MANY PHYSICIANS PRESCRIBE Lydia E. Pinkham's Vegetable Compound

The wonderful power of Lydia B. Pinkham's Vegetable Compound over the diseases of womankind is not because it is a stimulant, not because it is a palliative, but simply because it is the most wonderful tonic and reconstructor ever discovered to act directly upon the generative organs, positively curing disease and restoring health and

Lydia E. Pinkham's Vegetable Compound, and are fair enough to give from him.—Mitchell, Ore., Sentinel.

credit where it is due. If physicians dared to be frank and open, hundreds of them would acknowledge that they constantly prescribe Lydia E. Pinkham's Vegetable Com-pound in severe cases of female ills, as they know by experience it can be re-lied upon to effect a cure. The following letter proves it.

Dr. S. C. Brigham, of 4 Brigham Park, Fitchburg, Mass., writes :

"It gives me great pleasure to say that I have found Lydia E. Pinkham's Vegetable Compound very efficacious, and often pre-scribe it in my practice for female difficulties. "My oldest daughter found it very benefi-

and strength.
"I freely advocate it as a most reliable speeffic in all diseases to which women are subject, and give it honest endorsement.

Women who are troubled with painful or irregular menstruation, bloating (or flatulence), leucorrhosa, falling, inflammation or ulceration of the uterus, ovarian troubles, that bearing-down feeling, dizziness, faintness, indigestion, servous prostration or the blues. should take immediate action to ward off the serious consequences, and be restored to perfect health and strength by taking Lydia E. Pinkham's Vegetable Compound, and then write to Mrs. Rhodes," 1666. Pinkham, at Lynn, Mass., for further free advice. No living person has had the benefit of a wider experience in treating female ills. She has guided thousands to health. Every suffering woman should ask for and follow her advice if she wants to be strong and



The name and address of your shoe dealer and 15c to cover cost of mailing, etc., will secure one of the handsome rolled gold pins illustrated above. Enameled in colors and will wear for years. These pins were secured by thousands of World's Fair visitors. Only a few hundred left.

Write Quick.

ROBERTS. JOHNSON & RAND SHOE CO. ST. LOUIS MANUFACTURERS OF

"STAR BRAND SHOES"



Paxtine is in powder form to be dissolved in pure water, and is far more cleansing, healing, germicidal and economical than liquid antiseptics for all

TOILET AND WOMEN'S SPECIAL USES For sale at druggists, 50 cents a box.

Trial Box and Book of instructions Free THE R. PAXTON COMPANY BOSTON, MASS.

When Enough Was Plenty. King Saul had just had his famous interview with the witch of Endor "There, your majesty," said the lady, "that's positively the best I can do. for you in a \$10 sitting. Now, if you would care to invest in one of the \$25 brand I could give you ever so the form the form the form the first the much more detail." "No, I thank you," said Saul, "I think this will hold me for a while." And he went out

a better quality and one-third more of Defiance Starch for the same price tion due to food, improper in quantity

and whetted his sword.

Perry Not to Be Killed. Perry Shrum had the misfortune ac-

Marvelous cures are reported from cidentally to shoot himself through something occurs to upset the mother. all parts of the country by women who the arm last week, making a very have been cured, trained nurses who painful wound, but is recovering fast, have witnessed cures and physicians It would be a hard matter to kill Perry fruit, pastry and the like. In grown boldly into the favored haunts of the who have recognized the virtue of unless you cut his head off and hid it people this disorder is called a "bilious

> Cleanliness in the Dairy. To have healthful milk and butter, absolute cleanliness in caring for it is neces-sary, as nothing will absorb impurities so quickly as milk. Many housekeepers who are otherwise careful everlook this when they wash milk utensils with cheap soap, made from filthy fats. Use Ivory Soap and thoroughly scald and air all pans and buckets. ELEANOR R. PARKER.

Find Remains of Sea Reptile. The remains of a big sea reptile, said to be the first of its kind known to scientists, have been dug out of cial for uterine trouble some time ago, and my youngest daughter is now taking it for a to made weakness, and is surely gaining in health Nevada, and shipped to the University of Californ.a.

Insist on Getting It.

Some grocers say they don't keep Defiance Starch because they have a suddenly seixed with convulsions, ocstock in hand of 12 oz. brands, which they know cannot be sold to a customer who has once used the 16 oz. pkg. Defiance Starch for same money.

First English Actress.

The first woman on the English stage was Mrs. Chapman, who appeared as lanthe in the "Siege of This soon restored the little one to

More Flexible and Lasting.

won't shake out or blow out; by using Defiance Starch you obtain better results than possible with any other brand and one-third more for same | ach, and even water was rejected for

Flowering Evergreen. The flowering evergreen, camellia, was brought from Japan by a Spanish Jesuit named Kamel; hence the name.

Ocean Grove, N. J., Feb. 17, 1900.

Horses Aided Locomotives. In the early days of railroading horses were used to help the locomotives on upgrades.

must win. This is why Defiance Starch is taking the place of all others.

Originated Board of Trade. the board of trade idea.

FARMS FOR RENT OR SALE ON CROP payments. J. MULHALL, Siouz City, Ia.

Cremation in France. The cost of cremating, a body in France is only three francs.

"Dr. David Kennedy's Favorite Remedy saved my life! I had dyspepsia and kidney disease." Et Senator Albert Merritt, Park Place, N. Y. 81 a bottle.

Is there any such thing as being

absolutely unselfish?-Atchison Globe.



SALE 3.000.000

DEPIANCE Water Starch This Is What HASNO EQUAL. Catches Me! 16oz. - One-Third More Starch. **FULL POUND** No premiums, but one-third more starch than you get of other brands. Try it now, for hot or cold starching it has no

Of Great Interest to the Thoughtful and Economical Woman

We have solved the problem of how you can dress well and stylish at little cost. Ask to see our handsome assortment of the newest and most stylish dress goods worn by well-dressed women for this Fall and Winter season. We will send free upon request a beautiful sample selection, showing the latest and most popular up-to-date materials. Buy direct from us at wholesale prices, which means a great saving to you, about half of the usual retail price. It will pay you to see our selection of dress goods, which we send free upon request. Hundreds of ladies in your local ty select their materials from us, because they can get them for less than elsewhere. We cut any amount of yards desired.

M. C. BRANDSTETTER & CO., 67 Wabash Avenue, . CHICAGO

Wholesale Importers of Ladies' Woolens Exclusively

Durangener Comment of the Comment of CARE OF THE BODY

How to Acquire and Retain the Priceless Possession of Good Health

Summer Disorders of Infancy. The most common stomach disorder is known as acute gastric catarrh, acute indigestion, or acute dyspepsia No chromos or cheap premiums, but | -all three terms signifying the same disorder. The chief cause is irrita-

> or quality, spoiling in the stomach. This malady rarely occurs in infants fed on good breast milk, unless Older children often have attacks from eating too much candy, unripe

attack." In bottle-fed infants, especially during the summer months, it is a very are loss of interest in play and surlegs on the abdomen, sharp, shrill cry, gray, then white. paleness around the mouth, blueness of the skin and cold feet; in severe the food has been more than usually of inflammation of the brain and blood. spinal cord.

The writer remembers well a typieating a number of windfallen apples and drinking two cups of milk, was remained unconscious for hours. Some effort had been made to empty the stomach by vomiting, but in vain. An emetic and tickling the throat with a feather brought up a mass of lumps of unripe apple and large, sour curds. consciousness. A thorough enema and dose of castor oil freed the alimentary canal of the undigested food and poisons produced by it; but several days of fever followed, during which no food could be retained by the stom-

The best treatment in case of acute indigestion is to empty the alimentary tract at once by an emetic of warm water or the stomach lavage: a thorough enema and a mild cathartic to Piso's Cure for Consumption is an infallible free the bowels. Stop all food at ne for coughs and colds .- N. W. SAMUEL once, and do not try to put anything into the stomach until the vomiting ceases, unless it be ice-pills or sips of hot water.

The colic pains can often be relieved by fomentations. In the chill stage at the onset, a warm full bath or a warm sheet pack is good; and a Superior quality and extra quantity hot mustard foot bath when the feet are cold. If there is diarrhea, hot enemas, followed by tepid or cool ones, are often very soothing. In Cromwell is said to have originated cases of infants, especially bottle-fed babies, all milk should be kept out of the food for a time. During the first twenty-four to thirty-six hours, only pure cold water or ice should be given. After vomiting and purging cease, the child may be fed a teaspoonful or two of white of egg (the white of one egg mixed with four ounces or water or gruel). When the patient begins to convalesce, milk, modified and sterilized, may gradually

Watch the effects of the change of food, as the stomach is likely to remain irritable for a long time, and relapses are common, which, in hot weather especially, may result in cholera infantum, or some other acute inflammatory disorder.

Pleasant Prescriptions. If you are blue, despondent, Just call on Dr. Rose. But, then, to heal the smart, He'll charm you with his beauty, f appetite is flagging.

Just call on Dr. Green.

He'll take you through the meadows

Where beauties rare are seen. He'll give the green-leaf tonic And spices from the wood; One treatment will convince you His medicine is good.

Mayhap ennui afflicts you; Go, call on Dr. Lark; (You'll find him in the meadows)
And to his music hark.
He'll tell you of the woodland,
Breathe secrets of the hills;
And listening to his sweetest notes

Therefore I am repeating: Let Nature cure your woes.
There's healing in the meadows;
There's health hid in the rose. Go revel in the gladness
That's rampant in the hills.
And flowers, and birds, and beauty Will rob you of your ills.

Simple Test for Pure Air. Dr. A. T. Schofield, in his new book 'Nerves in Order, or The Maintenance of Health," gives the following simple test of indoor air which any one can

"Put one tablespoonful of clear lime water into a half pint bottle that has previously been brought into the room full of water, and emptied there so as to be filled with the actual air to be tested. If the bottle be then corked and the tablespoonful of lime water If it is fairly pure."

"Second-Hand Breaths."

Northrup, one of the leading the United States, has recently reported remarkable success in the treatment of pneumonia by avoiding, as he calls it, giving the patient "secis as pure as that out of doors.

It is astonishing to note the splendid improvement in the appetite when a tubercular patient is put out or doors. The same would be true of many a wretched dyspeptic. Likewise many patients who have to be put to sleep every night with morphine or other drugs, which stupefy the liver, stomach and other organs would soon sleep like healthy children if they were only given a liberal introduction to God's great out-doors. In Stettin, Germany, nearly one-half of the children die the first vear: while in Japan, where the children are born and reared in houses that

To Balk the Merciless 'Skeeter. With the ferocious mosquito now

out hungrily seeking his prey, it would be well for those leading an outdoor life to know that a good way to keep these and similar pests at a distance is to apply to the hands and face the following lotion, recommend ed by the Journal of the Outdoor Life

Here's another hint from the same journal. Scientists who have gone mosquito to study his ways, have discovered that the insects are partial to some colors and averse to others. They particularly dislike yelcommon complaint. The symptoms low. Their favorite is dark blue, with dark red next, then brown, then scarroundings, starting in the sleep, cry- let, then black, then blue gray, ther ing with colic pains, drawing up the olive green, then violet, then pear

It should be borne in mind that the mosquito is the chief source of malarcases, fever, nausea and vomiting ial infection. Certain species of mosof mucus and undigested food. When quito constantly carry with them in their bodies the malarial parasites, indigestible there are often convul- and in inflicting their bite they inject stows it on his household, with gensions and symptoms resembling those some of these parasites into the erally unfavorable results.-Lady St.

Dr. Schoo has observed that when mosquitoes have access to acid fruits cal case. A child of three years, after | their bite becomes less poisonous, or quite harmless. And Professor Celli has observed that in portions of Italy where tomatoes are largely cultivated. curring every half hour or less, and the people are practically free from malarial infection, although the region is naturally very malarious. It would seem, then, that the wide cultivation of acid fruits, such as tomatoes. strawperries, and other succulent varieties, may be made an important factor in ridding the world of this very troublesome pest.

Hygiene of Churches. zThe poet tells us that the groves were God's first temples. From a health standpoint they were far superior to our magnificent modern edifices, where the worshipers come in contact with countless germs lurking in the upholstered seats, and in the dust-laden carpets, and their minds are stupefied by being compelled to inhale the poisons that are constantly exhaled from the lungs of others, be tney sick or well.

Clergymen should feel pride in having their churches hygienically constructed and well ventilated. Fixed carpets should not be used in places of worship where so many people con-Roman divine, the bishop of Fano, in Italy, is a good one to rollow in this respect. A circular was recently issued by him in which he asks tha priests of his diocese to comply with whitened from suffering and body ter the following rules:

be regularly cleaned with sawdust, five boxes of Cuticura, and three bot saturated with a strong sublimate tles of Cuticura Resolvent .- Geo. C. solution. This thorough cleaning Davis, 161 W. 36th St., N. Y." should take place particularly after holidays when great masses of people have visited the church. "2. Every week all ordinary chairs

and confessional chairs, should be thoroughly cleaned with moist rags. 3. The grate of the confessional chairs must be washed every week with lye and then polished.'

Best Sleeping Place for Hot Weather. The healing power of the great outof-doors is rapidly becoming known to the great public, and an increasing number are availing themselves of the will save not only time, because it curative and hygienic advantages of the outdoor life.

The present is a favorable time for getting used to the outdoor life. A for the present season than an ordinary bedroom. To get the greatest icals, If your grocer tries to sell you one needs to live out continuously, day and night. The average man spends one-third of his life in sleep. The conditions which surround the body during sleep must necessarily evercise a powerful influence upon life and health. If this time is spent outdoors, in contact with the fresh air ing. Defiance never sticks. and the invigorating influence of the open air, a result in the highest degree beneficial must certainly be ex-

One who is accustomed to sleeping outdoors can hardly endure the atmosphere of the house. Even with windows wide open there se ms something lacking. A sense of depression or oppression is felt-a sort of cloud, which is lifted when one again gets under the open sky.

Condensed Milk Bad for Bables. In holding an inquest at Lambeth. England, on the body of a threeweeks-old infant that had died from exhaustion through inability to digest condensed milk, the coroner said that he thought it would be a good thing if each of the jurymen would tell three of their friends that condensed milk shaken up and down, it will get cloudy is a bad thing for babies, and ask with chalk if the air be unfit to them to pass it on in like manner. We breathe, whereas it will remain clear | contribute our share toward the diffusion of information.

Tuberculosis a "House Disease."

The most striking feature about specialists in children's diseases in tuberculosis is, that it depends almost entirely upon the house. The house is the granary of the tubercle bacillus outside the host. Were it not for the house, the tubercle bacillus would ond-hand breaths." He opens all the soon have to perish from the face of windows and doors to the sick room, the earth. It could not be preserved. so that the air the patient breathes | Sunlight, air and water are its natural enemies. The water dissolves it out of its cache, and the sunlight and air destroy it .- Flick.

Drink and Crime.

A leading London magistrate recently said: "Once you get rid of drunkenness, you might almost close the police courts. It is surprising how, on analysis, drink is found at the bottom just as much as they do the brain, of most of the offenses that come before a metropolitan magistrate."

Carnegie on Happiness.

When asked his opinion as to the secret of happiness, Mr. Carnagie, the Scotch-American millionaire, replied: "A good conscience and a good digestion; and poverty is favorable to

Banded for Good Purpose. Paris possesses a curious social organization with an odd purpose. It is a band of prosperous tradesmen, who agree to trade with one another to the utmost extent possible, and when necessary to help one another with loans without interest. The clique calls itself "The Tranquil Fathers."

Rummage Sale Incident, A clergyman at Yarmouth, England, who was attending a "rummage sale." that was being held for a charity laid

a new straw hat on a stall, and when he turned around to get it a minute or two later found that the energetic stallkeeper had sold it for 4 cents to an unknown purchaser.

Monks Made Champagne.

In the seventeenth century a monk named Perignon had charge of a vineyard belonging to the abbey of St. Peter Hautvilliers, Champagne, and he also superintended the making of the abbey wines. In the course of his experiments he discovered "sparkling

The Ideal Husband. The real ideal husband should be a busy man and one whose day is very full. Men are not happy without olenty of work: and a man who has 10t outlet for his energy elsewhere be-Helier in Leisure Hour.

Bishop Invented Bombs. Bombs, it is said, were first thrown March 24, 1580, on the town of Wachtendenck, in Guelderland. The historian, Hone, says "the invention is commonly attributed to Galen, bishop of Muenster."

To Cana for Water. The boy had to describe our Lord's

first miracle. The turning of water nto wine, he wrote, was the first miracle and it happened at Cana. Then he added: "After that everybody went to Cana for water."

Even after Charity has covered a nultitude of sins a good many of hem are still in the open .- Puck.

TORTURED BY ECZEMA.

Body Mass of Sores-Could not Sleep -Spent Hundreds of Dollars on Doctors, but Grew Worse-Cured by Cuticura for \$8.

mother, Mrs. Wm. F. Davis, of Stony Creek, Conn. Hers was the wors eczema I ever saw. She was hardly able to eat or sleep. Her head and gregate. The example of the great body was a mass of sores, and she de spaired of recovery. Finally, after spending hundreds of dollars on doctors, growing worse all the time, living in misery for years, with hair ribly disfigured, she was completely "1. In every church the floor must sured by two cakes of Cuticura Soap

> It is not always the apple with the rosy cheek that is the most palatable.

ar. Send for FREE \$2.00 trial bottle and tree

Truth is stranger than fiction be cause there is less of it.

Every housekeeper should know that if they will buy Defiance Cold Water Starch for laundry use they never sticks to the iron, but because each package contains 16 oz .- one full pound-while all other Cold Water Starches are put up in 34-pound packages, and the price is the same, 10 He knows that Defiance Starch has printed on every package in large letters and figures "16 ozs." Demand Defiance and save much time and money and the annovance of the iron stick-

Misery loves company, but is a

AVegetable Preparation for Assimilating the Food and Regula-

ting the Stomachs and Bowels of

INFANTS CHILDREN

Promotes Digestion, Cheerful-

Opium, Morphine nor Mineral.

ness and Rest. Contains neither

Page of Old Dr. SAMUEL PITCHER

Aperfect Remedy for Constipa-Hon, Sour Stomach, Diarrhoea

Worms, Convulsions, Feverish-

nevs and LOSS OF SLEEP.

Fac Simile Signature of

Galf Flatetur.

NEW YORK.

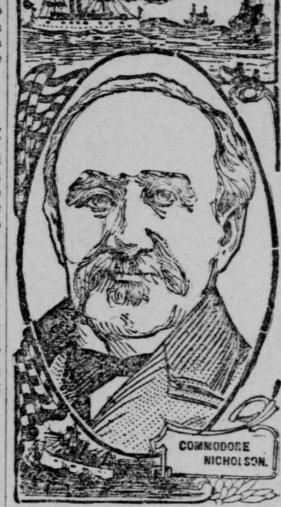
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Thosis - Ticants

NOT NARCOTIC.

COMMODORE NICHOLSON RECOMMENDS PE-RU-NA



NOMMODORE Somerville Nicholson of the United States Navy, in a letter from 1837 R. Street, Northwest, Washington, D. C., says:

"Your Peruna has been and is now used by so many of my friends and acquaintances as a sure cure for catarrh that I am convinced of its curative qualities and I unhesitatingly recommend it to all persons suffering from that complaint."

Our army and our navy are the natural protection of our country. Peruna is the natural protection of

the army and navy in the vicissitudes of climate and exposure. We have on file thousands of testimonials from prominent people in the

army and navv. We can give our readers only a slight glimpse of the vast array of unsolicited endorsements Dr. Hartman is constantly receiving for his widely known and efficient remedy. Peruna.

factory results from the use of Peruna, write at once to Dr. S. B. Hartman, President of The Hartman Sanitarium, Columbus, Ohio.

Very

Low Round Trips

South and Southeast, one fare plus Hot Springs, Ark., daily \$23.00 features offered in connection with the above rates. All Agents can sell you through tickets and route you Wabash.

All tickets reading over the Wabash from Chicago east are optional with passenger via Lake or Rail, either or both directions. Call at Wabash City office, 1601 Farnam St., or write and let me give you all information, maps, descriptive matter, folders, etc.

HARRY E. MOORES, G. A. P. D. Wabash R. R., Omaha,



Look for this brand on harness, collars, saddles, horse blankets, lap robes, etc.

Made by

Harpham Bros. Co., Lincoln, Neb. Drop us a card and will mail you a souvenir.

PIT & PITLESS SCALES. For Steel and Wood Frames, \$25 and up. Write money. Also Pumps and Wind BECKMAN BROS., Des Moines, Iowa.

If you do not derive prompt and satis- When Answering Advertisements Kindly Mention This Paper.

W. N. U. Omaha. No. 33-1905

Conviction Follows Trial

When buying loose coffee or anything your grocer happens to have in his bin, how do you know what you are getting? Some queer stories about coffee that is sold in bulk, could be told, if the people who handle it (grocers), cared to

Could any amount of mere talk have persuaded millions of housekeepers to use

Lion Coffee.

the leader of all package coffees for over a quarter of a century, if they had not found it superior to all other brands in

Purity. Strength. Flavor and Uniformity?

This popular success of LION COFFEE can be due only to inherent merit. There is no stronger proof of merit than continued and increasing popularity. If the verdict of MILLIONS OF

HOUSEKEEPERS does not convince you of the merits of LION COFFEE, it costs you but a trifle to buy a package. It is the easiest way to convince yourself, and to make you a PERMANENT PURCHASER.

LION COFFEE is sold only in 1 lb. sealed packages, and reaches you as pure and clean as when it left our

SOLD BY GROCERS EVERYWHERE



SFAULTLE'SS

CASTORIA The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of and has been made under his per-

Experiments that trifle with and endanger the health of Infants and Children-Experience against Experiment. What is CASTORIA

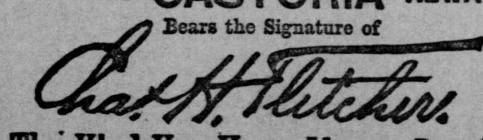
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sonal supervision since its infancy.

Allow no one to deceive you in this.

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. It cures Diarrhœa and Wind Colic. It relieves Teething Troubles, cures Constipation and Flatuleucy. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sleep.

The Children's Panacea-The Mother's Friend. CENUINE CASTORIA



The Kind You Have Always Bought In Use For Over 30 Years.

are almost as open as wicker baskets. they are rarely sick at all.

equal and will not stick to the iron,