LIVING TOO HASTILY

AMERICAN WOMEN BREAK DOWN

Irregularities and Female Derangements Result—Cured by Lydia E. Pinkham's Vegetable Compound.

Owing to our mode and manner of living, and the nervous haste of every woman to accomplish just so much each day, it is said that there is not

one woman in twenty-five but what suffers with some derangement of the female organism, and this is the secret of so many unhappy homes.

No woman can be amiable, light-hearted and happy, a joy to her husband and children, and perform the duties incumbent upon her, when she is suffering with backache, headache, nervousness, sleeplessness, bearing-down pains, displacement of the womb, spinal weakness or ovarian troubles.

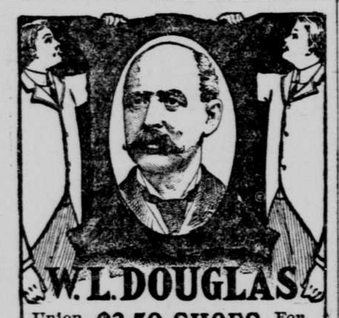
Irritability and snappy retorts take the place of pleasantness, and all sunshine is driven out of the home, and lives are wrecked by woman's great enemy—womb trouble.

Read this letter:

Dear Mrs. Pinkham:—

"I was troubled for eight years with irregularities which broke down my health and brought on extreme nervousness and despondency. Lydia E. Pinkham's Vegetable Compound proved to be the only medicine which helped me. Day by day I improved in health while taking it until I was entirely cured. I can attend to my social and household duties and thoroughly enjoy life once more, as Lydia E. Pinkham's Vegetable Compound has made me a well woman, without an ache or a pain."—Mrs. Chester Curry, 42 Saratoga Street, East Boston, Mass.

At the first indication of ill health, painful or irregular menstruation, pain in the side, headache, backache, bearing-down pains, nervousness or "the blues," secure at once a bottle of Lydia E. Pinkham's Vegetable Compound and begin its use.



Union Made **$3.50 SHOES** For Men.

W. L. Douglas makes and sells more Men's $3.50 shoes than any other manufacturer in the world. $10,000 REWARD to any one who can disprove this statement.

W. L. Douglas $3.50 shoes are the greatest sellers in the world because of their excellent style, easy fitting and superior wearing qualities. They are just as good as those that cost from $5.00 to $7.00. The only difference is the price. W. L. Douglas $3.50 shoes cost more to make, hold their shape better, wear longer, and are of greater value than any other $3.50 shoe on the market to-day. W. L. Douglas guarantees their value by stamping his name and price on the bottom of each shoe. Look for it. Take no substitute. W. L. Douglas $3.50 shoes are sold through his own retail stores in the principal cities, and by shoe dealers everywhere. No matter where you live, W. L. Douglas shoes are within your reach.

EQUAL $5.00 SHOES.

"I have worn W. L. Douglas $3.50 shoes for years, and consider them equal to any $5.00 shoe now on the market. They have given entire satisfaction."—Wm. H. Anderson, Real Estate Agent, Kansas City, Mo.

Boys wear W. L. Douglas $2.50 and $2.00 shoes because they fit better, hold their shape and wear longer than other makes.

W. L. Douglas uses Corona Coltskin in his $3.50 shoes. Corona Colt is conceded to be the finest patent leather produced.

Fast Color Eyelets will not wear Brassy.

W. L. Douglas has the largest shoe mail order business in the world. No trouble to get a fit by mail. 25 cents extra prepays delivery.

If you desire further information, *write for Illustrated Catalogue of Spring Styles.*

W. L. DOUGLAS, Brockton, Mass.

'Follow the Flag!'

WABASH

Greatly Reduced Rates

Round Trip

Niagara Falls, N. Y., tickets sold July 17, 18, 19.
Toronto, Ont., tickets sold June 18, 19, 21, 22.
Indianapolis, Ind., tickets sold June 19, 20, 21, 22.
Asbury Park, N. J., tickets sold June 28, 29, 30, July 1st.
Baltimore, Md., tickets old July 1, 2, 3.
Buffalo, N. Y., tickets sold July 7, 8, 9.

Long limits, stop-overs and many other features can be offered in connection with the above dates.

Write me and let me send you maps, descriptive matter, folders, rates from either Omaha or Chicago and all other information.

HARRY E. MOORES, G. A. P. D., Wabash R. R., Omaha, Nebr.

SADDLERY GOODS WITH THIS BRAND

H. B. BRAND

ARE THE BEST MADE

Look for this brand on harness, collars, saddles, horse blankets, lap robes, etc.

Made by

Harpham Bros. Co., Lincoln, Neb.

Drop us a card and will mail you a souvenir.

Courtship.

Much intellect is not an advantage in courtship. General topics interfere with particular attentions. A man to be successfully in love, should think only of himself and his mistress. Rochefoucauld observes: That lovers are never tired of each other's company, because they are always talking of themselves.—Hazlitt.

More Flexible and Lasting,

won't shake out or blow out; by using Defiance Starch you obtain better results than possible with any other brand, and one-third more for same money.

Societies Give Farmers Machinery.

There are no less than 540 agricultural societies scattered over Servia which distribute modern agricultural machinery and implements among the farmers. These societies have a central office at Belgrade.

Those Who Have Tried It

will use no other. Defiance Cold Water Starch has no equal in Quantity or Quality—16 oz. for 10 cents. Other brands contain only 12 oz.

There may be "plenty of room at the top," but the climbing is not what it is cracked up to be.

FITS permanently cured. No fits or nervousness after first day's use of Dr. Kline's Great Nerve Restorer. Send for **FREE $2.00** trial bottle and treatise. DR. R. H. KLINE, Ltd., 931 Arch Street, Philadelphia, Pa.

Wealth may not bring happiness, but most of us think we could get next to it if we had the money.

Insist on Getting It.

Some grocers say they don't keep Defiance Starch because they have a stock in hand of 12 oz. brands, which they know cannot be sold to a customer who has once used the 16 oz. pkg. Defiance Starch for same money.

Fifty Years a Pensioner.

James McCardle of Jamaica Plain, Mass., one hundred years old, has since 1852 been drawing a pension as a British soldier at six-pence a day.

Largest Island.

The largest island in the world is New Guinea, 306,000 square miles; Great Britain is 83,826 square miles.

No chromos or cheap premiums, but a better quality and one-third more of Defiance Starch for the same price of other starches.

Japanese "Hello!"

The Japanese "Hello" at the telephone is "Moshi moshi," or "Ano ne," with the accent on the "nay."

Every housekeeper should know that if they will buy Defiance Cold Water Starch for laundry use they will save not only time, because it never sticks to the iron, but because each package contains 16 oz.—one full pound—while all other Cold Water Starches are put up in ¾-pound packages, and the price is the same, 10 cents. Then again because Defiance Starch is free from all injurious chemicals. If your grocer tries to sell you a 12-oz. package it is because he has a stock on hand which he wishes to dispose of before he puts in Defiance. He knows that Defiance Starch has printed on every package in large letters and figures "16 ozs." Demand Defiance and save much time and money and the annoyance of the iron sticking. Defiance never sticks.

Profit in Ostrich Farming.

Ostrich farming in South Africa continues a most profitable business.

Opportunity.

Opportunity is rare, and a wise man will never let it go by him.

Superior quality and extra quantity must win. This is why Defiance Starch is taking the place of all others.

Many a man who thinks he is frank is considered impudent by others.

A girl doesn't fish for a diamond ring in her mother's wash tub.

Umbrellas and self-respect when lost are seldom regained.

AT BED TIME I TAKE A PLEASANT HERB DRINK

THE NEXT MORNING I FEEL BRIGHT AND NEW AND MY COMPLEXION IS BETTER.

My doctor says it acts gently on the stomach, liver and kidneys and is a pleasant laxative. This drink is made from herbs, and is prepared for use as easily as tea. It is called "Lane's Tea" or

LANE'S FAMILY MEDICINE

All druggists or by mail 25 cts. and 50 cts. Buy it to-day. **Lane's Family Medicine moves the bowels each day.** In order to be healthy this is necessary. Address, O. F. Woodward, Le Roy, N. Y.

BUY YOUR GO-CART AND BABY CARRIAGES

direct from manufacturer. We will sell you retail at wholesale prices. We carry the best and finest line west of Chicago. Call or send for Catalogue.

Omaha Road & Rattan Works 1512 Howard, Omaha, Neb.

SMOKERS FIND LEWIS' SINGLE BINDER

5¢ Cigar better Quality than most 10¢ Cigars

Your jobber or direct from Factory, Peoria, Ill.

PIT & PITLESS' SCALES. For Steel and Wood Frames, $25 and up. Write us before you buy. We save you money. Also Pumps and Wind Mills. **BECKMAN BROS., Des Moines, Iowa.**

ANOTHER LIFE SAVED.

Mrs. G. W. Fooks, of Salisbury, Md., wife of G. W. Fooks, Sheriff of Wicomico County, says: "I suffered with kidney complaint for eight years. It came on me gradually. I felt tired and weak, was short of breath and was troubled with bloating after eating, and my limbs were badly swollen. One doctor told me it would finally turn to Bright's disease. I was laid up at one time for three weeks. I had not taken Doan's Kidney Pills more than three days when the distressing aching across my back disappeared, and I was soon entirely cured."

For sale by all dealers. Price 50 cents. Foster-Milburn Co., Buffalo, N. Y.

Sexes in Mutual Distrust.

The sexes just now take up towards each other an attitude of mutual distrust; we women don't trust men further than we can see them, nor they us. It is all very bad and very sad, and no one knows who is to blame.—Exchange.

SIMPLE WALL DECORATIONS.

New Material and New Ideas for the Decoration of Homes.

The styles of home decorations have completely changed in the last few years, and it is pleasant to say that they have changed for the better. Time was when we hung monstrous patterns printed on paper against our walls, and considered them more or less pleasantly. It would hardly be fair to say that we considered them beautiful or artistic. But they were the vogue and were put on. The time has come when, with our better methods for interior decoration, better effects can be secured.

In wall coverings, whether they be of paint, or of kalsomine, or of Alabastine—whatever the material used to cover the wall—the thing desired is that which has the greatest covering power, as well as permanency and beauty of color. Alabastine, a wall covering ground from Alabaster rock—which means a hard white rock—is the ideal covering for a wall.

The most beautiful wall decorations in the world are those which are laid on with the brush. The mural designs in our large public buildings, and the frescoed designs in the large cathedrals and churches, have a permanency and an art of which wall paper is but a cheap imitation. These mural schemes and frescoed designs can be brought within the reach of the every day home. They can be done with Alabastine, which is permanent in its coloring. It does not rub off, and it has the soft effect of pastelle.

A great many people defer the redecorating of their rooms not only because of the expense but because of the discomfort of it. With Alabastine there need be no discomfort and there can be no muss, for all that is needed is to lay a sheet or canvas on the floor, have your man come in with a pail, make the solution and simply brush it on the wall. That is all there is to it, and the room is perfectly clean and thoroughly renovated.

It's as cowardly to speak ill of a man behind his back as it is dangerous to say it to his face.

BABY CAME NEAR DYING.

From an Awful Skin Humor—Scratched Till Blood Ran—Wasted to a Skeleton—Speedily Cured by Cuticura.

"When three months old my boy broke out with an itching, watery rash all over his body, and he would scratch till the blood ran. We tried nearly everything, but he grew worse, wasting to a skeleton, and we feared he would die. He slept only when in our arms. The first application of Cuticura soothed him so that he slept in his cradle for the first time in many weeks. One set of Cuticura made a complete and permanent cure. (Signed) Mrs. M. C. Maitland, Jasper, Ontario."

Test of Good Breeding.

To find out how much genuine good breeding a man has, just watch him when he is angry. This is a sure test, as any fool can be agreeable when everything comes his way.

STATE OF OHIO, CITY OF TOLEDO, } ss.
LUCAS COUNTY.

FRANK J. CHENEY makes oath that he is senior partner of the firm of F. J. CHENEY & Co., doing business in the City of Toledo, County and State aforesaid, and that said firm will pay the sum of ONE HUNDRED DOLLARS for each and every case of CATARRH that cannot be cured by the use of HALL'S CATARRH CURE.

FRANK J. CHENEY.

Sworn to before me and subscribed in my presence, this 6th day of December, A. D. 1886.

{SEAL} A. W. GLEASON, NOTARY PUBLIC.

Hall's Catarrh Cure is taken internally and acts directly on the blood and mucous surfaces of the system. Send for testimonials, free.

F. J. CHENEY & CO., Toledo, O.

Sold by all Druggists, 75c.
Take Hall's Family Pills for constipation.

A darning machine, one which will in ten minutes cover a hole that an industrious woman could hardly fill in an hour, is a recently invented piece of laboring saving apparatus.

Mrs. Winslow's Soothing Syrup.
For children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. 25c a bottle.

A vulture in silver, though to us these awful scavengers have nothing the meaning they have in many tropical countries.—Philadelphia Record.

"Dyspepsia Tormented Me for Years. Dr. David Kennedy's Favorite Remedy cured me." Mrs. C. B. Dougherty, Milville, N. J. Used over 30 years. $1.00.

A man who is unable to write his name never has to listen to the reading of his silly letters in a breach of promise suit.—Chicago News.

If a man marries a woman because he imagines she has more sense than he has, he is never permitted to lose sight of the fact.

There is no telling what a day may bring forth. A man may be happy today and married tomorrow.

Cleanliness is said to be next to godliness, yet one seldom sees a laundry next door to a church.

High price of eggs doesn't seem to worry the one-night barnstormer.

Love is life's rainbow gold.

QUICK WORK SAVED LIFE.

Fast Choking Man Relieved by Primitive Operation.

In one of the most fashionable restaurants in Paris last spring a man's life was saved through the skill and quickness of one of the guests. It appears that a man, with three friends, was dining at one of the small tables, when a piece of meat lodged in his throat and he found it impossible to get rid of it. His friends in alarm slapped him on the back, but the unfortunate man became black in the face and fell to the floor.

A surgeon from the German hospital, who happened to be dining in the cafe, pushed his way through the crowd. He saw at once that the man was dying and that if prompt measures were not taken he would quickly succumb. He ordered one of the waiters to bring him a small funnel such as is used in bottling wine, and then, without a moment's hesitation, took out a sharp knife, cut the man's throat, removed the piece of meat, and—the waiter having returned—quickly inserted the funnel in the opening. The man was then hastily conveyed to the hospital, where a silver tube was inserted in the place of the funnel, and a few hours later he was pronounced out of danger.

Idea for Edwin Markham.

Gov. William L. Douglas of Massachusetts, some time ago had as his guest at his beautiful Brockton home Edwin Markham, the poet. The famous merchant-statesman in his modest collection of pictures had a copy of Francois Millet's famous painting, "The Angelus," from which Mr. Markham is supposed to have got his inspiration for his poem, 'The Man With the Hoe." The two discussed the merits of the picture at length and in detail not missing any of its many virtues.

"There," said Mr. Markham, pointing to the great wooden sabots worn on the feet of the peasant, "shows a great evolution to your product of the present day."

Mr. Douglas's advertising instinct humorously asserted itself, and he asked:

"Mr. Markham, couldn't you possibly insert the letter 'S' before the last word of the title of your poem, so it would read, 'The Man With the Shoe'?"—New York Times.

An Ingenious Boy.

Not many years ago a frolicsome youngster 8 years old, who was attending one of the district schools in Barre, met an emergency in the following way:

He was sitting in an open window at the noon recess, and, seeing the teacher coming, jumped down, catching the seat of his trousers on a nail as he did so, and tearing out a large piece where it would be the most conspicuous. What to do he did not know.

He could not appear in school in that predicament, and did not want to lose the half day. Retiring to a convenient shelter, he removed his shoes and trousers. From one of the shoes he took the string, and using the sharp point on the end for a needle, he carefully caught the rent together well enough to pass muster for the rest of the day, when he marched home in triumph for further repairs.

Proving an Alibi.

Jones is a well-known young lawyer, who some time ago established his home in one of the nearby suburbs where a cot with an acre and a cow is supposed to be the earthly paradise. His old chum Brown, also of the bar, after hearing of the rural delights for a long time consented finally to spend Sunday on "the farm." He was received with all the honors and all the attractions were shown to him.

At each meal he had to listen to eulogies of "our own make" viands He stood patiently our own milk, lettuce from that frame you saw, peas off the vine in the back lot and so on until it go to "Harry. I can recommend this chicken specially. I raised it myself."

Then the worm turned with a sad sweet smile and remarked:

"No, Will, I can't believe that You've only been here a little over two years."—New York Sun.

Triumph of the American Hen.

Honor to the hen! She has accomplished unaided what the administration and the attorney general haven't succeeded in doing yet. She has smashed a trust and busted a corner It is reported from Iowa that the big packing firms are going out of the butter, egg and poultry business. The explanation is that for a year their attempted egg corner has failed to make good. The hens went to laying at the wrong and unexpected time and before the public had been forced to take the millions of dozens of eggs that the packing trust had in cold storage awaiting fancy prices the hens had smashed the market. Whether this explanation is complete or not, it is said to be known that the Armours have been selling their plants in Iowa, having dropped a large sum in the venture.—Springfield (Mass.) Republican.

Authorities.

Of old when Mabel sat at tea
She gossiped light to you and me,
And for authority gave free
What Bridget said.

Perchance she told with long-drawn face
Of how the Joneses fell from grace,
Or came within a very ace,
So Ethel said.

Perhaps she breathed in secret trust
A deep and skilful business thrust;
She knew a firm that soon would bust,
So Edward said.

But now those simple days are past.
She is a bridge enthusiast.
And only mentions, first and last,
What Elwell says.

For all accounts of knaves and slips
Her one authority equips,
You hear it always on her lips,
What Elwell says.

—McLandburgh Wilson in New York Sun.

Proficient in "Bulls."

Swift MacNeill is gaining unsought renown because of the bulls he makes in the house of commons. Not long ago he threw the house into convulsions by saying: "I will not repeat what I have been prevented from saying hitherto." This was shortly after he remarked, in criticising the speech of a cabinet minister: "It is necessary that some notice be taken of the reply which the honorable gentleman did not make."

GRIP'S UGLY SEQUEL

KNEES STIFF, HANDS HELPLESS, RHEUMATISM NEAR HEART.

Mrs. Van Scoy Experiences Dangerous After-Effects from Grip and Learns Value of a Blood Remedy.

The grip leaves behind it weakened vital powers, thin blood, impaired digestion and over-sensitive nerves—a condition that makes the system an easy prey to pneumonia, bronchitis, rheumatism, nervous prostration, and even consumption.

The story told by scores of victims of the grip is substantially the same. One was tortured by terrible pains at the base of the skull; another was left tired, faint and in every way wretched from anæmia or scantiness of blood; another had horrible headaches, was nervous and couldn't sleep; another was left with weak lungs, difficulty in breathing and acute neuralgia. In every case relief was sought in vain until the great blood-builder and nerve-tonic, Dr. Williams' Pink Pills, was used. For quickness and thoroughness of action nothing is known that will approach it.

Mrs. Van Scoy makes a statement that supports this claim. She says:

"I had a severe attack of grip and, before I had fully recovered, rheumatism set in and tormented me for three months. I was in a badly run-down state. Soon after it began I was so lame for a week that I could hardly walk. It kept growing steadily worse and at last I had to give up completely and for three weeks I was obliged to keep my bed. My knees were so stiff I couldn't bend them, and my hands were perfectly helpless. Then the pains began to threaten my heart and thoroughly alarmed me.

"While I was suffering in this way I chanced to run across a little book that told about the merits of Dr. Williams' Pink Pills. The statements in it impressed me and led me to buy a box. These pills proved the very thing I needed. Improvement set in as soon as I began to take them, and it was very marked by the time I had finished the first box. Four boxes made me a well woman."

Mrs. Laura M. Van Scoy lives at No. 20 Thorpe street, Danbury, Conn. Dr. Williams' Pink Pills are equally well adapted for any other of the diseases that follow in the train of grip. They are sold by all druggists.

DEPLORABLE POINTS.

Don't judge cigars and women by their wrappers.

Don't try to kill two birds with one stone. Use a shotgun.

Don't run into debt as long as you can find a stone wall to run into.

Don't judge a man by things his next door neighbors say about him.

Don't sit with your back to a sight draft; it may get too warm for you.

Don't request your grocer to supply you with butter of the first rank.

Don't punish children by striking them on the head. There are other places.

Don't waste your time disputing figures. They seldom lie—except in gas meters.

Don't think because life is short that one set of good resolutions will last a lifetime.

Don't forget that the money you intend to save is not drawing interest at the present writing.

Don't worry about trifles. Remember the hole that lets the water in your shoe will let it out again.

Don't imagine that every sad-eyed woman you meet has loved and lost. It's more than likely she loved and got him.

Don't censure a society woman for entering the theater a little late. She probably had to wash the dinner dishes before she started.

Solomon on Vienna Bench.

A Vienna court has condemned two men to pay a monthly allowance to the widow of a man whom they told, as a "joke," that his wife was not true to him, and who committed suicide in consequence.

GREAT CHANGE

From Change in Food.

The brain depends much more on the stomach than we are apt to suppose until we take thought in the matter. Feed the stomach on proper food easy to digest and containing the proper amount of phosphates and the healthy brain will respond to all demands. A notable housewife in Buffalo writes:

"The doctor diagnosed my trouble as a 'nervous affection of the stomach.' I was actually so nervous that I could not sit still for five minutes to read the newspaper, and to attend to my household duties was simply impossible. I doctored all the time with remedies, but medicine did no good.

"My physician put me on all sorts of diet, and I tried many kinds of cereal foods, but none of them agreed with me. I was almost discouraged, and when I tried Grape-Nuts I did so with many misgivings—I had no faith that it would succeed where everything else had failed.

"But it did succeed, and you don't know how glad I am that I tried it. I feel like a new person, I have gained in weight and I don't have that terrible burning sensation in my stomach any more. I feel so strong again that I am surprised at myself. The street noises that used to irritate me so, I never notice now, and my mind is so clear that my household duties are a real pleasure."

Name given by Postum Co., Battle Creek, Mich.

There's a reason.

Now why was this great change made in this woman?

The stomach and the brain had not been supplied with the right kind of food to rebuild and strengthen the nerve centers in these organs. It is absolute folly to try to do this with medicine. There is but one sure way and that is to quit the old food that has failed and take on Grape-Nuts food which is more than half digested in the process of manufacture and is rich in the phosphate of potash contained in the natural grain, which unites with albumen and water—the only three substances that will make up the soft gray filling in the thousands of delicate nerve centres in the brain and body. Grape-Nuts food is a sure road back to health in all such cases.

Women of the Kaffirs.

The Kaffirs believe that a woman is a necessary appendage to a household; the women care for their huts and do all the housework, while the men watch the cattle. They do not always marry as young as they like, and yet the youngest and most attractive girls often go to the ugly, old men with plenty of money. A man is not worried because he cannot win the favor of the girl he wants. Her likes and dislikes count for little.

Bring Messages from Dead.

There is a curious burial custom among the Mordovinians, who inhabit the middle Volga provinces of Russia and are professedly Christians. They believe that a deceased relative forty days after interment returns to his old home. Failing his visible return the next of kin personates him, dressed in his clothes, and professes to deliver solemn messages from the other side of the grave.

How Carpenter Drives Nail.

How many hammer strokes does a carpenter use in driving a nail? Perhaps not one carpenter in a thousand or one layman in ten times that number can tell, or ever thinks of it. The truth of the matter is this: The carpenter takes seven strokes in driving a nail into ordinary wood and twelve regular strokes and two finishing taps in driving nails into hardwood.

What Actuates a Woman.

Tell the average woman that a maximum of mutton means a minimum of morals, and she will probably laugh at you and go on eating mutton (if she likes it). But assure her that a charming complexion will result from vegetarianism and the butcher may justifiably feel forebodings of coming disaster.—Exchange.

Country for the Rich.

It costs money to live in South Africa. A woman resident in Johannesburg pays $60 a month for her cook and $35 a month to a Hindoo servant. In India she would have to pay only $5 a month for the Hindoo's services.

Where the Money Goes.

The American people spent as much money last year for gems and jewelry as they spent for pianos and other musical instruments, and more than three times as much as they spent for sewing machines.—New York Sun.

RESTORED TO HEALTH. THANKS TO PE-RU-NA.

Friends Were Alarmed—Advised Change of Climate.

Miss Mildred Keller, 718 13th street, N. W., Washington, D. C., writes:

"I can safely recommend Peruna for catarrh. I had it for years and it would respond to no kind of treatment, or if it did it was only temporary, and on the slightest provocation the trouble would come back.

"I was in such a state that my friends were alarmed about me, and I was advised to leave this climate. Then I tried Peruna, and to my great joy found it helped me from the first dose I took, and a few bottles cured me.

"It built up my constitution. I regained my appetite, and I feel that I am perfectly well and strong."—Mildred Keller.

We have on file many thousand testimonials like the above. We can give our readers only a slight glimpse of the vast array of unsolicited endorsements Dr. Hartman is receiving.

$100 Weekly Easily Made

writing health and accident insurance; experience unnecessary. Write Bankers' Accident Co., Des Moines, Ia.

The Young Physician.

WHAT HIS EXPERIENCE PROVED.

In the early sixties it was usually the duty of a practicing physician to ride many miles every day on his regular round of visits upon his patients. In those days a young man who had received a splendid medical training in one of the best medical colleges of that day was accustomed to ride ten, twenty or thirty miles or more visiting the sick and afflicted. His success was soon phenomenal. Doctors and families called him for consultation to towns at considerable distances by rail. One of his specialties was the cure of those distressing diseases of women. He had early discovered that by combining the vegetable extract of the following medicinal plants in just the right proportion without the use of alcohol—his prescription invariably *cured* such cases. Later, in order to place this remedy before the public in a shape easily to be procured, he established a laboratory at Buffalo, N. Y., where regularly qualified chemists were put in charge to accurately prepare his prescription and put it in shape for shipment to all parts of the United States. This remedy, which he named Dr. Pierce's Favorite Prescription, is not a "patent medicine" in the common acceptance of the term, but a tonic for women, and a regular physician's prescription, and contains the following non-alcoholic ingredients:

Lady's Slipper (*Cypripedium Pubescens*).
Black Cohosh (*Cimicifuga Racemosa*).
Unicorn root (*Chamælirium Luteum*).
Blue Cohosh (*Caulophyllum Thalictroides*)
Golden Seal (*Hydrastis Canadensis*).

Scientifically prepared by experienced chemists at the Laboratory of the World's Dispensary Medical Association, Buffalo, N. Y.

Dr. Pierce does not claim for his "Favorite Prescription" that it is a "cure-all." It is recommended as a most perfect specific for woman's peculiar ailments. So uniform are the results which follow the use of this remarkable remedy, that it can be truly affirmed of "Favorite Prescription" that *it always helps and almost always cures.* Ninety-eight per cent. of the women who give this medicine a fair and faithful trial are cured and remain cured.

It is a powerful invigorating tonic, imparting health and strength in particular to the womb and its appendages. The local, womanly health is so intimately related to the general health that when diseases of the delicate womanly organs are cured the whole body gains in health and strength. For weak and sickly women who are "worn-out," "run-down" or debilitated, especially for women who work in store, office or schoolroom, who sit at the typewriter or sewing machine, or bear heavy household burdens, Dr. Pierce's Favorite Prescription will prove a priceless benefit because of its health-restoring and strength-giving power.

THE PROOF.

"I want to tell you of the great improvement in my health since taking your 'Favorite Prescription,'" says Mrs. H. S. Jones, of Forest, N. C. "When I began its use I was a physical wreck and had despaired of ever having good health again. Could not sit up all day. I noted a great improvement before the first bottle was all used. Was suffering with almost every pain that a woman is subject to; had inflammation of the ovaries, painful and suppressed periods, and other symptoms of female disease. After taking six bottles of 'Favorite Prescription,' I felt like a new person. Can ride horseback and take all kinds of exercise and not feel tired."

FEEL CRANKY?—Case of constipation. A man or woman who neglects constipation suffers from slow poisoning. Doctor Pierce's Pleasant Pellets cure constipation. One little "Pellet" is a gentle laxative, and two a mild cathartic

Conviction Follows Trial

When buying loose coffee or anything your grocer happens to have in his bin, **how do you know what you are getting?** Some queer stories about coffee that is sold in bulk, could be told, if the people who handle it (grocers), cared to speak out.

Could any amount of mere talk have persuaded millions of housekeepers to use

Lion Coffee,

the leader of all package coffees for over a quarter of a century, if they had not found it superior to all other brands in

Purity, Strength, Flavor and Uniformity?

This popular success of LION COFFEE can be due only to inherent merit. There is no stronger proof of merit than continued and increasing popularity.

If the verdict of MILLIONS OF HOUSEKEEPERS does not convince you of the merits of LION COFFEE, it costs you but a trifle to buy a package. It is the easiest way to convince yourself, and to make you a PERMANENT PURCHASER.

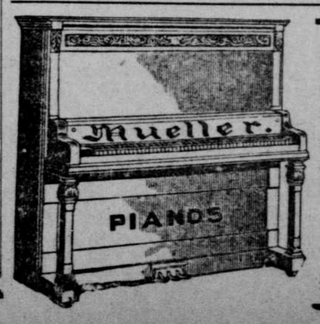
LION COFFEE is sold only in 1 lb. sealed packages, and reaches you as pure and clean as when it left our factory.

Lion-head on every package.

Save these Lion-heads for valuable premiums.

SOLD BY GROCERS EVERYWHERE

WOOLSON SPICE CO., Toledo, Ohio.



IMPROVEMENTS

recently added to the popular "Mueller" pianos, make them the greatest piano value known.

From our factory to the home.

SAVES $75.00 to $150.00

Our illustrated booklet—free for the asking—tells you why. Write for it today, we'll answer tomorrow.

Address the makers,

SCHMOLLER & MUELLER

(We have no agents.)

1313 Farnam St. OMAHA, NEB.

MEN'S PATRIOT $3.50 SHOE — WOMEN'S MAYFLOWER $2.50 SHOE

These Shoes were Awarded Grand Prize at St. Louis World's Fair

The **PATRIOT SHOE** for Men is made from all leathers, over stylish yet comfortable lasts, to fit any foot. They are Goodyear welts, which means flexible soles, with no wax or tacks to irritate the foot. The **MAYFLOWER SHOE** for Women is made in welts and hand turns. Is stylish, durable and comfortable.

Ask your dealer for them. If he does not handle these shoes, write us direct. They will please you and you will save from 50 cents to $1.50 per pair in prices usually charged for shoes of this character.

"STAR BRAND SHOES ARE BETTER"

ROBERTS JOHNSON & RAND SHOE CO. ST. LOUIS U. S. A.