

**OF MYSELF.**  
This only grant me, that my means may be  
Too low for envy, for contempt too high.  
Some honor I would have,  
Not from great deeds, but good alone!  
The unknown are better than ill known:  
Honor can open the grave.  
Acquaintance I would have, but when it  
depends  
Not on the number, but the choice, of  
friends.

Books should, not business, entertain the  
light,  
And sleep, as undisturbed as death, the  
night,  
My house a cottage more  
Than palace; and should fitting be  
For all my use, no luxury.  
My garden painted o'er  
With Nature's hand, not Art's; and  
pleasures yield  
Horace might envy in his Sabine field.  
Thus would I double my life's fading  
space;  
For he that runs it well twice runs his  
race.  
And in this true delight,  
These unthought sports, this happy state,  
I would not fear, nor wish, my fate;  
But boldly say each night,  
To-morrow let my sun his beams dis-  
play,  
Or in clouds hide them; I have lived to-  
day.  
—Abraham Cowley.

### Martha-Mother.

BY MARY MARSHALL PARKS.  
Author "Two Points of View," etc.  
(Copyright, 1901, by Daily Story Pub. Co.)  
Although she made no complaint,  
her heart was slowly breaking, for  
she had lost her husband's affections.  
All the thought, all the care, all the  
tenderness which should have been  
hers, he lavished on a black hole in  
the ground which he called the "Em-  
ily K."

Not that mine operating was his oc-  
cupation. He was only a very excel-  
lent and well-paid bookkeeper for  
Smith & Smith, dealers in mining  
supplies; but every penny of his am-  
ple salary that was not needed by his  
family for the barest necessities was  
absorbed by the Emily K., or some  
other of that insatiable sisterhood.  
"James," his wife said to him one  
night, "I wish Louise could begin her  
music now. The teacher that boards  
across the street says she has won-  
derful talent; and she'll give her les-  
sons for half price and let her prac-  
tice over there."

"Half price!" said the man, sharp-  
ly. "I can pay full price, and I will  
as soon as I make a big strike. We're  
gettin' the finest kind o' shines. See  
here!" And he drew from his pocket  
a handful of glittering specimens.  
"Louise shall have her lessons. She  
shall go to Boston to study. Just wait  
a little."

A week later he came home with a  
haggard face.  
"Drowned out!" he said, huskily.  
"The water has beat us in spite of all  
we could do. Curse the luck! If we  
only had capital enough for a steam  
pump. We were nearly there."

"But you might not have struck it  
anyway, James."  
"Couldn't 'a' helped it, Martha," he  
replied, impatiently. "Haven't I told  
ye the mining experts all say the rich  
vein they're workin' in the 'Wild  
Goose,' runs straight into our lot?"

He walked the floor with hasty, ir-  
regular strides; and there was a feverish  
glare in his eyes.  
"We'll have to go back to the 'Little  
Lety,'" he said at last, with a sigh  
that was half a sob. "It ain't near as  
good a prospect. Some fellows were  
talking today about a new prospect  
down on the tract where the Republic  
Zinc Co. made their big strike. I must  
go back down and see 'em about it.  
I don't want any supper."

As he left the house a tall, handsome  
girl came into the room.  
"Did you ask pa about my new  
dress?" she inquired, anxiously.  
"I just couldn't, honey," said the  
mother, deprecatingly. "He's all  
worked up over the Emily K. The  
water has got in. And he's talkin'  
about a new prospect."

The girl's face paled with disap-  
pointment. "I won't go to the party  
then," she said, passionately. "It's—



and kissed him right in the  
court.  
the first time Harry ever asked me;  
but I won't go with him in that old,  
faded dress. The girls at school all  
laugh at it; and he's so particular.  
And the house is so shabby I'm  
ashamed to ask him here. I hate the  
Emily K. and all the rest of 'em."  
"You can't hate 'em worse than I do,  
but I can't do anything. 'Tain't  
like your pa was ugly about it. He  
never refuses a thing—jest says wait  
a little; an' he's so kind about it. If  
he ever should strike it, he'd spend his  
money like water. I hate to see you  
children going without things; but  
the worst of all to me is the way it's  
changed your pa. You don't know  
what he was before he got this min-  
ing fever—the best—the kindest—"  
"O mother, don't cry," wailed the  
girl. "I know it's worse for you than  
us; but oh, what shall we do? What  
shall we do?"  
Many times during the sorrowful  
years that followed did the heart-sick

woman echo her daughter's despairing  
words. Day by day she saw her hus-  
band grow more infatuated, more in-  
different to her welfare, more obliv-  
ious to every earthly happening than in  
some way connected with mining.  
The boys ran away from home to  
escape the pinching and dreariness,  
and all came to grief; the girls, for  
the same reason, married hastily and  
unhappily.

At last she was left alone, utterly  
alone; for her husband had no thought  
for anything but the shifting will of  
the wisp that he had chased for so  
many years. When disaster overtook  
his children, he seemed more startled  
than grieved; and the shock he might  
have felt when a telegram announced  
his eldest daughter's mortal illness was  
neutralized by his frantic anxiety over  
water in the "Bessie B."  
The lonely woman was sitting one  
evening in the dark little parlor her



"You don't say! A little girl! My!"  
daughters had hated so when her hus-  
band stumbled over the steps. For one  
horrid moment she thought he was  
intoxicated; and so he was—but not  
with wine.  
"Mother!" he cried, with a hyster-  
ical sob. "We've struck it at last—  
struck it rich—an immense vein of  
solid Jack—same one 'at runs through  
the 'Big Four.' What'd I tell ye,  
Martha? I told ye 'd id a rich  
woman, mother. Rich! Rich Louise  
can have her lessons now; and  
Teddy—"

He stopped with a jerk. His jaw  
dropped and his hand went unstead-  
ily to his head. The light that had  
been blinding him for years had sud-  
denly gone out.  
"Teddy—" he faltered again, sway-  
ing until he felt the support of the  
wall behind him.

Teddy was the boy who had been  
shot by the Indians. And Louise—  
Louise was lying under the sod in far  
away Dakota with her day old baby  
in her arms. She died calling for the  
mother who could not come to her be-  
cause it had taken a month's salary in  
advance to fight the water in the  
"Bessie B."

The old man looked at his wife with  
scared eyes, but there was no re-  
sponse to his appeal. The fire of love  
had gone out long before for lack of  
fuel; and after the first stare of  
amazement at his wild speech, she had  
ceased to look at him or heed him.  
Her aching heart was in Dakota beside  
a grave that she had never seen.

The desolate man tottered out on  
the little porch. It was a quiet street;  
but the few passers-by gazed curiously  
at his bowed head. The big strike  
was the talk of the town, and they  
wondered at his attitude. As the  
shadows deepened, he rose and crept  
into the house with tears streaming  
down his face.

"Martha! Mother! Where air ye?  
I'm afraid," he sobbed.  
The woman turned in the darkness  
with a glad light in her eyes. This  
was a sound that she knew and loved.  
"Here I am, Jamie!" she cried, in  
a thrilling voice, holding out her arms.  
"I've wronged ye, Martha—you and  
the children; but I meant it for the  
best," he wailed, as she laid his  
trembling head on her arm. "I meant  
to do right by ye, mother."

"Never mind, Jamie lad. Never  
mind, honey. I know you thought it  
was best. I knew it all the time,"  
she crooned, stroking his gray hair  
and smiling happily. For out of the  
wreck of her ruined life, sweetheart,  
husband and child in one had come  
back to her empty arms.

### REFUSE CONSOLATION.

Dogs, Horses and Birds Sometimes Be-  
come Broken-Hearted.

There have been many cases on re-  
cord of animals dying of "broken  
hearts," usually dogs and horses, and  
sometimes birds. Not long ago a young  
lady living in London who owned a  
Gordon setter that was very fond of  
her, was married, and moved to the  
country, says Golden Penny. The dog  
was left behind, and at once became  
inconsolable. He would eat nothing,  
and stood looking out of the window  
for hours at a time, whining and moan-  
ing pitifully. The dog was wasting  
away from exhaustion. Those who  
knew him said he was dying of a broken  
heart. When it was seen that he  
would die if he could not see his mis-  
tress he was taken to her. His joy at  
seeing her was extravagant, and he at  
once got better. His mistress soon  
after came to town for a two weeks'  
visit, and left the dog with the serv-  
ants in the country. When she re-  
turned she found him dead, lying on  
one of her garments. The poor brute,  
thinking himself again deserted, lay  
down to die, and could not be driven  
or coaxed from his place, neither would  
he eat nor drink. A horse belonging to  
a brewery had been driven for years  
by a man to whom he had become  
much attached. One day the driver  
failed to appear at the stable, and an-  
other man was put on the wagon. The  
horse, however, refused to be driven

by any one except his old friend, and  
after many trials he was put back in  
the stable and another horse took his  
place. The horse continually watched  
the stable door for his master to enter.  
He refused to eat the hay and oats  
placed before him. Day by day he  
grew thinner and weaker. At last he  
fell down and could not rise, and died  
before his friend and driver returned  
to duty. The veterinary surgeon who  
attended him said he died of a "broken  
heart."

### ARTIFICIAL STONES.

Ingredients Used in Making Them That  
Deceive the Elect.

To meet the growing demand for arti-  
ficial jewelry the process of making  
"precious stones" has been greatly im-  
proved within the last few years, and  
its further development has enlisted  
the services of some of the most skill-  
ful chemists. The material chiefly  
used is glass, but it is not the ordinary  
glass of commerce. This glass can  
be made from absolutely pure quartz,  
or, better still, from rock crystal, as  
quartz frequently contains minute  
veins of iron, which would impair the  
clearness and color of the glass. The  
bicarbonate of potash and the oxide of  
lead which are mixed with it must also  
be chemically pure. Other ingredients  
of less importance are borax, which  
promotes the flux, and a small quan-  
tity of arsenic. The best glass for im-  
itation gems consists of rock crystal,  
32 per cent; bicarbonate of potash, 17  
per cent; oxide of lead, 50 per cent;  
borax, 1 per cent, and a  
trace of arsenic. Carefully prepared by  
competent hands, this mixture pro-  
duces a grade of glass which in brilli-  
ancy and iridescence yields little to  
the genuine diamond itself, and these  
qualities may be further enhanced by  
the substitution of potassium for the  
bicarbonate of potash and an increase  
of the quantity of oxide of lead used.

Stones carefully made by this process  
can only be distinguished from the  
genuine by experts. This is true, how-  
ever, only so long as they are new,  
for the imitation gems wear off, become  
blind and lose their fire with age, and  
it is to remedy these defects that the  
efforts of chemists are now directed.  
Opaque gems, like the turquoise and  
the opal, are made from glass whose  
transparency is destroyed by the addi-  
tion of oxide of zinc after pulveriza-  
tion. The color of the turquoise is  
produced by means of oxide of copper  
and cobalt.—Pennsylvania Grit.

### BEAUTIFUL HANDS.

To Be One's Own Manicure Is Not a  
Difficult Matter.

To be one's own manicure is not at  
all a difficult matter, and requires only  
patience and a certain deftness. As a  
matter of first importance, it is neces-  
sary that the hands should be kept  
soft and the skin pliant. To do this,  
the easiest way is to rub them well in  
cucumber cream at night, and to wear  
a pair of comfortable large gloves.  
The hands then in the morning should  
be washed with almond meal of fine  
quality, or a bag of fine oat meal. The  
nails should be polished every day to  
keep them bright, and ten minutes is  
ample time to devote to this process.  
All acids except, perhaps, lemon juice,  
should be avoided, as they will prob-  
ably do more harm than good, it being  
necessary to use all strong acids with  
the greatest care. Very attractive  
hands are very easily kept if one is  
systematic about it, and it must be  
confessed that no greater personal at-  
traction can a lady possess than beau-  
tiful, well-kept hands. Even if they  
are not beautiful, if they are perfectly  
cared for they cannot fail to be at-  
tractive. Very pointed nails are not  
considered quite as elegant as those  
more moderate in shape.

### Baby's Picture.

The trials that beset the amateur  
photographer are many, but the pure  
joy of obtaining a good picture now  
and then compensates him for fre-  
quent failures. "I've got the baby's  
photograph. I took it all myself, and  
it came out splendidly," said a ten-  
year-old enthusiast, presenting for  
grandmother's inspection a picture of  
a bed on which lay a small bundle  
covered with mosquito-netting. "Yes,  
dear, that's the baby on her mother's  
bed, sure enough," said grandmother,  
after a careful study of this "still-  
life" subject through her spectacles.  
"Yes'm," said the young photographer  
with pardonable pride. "Mother said  
I'd never be able to take her when  
she's awake 'cause she squirms so, but  
getting her asleep that way, and under  
the mosquito-netting, it was just as  
easy! And aren't the legs of the bed  
splendid and clear?"—Youths' Com-  
panion.

### Simple Life of Holland's Queen.

No wealthy American girl could in  
her home live more simply than  
Queen Wilhelmina, and her regime is  
a model which any young women of  
humble birth might follow with ad-  
vantage. In the morning she is up  
with the lark, and after a light break-  
fast of chocolate and rolls or coffee  
and rolls she devotes an hour to study,  
and another to affairs of state. Then  
she goes for a drive, unless some state  
business requires her presence. At  
noon the regular Dutch breakfast is  
served, with simple, healthy food, and  
without the parade and ceremony  
which many private families affect.

After breakfast the Queen devotes  
more time to study and state business,  
and then again takes an hour of exer-  
cise, returning for tea. Dinner,  
which is more ceremonious than the  
noon repast, usually passes on fam-  
ile, and the evening which follows, as in  
many ordinary home circles, is spent  
in conversation, music and amuse-  
ments.

Speak little of you ill back, and  
boast not of your good luck.

**A Month's Test Free.**  
If you have Dizziness, write Dr. Shoop, Racine,  
Wis., Box 123, for six bottles of Dr. Shoop's Restora-  
tive, express paid, send no money. Pay \$5.50 if cured.

The sky is not the less blue because  
the blind man does not see it.

**PUTNAM FADELESS DYES** do not  
spot, streak or give your goods an un-  
evenly dyed appearance.

Despise not a small wound, a poor  
kinsman or an humble enemy.

**Deafness Cannot Be Cured**  
by local applications as they cannot reach the  
diseased portion of the ear. There is only one  
way to cure deafness, and that is by constitu-  
tional remedies. Deafness is caused by an  
inflamed condition of the mucous lining of the  
Eustachian Tube. When this tube is inflamed  
you have a rumbling sound or imperfect hear-  
ing, and when it is entirely closed deafness is  
the result, and unless the inflammation can be  
taken out and this tube restored to its normal  
condition, hearing will be destroyed forever.  
In cases out of ten are caused by catarrh,  
which is nothing but an inflamed condition of  
the mucous surface.

We will give One Hundred Dollars for any case  
of Deafness (caused by catarrh) that cannot be  
cured by Hall's Catarrh Cure. Send for  
Circulars, free.

**J. I. CHENEY & CO., Toledo, O.**  
Sold by Druggists, 76  
Hall's Family Pills are the best.

He who takes the child by the hand  
takes the mother by the heart.

Ask your grocer for **DEFIANCE  
STARCH**, the only 16 oz. package for  
10 cents. All other 10-cent starch con-  
tains only 12 oz. Satisfaction guaran-  
teed or money refunded.

One man often talks another off his  
bench, and seats himself upon it.

I am sure Piso's Cure for Consumption saved  
my life three years ago.—Mrs. THOS. ROBBINS,  
Maple Street, Norwich, N. Y., Feb. 17, 1900.

The tooth often bites the tongue,  
and yet they keep together.

Ask your grocer for **DEFIANCE  
STARCH**, the only 16 oz. package for  
10 cents. All other 10-cent starch con-  
tains only 12 oz. Satisfaction guaran-  
teed or money refunded.

When there is room in the heart  
there is room in the house.

\$148 will buy new Upright piano on  
easy payments. Write for catalogues,  
Schmoller & Mueller, 1313 Farnam  
street, Omaha.

While the great bells are ringing  
no one hears the little ones.

**Mrs. Winslow's Soothing Syrup.**  
For children teething, softens the gums, reduces in-  
flammation, always cures wind colic. 25c a bottle.

That which has been thrown away  
has often to be begged for again.

**PAYS FIVE TIMES AS MUCH AS CORN.**  
Buy Rice lands in S. E. Texas and S. W. La. at \$10  
to \$15 per acre. Write S. L. Mills,  
Houston, Tex.; Cameron & Moore, Liberty, Tex.;  
Geo. J. McManus, Beaumont, Tex.; E. F. Rowson,  
Jennings, La.; Hiram J. Wheeler, Galveston, Tex.  
Go south via Santa Fe, Ill. Cen. & So. Pac. Ry rate.

He who will not take cheap advice  
will have to buy dear repentance.

**TO CURE A COLD IN ONE DAY.**  
Take **LEUKINE** Bromo-Quinine Tablets. All  
druggists refund the money if it fails to cure.  
Z. W. Grove's signature is on the box. 25c.

That which is false can never be  
scientific.

Why experiment with untried  
remedies for pain? Use Wizard Oil at once  
and be happy. Your druggist has it.

A few drops of any essential oil will  
insure leather from getting moldy.

**What Do the Children Drink?**  
Don't give them tea or coffee. Have you  
tried the new food drink called **GRAIN-O!**  
It is delicious and nourishing, and takes the  
place of coffee. The more Grain-O you give  
the children the more health you distribute  
through their systems. Grain-O is made of  
pure grains, and when properly prepared  
tastes like the choice grades of coffee, but  
costs about 1/4 as much. All grocers sell it,  
15c and 25c.

If modesty was the fool-killer most  
women would die of old age.

Garfield Tea is an excellent medicine  
to take in the Spring; it produces a  
healthy action of the liver; it cleanses  
the system and purifies the blood.

As soon as a woman falls in love  
her complexion gets better.

## I Followed Mrs. Pinkham's Advice and Now I am Well!



A woman is sick—some disease peculiar to her sex is fast  
developing in her system. She goes to her family physician  
and tells him a story, but not the whole story.

She holds back something, loses her head, becomes agi-  
tated, forgets what she wants to say, and finally conceals  
what she ought to have told, and this completely mystifies  
the doctor.

Is it a wonder, therefore, that the doctor fails to cure the  
disease? Still we cannot blame the woman, for it is very em-  
barassing to detail some of the symptoms of her suffering,  
even to her family physician. **This is the reason why  
hundreds of thousands of women are now in corre-  
spondence with Mrs. Pinkham, at Lynn, Mass.** To  
her they can give every symptom, so that when she is ready  
to advise them she is in possession of more facts from her  
correspondence with the patient than the physician can  
possibly obtain through a personal interview.

Following we publish a letter from a woman showing the  
result of a correspondence with Mrs. Pinkham. All such  
letters are considered absolutely confidential by  
Mrs. Pinkham, and are never published in any way or  
manner without the consent in writing of the patient; but  
hundreds of women are so grateful for the health which Mrs.  
Pinkham and her medicine have been able to restore to them  
that they not only consent to publishing their letters, but  
write asking that this be done in order that other women  
who suffer may be benefited by their experience.

**Mrs. Ella Rice, Chelsea, Wis., writes:**  
"DEAR MRS. PINKHAM:—For two years I was troubled with falling  
and inflammation of the womb. I suffered very much with bearing-down  
pains, headache, backache, and was not able to do anything. What I  
endured no one knows but those who have suffered as I did. I could  
hardly drag myself across the floor. I doctored with the physicians of this  
town for three months and grew worse instead of better. My husband  
and friends wished me to write to you, but I had no faith in patent medi-  
cines. At last I became so bad that I concluded to ask your advice. I  
received an answer at once advising me to take your Vegetable Compound,  
and I did so. Before I had taken two bottles I felt better, and after I had  
taken five bottles there was no happier woman on earth, for I was well  
again. I know that your Vegetable Compound cured me, and I wish and  
advise every woman who suffers as I did to try Lydia E. Pinkham's Veget-  
table Compound. Believe me always grateful for the recovery of my  
health."—MRS. ELLA RICE, Chelsea, Wis.

**\$5000 REWARD**  
Owing to the fact that some skeptical  
people have from time to time questioned  
the genuineness of the testimonial letters  
we are constantly publishing, we have  
deposited with the National City Bank, of Lynn, Mass., \$5,000,  
which will be paid to any person who will show that the above  
testimonial is not genuine, or was published before obtaining  
the writer's special permission.—LYDIA E. PINKHAM MEDICINE CO.

Spinach and dandelion leaves are  
excellent for the kidneys.  
A dyspeptic is never on good terms with him-  
self. Something is always wrong. Get it right  
by chewing Deeman's Pepsin Gum.  
Probably the majority of clergymen  
are poor because they preach without  
notes.

## EDUCATE YOUR BOWELS

Don't neglect the slightest sign of irregularity but  
see that you have at least one natural, easy movement  
a day. Pills, salts and black draughts are dangerous  
because they strain and weaken the bowels. What  
you want is a mild but sure tonic laxative, that tones and  
strengthens the bowels and stimulates their movements.  
Such a laxative is **CASCARETS**, and when you  
try them, you will find that it is the easiest thing in  
the world to make and keep your bowels clean and  
regular, strong and healthy. Sample box 10c. Month's  
treatment 50c. By keeping the bowels clean, all serious  
disorders are

PREVENTED BY



**CURE** all bowel troubles, appendicitis, bil-  
iousness, bad breath, bad blood, wind  
on the stomach, bloated bowels, foul  
mouth, headache, indigestion, pimples,  
pains after eating, liver trouble, sallow complexion  
and dizziness. When your bowels don't move regu-  
larly you are getting sick. Constipation kills more  
people than all other diseases together. It is a  
stagger for the chronic ailments and long years of  
suffering that come afterwards. No matter what  
ails you, start taking **CASCARETS** to-day, for you  
will never get well and be well all the time until  
you put your bowels right. Take our advice! Start  
with **CASCARETS** to-day, under an absolute guar-  
antee to cure or money refunded.

**GUARANTEED** TO CURE: Five years ago  
the first box of **CASCARETS**  
was sold. Now it is  
over six million boxes a  
year, greater than any  
other medicine in the world. This is absolute proof of  
great merit, and the best testimonial. We have faith and  
will sell **CASCARETS** absolutely guaranteed to cure or  
money refunded. Go buy today, two 50c boxes, give them a  
fair, honest trial, as per simple directions, and if you are  
not satisfied, after using one 50c box, return the unused 50c  
box and the empty box to us by mail, or the drugstore from  
whom you purchased it, and get your money back for the  
second box. Take our advice—no matter how ill, you must to-  
day. Results will quickly follow and you will bless the day  
you first started the use of **CASCARETS**. Book free by mail.  
Address: **STERLIND REMEDY CO., NEW YORK or CHICAGO.**