

MR. C. B. FIZER, Mt. Sterling, Ky. writes:

"I have suffered with kidney and bladder trouble for ten years past.

"Last March I commenced using Peruna and continued for three months. I have not used it since, nor have I felt

"I believe that I am well and I there fore give my highest commendation to the curative qualities of Peruna."

Pe-ru-na For Kidney Trouble. Mrs. Geo. H.' Simser, Grant, Ontario, Can., writes:

"I had not been well for about four years. I had kidney trouble, and, in fact, felt badly nearly all the time.

"This summer I got so very bad I "I took only two bottles of Peruna

and one of Manalin, and now I feel better than I have for some time. "I feel that Peruna and Manalin cured

me and made a different woman of me altogether. I bless the day I picked up the little book and read of your Peruna. It is the business of the kidneys to remove from the blood all poisonous materials. They must be active all the

time, else the system suffers. There are times when they need a little assistance. Peruna is exactly this sort of a remedy. It has saved many people from disaster by rendering the kidneys service at a time when they were not able to bear their own burdens.

Method will teach you to win time. -Goethe.

Krause's Cold Cure. For cold in head, throat, chest or back. Best remedy for La Grippe. Druggists, 25c.

Labor rids us of three great evilstediousness, vice and poverty .-

The inducements to adopt Nature's perfect Laxative, Garfield Tea, are many! It is made wholly of simple Herbs and is guaranteed under the Pure Food and Drugs Law; it overcomes constipation, regulates the liver and kidneys, purifies the blood and brings Good Health.

Cannon May Break Record.

Of the congressmen who have government, more than 12,000 individuals, only 34 have served 20 years or more. The longest service was that of John H. Ketcham, of New York, who served 33 years, and was a member when he died. Mr. Cannon, who comes next, has served 32 years. Since he is elected to the next congress he will, if he lives to the end of his term, take the first place in the list of veterans .- Youth's Companion.

The Bright Side.

"Oh, this poverty!" wept the beautiful wife when her shifty-eyed husband came home. "The gas and electric companies have shut off their service because you have not paid their bills." "Well, we can use candles," consoled the husband.

'And the telephone company has disconnected our instrument because we owe them two months' rental."

"So much the better. If anyone tries to ring us up to spend the evening with us they will think we are not at home."-Judge.

SUCCESSFUL TONIC TREATMENT FOR INDIGESTION.

Dr. Williams' Pink Pills Cured This Woman and Have Cured Many Hundreds of Other Cases of Common Ailments

Loss of appetite, coated tongue, bad taste in the mouth, heavy dull headache and a dull, sluggish feeling-these are the symptoms of stomach trouble. They indicate that the stomach is on a strike; that it is no longer furnishing to the blood the full quota of nourishment that the body demands, hence every organ

There are two methods of treatment. the old one by which the stomach is humored by the use of predigested foods and artificial ferments, and the new one by which the stomach is toned up to do the work which nature intended of it. A recent cure by the tonic treatment is

A recent cure by the tonic treatment is that of Mrs. Mary Stackpole, of 81 Liberty street, Lowell, Mass. She says:

"I suffered constantly for years from stomach trouble and terrible backaches and was confined to my bed the greater part of three years. I was under the care of our family physician most of the time, but did not seem to get better.

"I was completely run-down and was not able to do my work about the house. My blood was impure and my complex-

My blood was impure and my complex-ion pale. I suffered from flashes of heat, followed suddenly by chills. I had awful headaches, which lasted from three to four days. I could get but little rest at night, as my sleep was broken and fitful. As a result I lost several pounds in weight and became very ner-

I started to take the pills at once and began to gain in weight and health. I was encouraged by this to keep on until I was cured. My friends and neighbors often remark what a changed woman I am and I owe it all to Dr. Williams'

Pink Pills."

These wonderful pills are useful in a wide range of diseases such as ansemia, rheumatism, sciatica, neuralgia, nervous headaches, and even locomotor ataxia and partial paralysis.

The great value of Dr. Williams' Pink Pills lies in the fact that they actually make new blood and this carries health and strength to every portion of the body. The stomach is toned up, the nerves are strengthened, every organ is stimulated to do its work.

Dr. Williams' Pink Pills are sold by all druggists, or sent, postpaid, on receipt of price, 50 course per hox, air house for al. 0, by the Dr. Williams Medicine

STATESMAN ERRED IN SETTING LIMIT OF USEFULNESS.

According to His Theory a Man Had

Succeeded or Failed at the Age of 40 But Time Proved Its Falsity. A quarter of a century ago I was

house in New York, which Hay was occupying for a few months while Reid was absent on a holiday in Eubiography in the North American Review. Temporarily also, Hay was edit- shining lance full and fair against ing Reid's paper, the New York Tribune. I remember two incidents of that Sunday visit particularly well.

In trading remarks concerning our ages I confessed to 42 and Hay to 40. Then he asked if I had begun to write it made Ingersoll famous. my autobiography and I said I hadn't. He said that I ought to begin at once and that I had already lost two years. Then he said in substance this:

"At 40 a man reaches the top of the hill of life and starts down on the sunset side. The ordinary man, the the delegates). Garfield's in favor of average man, not to particularize too Sherman in the same convention was closely and say the commonplace man, scarcely inferior to Conkling's in point has at that age succeeded or failed; and power. Neither Grant nor Sherin either case he has lived all his life man received the nomination. that is likely to be worth recording; | Garfield's speech for Sherman helpalso in either case the life lived is ed Garfield to get the nomination himworth setting down, and cannot fail self in the deadlock, although neither to be interesting if he comes as near he nor anybody else at the opening to telling the truth about himself as of the convention had thought of him he can. And he will tell the truth in as a possibility. When Bryan made thought I would try Peruna, so I wrote spite of himself, for his facts and his his "cross of gold" speech, which to you and began at once to take Peruna fictions will work loyally together for stampeded the Chicago convention of the protection of the reader each fact 1896, he was not, ostensibly, talking and each fiction will be a dab of paint, for himself, not did anybody in the each will fall in its right place, and convention think of him in connection together they will paint his portrait; with the candidacy at the time he got not the portrait he thinks they are up there to speak. He entered that painting, but his real portrait, the in- convention as a member of a contestside of him, the soul of him, his char- ing delegation and was unknown to acter. Without intending to lie he the country at the time, though he will lie all the time; not bluntly, con- had the presidential bee in his bonsciously, not dully unconsciously, but net and was working for his own half-consciously - consciousness in nomination all the time that he was in twilight; a soft and gentle and merci- the convention.-Leslie's Weekly. ful twilight which rakes his general form comely, with his virtuous prominences and projections discernible and his ungracious ones in shadow. ring are contained in the scientific His truths will be recognized as truths, his modifications of facts which would tell against him will go for nothing, the reader will see the man.

"There is a subtle, devilish something or other about autobiographical composition that defeats all the writer's attempts to paint his portrait his

Hay meant that he and I were ordinary average commonplace people, and I did not resent my share of the verdict, but I nursed my wound in silence. His idea that we had finished our work in life, passed the summit and were westward bound downhill, with me two years ahead of him and neither of us with anything further to do as benefactors to manking, was all a mistake. I had written four books then, possibly five. I have been drowning the world in literary wisdom ever since, volume after volume: since that day's sun went down he has been ambassador, brilliant crator, competent and admirable secretary of

Timber Fast Disappearing.

An idea of the rapidity with which the timber is disappearing from some sections of Pennsylvania can be obtained from the following figures, which refer to the timber cutting on the Hicks Run tract in Clearfield county: Original size of tract 9,000 acres; timber cut the first two years, 3,000 acres; still standing, 6,000 acres; amount of timber cut, 50,000,000 feet; amount standing, 200,000,000 feet; daily capacity of sawmill, 200,000 feet; daily shipments, 15 carloads; amount of timber in Hicks Run yard, 6,000,000 feet; time of operation, two years; estimated time to cut standing timber, four years; number of men

He Was Out of Sight.

Recently I photographed a large factory group, and a few days later brought the proofs to snow the group and take orders. Quite a crowd gathered around me to see the picture. Suddenly I felt someone pushing his way through the crowd toward me. Up came a funny looking humpback and wanted to look at the proofs. There being about 120 in the group, it was taking some time for this individual to find himself. He looked so disappointed that I asked him where he sat when it was taken. He answered: "I was in the engine-room sweeping."-Judge's Library.

Yellowstone Park. The reservation known as the Yellowstone National park, set apart for public uses by an aet of congress passed in 1872, covers a tract of about 65 miles in length from north to south, and about 55 miles in width from east to west, lying chiefly in northwestern Wyoming and overlapping to a small extent the boundaries of Montana on the north and Idaho on the west. This gives an area of 3,312 square miles, a tract that is nearly the area of the states of Rhode Island and Delaware combined, and nearly half as large as the state of Massachusetts.

If we go into a feminine crowd, not a miscellaneous, outdoor crowd, but an intensely feminine indoor crowd. we see at once that women have become more uniformly beautiful. Only to pay house and property tax as a the appallingly hideous women are really ugly, the others are genuinely

Among the women who "go into business" at the present day the most cessful are those who seriously enter the business of being beautiful.-Exchange.

Not What He Wanted. "I am selling a new burglar alarm," said the gentlemanly agent. "Can I interest you in it? This contrivance

will fix it so that everybody will be awakened the moment a burglar steps inside the house. It can't—"

"I don't want it. If you have any kind of a contrivance that will keep my wife from waking up when burglars break in, come around and I will tell business with real."

FAILED TO WIN VOTES.

Great Speeches Have Not Always Had Effect Desired.

In eloquence and point no other speech in the whig convention in Baltimore in 1852 even remotely approached the one which Rufus Choate made for Webster, but Webster was never a serious factor in the balloting. In every one of the 53 ballot's Fillmore and Scott had several times as many votes as Webster, and Scott visiting John Hay at Whitelaw Reid's carried off the candidacy. Robert G. Ingersoll's "Plumed Knight" speech, in which he said. "Like an armed warrior, like a plumed knight, James rope, says Mark Twain in his auto- G. Blaine marched down the halls of the American congress and threw his the brazen forehead of every defamer of his country and maligner of its honor," in the Cincinnati convention of 1876, gave Blaine a sobriquet which he carried to the end of his life, and

But Haves and not Blaine won the nomination. Conkling's Appomatox speech in the Chicago convention of 1880 in favor of Grant captivated the country at the moment and "swept the convention off its feet" (except

Facts Concerning Herring. Some new facts concerning the hersection of the fishery board for Scotland. According to a paper by Dr. Wemyss Fulton, certain theories as to the growth and age of the fish which fact through the film and know his have been accepted for the last quarter of a century are not well founded. It now appears that the herring is a fish of slow growth, and is barely 214 inches in length when one year old. It does not reach maturity and spawn until five years old, and is then of an average length of 9% inches. Herrings over 12 inches long, like the large Loch Fyne fish, may be ten years old and more, and the large specimens that are occasionally caught, measuring from 14 to 15 inches, are probably over 15 years old, and may be 20. Investigations are in progress to discover the reason for Loch Fyne in recent years. An interesting method which has been adopted to trace the migrations of the fish consists in marking some of them while in the seine net with a printed silk tag and setting them free. Over 500 have been thus marked, but, so far, only five have been caught again, and these were near the place of lib-

Woman Kills Rattlesnake.

Mrs. Charles Atkins, of Minot aveque, this city, has had a grewsome experience with a rattlesnake which she discovered in her coal bin, says an Auburn correspondent in the Boston

She first saw the snake about three months ago when she went to get a on the coal pile and made a vicious lunge at Mrs. Atkins, who escaped Since then she has seen the snake several times and has heard its rat-

She always approached the coal bin with a pitchfork in her hand. On several occasions she has tried to kill the reptile, but it has always got away. She did not tell anyone of the snake, for fear she would not be be-

the bin she discovered the snake. which struck at her. Then a long battle ensued, in which Mrs. Atkins was the victor. She finally struck one tine of the fork through the body of the reptile and then quickly threw it into the furnace fire. She declares that the snake was five feet in length.

Lizards Prey on Fish.

Jerry Thompson, of Howe township, Perry county, an experienced fisherman, says that the scarcity of fish in the Juniata river is not due so much to the baskets and nets as to the ugly black lizards. The river is said to be full of these reptiles and they live entirely on fish spawn and fish. Many of these lizards have been caught in nets and killed, and upon examination have been found to contain fish from one inch to six inches long. Whence they came is a mystery, but the damage they are doing, according to Mr. Thompson and other fisherman is no secret.-Philadelphia Record.

Sold "Suffragette's" Furniture. A crowd of more than 5,000 people witnessed the sale at Market Cross. Edinburgh, of certain furniture, the property of Lady Steel, wife of the late Sir James Steel, former lord provost of the city. Lady Steel refused protest against women not having the vote. The amount of the tax was £18 9s, and the first article put up, a

handsome oak sideboard, realized

nearly double that amount.-London

Graphic. Long Beard to Be Sold. A beard over 14 feet in length is don. The late owner, Amos Broad hurst, who died at Whaley Bridge short time ago, was for several years one of the "freaks" at Barnum & Bailey's and Wombwell's menageries. When not exhibiting his beard he used

THE HOME LAUNDRY

PROPER METHODS FOR DIFFER-ENT MATERIALS.

Various Ways for Setting Colors That Are to Be Washed-Importance of Proper Starching-To Stiffen Organdies. When Washing Prints.-Before a

new print gets its first tubbing set the colors. The way of doing this depends upon the color. Blues and greens are strengthened by vinegar in the rinsing of bluing water, allowing a tablespoonful of vinegar to every quart of water. Alum water is also efficacious, a. owing four ounces alun. to a tub of water. For black, black and white, deep purples or grays, salt is best. Dissolve a pint of salt in two quarts of boiling water, put the garment in while hot and let it lie several hours. Then wring dry and proceed as usual. For madder tints, soak in a sugar of lead solution an ounce to a gallon of water. Strong black pepper tea put in the first suds is best for setting some blacks. Where there is any doubt as to the fastness of a color or what will best set it, it is a good plan to wet small pieces with the various solutions and see which proves best adapted to that particular color. When ready to wash the calicoes use clean warm, not hot, suds, rinse thoroughly in two clear waters, wring dry, starch and hang in the shade, but so arrange that they will dry quickly. Never hang a print skirt double over the line. An excellent expedient is to fasten the band over a wooden barrel hoop or hang it from one of the wooden arms made on purpose for hanging skirts. In case of rain leave the calicoes in the second rinsing water with half a pint of salt to each gallon of water. Never sprinkle calicoes until the day they are to be ironed. Sprinkle lightly, but evenly. Thick prints require more water than finer muslins. Roll, tightly wrapping in a clean towel, so that the outside is not dry, and leave for an hour before ironing.

Laundry Lessons.-At the schools where fine laundry work is taught there is no hit-or-miss method in making starch and applying it to a garment. There is an accurate, scientific rule for every step. In starching shirts, for instance, mix three tablespoonfuls of dry starch smooth in cold water, then stir fast into one quart of boiling water. Boil for ten minutes, with constant stirring. While cooking stir also with a sperm candle kept for that purpose. When this is not available a little lard, butter, kerosene or white wax will do. When the starch is cooled down so that the hand can be borne in it dip collars, cuffs and shirt fronts into it, rubbing the starch thoroughly in, clapping it between the hands so that it may be evenly distributed through all the threads. Fold collars and cuffs in a clean towel, spreading out fit. Fold the shirt the decline in the herring fishery of | lengthwise, bring the two sides of the put between. This keeps the starch from the rest of the shirt. Then roll very tight, springling a little water on the flans.

Starch for Petticoats.-Petticoats re quire a much thinner starch. Dissolve a half cup of starch in a little cold water, enough to rub out all the lumps When smooth pour over it eight cups of boiling water, stirring rapidly. Add a quarter teaspoonful of borax and boil ten minutes. When the pands can be borne in it dip in the various garments in the order in which you require stiffness. Wring out, rub and clap the starch in.

To Stiffen Organdies.-These re quire a different treatment. The best starch for them is clear, thick gum water. Dip them in wrong side out, rub the gum thoroughly through and squeeze dry, but do not wring. Spread out as much as possible in the hang ing, and leave until the surface of the garments feels limply moist. Take down, roll tightly and cover with a clean cloth. Now undo a little at a time and pat and clap between the hands until dry.

This is wholesome and "tasty." Slice two or three large onions and fry yellow in butter or clarified drippings. When soft add three table spoonfuls flour and stir until cooked and frothy. Now add slowly a pint of boiling water, stiring until smooth and slightly thickened. Have ready three potatoes boiled and mashed and add to them a quart of milk that has been brought just to the scalding point. Put the potato and onion mix ture together, season with salt and pepper, let it get very hot, then press through a strainer into a hot tureen. Sprinkle over the top a little parsley minced fine and a handful crisp crou-

Moonshine. This little dainty will always appeal to the children, and may be served for them when the regular dinner dessert is deemed too rich for them. Beat the white of an egg for each person to be served, and when very stiff add a tablespoonful of granulated sugar. Stir in a teaspoonful of red jelly, any flavor, for four eggs. Serve dotted with lumps of jelly, and add a tablespoonful of cream or not, as desired.

Rachauffe Potatoes.

A simple way of using up cold potatoes and one sure to be liked is to every pound of potatoes allow two tablespoonfuls of minced onions and a little milk to moisten the mixture. Mash the potatoes till they are quite smooth and then add the other ingredients. Put into a mould, bake in a moderate oven till nicely browned and then turn out.

Washing Lace Curtains. After washing lace curtains lay a blanket on the floor in some empty room, spread the curtains on the blanket, stretching them carefully, and they will keep their place with out any fastening until dried.

Think Stolen Things Lucky.

The Danes consider that for one fisherman to steal another's landing net is equivalent to stealing his luck. The belief that stolen money is lucky money prevails almost all ever to wrap it up in tissue paper and coil it inside his waistcoat. His mustaches when fully stretched were over two yards long. The sale has been authorDOES YOUR BACK ACHE?

Profit by the Experience of One Who Has Found Relief.

James R. Keeler, retired farmer, of Fenner St., Cazenovia, N. Y., says: "About fifteen years ago I suffered

with my back and kidneys. I doctored and used many remedies without getting relief. Beginning with Doan's Kidney Pills, I found relief from good, sound condi-

many of my friends have used Doan's Kidney Pills with good results and I can earnestly recommend them.' Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

ZEAL THAT WAS MISDIRECTED. Housekeeper Meant to Please Employer, but Alas!

"Such an article," said H. P. Judson, the new head of the University of Chicago, in declining a rather unusul interview, "would be not only futile but even in a mild way harmful. It would be like the work of the careful housekeeper. There was an old general who had brought home from the war a splendid flag-a flag all torn with bullets, faded with fierce suns and stained with the dust and blood of battle. This superb trophy hung over the mantel in his library. Well, one unlucky day he engaged a new housekeeper and the next week missed his flag. He rang at once. 'Where is that flag of mine?' he said. pointing anxiously to the empty space on the wall.

"I have been working on it, sir," the housekeeper answered. 'I've washed it thoroughly and sewed up all the rents and darned all the holes and when I bring it back to you, sir, I'm sure you'll say it looks as good

BABY'S ECZEMA GREW WORSE.

Hospitals and Doctors Could Not Relieve Him-But Cuticura Remedies a Speedy, Permanent Cure.

"Eczema appeared when our baby was three months old. We applied to several doctors and hospitals, each of which gave us something different every time, but nothing brought relief. At last, one of our friends recommended to us Cuticura Soap and Cuticura Ointment. A few days afterwards improvement could be noted. Since then we have used nothing but Cuticura Soan and Cuticura Ointment, and now the baby is six months old and is quite cured. All that we used was one cake of Cuticura Soap and two boxes Cuticura Ointment, costing in all \$1.25. C. F. Kara, 343 East 65th Street, New York, March 30, 1906."

Use for Worthless Stocks.

Wildcat mining stocks are not al together useless - or worthless either." said a downtown broker who handles cheap mining stocks, the other day as he hung up the telephone receiver. "Here's a man who has just offered me \$50 for enough mining stocks to have a face value of \$50,000. He wasn't particular what stocks he got if they only had a paper value of \$50,000. I closed the deal and shall make mone on it, too. What did he want with such stocks? Well, haven't the slightest doubt but that he is getting ready to go into the bankruptcy court and wants to show his creditors where his money has been dropped. We often get such requests and are usually able to fill them."-N. Y. Sun.

And He Was Not German. One of our third grade teachers noticed a little fellow the other day during a penmanship lesson who was evidently absorbed in his work and putting his whole soul into his efforts to make his results look like the teach er's copy upon the blackboard.

Thinking such devotion worthy of special reward she passed up the aisle to give him an encouraging pat upon the head and the regulation smile of approval. As she drew near she no ticed that his lips were moving, and that with the completion of each letter he compared it with his copy and muttered audibly, "damit," "damit;" ther screwed up his courage and his lips for a new attempt. The teacher passed on without distracting his mind from his work.-Journal of Education.

In a certain preparatory school in Washington an instructor one day made the statement that "every year a sheet of water 14 feet thick is raised to the clouds from the sea."

"At what time of the year does that occur, professor?" asked a freshman. "It must be a sight worth going a long way to see."-Harper's.

CHANGE IN FOOD

It is worth knowing that a change

Works Wonders in Health.

in food can cure dyspepsia. "I deem it my duty to let you know how Grape Nuts food has cured me of indigestion "I had been troubled with it for years, until last year my doctor rec ommended Grape-Nuts food to be used every morning. I followed instruc

tions and now I am entirely well. "The whole family like Grape-Nuts we use four packages a week. You are welcome to use this testimonial as

The reason this lady was helped by the use of Grape-Nuts food, is that it is predigested by natural processes and therefore does not tax the stomach as the food she had been using; it also contains the elements required for building up the nervous system. If that part of the human body is in perfect working order, there can be no dyspepsia, for nervous energy represents the steam that drives the en-

When the nervous system is run down, the machinery of the body works badly. Grape-Nuts food can be used by small children as well as adults. It is perfectly cooked and

eady for instant use. Read, "The Road to Wellville," in

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Han's Catarrh Cure.

Catarrh Care.

F. J. CHENEY & CO., Toledo, O.

We, the undersigned, have known F. J. Cheney
for the last 15 years, and believe him perfectly hosorable in all business transactions and financially
able to carry out any bollgations made by his firm.

Walding, Kinnan & envir.

Wholesale Druggists, Toledo, O.

Hall's Catarrh Care is taken internally, acting
directly upon the blood and mucous surfaces of the
system. Testimonisis sent free. Price 75 cents per
bottle. Sold by all Druggists.

Take Hall's Family Pills for conclipation.

Blind Man Expert Whist Player. Bert Trim, a blind resident of Woonsocket, R. I., is an expert whist player, being a valued member of a the first box, and two local club. He uses a special pack of boxes restored me to cards, on which there are faint imprints sufficient to tell him what they tion. My wife and are, but which are far too fine for the ordinary touch. Trim, who has been blind since childhood, is now 30 years old. He plays the piano and cornet in excellent style and is often heard in local entertainments.

> Important to Mothers. Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children.

Bears the Signature of Chart Hilltoher. In Use For Over 30 Years. The Kind You Have Always Bought

The truly excellent character is made up of strictness towards oneself and mildness towards others .--

Ladies Can Wear Shoes One size smaller after using Allen's Foot-

hot, aching feet. At all Druggists, 25c. Accept no substitute. Trial package FREE. Address A. S. Olmsted, Le Roy, N. Y.

Work faithfully, and you will put yourself in possession of a glorious and enlarging happiness.-Ruskin.

Smokers have to call for Lewis' Single Binder cigar to get it. Your dealer or Lewis' Factory, Peoria, Ill.

The ignorant are courageous .- Modern Greek.

Anyone can dye with PUTNAM FADE-LESS DYES; no experience required;

Speaking of shade trees-most famfly trees are more or less shady.

A quiet wedding is but a curtain raiser for a strenuous afterpart.

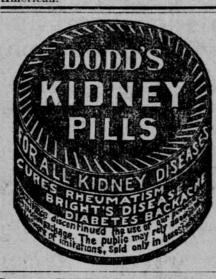
Lewis' Single Binder Cigar has a rich taste. Your dealer or Lewis' Factory, Pecria. Ill.

It requires the same kind of pa tience to teach a pig to waltz that is needed by the fisherman who can angle all day without getting a bite.

Spring always brings into special favor Nature's blood purifier, Garfield Tea. It is made wholly of clean, sweet Herbs. It purifies the blood, cleanses the system, clears the complexion, eradicates disease and promotes Good Health. For young and old.

Not a Bit of It. City Boarder-When you exchanged cattle with Farmer Smith, did you get a quid pro quo?

Farmer Jones-No, Neighbor Smith didn't try no sich mean tricks on me. We swapped fair and even .- Baltimore



## Perfect Womanhood

The greatest menace to woman's permanent happiness in life is the suffering that comes from some de-rangement of the feminine organs. Many thousands of women have realized this too late to save their

To be a successful wife, to retain the love and admiration of her husband, should be a woman's constant

health, barely in time to save their

If a woman finds that her enerries are flagging, that she gets easily tired, dark shadows appear under her eyes, she has backache, headache, bearing-down sensations, nervousness, irregularities or the "blues," she should start at once to build up her system by a tonic with specific powers, such as



Lydia E. Pinkham's Vegetable Compound

the great woman's remedy for woman's ills, made only of roots and herbs. It cures Female Complaints, such as Dragging Sensations, Weak Back, Falling and Displacements, Inflammation and Ulceration, and all Organic Diseases, and is invaluable in the Change of Life. It dissolves and Expels Tumors at an early stage. Subdues Faintness, Nervous Prostration, Exhaustion, and strengthens and tones the Stomach. Cures Headache, General Debility, Indigestion, and invigorates the whole female sysem. It is an excellent remedy for derangements of the

CARTER'S Positively cured by these Little Pills.
They also relieve Distress from Dyspepsia, In-digestion and Too Hearty ating. A perfect remrowsiness, Bad Taste in the Mouth, Coated Tongue, Pain in the Side, TORPID LIVER. They

SMALL PILL. SMALL DOSE. SMALL PRICE

PIT & PITLESS SCALES.

W. N. U., OMAHA, NO. 20, 1907.

Omaha, Nebraska.

"NO. I HARD" WHEAT

**New Wheat Growing Territory** 

KETS BY THE RAILWAY CONSTRUCTION that has been pushed forward so vigorously by For literature and particulars address SUPER-INTENDENT OF IMMIGRATION, Ottawa. Canada, or the following authorized Canadian overnment Agent :

Mention this paper. INVENTIONS NEEDED

W. V. BENNETT, 801 New York Life Building,

E. Washington, D. C. Est. 1861. Booklet free. Best reference If afficted with! Thompson's Eye Water

Here's something new and delicious!

## Quaker Wheat Berries

A new way of preparing wheat for food. Choice wheat, puffed and baked; readyto-serve; crisp and toothsome.

The flavor is in it, not sprayed on it Takes less cream; tastes better with less All the strength of whole wheat Wholesome; the more the better for children

Ask your grocer for it

Large package 10c

The Quaker Oats Company

Furnish your table with cups, saucers and plates from the family size package of Quaker Oats.