NATURE'S GREAT DISINFECTANT. Let the Sunlight Reach Every Corner of the House and Destroy the Germs.

light. It is a most interesting fact ure, not only for the purpose of rescuthat this wonderful light, which pro- ing the victims of pulmonary tubermotes the growth of useful plants and culosis from the certain fate which sustains animal life, at the same time awaits them, but as an essential destroys by its very brightness all measure for protecting the public sorts of germs which are brought in health.

contact with it. It is this fact alone which renders the earth inhabitable. Germs develop with such marvelous rapidity that they would quickly overwhelm us by their very numbers if not constantly destroyed by the sun. A little computation will readily show this. Some germs are capable of such rapid multiplication that they may double every fifteen minutes under favorable conditions of temperature and food supply. Estimate the number of germs which might be produced in a single day of twenty-four hours, or ninety-six doublings. The number would be more than 'thirtytwo thousand billion billions, or sufficient to cover eighty thousand square miles a foot deep, or fill a space of more than fifteen cubic The increase of a minute ormiles. ganism occupying a cubic space of not more than one twenty-thousandth of an inch to such prodigious magnitude is beyond comprehension, and practically cannot occur; for while the germ may grow at this immense rapidity for a short time, the poisons which it produces become destructive to itself. The material upon which it feeds is also exhausted, so that its

growth ceases. Doubtless all have noticed the fact that mold grows during the night and in dark, damp cellars. Bright sunlight quickly destroys germs, mold, and other parasitic organisms. Diffused daylight does not act nearly so rapidly, but accomplishes in the course of a few hours what bright sunlight is capable of doing in a few minutes. It is clearly evident, then, that in order that our houses should be kept free from germs, they, like our bodies, should be made full of life. The shutters should be opened, the curtains raised, and the light admitted to every room in the house, closets included, so that the disinfecting power of light may be exercised in every nook and corner of the dwell-

Nature's great disinfectant is sun- plication of this simple curative meas-

Health Observations Abroad. One of the most pitiful sights in England is to see young women acting as barmaids in the public drinking places, and to see women elbowing their way to the bar and then stand there, shoulder to shoulder with a crowd of coarse, half-drunken men, and with them partake freely of intoxicating liquor. Unfortunately, this painful sight is not at all rare, and it is quite common to see drunken women reeling about in the streets. What a sad commentary on our modern civilization. In Copenhagen it is the custom to

dress young schoolgirls so that their arms are almost or entirely bare, even in weather when Americans appreciate their overcoats. This practice necessarily chills the blood, and tends to produce congestion of the internal organs, and undoubtedly lays the foundation for colds, pneumonia and tuberculosis.

among the urban population of Nor- The main facts of the French retreat them at every chance. The invaders, way. It is pitiful to note how this from the ruins of the great Russian plague is decimating this once hardy city are as follows: Napoleon had enrace. Sedentary life, indoor confinement and defective ventilation are undoubtedly the most prolific causes,

for fifty per cent of the tubercular cases make a satisfactory recovery when they are sent to some outdoor sanitarium; and what will cure a consumptive would certainly have prevented the onset of the disease.

The liquor curse is undermining the physical stamina of the Swedish race. Liquor drinking among the working classes is almost universal. Onethird of their population die before the age of twenty-one, and one-fourth of those who live, are rejected from military service on account of physical disgualifications.

BREAKFAST BREADS. Corn Puffs.-Beat together two and In the Grapevine Swing

l was just as near heaven As I wanted to be Swinging in the grapevine swing." -Old Song.

'Twas only a song in a quiet room, As the evening shadows fell. And the singer knew not of the joy she But she told her message well, For she sang to the heart and not to th

And her voice had a charming ring; 'Oh! to be a boy, with a heart full of Swinging in the grapevine swing."

have never been in the Sunny South, With its wealth of treasures rare. Tis only in dreams I have tasted its sweets

And breathed of its perfumed air; But the heart of the child and the heart of the man Are the same when all is done. Though reared 'neath the frosts of a win

Or nurtured 'neath summer's bright The cry of the heart for years passed

away. For chances that come not again. Goes up from all climes and conditions of

In sorrow, remorse and in pain; So no wonder the song with its sad re-frain To my senses sweet memories bring; "Oh! to be a boy, with a heart full of I lately saw a request in the Far-Swinging in the grapevine swing." The cares of life and the falsehoods of

The losses that caused me such pain; The trust I had given to those that I loved

away While I heard that sweet voice sing. 'Oh! to be a boy, with a heart full of joy, Swinging in the grapevine swing.

Happy the singer who values her gift And sings for the hearts of men; Happy the poet who breathes into verse The thoughts that shall live again; While ever and ever the cry returns. In man's fevered brain it will ring; 'Oh! to be a boy, with a heart full of joy, Swinging in the grapevine swing."

Refrain-Swinging in the grapevine swing. Laughing while the wild birds sing; Oh! to be a boy, with a heart full of joy,

Ketreat Armies 11 ureat

Russia's army in the retreat north- | forced to follow the path he had ward from Mukden suffered hardships that are strikingly like those undergone by Napoleon Bonaparte's soldiers in that terrible march from Moscow Tuberculosis is making sad havoc in the fall and winter of the year 1812. tered Russia June 24. He found the country through which his route lay

devastated and abandoned as he advanced, with no enemy to make a stand against him. He had to leave army had dwindled to 12,000 men. In large bodies of troops along his line of the retreat from Moscow alone 90,000 march and to detach forces to threat- had been lost. In the whole campaign en St. Petersburg and other cities. At the battle of Borodino, Sept. 7, one | 125,000 had been slain, 132,000 died of | of the bloodiest in history, the losses | fatigue and hunger and cold and 193,probably aggregated 40,000 on each 000 were made prisoners. Napoleon get no reinforcements, was fatal.

But still he pressed on and entered | zina, thus escaping total ruin and cap-Moscow, Sept. 14, to find himself tivity. robbed of the fruits of his victory by the terrible conflagration which broke

out two days later. Yet Napoleon beggars, tottered into Vilna, the old

mers' Review for methods used in fitting corn ground for planting. herewith briefly give my method that has given me the best of results: To start with I bought a piece of land To find it was only in vain; The remembrance of these was taken that had corn the last crop when I took possession. As I wished to bring

the land up I tried seeding; but the land had been cropped so many years with but little fertilizing material re-

turned, that it was too poor to grow clover. I gave this land a good dress-

Swinging in the grapevine swing." —Mary Bell, in Boston Transcript.

the dirt cultivator and gave it a thorough digging up. When it came time up as mellow as a garden, while ground joining that had not been disked was about as hard as a road. The first benefit of the disk culti-

Fitting Corn Ground.

vation was preventing the ground it set all the weed seeds to growing, and when the ground was plowed they blazed on the way to Moscow. At were effectually disposed of. Third, first the weather was fine and only benefit of disking: The ground was moderately severe. Then came rain, in such fine shape the corn came up snow and cold. The winter set in earso quickly that the weeder kept the lier than usual. Swarms of Cossacks weeds down, until the cultivator could surrounded the Frenchmen, harassing be used advantageously giving me. a very fine crop of corn. Three years worn out, were thrown into disorder. of this treatment put that worn-out The remainder of the retreat of Naland into shape to raise the biggest poleon's army has no parallel in hiskind of a crop of clover and timothy. tory for the various sufferings and hor-As we cannot tell beforehand just rors undergone. In November, by the what kind of weather we are going time he had reached the Berezina, his to get, we have to adopt methods that will give best results under all consome historians have estimated that both before and after plowing has

whether the season be wet or dry. A good many farmers don't like the over but once ridges the land and by laping half way it takes too much

time. Admitted, but the larger results It was a miserable throng which, on more than compensate for time and the evening of Dec. 6, like a crowd of energy. I think we farmers expect lingered in Moscow until Oct. 19. Then capital of Lithuania. In all nearly 600,- and energy expended. Farming is no too much of our land for the time he marced southward to Kaluga, ho- 000 soldiers had perished from cold bargain counter job. We have to pay



Multitudes of fruit trees are annually lost by being incorrectly planted. The careless man loses more trees than any other man simply because he

the ground for the tree. The worst

as the land would work nicely, I took | ing it while shoveling out the dirt.

way. When the tree is set in the hole and right one. My feet were badly affected, the dirt filled in, the conditions are especially the bottoms of the heels. ripe for the killing of the tree at the When my right side was affected there drying out and baking hard. Second, first heavy rain. The hole becomes a was swelling, but the left side didn't sort of sink in which the water re- swell when the disease settled there. mains. Air cannot get to the roots of The internal organs didn't seem to be the tree and hence no food can be ta- involved at all. The trouble was all in ken into the system of the tree. the muscles and the nerves." When the warm days come, the tree sends out its leaves, which are devel- Mr. Jones to think that a cure might

> But no new food gets in, as the roots liams' Pink Pills, and acting on her are immersed in water. After a little advice he bought a box of them in Septime the leaves on the tree begin to tember, 1904. The story of what folis affecting the tree. In another more satisfactory.

month the tree is dead. ditions; and I have found by years of up thoroughly and providing some way Williams' Pink Pills were the right experience that land that is well tilled to let off the water. Frequently the medicine for my case. I kept on with always given me the best results trees are not placed in mere holes. I am entirely well, and everybody is With the ground well stirred up the asking what I took." side. The loss to Napoleon, who could was now reinforced by 18,000 men, disk cultivator, saying that going the trunks of the newly set trees, and Mich. Dr. Williams' Pink Pills effect

> saturated with water. Trees should not be set too deep. Some seem to think that the deeper a tree is set the better, but most trees send out their roots near the surface of the ground. It is allowable to set whole lot of financial assistance. a tree one or two inches deeper than

HOW HE GOT RID OF HIS OBSTINATE MUSCULAR RHEUMATISM. Mr. Jones Tells of the Way by Which He Treated Himself Successfully

EVERY ONE ASKS HIM

When Doctors Failed.

Six physicians, all of them good, one of them a specialist, had done their best for Mr. Jones at different times during three years, and still he suffered fearfully from the tortures of rheumatism. The rheumatism that had been dortries to save trouble in the work of mant in his system was suddenly planting. He saves work in preparing | brought to an acute stage by exposure while he was drawing ice in February, method is quite commonly followed, 1901. From that time on for a period which is to merely dig a big hole in of more than three years he was a consoil that has been for a long time un- stant sufferer. He tried many kinds of disturbed. The soil in the hole is loose, treatment, but the rheumatism wouldn't and soil around the sides and on the budge. When regular doctors failed, bottom is hard packed. Often this and one remedy after another proved hard packing is made worse by the aseless, many said: "I should think he ing with stable manure, then as early men getting into the hole and tramp- would give it up and save his money." Of his condition at this time, Mr. This virtually "puddles" the bottom if Jones says: "My rheumatism started the soil be moist, and this renders it in my right thigh, but in time it apto plow for corn this ground plowed almost impervious to water. Stock peared in every muscle of my body. I ponds are made water tight in that lost the use of my left arm entirely and nearly lost the use of my

> Among the few who still encouraged oped from the latent plant food stored | yet be found was a friend who had reaup in the tree from the previous year. son for great confidence in Dr. Wilwither, and the owner wonders what lowed is brief, but nothing could be

> "When I was on the third box," says The right way to plant a tree is to Mr. Jones, "I could real'ze a change for prepare all the ground by stirring it the better. I felt sure then that Dr. slope of the ground will do this, if the them for several weeks longer and now

> water that falls will not collect around Mr. William Jones lives at Oxford. the soil will not be for any long time wonderful cures in rheumatism, because they work directly on the blood which is the seat of the disease. They are sold by every druggist.

> > A little friendliness is worth a

ing.

iner.

and the yolks of two eggs, until thoroughly blended. Add two cupfuls of Occupation and Tuberculosis. The influence of occupation as a cause of consumption is shown by Dr. batter thoroughly; stir in lightly the

J. M. French in the Medical Examwhites of the eggs, beaten to a stiff froth; turn into heated irons. and At least four classes of employ- bake.

ments ments have a tendency to favor the development of tuberculosis. They are:

1. Sedentary employments in illwith one cup of boiling milk. Beat until smooth, and drop on a griddle, ventilated apartments, involving confinement in impure air, and other unin cakes about one inch in thickness. and bake slowly for an hour. Turn wholesome conditions. This class of occupations is typified by the sowhen brown. If preferred, the baking called swet-shops for the manufacture | may be finished in the oven after the ty to those who may be able to get a the distress existing in the industrial hardest ways. Some travelers tell us of various articles of clothing. first turning.

2. Employments which necessitates very light, add to it one tablespoon- permit them to maintain a state of than 20 per cent of the people in these crooked, said crookedness being due the inhalation of irritating dust and noxious vapors. Such are those of ful of thick sweet cream, a little salt, physical efficiency." Only the most states, in ordinarily prosperous yezrs, stone-cutters, bleachers, matchmak- if desired, and two cupfuls of cooked miserable of them are starving or de- are in poverty. This brings us to the hominy (fine). Thin the mixture with pendent upon charity. Mr. Hunter, in conclusion that one-fifth, or 6,600,000, a straight path centuries ago. We ers, file-cutters, grinders, engravers, one cupful or less of boiling water his work, says that the total number persons in the states of New York, have begun to straighten out the etc.

3. Employments which involve the overuse or abuse of certain muscles. and bake in heated irons. Sally Lunn Gems .- Beat together lieves that in the last fourteen years ana and Michigan are in poverty. Tak-These are athletes, prize fighters, the yolk of one egg, two tablespoon- the number of paupers has increased ing half of this percentage and applygymnasts, wrestlers, professional bicycle riders, ball players, etc., a large fuls of sugar, and one cupful of thin, to 4,000,000. proportion of whom die eventually of ice-cold, sweet cream. Add slowly,

phthisis. 4. Employments which involve undue familiarity with intoxicants. These are those connected with manufacture and sale of wine, beer and the various classes of alcoholics. irons.

Tatham's tables show that, taking the Cream Corn Cakes .- Into one cup average mortality from consumption of thin cream stir one and one-half at one hundred, that of publicans is cups of granular corn meal, or enough one hundred and forty, of brewers one to make a stiff batter; add one-third of a teaspoonful of salt; beat well, hundred and forty-eight and of bartenders two hundred and fifty-seven. drop into heated irons, and bake.

Overcoming Hereditary Tuberculosis. Much is being said nowadays respecting the out-of-door treatment of tuberculosis, a disease which, while rarely directly transmissible by heredity, is one the predisposition to which incorporate as much air as possible, is in the highest degree hereditary. until the dough is too stiff to be stirred: then knead thoroughly, form It has been clearly shown by numerous experiments in various parts of into rolls and bake. the United States that out-of-door life Hoecake .- Scald one pint of white with regular hygienic habits, irrecorn meal, with which, if desired, a spective of altitude or special climattablespoonful of sugar and one-half ic advantages, is capable of so aiding teaspoonful of salt have been mixed, the natural powers of the body as to with boiling milk, or water enough to effect a cure of this formidable malmake a batter sufficiently thick not to ady without the use of drugs of any spread. Drop on a hot griddle, in

sort. large or small cakes as preferred, Tuberculosis is a disease of civiliza- about one-half inch in thickness. tion. It scarcely exists among sav- Cook slowly, and when well browned ages who live in the primitive state, on the underside, turn over. The but quickly appears among such peo- cake may be cooked slowly until well ple when the habits of civilization are done throughout, or, as the portion adopted, especially the indoor life. underneath becomes well browned, The South American monkey and the the first brown crust may be peeled North American Indian alike fall vic- off with a knife, and the cake again tims to this disease when shut away turned. As rapidly as a crust befrom the sunlight and active exercise | comes formed and browned, one may

out of doors.

be removed, and the cake turned, an-The time is not far distant when | til the whole is browned. The thin, every large city will find it necessary wafer-like crusts are excellent served to provide conveniences for the ap- with hot milk or cream.

ping to make his way through a rich and bullets and hardships or had disone-half cupfuls of unskimmed milk and unexhausted country. But he was | appeared.

best granulated corn meal. Beat the Millions Living in Poverty

According to Robert Hunter, whose were recipients of private or public recent book on "Poverty," the result | charity; that in 1903 almost 20 per-Corn Dodgers .- Scald one cupful of of several years' experience in char- cent of the people in Boston were in best granulated corn meal, into which ity and settlement work in Chicago distress; that 14 per cent of the fama tablespoon of sugar has been sifted, and New York, has attracted much atilies of Manhattan were evicted, and tention, at least ten million persons in the United States are living in a conpers' burials.

dition of acute poverty. Mr. Hunter applies the word pover- estimate that can fairly be made of though those ways be the longest and

bare sustenance, but who are not able states is 14 per cent of the total popu-

beating at the same time, one cup and from almshouses and on figures sup- ties, as, for instance, Wisconsin, Colo- uses many cords of wood every year, two tablespoonfuls of sifted Graham plied by the Charity Organization so- rado, California, Rhode Island, etc., flour. Beat vigorously, until full of ciety of New York city. Mr. Hunter the conclusion is that not less than seems to have thought of. I have a air bubbles, add the white of the egg adds that in 1899 more than 18 per 10,000,000 persons in the United windmill that saws the wood and does beaten stiffly, and bake in heated cent of the people of New York state States are in poverty."

Moros Tenacious of Life

Experience in the Philippines has | "Too fast to tell, I poured four shots taught American army officers that into the mad Moro, but to my conthe 38-caliber revolver now in use sternation they seemed wholly withcup of cold cream add one-half cup of is too light and that the Moro on out effect. In desperation and bitter-Cream Graham Rolls .- To one-half soft ice water. Make into a dough the warpath is hard to kill. They with three cups of Graham flour, think a 45-caliber is needed in place sprinkling in slowly with the hands, of the lighter 38-caliber. Maj. Robert I spared the last two shots, springbeating at the same time, so as to L. Bullard, 28th United States infan- ing forward in the last hope of show try, relates the following story: "In ing the revolver's muzzle against a fight by boat last year with the sul- him, and so to blow out his brains or tan of Toros on Lake Lanao I sud- heart. In that hundredth part of an denly heard a death groan and a fear- instant he stooped to clear a bamboo

ful struggle behind me. I turned to bow that looped the narrow boat over find in my boat a hostile Moro, kris the body of the fallen oarsman. in hand and the awful fire of murder thrust my muzzle against the top of blazing in his eye. One stroke of his his close-cropped head and fired. deadly knife had half severed the Then at last he felt the 38 and sunk head from the body of my soldier forward upon his own weapon." steersman, and the flashing blade was | Capt. Carter, 14th cavalry, had to raining blows into the bottom of the fire three shots into a Moro before boat at the prostrate, writhing form he could kill him, although the first and flying legs of the soldier oars- shot hit him in the heart. Between man who had occupied the place be- the three shots the Moro cut the face tween me and the steersman. The off a woman and badly wounded a latter, his head fallen sadly forward man who would have been saved on his breast, sat bolt upright in his from these injuries had the revolver

I shoes ever since."



Felizardo and Montalon are leaders | would-be captors. They have operat- loamy nature the seeds are covered of the Ladrones in Cavite and Batan-ed since the inception of civil govern-gas in the Philippines A field cor-ment almost exclusively in the prov-ly send up leaves.

full price to our land for all we get biggest crops possible, and at the same time leave our farms in better condition than they were before the crop was grown. Dane Co., Wis .- C. live. L. Thompson in Farmers' Review.

The Shortest Method.

I cannot help thinking that the American farmer as well as every that every year about 10 per cent of other kind of a farmer needs to learn those who die in Manhattan have pau. how to do things by the shortest method. We know how prone people He adds: "The most conservative are to do things in old ways, even that in some of the countries they Hominy Gems.-Beat one egg until to obtain "those necessaries that will lation, while in all probability no less visit the highways are wonderfully to nothing in particular, but to some until it will form easily, beat well, of paupers in the United States in Massachusetts, Connecticut, New Jer. roads in this country, even on the

1891 was about 3,000,000, and he be- sey, Pennsylvania, Ohio, Illinois, Indi- uneven lands, but we need also to straighten some of our methods. I ing it to other states, many of which still saws his wood by hand. He has the plan we are following: We set

other farm chores for me. I notice

the said neighbor has among his tools the oldest and most inferior makes, even to his having tools. There are other tools that would decrease the ness of heart, cursing such arm and Perry, Blackhawk Co., Ia.

A Radish Bed.

Every one considers it easy to grow radishes, but I have not always found a rich soil and moisture. For my radish bed I prepare the

ground very carefully, working in manure and fining the soil as much as possible. When the seed is sown I see itself or of remaining covered and the air dries out the soil so quickly around the seed that the little sprout is killed. When the soil is largely of a sandy or

al state

it was in the nursery row, as the from it. We should aim to grow the ground is sure to settle some around Binder" straight 5c cigar now sold annuit. If a tree is properly set and if it ally. Made of extra quality tobacco. Many is in good condition at time of setting who formerly smoked 10c cigars are now there is no reason why it should not Factory, Peoria, Ill.

The Strawberry Bed. Last spring we set a strawberry bed,

and it has come through the winter in good shape, even without a cover save the cover the snow gave it. I am trying a new method this time. The old strawberry bed was allowed to develyear filled up with weeds-wild let. Trial package FREE. Address A. S. tuce, blue grass, dandelions and buttercups. We put the children at work

and succeeded in keeping out the weeds till after fruiting. But it is no easy task to get children to pull the weeds. They don't like to do it, and equals the value of the strawberry, in my mind.

notice my neighbor across the way out a new bed a year ago, and this is T. Hooray."-Kansas City Times.

He bases his figures on the returns have important industrial communi- a big house and a big family and the rows thirty inches apart. That is pretty close together, but we do not but the hand work is the only way he | intend to permit the rows to get wider | time of doing certain kinds of work on the farm, for in the season when a quarter, but he never figures time | weeds are growing most rapidly in the as anything. As a result he has to strawberry bed they are also growing employ a third more hired labor on most rapidly in the corn fields. The but would not be if both the child the same area than I do .- Adolphus men on the farm will deem the corn and the parent were alive to the real

strawberry patch and will not culti- cannot be acquired in one way it can vate the latter unless they can do it in another. The trouble is that the in a very short time.

it so. It is one thing to grow radishes berry plants are kept narrow and the leaves everything to the child. and another thing to grow radishes soil well cultivated between the rows that are tender, crisp and really nice the plants shade the ground directly to have on the table. To get a good under them, and the weeds do not radish, it must be grown quickly. To start. The trouble with weeds comes and insect destruction of the wooden get quick growth we must have both where the plants are thinly set .- Min- poles the eighty miles of telephone nie Lacker, Brown Co., Ill.

Borers.

Borers always burrow in the base of the trunks of trees. The only way that the ground is warm enough to to fight them at this time of year is permit of the germination of the seed, to inspect the trees and dig out the though of course radish seeds do not borers with a stiff wire. It is well to require as much heat for germination | scrape all the loose bark off the trunks as do some other seeds. The soil of the trees and whitewash them should not be a heavy clay, for in that | This will at least make it easy to find case it cannot be worked fine enough. the borers, and the whitewash will The lumps prevent the seed covering perhaps prevent to some extent the ly confession of the fact. entrance of borers.

Trapping Canker Worms.

sticky bands around the trees. If the dressing up:

Quality Brings the Business. Seven million (7.000,000) Lewis' "Single smoking Lewis' Single Binder. Lewis'

A man may be the head of the family, but he has to foot the bills.

In a Pinch, Use ALLEN'S FOOT-EASE. A powder. It cures painful, smarting, nervous feet and ingrowing nails. It's the greatest comfort discovery of the age. Makes new shoes easy. A certain cure for op great wide rows that in the second sweating feet. Sold by all druggists, 25c. Olmsted, Le Roy, N. Y.

Completed the Cheer.

A day or two are there appeared on the register of the Coates house the names of Charles Hipp and Mrs. Hipp of Chicago. A traveling man, who was the next arrival, picked up a pen and, hesitating amoment, said In the fourth year of the old bed we to the clerk. "I guess I'll change my got discouraged at the number of name today." Then under the names weeds and abandoned it. Then we set of the Chicago guests he wrote, "John

Game She Didn't Like.

A little girl, the daughter of a minister, was up later than usual one than six inches. That will make it night, and for the first time in her life easy to use the wheeled hoe in cultiva- was present at family prayers. Durtion and thus cover most of the sur- ing the reading of the Bible she was face. The idea is to bring about a very quiet, but when her father knelt condition in which hand work in weed down to pray she went up to him, and, destruction will be very small in touching him on the shoulder, said: quantity. 'This is absolutely necessary "Pa, I don't like to play at this game."

Poverty and Education.

Poverty is a great bar to education, field of more importance than the value of an education. If education judgment of the child is too immature I find that when the rows of straw- to prove a safe guide, and the parent

Insects Destroy Telephone Poles.

Owing to the climatic deterioration line in Abyssinia have to be constantly patroled by special police to insure continuous operation.

HONEST CONFESSION.

A Doctor's Talk on Food.

There are no fairer set of men on earth than the doctors, and when they find they have been in error they are usually apt to make honest and man-

A case in point is that of an eminent practitioner, one of the good old school, who lives in Texas. His Trap the canker worms by placing plain, unvarnished tale needs no

			ment almost exclusively in the prov-		die. When the leaves have developed	warrantable and unreasonable, against
Point of Etiquette.	Rothschild Declined Fortune.	froid characterizes the movements of	ince of Cavite and apparently have	the second of the second	Indity calined worms get to the ground	all inucitiv adverticed food
Soon after the train left Lansing	Baron Rothschild, head of the	these two and acious loadors. In the	low forces Time often time towns	hose by which the water is supplied		
		Paranaque raid, Felizardo, on his	ary lorces. Time after time towns	to the radish hed for of course one	crawi back onto the trees where not	of Grape-Nuts, nor tested the food and
to be considerably perturbed about	received a curious legacy This was	beautiful gray pony, stolen in 1901	garrisoned by constabulary have	could never afford to carry water in	prevented by some device, the best of	last winter.
something, and his seatmate finally	the fortune of an ancient beggar	from Pasay racetrack, rode almost	then have invertible made and white	a nail for the supplying of the radish	which is the cne mentioned.	"While in Corpus Christi for my
turned to him and asked him if he	named Abraham Fidler who died in a	from Pasay racetrack, rode almost	they have invariably made capture of	bed. I believe that every farmer	and the second	meanin, and visinne me wave
was ill.	gamet at Nice and wes found to need	over the constabulary sentinel. The	rifles, ammunition and constabulary	bed. I believe that every farmer	The Bud Moth.	who has four of the ruddiest, health-
	garret at Nice, and was found to pos-	latter, although he emptied his piece	uniforms, the troops have been un-	should have an artificial supply of	In all sections where the bud	who has four of the ruddiest, health- iest little boys I ever saw. I ate my
find myself in a quandary."	tess 1,250,000 francs. He bequeathed	at Felizardo's breast, was unable to	able to approach them sufficiently	moisture for use in his garden during	moth has been prevalent last year the	first dish of Grape-Nuts food for
mu mysen m a quandary.	it to the other millionaire ch the ple	hit him. The corporal of the guard	close to deal them a heavy blow."	the dry spell, which sometimes begins	apple trees should be sprayed with	sons I became little grand-
A3 10".	Lat money must seek money. Baron	also fined his nistal but with no hat.	On eveniation of informing the au-	in the middle of May Milton Knight,	Paris green or arsenate of lead before	sons I became any fittle grand-
Are you up on the rules of et-	Rothschild was not of the opinion, in	ter success. Felizardo, however, from	thorities as to the movements of la-	Cherry Co., Neb.	the buds open. The caterpillars of	sons. I became exceedingly fond
Querre:	I uns case at any rate and he pro-	the west in the seddle what down the	Annual in Datas - Color Mar action		this moth feed upon the opening	or it and have eaten a pack-
rang so. where is the point.	cecucu to mant no the important and	another I in cold blood cheming the	Deer Calassa was seenth astard De	Wheat Smut	leaves. The spraving should be re-	age of it every week since, and find it a delicious, refreshing and strengthen-
It card and and any arrow out	Tor o relations, three of with the work	I maket nomenicable monitramonatin for	order of Montalon, the leader of the	Smut is the annoying product		
			outlaws his lins were cut off The	which are black or brown. At thresh-		
know whether etiquette requires that	lyn. The legatee divided the million	chin	victim was also "hamstrung," the	I A A A A A A A A A A A A A A A A A A A	Spraving the Apple	with which r
I take myself into the next car ahead	and a quarter among them.		the second secon	multitude of spores, is scattered	The first spraving of troos should	was formerly much troubled), no sense of fullness, nausea, nor distress
and out of her sight or whether I			tendons of his legs being severed, so	through the main The following	he as soon as the blass and	a anthosa, nausea, nor dist.
should cell her if she doesn't like my	At School Late in Life.	Montalon have been reported as sur-		arring when the good is planted the	to an and the newspaper of the	any way.
looks she can go herself!"-Chicago	William Standler, a soldier of the		is now under hospital treatment in	spring when the seed is planted the	to prevent the ravages of the curcuno	"There is no other food that
News.	confederacy and 70 years old, is a	ways succeeded in eluding their	Manila.	1 11 . there allies plant nonotratos	should be with Davis and	WOIL OF SITS BO HELL
	pupil in the Agricultural and Mechan-			I is the TA developer with	manufactor and in Douders	e show and any stomach
Taxes Eat Up Income.	ical college at Starkville, Miss. He	The Cause of His Tears.				
	never went to school in his youth	The Rev. Charles Bromfield, a well-	boy immediately told his troubles to	the development of the plant and	keeping the foliage wen covered with	since I began the use of Grape-Nuts than I have been for 10 years, and am no longer troubled with
board of agriculture, of England, said	and now that his ton children here	known Baptist minister of Rhode Isl-	his governess, who exclaimed:	brings forth seed at the time the	the mixture thi the fruit is nearly	than I have been for 10 vante
at a meeting that in his own district,	married and set up for themes	and, was of an emotional nature and	"Why. Charles, I am surprised that	plant should form seed. Often the	grown.	no longer troubled with nausea and indigestion." Name sizes and
the county of Surrey, taxes were so	thinks it is time for him to get an	wept copiously on all occasions. One		substance of the grain plant goes to	Orchardists are now awaking to the	indigestion." Name given by Postum
high and returns from the land so	ucation Someone told him that Get	day his son, aged 9, burst into the	going to a circus."	form seeds of the smut plant instead	Orchardists are now awaking to the fact that the humus in the soil must	Co., Battle Creek, Mich
small that he had made up his mind	learned Grock at 90 as he desided	study with the announcement that the			to concoursed In the next the sta	Litere's a reason.
	enter the college.		small boy, "pa is in his study crying		of the orchards have been density	Look in each pkg. for the famous
to sen most of his property.	enter the conege.	go. His father very promptly refused ,		The breeding of plants is as import-	burning by too constant grouping	Look in each pkg. for the famous little book, "The Road to Wellville."
	+ Contraction of the second			ant as the breeding of animals.	numus by too constant croppings	" wellville."
	The second s			When the second s	and the second	

I SINCAINED, ALOU.

the fate that had given it to the sol-

dier to fail him in his hour of need,