Many Persons Have Catarrh of Kidneys, Or Catarrh of Bladder and Don't Know It.

President Newhof and War **Correspondent Richards Were** Promptly Cured By Pe-ru-na.

Mr. C. J. Newhof, 10 Delamare street. Albany, N. Y., President Montefiore Club, writes:

"Since my advanced age I find that I have been frequently troubled with urinary ailments. The bladder seemed irritated, and my physician said that it was catarrh caused by a protracted cold which would be difficult to overcome on account of my advanced years. I took Peruna, hardly daring to believe that I would be helped, but I found to my relief that I soon began to mend. The irritation gradually subsided and the urinary difficulties passed away. I have enjoyed excellent health now for the past seven months. I enjoy my meals, sleep soundly, and am as well as I was twenty years ago. I give all projecto Peruna."-C. B. Newhof.

Suffered From Catarrh of Kidneys. Threatened With Nervous Collapse, Cured by Pe-ru-na.

Mr. F. B. Richards, 609 E. Street, N. W., Washington, D. C., War Correspondent, writes: "Exactly six years ago I was ordered to Cuba as staff correspondent of the New York Sun. I was in charge of a Sun Dispatch boat through the Spanish American war. The effect of the tropical climate and the nervous strain showed plainly on my return to the states. Lassitude, depression to the verge of melancholia, and incessant kidney trouble made me practically an invalid. This undesirable condition continued, despite the best of treatment. Finally a brother newspaper man, who like myself had served in the war, induced me to give a faithful trial to Peruna. I did so. In a short time the lassitude left me, my kidneys resumed | desired results. Peruna is the only ly recommed Peruna to those suffering | trouble nor a cold in my system." with kidney trouble. To-day I am able to work as hard as at any time in my life, and the examiner for a leading insurance company pronounced me an "A" risk."

In Poor Health Over Four Years.

Toronto, Can., a prominent merchant of | ent in its effect. that city and also a member of the Masonic order, writes:

"I have been in poor health generally removing the cause of catarrh. There for over four years. When I caught a are a multitude of homes where Peruna bladder and kidneys, causing serious years. Such a thing could not be postrouble. I took two greatly advertised sible if Peruna contained any drugs of kidney remedies without getting the a narcotic nature.



PRES. C. B. NEWHOF, Suffered From Catarrh of Bladder. (.....

cure was effected. I cannot too strong- to me. I have not had a trace of kidney

Pe-ru-na Contains No Narcotics.

One reason why Peruna has found permanent use in so many homes is that it contains no narcotic of any kind. Peruna is perfectly harmless. It can be used any length of time without acquir-Pe-ru-na Only Remedy of Real Benefit. ing a drug habit. Peruna does not pro-Mr. John Nimmo, 215 Lippincott, St., duce temporary results. It is perman-

> It has no bad effect upon the system, and gradually eliminates catarrh by

Grizzlies Feast on Sheep 2-3

Early one frosty October morning | terest was about to happen, so he when the little Nimrod was sitting in watched the bears and the sheep ata crevice of the mountain's side bask- tentively. After awhile, when the ing in the sun he espied way down in lower bear, the only one now in view, the valley three grizzlies, says a writ- had climbed to a point which revealed er in the Metropolitan. From the for- him to the sheep, they became restmer trailing he had done he knew less and began to ascend rapidly. them to be a great male and two fe- Whenever the bear was seen to quickmales as his mates. en his pace the big-horns would at

As the boy watched them he say once quicken theirs. that they went off in different direc- . Up, up, up the rugged precipice they tions, one ascending the face of the scurried and ever faster followed the opposite mountain, while the other bear. After an exhausting ascent of two worked their way around either the steepest cliff on the mountain's side of its base before commencing side the band gained the top and for the ascent. As he watched them he a second rested. Then, as two great noticed that while the bear that was forms rushed out among them, confuclimbing up the mountain's face took sion seized the herd and they dashed things leisurely the other two were away in all directions, many leaping going much faster and that they were panic-stricken over the precipice. heading up toward the back of the A moment later, after having killed the couple they had seized, two grizmoustain.

The lad, wondering what the bears | zly bears that had ascended the back were about, began to scan the moun- of the mountain waddled forward to tain and discovered a band of big- the edge of the cliff and stared down horn sheep feeding on the mountain's at their accomplice feasting upon a front very near the top. Standing sheep that had been mangled upon Wolf felt sure that something of in- the crags below.

Billiards an Old Game

The game of billiards may lay claim 1 and a red, blue and yellow one. to great antiquity, for in "Anthony and | The English game is played quite Cleopatra" Shakespeare makes Cleo- differently from the American and patra say: "Let us to billiards;" and French games. It is a combination of so, unless we accuse the great poet of the American games of both pool and error in chronology, we have traced | billiards, being played on a table havthe game back to a period before the ing pockets, as in an ordinary pool know whether she is married, precise- entire female system, and while there would advise all women suffering with kidney Christian era. In early times a simi- table, and the points as scored in both | ly as though she were labeled. lar game was played on the grass or of the American games being counted. a healthy condition, and a complete remedy which was really of any benefit turf with stones, and later with balls | The French and American games are of lignum vitae and other substances. played with three balls upon a table is because made by an entirely differ-How to apply the right "twist" or without pockets and only "canons" or "English" to the cue ball is one of the "caroms" are counted. In America the for 10 cents.

most interesting and important ele- game of billiards has undergone a ments in the art of good playing. In rapid development on account of the early times only two balls were used, great skill acquired by American play-

and each player sought simply to ers. Early in the last century the remain indoors because of a severe pocket the ball of his opponent. The game was commonly played with four cold. Looking out of the window, she red ball was introduced as a novelty balls upon a pool table, more or less saw her favorite boy playmate with to keep the game from dying out. As like the present English game, for another little girl. They were having time has gone on the game has had a both pocketing the balls and making a fine time in the snow. Turning to varied development in different coun- caroins were counted, but in time this her mother, the cooped-up exclaimed: tries. In Spain they play with three style of playing proved so simple that "I never did like that girl." balls and five wooden pins are set up a table was adopted without any pock-

bad cold last winter it settled in the has been used off and on for twenty in the middle of the table. In Russia ets in it-and caroms only were countthey play with five balls, two white ' ed .- Outing.

Words Wnich France Likes, ing recent years without any employment of italic type or quotation marks, is considerable. In a rapid skimming of one number of a Paris daily paper, an editor came across the words "interview," "meeting," "dockers," "steeplechase." "handicap," "editorial," "wagon," "clown," and "tramway."

Shake in Your Shoes.

Allen's Foot-Ease, a powder, cures painful, smarting, pervous feet and ingrowing nails. It's the greatest comfort discovery of the age. Makes new shoes easy. A certain cure for sweating feet. Sold by ali druggists, 25c. Trial package FREE. Address A. S. Olmsted, Lo Roy, N. Y.

Worth Remembering.

It made the air shine after the sound had died away, and yet it was just the remark of a young man who walked past me one day arm-in-arm with a companion: "Depend upon it, Tom, St. Edmund of Canterbury was right when he said to somebody. Work as though you would live forever; live as though you would die today.' "--Exchange.

Lewis' "Single Binder" straight 5c cigar. No other brand of cigars is so popular with the smoker. He has learned to rely upon its uniform high quality. Lewis' Factory, Peoria, Ill.

Where a Lady Tells Her Age. When ladies go to buy a dress in Japan they tell the shopkeeper their age, and whether they are married, because there are special designs for the single and double relations of life, as well as for ages. The consequence of this custom is that you can tell the age of every lady you meet, and

Why It Is the Best

Promptly Fixing the Blame. Miss Three-Year-Old was obliged to

All Up-to-Date Housekeepers use Defiance Cold Water Starch, because it is better, and 4 ounces more of it for same money.

marvelously successful it is.

The number of English words ab-sorbed into the French language dur-

Lydia E. Pinkham's Vegetable Compound is Especially Successful in Curing This Fatal Disease.



Of all the diseases known, with | Mrs. Samuel Frake, of Prospect which women are afflicted, kidney dis- Plains, N. J., writes: ease is the most fatal. In fact, unless Dear Mrs. Pinkham:-

early and correct treatment is applied, I cannot thank you enough for what Lydia

the weary patient seldom survives. Being fully aware of this, Mrs. Pink-Being fully aware of this, Mrs. Pinkham early in her career, gave exhaust-ive study to the subject, and in pro-My back ached dreadfully all the time, and I ducing her great remedy for woman's suffered so with that bearing-down feeling ills-Lydia E. Pinkham's Vegetable could hardly walk across the room. I did not Compound-was careful to see that it gt any better, so decided to stop doctoring contained the correct combination of herbs which was sure to control that fatal disease woman's kidney troubles fatal disease, woman's kidney troubles. my own work, have no more backache and The Vegetable Compound acts in har- all the bad symptoms have disappeared.

mony with the laws that govern the I cannot praise your medicine enough, and are many so called remedies for kidney trouble to try it.

troubles. Lydia E. Pinkham's Vege- Mrs. J. W. Lang, of 626 Third Avetable Compound is the only one espe- nue, New York, writes:

cially prepared for women, and thou- Dear Mrs. Finkham :-

sands have been cured of serious kidney | I have been a great sufferer with kidney ent process. Defiance Starch is unlike derangements by it. Derangements of trouble. My back ached all the time and I any other, better and one-third more the feminine organs quickly affect the was discouraged. I heard that Lydia E. kidneys, and when a woman has such | Pinkham's Vegetable Compound would enra symptoms as pain or weight in the kidney disease, and I began to take it: and it has cured me when everything else had failed. loins, backache, bearing down pains. I have recommended it to lots of people and urine too frequent scanty or high col- they all praise it very highly. ored, producing scalding or burning,

Mrs. Pinkham's Standing Inor deposits like brick dust in it; unvitation. usual thirst, swelling of hands and feet.

swelling under the eyes or sharp pains Women suffering from kidney in the back running down the inside trouble, or any form of female weakof her groin, she may be sure her kid- ness are invited to promptly communinevs are affected and should lose no cate with Mrs Pinkham, at Lynn, time in combating the disease with Mass. Out of the great volume of ex-Lydia E. Pinkham's Vegetable Com- perience which she has to draw from, pound, the woman's remedy for wo- it is more than likely she has the very knowledge that will help your case. man's ills. The following letters show how Her advice is free and always help-

ful.

Say Plainly to Your Grocer

That you want LION COFFEE always, and he, being a square man, will not try to sell you anything else. You may not care for our opinion, but

What About the United Judgment of Millions

of housekeepers who have used LION COFFEE for over a quarter of a century? Is there any stronger proof of merit, than the



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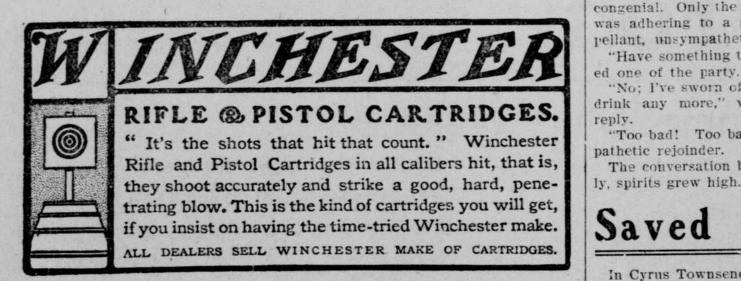
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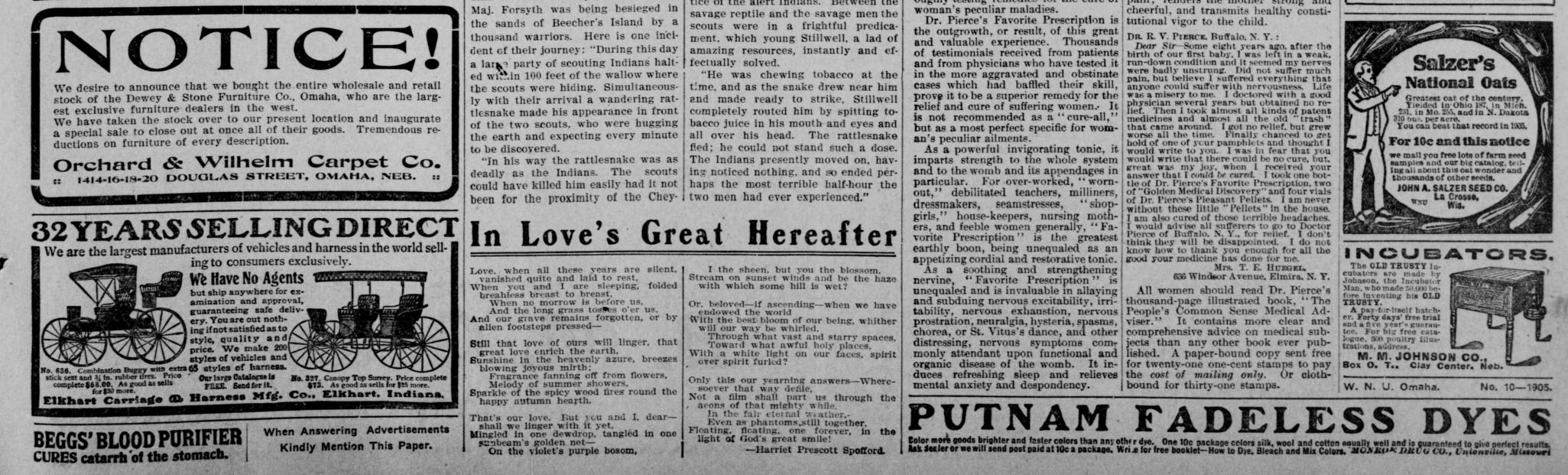
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Confidence of the People and ever increasing popularity? LION COFFEE is carefully selected at the plantation, shipped direct to our various factories, where it is skillfully roasted and carefully packed in sealed packages-unlike loose coffee, which is exposed to germs, dust, insects, etc. LION COFFEE reaches you as pure and clean as when it left the factory. Sold only in 1 lb. packages.

Lion-head on every package. Save these Lion-heads for valuable premiums.

SOLD BY GROCERS EVERYWHERE WOOLSON SPICE CO., Toledo, Ohio.





Necktie Very Off Color

Jean Burnett, Assemblyman from | Burnett aside-escorted him to his Ontario and chairman of the cities room. "Say, Jean," he said, "you are a committee of that body, is known as mighty handsome fellow and you are the best dressed man at Albany. He generally up to snuff when it comes to came to New York on Saturday, returning to the capital yesterday. His visit was for the purpose of buying wearing that rea necktie with your

neckties, and he took back with him evening suit? Better borrow one of erough of these-all black ones-to mine." Burnett walked to the glass, poked stock a haberdashery.

Tuesday night last he attended a his nose near it and surveyed himself fashionable reception at the Gover and then paled until his face was nor's mansion. The music was mellow, cruelly white.

dreamy, heart singing, divine. The "Honest, governor, is this tie red?" only to appetite, pleasure, pride, monmen looked superb in their evening He was assured that it was. "Then I am gone color blind. dress-the women with their diamonds and rosebuds flashing from throat and imagined it was a black one. Sure I hair, were entracingly beautiful. But did." apologetically. Then while he and eternal hopes, is to be all but where was Burnett? was adjusting one of the governor's

The minutes sped along, a cab ap- bis sense of humor returned to him. peared and Burnett got out. The "Say, governor," he added, "will color usher at the door shied at him, the blindness prevent me from distinguishguests tittered, the governor looked | ing bills, do you think?"-New York solemn. Presently the governor took | American.

Rum Omelette for Him

This is the true story of how a Mis- | editor keenly felt his aloofness. He | size, and that the climate is not unsissippi editor kept his New Year's began to understand how the mummy favorable to tree growth. resolution not to drink vinous, malt, at the ancient Egyptian feasts used to distilled or other variety of intoxicat- feel.

ing beverages. On or about Jan. 3 he "Have something more, old man!" came to town with a small hand suggested one of the party to him as satchel and the good resolution not to the glasses were being replenished,

forgetting he had declined before. a table in a restaurant with a party of the molder of public opinion came a congenial spirits. The congenial spir- flash of positive inspiration. its were partaking of spirits equally congenial. Only the Mississippi editor | ly, under the influence of a great idea. | find him dead on his return. was adhering to a glass of cold, re- "I swore I would not drink it any

more, but I never said a word about pellant, unsympathetic ice water.

"No: I've sworn off: don't intend to | rum over it!" drink any more," was the virtuous

pathetic rejoinder.

drink aforesaid.

elate.

by Tobacco Saved Juice

In Cyrus Townsend Brady's "Indian, ennes. To make the slightest move-Fights and Fighters" is a tale of two ment would call attention to their hiding place. Indeed, the sinister rattle scouts, Trudeau and Stillwell, who carof the venomous snake before he ried to Gen. Carpenter through an Instruck would probably attract the nodian infested country the news that tice of the alert Indians. Between the

1. 20

Dealing with Burning Oil. To extinguish burning oil do not throw water on the flames, for it will only spread them by causing the oil to float. The right plan is to throw on flour, earth or sand. Any of these things will soak up the oil-generally conforming to the proprieties of social paraffin from an overturned lampoccasions, but what do you mean by and quickly extinguish the fire.

> "Dr. David Kennedy's Favorite Remedy is suffering." S. Pepron, Albany, Y. Y. World famous. 61.

To Truly Live. Life is what we are alive to. It is not length, but breadth. To be alive ey-making, and not to goodness and 1 kindness, purity and love history, poetry and music, flowers, stars, God dead .- Maltbie D. Babcock.

Mrs. Winslow's Soothing Syrup. For children teething, softens the gurns, reduces in fiammation, alleys pain, cures wind colic. 25c s bottle.

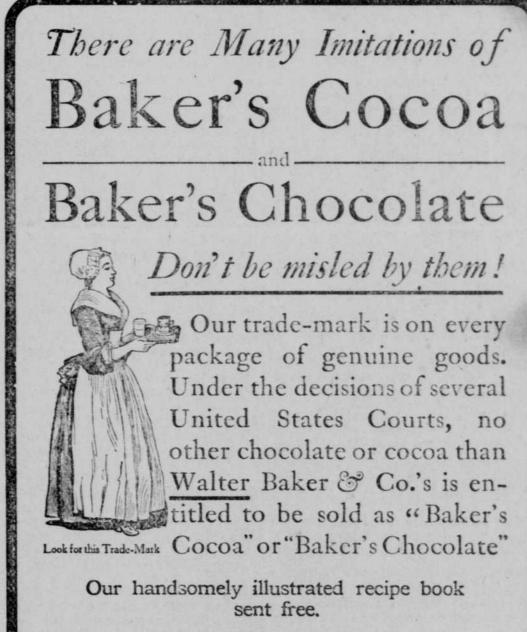
Iceland seems to be hardly as destitute of trees as some suppose, an old idea being that it possesses only a single tree. An investigation shows that the island really contains woods having various trees of considerable

Piso's Cure cannot be too highly spoken of as a cough cure.-J. W. O'BRIEN, 322 Third Ave. N., Minneapolis, Minn., Jan. 6, 1900.

Marion Pierson of Shasta county, In a short time he found himself at To the despairing and thirsty soul of California, drove fifty-six miles from his ranch to town to buy a coffin for his father. The old man was not dead "By heaven!" he exclaimed excited- when he started, but he expected to

> Prince Mirsky, Russia's reform statesman, attributes much of his success in public life to his brilliant wife.

Lydia E. Pinkham's Vegetable Compound ; a Woman's Remedy for Woman's Ills.



Walter Baker & Co. Ltd. Established 1780 Dorchester, Massachusetts

45 Highest Awards in Europe and America



For the relief and cure of the many del- | A prospective mother cannot begin icate, intricate and obstinate ailments too early to look after her own health peculiar to her sex, a remedy carefully and physical condition. This is sure devised and adapted to her delicate to be reflected in the baby. Any weakorganization by an experienced and ness or nervous depression, or lack of skilled physician. Such a remedy is vigor on the mother's part should be Dr. Pierce's Favorite Prescription. overcome early during the expectant The treatment of many thousands of time by the use of Dr. Pierce's Favorite those chronic weaknesses and distress- Prescription, which promotes the pering ailments peculiar to females, at the fect health and strength of the organ-Invalids' Hotel and Surgical Institute, ism specially concerned in motherhood. Buffalo, N. Y., has afforded a vast ex- It makes the coming of baby absoperience in nicely adapting and thor- lutely safe and comparatively free from oughly testing remedies for the cure of pain; renders the mother strong and





"Have something to drink," suggest- eating it. Waiter, bring me a rum omelette and see you pour plenty of At the sixth rum omelette, which the



Mississippi editor ate with a spoon to "Too bad! Too bad!" was the sym- | lose none of the sauce, he grew visibly The conversation became more live- Which shows that love will find a