

"It Seems as Though my Back Would Break."



Is it not true? Women suffer, feel the very life crushed out of them, grow old before their time. Each morning wake up determined to do so much before the day ends, and yet—

Before the morning is very old the dreadful BACKACHE attacks them, the brave spirit sinks back in affright; no matter how hard they struggle, the "clutch" is upon them and they fall upon the couch crying:

"Why should I suffer so? What can I do?"

The answer is ready, your cry has been heard, and a woman is able to restore you to health and happiness.

Backache is only a symptom of more fatal trouble—heed its warning in time.

Lydia E. Pinkham's Vegetable Compound will stop your torture and restore your courage. Your pains come from unnatural menstruation or some derangement of the womb. Let those who are suffering read Mrs. Morton's letter and be guided by her experience.

AN OPEN LETTER TO WOMEN.

"DEAR MRS. PINKHAM—I have been so delighted with Lydia E. Pinkham's Vegetable Compound I thought I would write and thank you. My system was entirely run down. I suffered with terrible backache in the small of my back and could hardly stand upright; was more tired in the morning than on retiring at night. I had no appetite. Since taking your Compound I have gained fifteen pounds, and am gaining every week. My appetite has improved, have no backache, and I look better than I ever looked before.

"I shall recommend it to all my friends, as it certainly is a wonderful medicine."—Mrs. E. F. MORTON, 826 York St., Cincinnati, O.

When a medicine has been successful in restoring to health more than a million women, you cannot well say, without trying it, "I do not believe it will help me." If you are ill, don't hesitate to get a bottle of Lydia E. Pinkham's Vegetable Compound at once, and write Mrs. Pinkham, Lynn, Mass., for special advice—it is free.

\$5000 REWARD Owing to the fact that some skeptical people have from time to time questioned the genuineness of the testimonial letters we have deposited with the National City Bank, of Lynn, Mass., \$5,000, which will be paid to any person who can show that the above testimonial is not genuine, or was published without obtaining the writer's special permission.—LYDIA E. PINKHAM MEDICINE CO.

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GUN CATALOGUE FREE
Tells all about Winchester Rifles, Shotguns, and Ammunition
Send name and address on a postal note. Don't delay if you are interested.
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W.L. DOUGLAS
WE USE FAST COLOR EYELETS
\$3. & \$3.50 SHOES UNION MADE.
Real worth of W. L. Douglas shoes is \$4 to \$5. My \$3.50 Gilt Edge Line cannot be equalled at any price.
It is not alone the best leather that makes a first class shoe. It is the brain, that has planned the best style, lasts a perfect model of the foot, and the construction of the shoe. W. L. Douglas shoes the best in the world for men.
Take no substitute. Insist on having W. L. Douglas shoes with name and price stamped on bottom. Your dealer should keep them, if he does not, send for catalog giving full instructions how to order by mail.
W. L. DOUGLAS, Brockton, Mass.

IN 3 OR 4 YEARS AN INDEPENDENCE ASSURED
If you take up your home in Western Canada, the land of plenty, illustrated pamphlets, giving experiences of farmers who have become wealthy in growing wheat, reports of delegates, etc., and full information as to reduced railway rates can be had on application to the Superintendent of Immigration, Department of Interior, Ottawa, Canada, or to W. V. Bennett, 801 New York Life Bldg., Omaha, Neb.

\$50 REWARD will be paid to the person who can cure a case of backache, nervousness, sleeplessness, weakness, loss of vitality, impotent kidney bladder and urinary disorders that can not be cured by KID-NE-OIDS.
the great kidney, liver and blood medicine. See At all Druggists. Write for free sample. Address KID-NE-OIDS, St. Louis, Mo.

When Answering Advertisements Kindly Mention This Paper.
W. N. U.—OMAHA No. 20—1901

PISO'S CURE FOR CONSUMPTION
CURES WHERE ALL ELSE FAILS.
Best Cough Syrup. Tastes Good. Use in time. Sold by Druggists.

WHY WOOLEN GOODS BAG.
Carelessness in the American Manufacturing Process is the Cause.
Nearly all woollen goods, especially those made in America, have the reputation of bagging at the point of greatest strain when made into garments and in some cases tailors make it a point to call their customers' attention to the fact that they will not guarantee American-made goods from bagging at the knees and elbows, at the same time bringing forth a piece of goods that they claim to be imported, and which they will guarantee against bagging for a limited time. In some cases the goods are of foreign manufacture, but as often they were made in the United States, but by claiming to have imported them a better price can be obtained and bagging is the means used to induce the customer to pay the higher price. In some instances the claim in just that certain goods will become baggy when subjected to the strain of wearing, but it is unjust to claim that all American woollens will bag. There are various reasons why American goods or any other make will bag, the principal ones being improper mixing of stock, soft twist and defects in weaving. In order to cheapen the cost the goods of wool are mixed and if the operation is properly performed the goods will not bag, but if the various grades are not thoroughly incorporated bagginess will result, for the cheaper grades have very little felting properties, while the grade that does possess felting properties is intended to close up the fibers during fulling, so that all danger of bagging will be removed. Thus if one grade lacks felting properties, the second is medium and the third is good, the stock must be uniformly mixed or some parts of the finished fabric will be loose in texture, while other parts will be well felted. On the cheaper grades of fabrics there is no pretense of claiming that they will not bag, owing not so much to errors in manufacturing as to the substitution of inferior stock. With the high grade of goods made for men's wear with a fair grade of stock bagginess can be prevented by careful attention to the various details of manufacturing.—Chicago Chronicle.

PARIS IS DRINKING MILK.
Has Taken to the Lactical Fluid as a Substitute for Absinthe.
Paris is rapidly becoming the greatest milk-drinking city in the world. The increase of the milk habit has recently called for extended comment from the local press. It has now become the habit of Parisians to drink a glass or two of milk at the period before dinner known as the "aperitif" hour. The change that has gradually been wrought in substituting milk for absinthe is said to be owing to the increase in open air exercise among Frenchmen, which produces a "craving for milk rather than for liquor." Most of the cafes, particularly those on the way to the Bois, are now supplied with sealed bottles of milk, and in some places a cow is kept in the window, with a sign informing the thirsty bicyclist or automobilist that "milk made on the premises is the purest in Paris." Under these circumstances it is natural that the subject of milk adulteration is just now receiving the attention of the health authorities of Paris, and Dr. H. De Rothschild has recommended that special inspectors be employed to examine all milk sold, although he deems that the danger of tuberculosis infection from milk drinking is really less than is commonly imagined. On the other hand, he showed that Paris milk is adulterated to a great extent and is full of impurities. He further recommends that a measure should be instituted making it obligatory to have all milk sterilized according to the Pasteur method.—Paris Corre. Chicago Chronicle.

Where Sarsaparilla Comes From.
During the summer many boys and girls—and grown people, too—line up before the soda fountains in our cities and call for sarsaparilla without stopping to think, and perhaps without knowing what that extract is that gives a rich brown color to the beverage. Sarsaparilla is taken from the root of several species of smilax, a great vine that grows in South American forests. Jamaica, Mexico and Central America also export quantities of the smilax or the extract. One species of smilax grows to prodigious size in the great forests of the valley of the Amazon, and the Indians of that region sell large quantities of it to white merchants. The Indians dig the root of this smilax, which sometimes reaches nine feet in length, growing horizontally from the stem. It is then dried and is usually shipped in that state, the sarsaparilla being extracted by manufacturers. These Indians of the Amazon, however, although far down in the scale of civilization, place great faith in the medicinal qualities of the juice, and perhaps the nature of the region in which they abide is responsible for this. They show much skill in extracting the sarsaparilla, which is done through a process of boiling.

Detective's Scheme Worked Well.
A detective was recently employed by one of London's West End clubs to discover a certain pilferer, who had caused much annoyance to the members by helping himself to cigars and other articles from their overcoat pockets. The disciple of Sherlock Holmes smeared a number of cigars with aniline dyes, placed them in the pockets of several overcoats, and next morning carefully scrutinizing the mouths of the club servants, with the result that the culprit was found and persuaded to confess.

FRAGRANT
SOZODONT
a perfect liquid dentifrice for the Teeth and Mouth
New Size SOZODONT LIQUID, 25c
SOZODONT TOOTH POWDER, 25c
Large LIQUID and POWDER, 75c
At all Stores, or by Mail for the price.
HALL & RUCKEL, New York.

Big Cameras Jarred at Buffalo.
"Camera fiends" who are intending to take everything in sight at the Pan-American exposition will do well to remember that the regulations restricting the use of cameras on the grounds of the Pan-American exposition, under the concessions granted to a private party, provide that no camera exceeding four or five inches shall be allowed within the gates. Stereoscopic cameras and tripods will not be admitted under and circumstances. The fee for the admission of cameras four by five inches or under will be 50 cents for a day or \$1.50 for a week.

A man can be too confident in others, but never too confident in himself.

Hall's Catarrh Cure
Is a constitutional cure. Price, 75c.

A mock trial—the mimic's first appearance.

Ask your grocer for DEFIANCE STARCH, the only 16 oz. package for 10 cents. All other 16-cent starch contains only 12 oz. Satisfaction guaranteed or money refunded.

Sometimes a man thinks himself a rare genius, but his neighbors call him "half baked."

Ask your grocer for DEFIANCE STARCH, the only 16 oz. package for 10 cents. All other 16-cent starch contains only 12 oz. Satisfaction guaranteed or money refunded.

SAWYER'S EXCELSIOR
Keep Out the Wet
Sawyer's Slickers
Sawyer's "Excelsior Brand" Slickers and Slickers are the best waterproof garments in the world. Made from the best materials and warranted waterproof. Made to stand the roughest work and weather. Look for the trade mark. If your dealer does not have them, write for catalogue. H. M. SAWYER, 180 N. Main St., East Cambridge, Mass.

SIXTY DOLLARS worth of staple goods free to every county of the U. S. Write quick. NEW JERSEY MFG. CO., Jersey City, N. J.

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CASTORIA
A Vegetable Preparation for Assimilating the Food and Regulating the Stomachs and Bowels of INFANTS & CHILDREN
Promotes Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral. NOT NARCOTIC.
Recipe of Old Dr. SAMUEL PITCHER
Pumpkin Seed -
Aloe Sassa -
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Worm Seed -
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A perfect Remedy for Constipation, Sour Stomach, Diarrhoea, Worms, Convulsions, Feverishness and LOSS OF SLEEP.
Fac Simile Signature of
Dr. H. H. HITCHER
NEW YORK.
16 months old
35 Drops - 35 CENTS
EXACT COPY OF WRAPPER.

CASTORIA
For Infants and Children.
The Kind You Have Always Bought
Bears the Signature of
Dr. H. H. HITCHER
In Use For Over Thirty Years
CASTORIA
THE CENTAUR COMPANY, NEW YORK CITY.

POOR LITTLE JOHNNY! AND HIS "TUMMY!"
Small boys, and many times large ones, and occasionally girls, too, big and little, suffer terribly from convulsive pains or "cramps" in the bowels and stomach—pain so violent that it "doubles up" the ones attacked, and makes it impossible for them to stand up.

Some people call it colic, but most honest, plain-spoken people call it "belly-ache" and very properly, for the seat of the trouble is in the bowels, and caused by the violent efforts of the bowels to rid themselves of something which doesn't belong there. The small boy usually gets it from over-eating or from eating forbidden fruit, and suffers mostly in the summer time.

It's spring now, and "in times of peace, prepare for war." Let the boys and girls and the big folks, too, for that matter, clean out the clogged channels filled with winter bile and putrid undigested food, strengthen the 30-feet of bowel canal, live up the liver, and "summer belly-aches" will have no terrors, because they won't happen. The way to make the body ache-proof is to use **CASCARETS**, gentle, sweet, fragrant **CASCARETS**, the perfect system cleaners and bowel strengtheners. For fear that anybody in the family should ever be attacked by belly-ache, keep a box of **CASCARETS** in the house always, and remember that all pains and troubles in your insides are

QUICKLY CURED BY
Cascarets
LIVER TONIC
10c. 25c. 50c.
ALL DRUGGISTS.
BEST FOR THE BOWELS
NEVER SOLD IN BULK.

CURE all bowel troubles, appendicitis, biliousness, bad breath, bad blood, wind on the stomach, bloated bowels, foul mouth, headache, indigestion, pimples, pains after eating, liver trouble, sallow complexion and dizziness. When your bowels don't move regularly you are getting sick. Constipation kills more people than all other diseases together. It is a starter for the chronic ailments and long years of suffering that come afterwards. No matter what ails you, start taking **CASCARETS** today, for you will never get well and be well all the time until you put your bowels right. Take our advice; start with **CASCARETS** today, under an absolute guarantee to cure or money refunded.

GUARANTEED TO CURE: Five years ago the first box of **CASCARETS** was sold. Now it is over six million boxes a year, greater than any other medicine in the world. This is absolute proof of great merit, and our best testimonial. We have faith and we guarantee **CASCARETS** absolutely guaranteed to cure or money refunded. Go buy today, two 50c boxes, give them a fair, honest trial, as per simple directions, and if you are not satisfied, after using one box, return the unused 50c box and the empty box to us by mail, or the druggist from whom you purchased it, and get your money back for both boxes. Take our advice—no matter what ails you—start today. Health will quickly follow and you will bless the day you first started the use of **CASCARETS**. Book free by mail. Address: **STERLING REMEDY CO.**, NEW YORK or CHICAGO.