

"PE-RU-NA WORKED SIMPLY MARVELOUS."

Suffered Severely With Headaches-Unable to Work.

Miss Lucy V. McGivney, 452 3rd Ave., Brooklyn, N. Y., writes:

"For many months I suffered severely from headaches and pains in the side and back, sometimes being unable to attend to my daily work. "I am better, now, thanks to Peruna, and am as active as ever and have

no more headaches. "The way Peruna worked in my case was simply marvelous."

We have in our files many grateful letters from women who have suffered with the symptoms named above. Lack of space prevents our giving more than oue testimonial here.

It is impossible to even approximate the great amount of suffering which Peruna has relieved, or the number of women who have been restored to health and strength by its faithful use.

remembers CURES SICK-HEADACHE

erally harmful and they do not cure but only deaden the pain by putting the nerves to sleep for a short time through the use of morphine or

Lane's Family Medicine

ache, not merely stops it for an hour or two. It removes the cause of headache and keeps it away. Sold by all dealers at 25c. and 5oc. Commence

W. L. Douglas *3.50 & *3.00 SHOES M W. L. Douglas \$4.00 Cilt Edge Line



\$10,000 REWARD to anyone who can disprove this statement. If I could take you into my three large factories at Brockton, Mass., and show you the infinite care with which every pair of shoes is made, you would realize why W. L. Douglas \$3.50 shoes cost more to make, why they hold their shape, fit better, wear longer, and are of greater intrinsic value tinan any other \$3.50 shoe.

W. L. Douglas Strong Made Shoes for Men. \$2.50, \$2.00. Boys \$chool & Dress Shoes, \$2.50, \$2,\$1.75,\$1.50 CAUTION.—Insist upon having W.L.Douglas shoes. Take no substitute. None genuine without his name and price stamped on bottom. Fast Color Fuelets used; they will not wear brassy. Write for Illustrated Catalog.

W. L. DOUGLAS, Brockton, Mass.

who have to frown and endure the torture due to the diseases peculiar to their sex.
Not only wrinkles, but hollow, lack-lustre eyes, sallow
complexion, gray hair, all of
which tell of premature old age. The prevention of this, ies in your own hands. Cure the disease that causes your suffering, and strengthyour weakened consti-

WOMAN'S RELIEF

which Mrs. Mary Irvin, of Pam-lin City, Va., writes: "I think it the best on earth for all suffering omen. My doctor did me no od. I suffered untold misery om head to foot, but the first dose of Cardui gave me relief, and when I had taken one bottle, I felt like a new woman." The above seems to prove that Cardui will relieve ur pain, strengthen your const tion and renew your youth. Try

all Druggists, \$1.00

PIEBALD CANNIBAL RACE.

Savages Whose Skins Are Brown with Pink Patches Found by Explorer.

Piebald savages are among the interesting people and things of which Mr. A. E. Pratt writes, says the London Mirror. Papua is a land of which, as yet, no

son, who accompanied him in his expeditions in the virgin mountains and forests of the land, know very much. "Fifty years ago schoolboys, looking at their map of Africa, blessed the dark continent for an easy place to learn,"

explorers, not even Mr. Pratt and his

says Mr. Pratt in his opening pages. "A few names fringed the coast: inland nearly all was comprehended under the cheerful word 'unexplored.'

"Such in great measure is the case with New Guinea to-day. Its 300,000 square miles of territory, held by Great Britain Germany and the Netherlands, are destined in the course of the next half century to enrich the worlds of commerce and of science to a degree that may to some extent be forecast by what is already known of very restricted

It is a difficult country to explore, and that for several reasons. The mountains are numerous and steep, much of the soil is broken in a fashion peculiarly irritating to pedestrians, and the natives, without whose assistance practically nothing can be accomplished, are difficult to deal with.

You are entirely in the hands of the natives, without whom you cannot stir a foot. All your impedimenta, your food, stores, scientific implements and "trade" (material for barter, the equivalent of ready money) must go on the backs of your cannibal friends, a people without organization, who are hard to collect and hard to persuade to follow

The different tribes which populate the island differ widely in language and character, but all appear to be more or less warlike. The men are well-knit, strongly-built fellows, capable of immense endurance, and-at odd moments -of much hard work.

Among them are a number of curious people whom Mr. Pratt is inclined to take as a hitherto unknown human family, although as will be seen from the following passage, he is not yet quite certain of this:

"An interesting feature of Hula was the presence there of a piebald people," he says. "For the most part their bodies were brown, but they were marked with pinkish patches unevenly distributed. This marking might be due to a disease, contracted from a too constant fish diet; but if it were a disease I could not discover that it gave any discomfort.

"Against this theory must be set this fact, that I observed one man in whom the light markings predominated. In fact, he was quite fresh colored, like an European, and had light hair.'

COMMERCIAL TRAVELERS.

In Austria They Must Pay Taxes and Are Classed as Regular Tradesmen.

Commercial travelers in Austria have to pay taxes and are therefore considered regular tradesmen, even if they have no open business places or especially if they have business houses cannot be equalled at any price. of their own, refuse to represent firms brands of flour, cloth and soap; we continue by reheating the poultices, can get contributions and warehouse expenses. They will not run any risks tor firms which are unknown in Austria, and, as there are many firms who will pay liberal salaries if they can get their services, American firms find it difficult to obtain them.

Many Austrian manufacturing firms have branch houses at the capitals, especially at Vienna, but some English manufacturings firms, especially in the agricultural line, have warehouses and even factories throughout Austria, and when a traveler, for instance, leaves the railway station at Prague, the capital of Bohemia, he will soon notice the signboards of well-known English manufacturing firms who do a large trade in Austria and have their warehouses even in provincial towns. Travelers in Austria are mostly

hard working and respectable men, very temperate in their habits and extremely diligent. Nearly all of them travel third class on the railways and with the exception, perhaps, of those in the wine and spirit lines, they are seldom addicted to drinking. A traveler who drinks loses the respect of his fellow travelers.

PASSENGER'S CLEVER RUSE

Helped a Lady in Distress and Got Himself Nicely Out of the Situation.

As a train was approaching Sheffield a man seated in one of the compartments noticed a lady looking troubled, and asked her what was the mat-

"I've lost my ticket, and they will charge me with fraud," said the lady. "Oh, never mind. I'll work a little dodge with the guard," and he got his own ticket out of his pocket and tore the corner off and gave the ticket to

"When the train arrived at Sheffield the guard collected all the tickets but one.

Where's your ticket, sir?" he asked of the gentleman. "I gave it to you."

"No you didn't," replied the guard. 'I shall have to call the station mas-

When the station master arrived he "Where is your ticket, young man?"

"I gave it to the guard. See if he has a ticket with a corner torn off," replied the sharp man. On searching, of course the guard found it.

"Now," said the young man, "see if this fits it," as he gave him the corner of the ticket.

A look of surprise came over the guard's face, and he crept out of the carriage dumfounded.

A Bargain.

Mrs. Knicker-I thought you were oing abroad Mrs. Bocker-So I was, but my docfor offered me such a lovely bargain in appendicitis-only \$1,000.-Harper's THE CHOICE OF PAINT.

Fifty years ago a well-painted house was a rare sight; to-day an unpainted house is rarer. If people knew the real value of paint a house in need of paint would be "scarcer than hen's teeth." There was some excuse for our forefathers. Many of them lived in houses hardly worth preserving; they knew nothing about paint, except that it was pretty; and to get a house painted was a serious and costly job. The difference between their case and ours is that when they wanted paint it had to be made for them; whereas when we need paint we can go to the nearest good store and buy it, in any color or quality ready for use. We know, or ought to know by this time, that to let a house stand unpainted is most costly, while a good coat of paint, applied in season, is the best of investments. If we put off the brief visit of the painter we shall in due time have the carpenter coming to pay us a long visit at our expense. Lumber is constantly getting scarcer, dearer and poorer, while prepared paints are getting plentier, better and less expensive. It is a short-sighted plan to let the valuable lumber of our houses go to pieces for the want of For the man that needs paint there

are two forms from which to choose; one is the old form, still favored by certain unprogressive painters who have not yet caught up with the times -lead and oil; the other is the ready for-use paint found in every up-to-date The first must be mixed with oil, driers, turpentine and colors be fore it is ready for use; the other need only be stirred up in the can and it is ready to go on. To buy lead and oil; colors, etc., and mix them into a paint by hand is, in this twentieth century, about the same as refusing to ride in a trolley car because one's grandfather had to walk or ride on horseback when he wanted to go anywhere. Prepared paints have been on the market less than fifty years, but they have proved on the whole so inexpensive, so convenient and so good that the consumption today is something over sixty million gallons a year and still growing. Un less they had been in the main satis factory, it stands to reason there would have been no such steady growth in their use.

Mixed paints are necessarily cheap er than paint of the hand-mixed kind. because they are made in a large way by machinery from materials bought in large quantities by the manufacturer. They are necessarily better than paints mixed by hand, because they are more finely ground and more thoroughly mixed, and because there is less chance of the raw materials in however careful he may be, can ever be sure that the materials he buys are not adulterated, but the large paint case, because everything he buys goes pers of Washington: through the chemist's hands before he accepts it.

our neighbors. So with paint; if the if the dealer is responsible, if our it, that ought to be pretty good evidence that the paint is all right. "Many men of many kinds"-

Many paints of many kinds; but while prepared paints may differ considerably in composition, the better grades of them all agree pretty closely in results. "All roads lead to Rome," and the paint manufacturers, starting by different paths, have all the same object-to make the best paint possible to sell for the least money, and so capture and keep the

There is scarcely any other article of general use on the market to-day that can be bought with anything like the assurance of getting your money's worth as the established brands of prepared paint. The paint you buy today may not be like a certain patent medicine, "the same as you have always bought," but if not, it will be because the manufacturer has 'found a way of giving you a better article for your money, and so making more sure of your next order.

POINTED PARAGRAPHS.

If you can't speak the truth keep a stiff under jaw. But the day worker acquires more coin than the day dreamer.

"I will now proceed in the following manner." said the detective A good joke on a friend wouldn't be

worth a smile if on yourself. Often "the coming man" has tle bill he would like to collect. It takes a man with a cork leg laugh at the man who wears a wig.

If a man owes you money he is always ready to laugh at your alleged Intuition comes easier than serious contemplation; that is why wom-

A man would forget the most of his troubles if he didn't take a vacation once in a while. If a man returns a borrowed um-

brella it's a sure indication that he has a conscience. Book learning is about all a man needs in the world-providing he

spends his time in jail. Beware of the man who looks at you with an air of vacant inquiry when you are trying to tell a funny

A woman may not be able to drive a horse or a nail, but when it comes to driving a bargain she manages to get there.-Chicago News.

Garden City in the East. Bangkok, the capital of Siam, is one of the most interesting cities. It is called the "Garden City in the

To sweep dirt out of the door after sundown. You are sweeping out some of the family.

PLANTING-TIME SOON.

Plant Sweet Peas Early and Do Not Neglect the Old-Fashioned Flowers.

Don't forget that the peas, flowering or garden, must go into the ground early. The trenches for the peas should be prepared at the earliest possible moment, as soon as the condition of the weather and soil will permit-the earlier the better. in order that the vines may make a good root-growth while the ground is cool and moist.

Don't neglect to plant plenty of the dear old "grandmother's garden" flowers; and remember the fragrant ones as well as those for show only. Plant some scented foliage plants. The old lemon verbena is one of the best. Some of our most popular flowering plants of to-day are the old kinds our mothers loved. These plants "seldom die and never resign" their office of beauty-bearing.

Lettuce is easily started in boxes in the house, or, if there is a furnace in the sellar, with a window in the apartmen through which the sun may reach the box part of the day, the boxes may be set there, and when the ground gets in condition to work the lettuce should be ready to transplant. All hardy vegetables, such as beets, radishes, turnips, peppers, etc., can be started in the house with much saving of time.

The common ruffled parsley, used so freely as a garnish for many dishes and as flavoring for others, is easily raised. Seeds should be sown early in boxes in the house, or in the hot bed, or, later, in the open ground. The seeds germinate readily. When fully grown, cold and freezing weather does not harm the parsley, and it can be had green all winter if given a little protection. A sprig of it suits well to put in boquets, or in the vase. It is useful, ornamental and easily grown. Do plant a few seeds of it.

For either the flower or vegetable garden, prepare the ground, get good seeds, plant generously to allow for many mishaps, give good cultivation, and you will find yourself well repaid for money, care or exertion. Don't neglect the garden. -The Commoner.

ONIONS FOR PNEUMONIA.

New England Physician Won Renown by Simple Remedies and Found This One Most Successful.

Owing to the prevalence of pneumonia and the great mortality which attends its ravages during the winter and spring, several boards of health in northern New Jersey have been taking measures to protect the citizens of their towns from the disease. health board of Washington, N. J., has published a remedy which is said to be a sure cure for pneumonia, and them being adulterated. No painter, other health boards are looking into the matter with a view of having the same thing published for the good of the general public. This is the pubmanufacturer does know in every lication as it has appeared in the pa-

"Take six to ten onions, according to size, and chop fine, put in a large Of course there are poor paints on spider over a hot fire, then add the the market (which are generally same quantity of rye meal and vine cheap paints). So there is poor flour, gar enough to form a thick paste. In poor cloth, poor soap; but because of the meanwhile stir it thoroughly, letthat do we go back to the hand-mill, ting it simmer five or ten minutes. the hand-loom and the soap-kettle of Then put in a cotton bag large enough the backwoods No, we use our com- to cover the lungs and apply to chest sample rooms. As a rule, good agents, mon sense in choosing goods. We find as hot as patient can bear. In about out the reputation of the different ten minutes apply another, and thus dealer that handles them, we ask out of danger. This simple remedy manufacturer has a good reputation, fatal malady. Usually three or four applications will be sufficient, but con neighbors have had satisfaction with tinue always until the perspiration starts freely from the chest. This rem edy was formulated many years ago by one of the best physicians Nev England has ever known, who never lost a patient by the disease and won

his renown by simple remedi s" THE VALUE OF ORANGES.

They Are Most Attractive for Table Decorations-Various Ways to Serve Them.

Oranges are charming for decoration of the table, as well as for food. When placed upon the table whole, a few green leaves should be placed around them; the leaves need not, necessarily, be orange leaves, but other pretty, green leaves may be used, if the orange leaves are not to be had. When to be eaten at the table, there are several ways of handlingthem. Cuttingthem across and eating with a spoon has the drawback that the juice flies about disagreeably. By cutting a little circle around the core in the center this unpleasant feature may be counteracted. Another way is to cut them in eighths with the skin on, and sip the juice from these little portions.

One method of preparing them for the table is as follows: Cut with a sharp knife a narrow girdle around the circumference of the orange, half way from the stem to the blossom end; remove all the rind except the narrow girdle; just over one of the divisions of the fruit cut the rind band through with a knife. Then carefully separate the natural divisions of the orange, leaving each attached at its back to the strip of rind. It is very convenient and comfortable to eat oranges prepared in this way, as there is no trouble with the juice or peeling.-The Commoner.

TO EAT WITH FINGERS.

Celery, which may properly be placed on the tablecloth beside the plate. Lettuce, which should be dipped in the dressing or in a little salt.

Asparagus, whether hot or cold, when served whole, as it should be. Strawberries, when served with the

stems on, as they usually are in the most elegant homes. Bread, toast, tarts and all small

Fruits of all kinds, except melons and preserves, which are eaten with a spoon. Cheese, which is almost invariably eaten with the fingers by the most particular people.—Chicago Daily News.

Leather Chairs.

To clean and polish the leather coverings of chairs, etc., mix together equal parts of vinegar and linseed oil. Apply very sparingly with a piece of fiannel and polish with a soft cloth. The same treatment is excel lent for French polished furniture. but it must be remembered that the vinegar and oil mixture is to be apapplied sparingly, and that "elbow

grease" is to be used generously.

SAYINGS OF SAGES.

Beter to do nothing than to do all.

Nothing is so foolish as the laugh of a fool.—Martial. The living voice is that which sways

the soul .- Pliny the Younger. There is precious instruction to be got by finding we are wrong.-Car-

I had rather men should ask why my statue is not set up than what it is-Cato.

Work is not a man's punishment; it is his reward and his strength .--George Sand.

We are more sensible of what is done against custom than against na-

ture.-Plutarch But for some trouble and sorrow we should never know half the good there is about us - Dickens.

The best education in the world is that got by struggling to make a living.-Wendell Phillips.

In a Pinch, Use ALLEN'S FOOT-EASE. A powder. It cures painful, smarting, nervous feet and ingrowing nails. It's the greatest comfort discovery of the age. Makes now shoes easy. A certain cure for sweating feet. Sold by all druggists, 25c. Trial package, FREE. Address A. S. Olmsted, Le Roy, N. Y.

As early as 500 B. C. artificial eyes were made by the priests of Rome and Egypt, who practised as physicians and surgeons.

Mrs. Winslow's Soothing Syrap.
For children teething, softens the gums, reduces in
flammation, ellays pain, cures wind colic. 25c a bottle.

It's easier for a man to marry woman for her beauty than it is to live with her for the same reason.

When a laxative is needed, nothing can be more effective than Garfield Tea, which is made of herbs. It cures sick headache constipation and diseases of liver, kidneys, stomach and bowels; it purifies the blood cleanses the system and clears the com-

To sneeze while eating is a sign of death. If a man sneezes a woman will die and vice versa.

FITS permanently enred. No fits or nervousness after first day's use of Dr. Rline's irrest Nerve Restor-er. Send for FREE \$2.00 trial bottle and treatise. DR. R. H. KLINE, Ltd. \$31 Arch Street. Philadelphis, Pa.

To start anywhere and turn back. If you turn back make a cross mark; this changes the luck.

Lewis' Single Binder straight 5c cigar made of rich, mellow tobacco. Your dealer or Lewis' Factory, Peoria, Ill.

Men live in the suburbs so as to be able to lie about how much more healthful it is.

RUNNING SORES ON LIMBS.

Little Girl's Obstinate Case of Eczema -Mother Says: "Cuticura Remedies a Household Standby."

"Last year, after having my little girl treated by a very prominent physician, for an obstinate case of eczema. I resorted to the Cuticura Remedies, and was so well pleased with the almost instantaneous relief afforded that we discarded the physician's prescription and relied entirely on the Cuticura Soap, Cuticura Ointment, and Cuticura Pills. When we commenced with the Cuticura Remewere cover ed with running sores. In about six weeks we had her completely well, and there has been no recurrence of cura Remedies are a valuable household standby, living as we do, twelve miles from a doctor, and where it costs from twenty to twenty-five dollars to come up on the mountain. Mrs. Lizzie Vincent Thomas, Fairmount, Walden's Ridge, Tenn., Oct. 13, 1905."

After you fall out with people you may call their apartment a flat.

To make any gain some outlay is necessary.—Plautus.

WORKING WOMEN

Their Hard Struggle Made Easier-Interesting Statements by a Young Lady in Boston and One in Nashville, Tenn.



All women work; some in their homes, some in church, and some in the whirl of society. And in stores, mills and shops tens of thousands are on the never-ceasing treadmill, earning their daily bread.

I could not sleep and could hardly drag around. I consulted two physicians without relief, and as a last resort, I tried Lydia E. Pinkham's Vegetable Compound, and to my surprise, every ache and pain left me. I gained ten pounds and am in perfect health." their daily bread.

All are subject to the same physical laws; all suffer alike from the same mer Street, Nashville, Tenn., writes: physical disturbance, and the nature of Dear Mrs. Pinkham:their duties, in many cases, quickly drifts them into the horrors of all kinds of female complaints, tumors, ulceration, falling and displacements or perhaps irregularity or suppression, causing backache, nervousness, irritability and lassitude.

They especially require an invigoration of the property of the property

They especially require an invigorating, sustaining medicine which will strengthen the female organism and enable them to bear easily the fatigues of the day, to sleep well at night, and to rise refreshed and cheerful.

How distressing to see a woman struggling to earn a livelihood or perform her household duties when her back and head are aching, she is so tired she can hardly drag about or stand up, and every movement causes pain, the origin of which is due to some derangement of the female or-

ome derangement of the female or-ranism.

You can tell the story of your suf-ferings to a woman, and receive help-ful advice free of cost. Address Mrs. Boston, tells women how to avoid such suffering; she writes:

Mrs. Pinkham is the daughter-in-law Dear Mrs. Pinkham:-

"I suffered misery for several years with five years she has, under her direction female irregularities. My back ached; I had bearing-down pains, and frequent headaches; sick women free of charge.

Lydia E. Pinkham's Vegetable Compound Succeeds Where Others Fall.

you strong and well.

New Way to Prepare Tea. To obtain tea very aromatic, and only in a small degree astringent, infuse it for half an hour in a very small quantity of cold water, and then add boiling water. The cold water saturates the whole texture of the leaves.

Cruelty to a Monkey. For using a sick monkey to beg with an organ grinder has been fined

corrupt more disgrace will attach to ment grants, can buy land adjoining at from \$6 poverty, and more respect to wealth. to \$10 an acre. than being dry and comfortable when out in the hardest storm. YOU ARE SURE OF THIS IF YOU WEAR

TOWER'S FISH BRAND WATERPROOF OILED CLOTHING BLACK OR YELLOW A. J. TOWER CO. BOSTON, MASS. U.S. A. FOWER CANAMAN CO. Limited, TORONTO, CAR.

of Lydia E. Pinkham and for twenty-

Miss Pearl Ackers, of 327 North Sum-

Lydia E, Finkham's Vegetable Com-

pound is the unfailing cure for all these

troubles. It strengthens the proper muscles, and displacement with all its

Backache, dizziness, fainting, bear-

ing-down pains, disordered stomach, moodiness, dislike of friends and society

-all symptoms of the one cause-will

be quickly dispelled, and it will make

horrors will no more crush you.

in Western Canada is the amount many farmers will realize from their wheat cropthis year.

25 Bushels to the Acre Will be the Average Yield of Wheat.

The land that this was grown on cost many of the farmers absolutely nothing, while those In proportion as nations get more who wished to add to the 160 acres the Govern-Climate splendid, school convenient, railways

close at hand, taxes low. Send for pamphlet "20th Century Canada" and full particulars regarding rate, etc., to Superintendent of Immigration, Ottawa Canada, or to the following Canadian Government Agent-W. V. Bennett, 80 New York Life Building, Omaha, Nebraska

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To sweeten, To refresh, To cleanse the system, Effectually

and Gently;

There is only one Genuine Syrup of Figs; to get its beneficial effects

Acts best on the kidneys and liver, stomach and bowels:

headaches when

bilious or con-

For men, women

and children;

stipated;

Always buy the genuine - Manufactured by the

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Louisville, Ky. Hew York. N.Y. The genuine Syrup of Figs is for sale by all first-class druggists. The full name of the company—California Fig Syrup Co.—is always printed on the front of every package. Price Fifty Cents per bottle.