months, and now I am all cured.

'No one can tell how thankful I am to him, as I had given up all hopes of

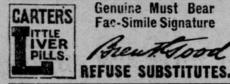
ever getting well again. "I am a widow and the mother of six small children who depend on my sup port. 1 work all day and seldom get tired.

"I took five bottles of Peruna in all. "Any woman wishing to know more about my case may write to me and I will gladly tell all about it.

"I thank Dr. Hartman for what he has done for me.



SMALL PILL, SMALL DOSE, SMALL PRICE.



MEAN FLINGS AT EDITORS.

Tributes by Lafcadio Hearn to Class of Workers He Disliked.

Everyone has seen pet birds kept | bird to exercise its wings with satcaptive in a garden, park or menag- isfaction and comfort. The illustraerie, and many of us while watching tions show the method of wing clipan interesting bird have ventured the ping 1 would suggest. The first deremark: "Why doesn't it fly away? picts a wing extended fully. The white I suppose its wings must be cut?" line (3-4) across it indicates approxithough it is quite obvious that this is mately the usual clipping line of the the case even when the wings are feathers, which entails disfigurement closed. Sometimes a bird will stand when the wing is closed. I have frebolt upright, open its wings and com- quently observed, chiefly in pigeons, mence to flap them a dozen times or that dealers and fanciers do not cut so, then, lowering itself to its normal, away the first two feathers (1 and 2), walking position, it will close them but, even so, in my opinion, the good and shuffle them into comfort among looks of the birds are ruined and their the feathers of its breast and back, comfort interfered with. The small concluding the whole performance by dotted lines in the first picture repre-

CLIPPING BIRDS' WINGS

will be seen that there is practically

quently my friends have asked me

why I do not cut the wings of my pet

viz., that the operation takes about

I dare say some will think the effect

produced is not worth the extra time

required to clip the wings, but in my

willing to try any reasonable experi-

ment which may add however little to

the health, happiness and good appear-

ance of his pets. One thing more

birds which flap their wings rapidly,

such as finches and small birds gen-

erally, are not incapacitated by this

of a crow or a pigeon. A sparrow can

barely lift itself from the ground.

starting with the jump with which all

birds "take off" before they bring.

their wings into play. And, by the

way, this jump of a bird is far more

helpful than is generally supposed. I

have seen a magpie repeatedly reach

a shelf nearly three feet from the

ground, though it had no feathers

whatever in its wings. A sparrow

with its wings cut as I suggest can

keep a horizontal course for a good

distance if it starts from a height; a

magpie describes an arc in its descent

while a crow comes down almost ver-

tically. And in every case where I

have made this experiment, I have

found that even a short flight has so

exhausted the bird that it was power-

less to raise itself from the ground for

some time after, so that any attempt

to escape beyond a very short distance

is quite frustrated. This last fact-

that the new method of clipping the

wings is more effective in the case of

the larger birds, such as herons,

storks, swans, geese, etc., speaks still further in favor of its adoption, since

it is only such birds that require to be treated in this way; small birds are

invariably kept in cages, and therefore

never need be clipped at all. I may

add that the most expeditious mode of

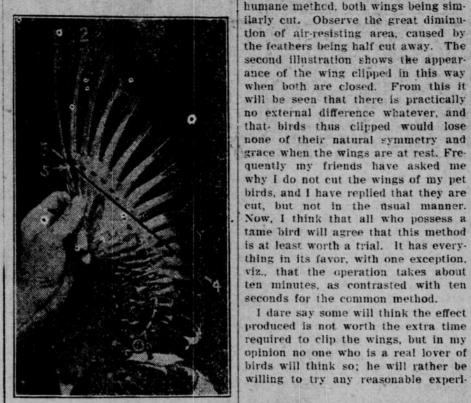
seconds for the common method.

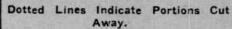
It Is Effective in Preventing Flight, But Does Not Disfigure

Bird-By Alfred Priest.

A NEW METHOD OF

a short but energetic wagging of the sent the part of each feather which tail. When the wings are thus ex has been cut away after the more





panded one notices at once the cutting of the flight feathers to prevent the bird's escape, and will probably have noticed also that during the flapping process just referred to the bird turned round and round on its legs as on a pivot. This turning round, of course, is due to no desire on the part of the gird to do so; it really is trying to exert its flying muscles for some reason, probably a cramped feeling resulting from disuse. It is owing to the manner in which its wings have been clipped. Almost invariably one wing only is clipped, and in a hasty and clumsy manner, too, which causes an unequal-sided resistance to the air on each beat of the wings, resulting in the poor bird being spun round, willynilly, like a top. A fair notion of the inconvenience which a bird thus clipped suffers can be easily tested by anyone in the following way: Stand upright, feet together, extend both arms to the full, then put the left hand on the left shoulder, and in this position try to flap like a bird, moving the arms in a horizontal plane. In must add: I have often observed that this way one will quite appreciate how awkward the poor bird must feel. Then, still standing in the same position, repeat the movement with both new method to the same extent as are arms extended to the full, and the the slower-flapping birds of the size comparative satisfaction and comfort of the two styles will at once be seen. After having tried this experiaided very largely though it be by ment I think it will be self-evident that the main object of the bird-to exercise its wing muscles- is almost entirely defeated. Only one wing resists the air, and its efforts are expended-or thrown away-in turning the bird round, instead of counterbalancing the thrust of the other wing. Thus the wings cannot properly exer-

SEARS, ROEBUCK & CO. INDICTED. Charged with Using Mails to De-

fraud and in Misrepresenting Articles Sold.

Des Moines, la .- (Special)-Sears, Roebuck & Co. of Chicago have been charged with using the mails to defraud. The indictment is on three counts. It is alleged that the company misrepresented articles in its catalogues sent through the mails. The first count charges that on June 13, 1907, the company devised a scheme to obtain money by false pretenses from Dr. C. F. Spring of Des Moines by selling him white lead that Sears-Roebuck claim to have made. The indictment alleges it was made by others. A second count is on a ring bought by R. H. Miles, and the third count is the sending of another ring, alleged to have been misrepresented, through the mails,

A Frank Advertiser.

The new commercial morality has spread to Ceylon. From one of the newspapers of that balmy island we take the following: "CH. A. HORSE-Rising seven, fine

mouth and paces, about 15 hands; fine Lady's Hack; shows a lot of breeding; Reason for selling, bad with motors; won't go in harness; jibs when leaving stables; catches rider by seat of breeches when mounting; but a darling pet. Apply, &c."-London Daily Mail.

A Fascinating Game.

A precocious little girl living on one of the crowded business thoroughfares of the city was in the habit of gazing out of the window at the busy street below for hours at a time. "What is it, Gladys, that you find

so constantly interesting in the street?" asked her mother one day. "Oh." came the wise rejoinder, "just watching the cars go pro and con."-Harper's Weekly.

How's This?

We offer One Hundred Dollars Reward for any case of Catarri that cannot be cured by Hail's Catarrh Cure. opinion no one who is a real lover of birds will think so; he will rather be

case of Catarri (Inst cannot be cured by Hairs Catarrh Cure. F. J. CHENEY & CO., Toiedo, O. We, the undersigned, have known F. J. Cheney for the hast is years, and believe him perfectly hon-orable in all business transactions and financially able to carry out any obligations made by his firm. Waltering, KINNAN & MARVIN, Wholesale Druggists, Toledo, O. Hair's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system. Testimorials sent free. Price 75 cents per bottle. Sold by al Druggists. Take Hall's Fam ly Pills for constipation.

The Saturday half holiday originated n England in the eleventh century.

QUES MAN

CHICAGO

TORK, KANS

PRODUCTIVE POWER OF WESTERN CAEADA SOIL

Winnipeg Correspondence.

There has never been any who have doubted the productiveness of the soil of Western Canada, but there are sometimes found those who question the fact of its superiority. During the past season it has been shown that in grain raising qualities' it possessed the very best. The late spring prevented grain being sown in many cases before the middle of May. Yet, a large percentage of that sown at that time produced excellent yields. Had it not been for the frost early in August. which visited most of the north half of the continent, there would have been a magnificent yield in every district in Western Canada. Throughout the Southern Alberta district where about 100,000 acres was sown to winter wheat the yield will be enormously large. There are vast tracts of valuable grain growing land in Western Canada that are available for homesteads, the Canadian Government giving 160 acres free, and entry may be made by proxy, by any near relative, thus saving considerable cost to the American who may have entry made in this way. Any Canadian Government Agent will give you the particulars. Your correspondent has just received the following letter from Craik.

Saskatchewan, which bears out the statement made in the first part of this letter.

"Craik, Sask., Aug. 1907. "May 24th we planted a Dahlia root, which we brought with us from Minneapolis. Aug. 12th, 80 days later, it was in bloom. The plant is now 41/2 feet high and covered with blossoms. We never got half as many flowers on it in Minneapolis, even during September and October, although we had more time to attend to it there."

I mention this only as an example of the great productive power of the soil here in Saskatchewan, Canada.

World's Gold Production.

Africa leads in the matter of gold production and the United States is second.

Lewis' Single Binder – the famous straight 5e eigar, always best quality. Your dealer or Lewis' Factory, Peoria, Ill. Some real estate dealers waste a lot

of valuable time in trying to make mountains out of mole hills.



For Infants and Children.

The Kind You Have

900 DROPS



The National Pure Food Law has stopped the sale of all impure food products. No more need for worry on that score! It's now a question of efficiency and good value for your money

"Lafcadio Hearn, that wonderfu. writer, worked on newspapers in his youth," said a publisher, "and the ruthless way his studies were changed. cut and butchered was a great woe to his heart.

"In after years Hearn took a malicious joy in collecting stories about editors-editors and their superior and omniscient way with manuscript. "One of his stories was of an editor

to whom a subscriber said: "I enjoyed that poem on the three

ages of man in to-day's paper, Mr. Sheers; I enjoyed it immensely. Do you know, though, I thought it was originally written the seven ages of man?

"'So it was, sir; so it was,' said Editor Sheers, pompously. 'Yes, the extract was originally written the seven ages of man, but I had to cut it down for the lack of space.'

"Another story concerned a weather report. A reporter, discussing the weather, wrote that winter still lingered in the lap of spring.

"The editor, as he read over the article, called the reporter to his desk and told him that he would cut out that sentence about winter lingering in spring's lap. He said the idea was good enough, and all that sort of thing, but it would not do to publish because the high moral tone of the paper had to be maintained in a town full of school girls."

Training Lion for Exhibition. It takes four years to train a lion for exhibition work, but only one animal in four is available for training. A few accomplishments increases the animal's value five fold.

BEGAN YOUNG.

Had "Coffee Nerves" from Youth.

"When very young I began using coffee and continued up to the past six months," writes a Texas girl.

"I had been exceedingly nervous thin and very sallow. After quitting coffee and drinking Postum Food Coffee about a month my nervousness disappeared and has never returned. This is the more remarkable as I am a Primary teacher and have kept right on with my work.

"My complexion now is clear and rosy, my skin soft and smooth. As a good complexion was something I had greatly desired, I feel amply repaid even tho this were the only benefit derived from drinking Postum.

Before beginning its use I had suffered greatly from indigestion and headache: these troubles are now unknown

"Best of all, I changed from coffee" to Postum without the slightest inconvenience, did not even have a headache. Have known coffee drinkers who were visiting me, to use Postum a week without being aware that they were not drinking coffee.

"I have known several to begin the use of Postum and drop it because they did not boil it properly. After explaining how it should be prepared they have tried it again and pro-nounced it delicious."

Name given by Postum Co., Battle Creek, Mich. Read the booklet, "The Road to Wellville," in pkgs. "There's



Wings Closed; Clipping Not Discern-

tended, resting lightly upon the back

pearance to the bird.

detrimental to the bird's health, as it make sure that it is not chilled. 'Many certainly is to its comfort. In one sheep sheds on American farms are or two instances I have observed the

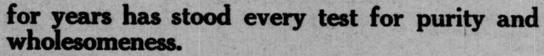
not adapted to the coming of lambs flight feathers cut so closely to the out of season. If the sheds are close fleshy part of the wing that the bird and warm and the ewe owns her must have suffered great pain during lamb, the little one will usually get and after the operation-such pain. on well after the first few days. A probably, as we experience when we shepherd says that if the ewe refused cut our finger nails to the quick. Now, to lap her lamb dry, the shepherd besides the inconvenience-cruelty, 1 should take a whisk of hay and do the consider it-thus caused, there is an-work the mother should have done. other thing very much against this An old piece of dry flannel is best general clumsy method of clipping for this purpose. He should be put the wings, viz., the unsightliness of to the teat as soon as possible, and if the bird, both when its wings are exhe does not take hold readily the tended and closed. When closed, the milk should be started for him. uncut wing appears as nature in-

extended.

Deformed Breast Bones .- Small and and tail feathers, while the other wing smooth perches are a prolific cause of shows none of its long feathers at all. deformed breast bones, for the fowls This gives an irritating lop-sided apcannot cling to them without undue strain as to posture and to certain important muscles of the body.

I would like now to make a sugges-tion which I believe to be entirely new and which will practically do away with this disfigurement and at Run on Cash Basis .- Every dairy the same time reduce the air-resisting man should run his business on a cash surface of the wing to about the same basis—sell for cash, buy for cash and get cash discounts instead of making lipping. Moreover, it will allow the bills.





Its superior quality shows in the delicious cakes and biscuit that KC is guaranteed to make.

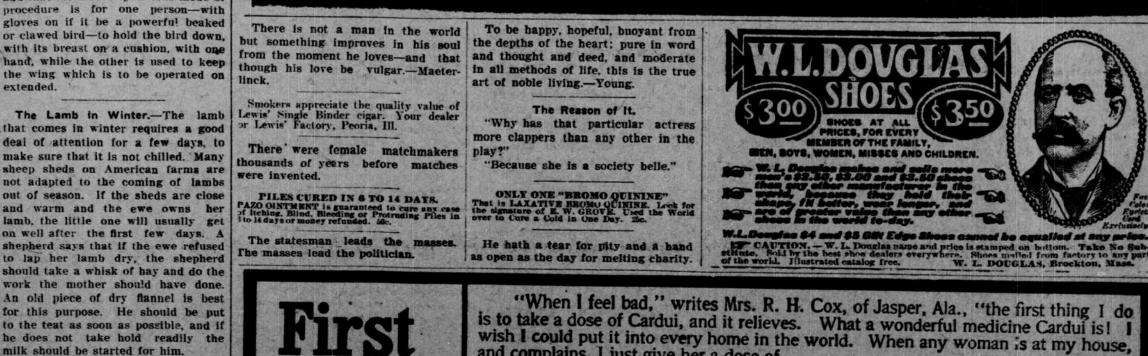
The price is a saving of over half your baking powder money-

25 ounces for 25 cents.

If you have never tried K C, do so now under the following guarantee:

Your Grocer will sell you a can of K C on trial. Use it for your favorite cake. It will be lighter, tastier, more delicate,-or we pay him for the can. It will open your eyes. Try it quick. Don't delay. You are missing much.

JAQUES MANUFACTURING COMPANY, Chicago.



wish I could put it into every home in the world. When any woman is at my house, and complains, I just give her a dose of Thing "I am glad to tell other women what it has done for me. Before I began to take Cardui I was very sick with female troubles. The doctors said I needed an operation, but I took Cardui, which cured me sound and well." Sold everywhere. Try it. WRITE FOR FREE BOOK Write for Free & - page Be

