- IN SPIRIT.

Renewing Youth Like the Eagle-The Longevity.

(Copyright, 1991, by Louis Klopsch.) like the eagle's.'

of soaring, such wideness of dominion. new your youth, better stop managing Its appetite rejects the carrion that in- the affairs of the universe. vites the vulture and in most cases its food is fresh and clean. Leveling its neck for flight, in spiral curve it It has been known to live 100 years. What concentration of all that is sublime in the golden eagle, the crested eagle, the imperial eagle, the martial eagle, the booted eagle, the Jean de Blanc eagle! But after a while in its life comes the molting process, and it looks ragged and worn and unattractive and feels like moping in its nest on the high crags. But weeks go by, and the old feathers are gone and new ornithological attire is put on, and its in the palaces of heaven. beak, which was overgrown, has the surplus of bone beaten off against the dren or in some other way, call around rocks, and it gets back its old capacity you the young. Become their assofor food, and again it mounts the heavens in unchallenged and boundless kingdoms of air and light. David, the they will do you good. The old eagle author of the text, had watched these monarchs of the sky and knew their habits and one day, exulting in his own physical and spiritual rejuvenescence, he says to his own soul: "You nearer the sun, and for the time will are getting younger all the time. You forget hurricanes that have ruffled its make me think of an eagle which I saw yesterday, just after its molting that have swept over its mountain season, swinging through the valley of Jehosaphat, and then circling around to be the best part of it, as an arrival the head of Mount Olivet. Oh, my in port ought to be happier than emsoul, 'thy youth is renewed like the barkation: It is better to have the eagle's.'

Simple Habits and Longevity.

and get younger by changing their so much there is no such thing for me physical habits. The simpler life one as revivification." You are wrong. leads the longer he lives. Thomas You have not gone through as much Parr of Shropshire, England, was a as David went through. He had all plain man and worked on a farm for the experiences of a shepherd boy, ar- no last look at faces never to be seen a livelihood. At 120 years of age he mor bearer, king's bodyguard, hunter was at his daily toil. He had lived of wild beasts, warrior and monarch. each other, home forever. And that under nine kings of England. When He was forty years on a rocking right after the molting season, when 152 years of age, he was heard of in throne. He was the oriental hero in "thy youth is renewed like the ca-London. The king desired to see him | many a battle, made moral mistakes and ordered him to the palace, where enough to destroy him, prostrated a he was so richly and royally treated giant with one stroke, was the father that it destroyed his health, and he of Hebrew poetry and wrote poems died at 152 years and 9 months of age. which all the subsequent centuries When Dr. Harvey, the discoverer of have been chanting, dramatized dethe circulation of the blood, made post | mentia to escape assassination, ran mortem examination of Thomas Parr, against Ahithophel's betrayal and he declared there were no signs of Saul's jealousy and Absalom's insursenile decay in the body. That man rection, and made Jerusalem the remust have renewed his youth, like the ligious capital of the world. If after eagle, again and again.

afforded illustrations of rejuvenescence. Hippocrates, the father of medicine, lived 109 years, and among those eminent in the medical profession who eternal youth. A cycle of years will became septuagenarians and octogena- not leave any mark upon the immortal rians and nonagenarians were Darwin, nature. Eternity will not work upon Gall, Boerhaave, Jenner and Ruysch, observing themselves the laws of it be more radiance and more wisdom health that they taught their patients. and more rapture. A rolling on from In art and literature and science glory to glory! In anticipation of that among those who lived into the eigh- some of the happiest people on earth lyle and Goethe and Buffon and Hal- testimonies have been given by the ley. Sophocles reached the nineties.

Biblical Span of Life. Some one writes me, "Is not threescore and ten the bound of human life, mistic about the world and have beaccording to the Bible?" My reply is that Moses, not David, who wrote that and fault finding and are fearful of psalm, was giving a statistic of his own day. Through better understand- many of the aged have been glad to ing of the laws of health and advancement of medical science the statistics chance and are hopeful about the of longevity have mightily changed since the time of Moses, and the day is coming when a nonagenarian will no inspiration and comfort and helpfullonger be a wonder. Phlebotomy shortened the life of whole generations, and the lancet that bled for ev- dren hail the good old man as he erything is now rarely taken from the comes down the road. His smile, his doctor's pocket. Dentistry has given power of healthy mastication to the make the world think better of rehuman race and thus added greatly to ligion. the prolongation of life. Electric lights have improved human sight which used to be strained by the dim tallow years of age, exclaimed: "I know candle. The dire diseases which under other names did their fatal work and were considered almost incurable, now in majority of cases are conquered. Vaccination, which has saved millions of lives and balked the greatest scourge of nations, and surgery, which has advanced more than any other science, have done more than can be told for the prolongation of human life. The X-ray has turned the human body, which was opaque, into a lighted castle. It is easier in this age to renew one's youth than in any other age. When Paul stopped the jailer from suicide by commanding: "Do thyself no harm," he showed himself interested in the physical as well as moral life of man. Among the blessings which God promised was that in which | Borak, he ascended the seven heavens he said: "With long life will I satisfy thee," and David, in my text, illus- of the throne and felt a cold that trates the possibility of palingenesis pierced him to the heart when his or rejuvenescence.

The Omniscient King.

to these great questions that pertain der there; no cold hand of repulse or him. to church and state and nations, but doubt, but the warm hand of welcome, not to fret about them. Realize that the warm hand of saintly communion. it is not an anarchy that has charge | the warm hand of God.

Way to Conquer the Effect of Ad- I have to do is to accomplish the work | were thrilled with the first. vancing Years-Simple Habits Lead to that is put in our hands. This is all we have to be responsible for. In a well-managed orchestra the players upon stringed and wind instruments Washington, Feb. 17 .- In this dis- do not watch each other. The cornetcourse Dr. Talmage shows how anyone ist does not look to see how the violincan conquer the effect of years and ist is drawing his bow over the strings, grow younger in spirit; text, Psalms | nor does the flute scrutinize the drum. ciii, 5, "So that thy youth is renewed | They all watch the baton of the leader. And we are all carrying our part, how-There flies out from my text the most ever insignificant it may be, in the majestic of all the feathered creation- great harmony of this world and of an eagle. Other birds have more the universe which our Lord is leading, beauty of plume and more sweetness and we all have to watch his command of voice, but none of them has such and do our best and not bother ourpower of beak, such clutch of claw, selves about the success or failure of such expansion of wing, such height other performers. If you want to re-

Help for the Waifs.

It will take all time and all eternity swings itself toward the noonday sun. to fully appreciate the work of Van Meter on this side of the sea and of Barnardo on the other side in putting poor orphan children in good homes in America and England. Through that process waifs of the streets have passed up from poverty and wretchedness into bright homes and churches and pulpits and legislative halls and senates, and many have already freen crowned in a better world, the work begun in asylums on earth completed

Whether by such adoption of chilciates, their confidants, their encouragement. While you do them good while companioning in the nest with young eagles will feel new strength coming into its wings, new light into its eye, new ambition to cut a circle plumes and the storms of many years eyrie. The closing years of life ought cyclones behind you than before you. Some one will say: "David might re-Many might turn the years backward | new his youth, but I have been through all that he could renew his youth you All occupations and professions have ought to be able to do the same.

State of Eternal Youth.

My text suggests that heaven is an the soul in heaven any change, unless ties were Plato and Franklin and Car- are aged Christians. The mighiest veterans in the gospel army. While some of the aged have allowed themselves to become morose and cynical and impatient with youth and pessicome possessed with the spirit of scold being crowded out of their sphere step aside that others may have a world, expecting its redemption instead of its demolition, and they are ness to the household and to the neighborhood and to the church. The chilwords, his manner, his whole life,

Noah Webster, the greatest of lexicographers, departing this life at 85 whom I have believed and am persuaded that he is able to keep that which I have committed to him against that day." The venerable Daniel Webster, the greatest of American lawyers and statesmen, in his last hours said: "I had intended to prepare a work for the press to bear my crossing the river when the ice suddentestimony to Christianity, but it is now too late. Still I would like to bear witness to the gospel before I die." Being too weak to hold a pen, he dic- from where the accident took place tated to a scribe his words of triumphant faith.

. . .

Good Cheer Awaits Christians. Gibbons in his history says that Mohammed had a dream in which he thought that, mounted on the horse and approached within two bow shots shoulder was touched by the hand of God. That might do for Mohammed's heaven, but not for a Christian's heav-I do not advise you to be indifferent | en. No cold hard put upon your shoul-

of affairs in this world, but a divine I congratulate all Christians who are enths of the continent.

cience and whose arm is omnipotence, You are yet to hear the best songs, see TELLS HOW TO GROW YOUNG and whose heart is infinite love. His the grandest sights, take the most degovernment is not going to be a fail- lightful journeys, form the most elevature. He cannot be defeated. Better ing friendships, and after ten thoutrust him in the management of his sand years of transport you will be no world and of all worlds. All you and nearer the last rapture than when you

Pleasures of Heaven.

In heaven you will have what most pleases you. Archbishop Leighton's desire for heaven was a longing for Christ and purity and love, and he has Foster rejoiced at the thought of heaven because there he could study the secrets of the universe without reself in that research. Southey thought of heaven as a place where he would meet with the learned and the great-Chaucer and Dante and Shakespeare. He no doubt has found that style of communion. The great and good Dr. Dick was fond of mathematics, and he said he thought much of the time in heaven would be given to that study, and I have no doubt that since ascension he has made advancement in that science. The "twelve manner of fruits" spoken of in Revelation means all kinds of enjoyment in heaven, for twelve manner of fruits includes all the chief fruits that are grown on trees. I suppose there will be as many kinds of enjoyment in heaven as there will be inhabitants.

You will have in heaven just what you want. Are you tired? Then heaven will be rest. Are you passionately fond of sweet sounds? Then it will be music. Are you stirred by pictures? There will be all the colors of the new heavens and on the jasper seaand the walls imbedded with what splendors! Are you fond of great architecture? There you will find the temple of God and the Lamb and the uplifted thrones. Are you longing to get back to your loved ones who have ascended? Then it will be reunion. Are you a homebody? Then it will be home. Here and there in this world you will find some one who now lives where he was born, and three or four generations have dwelt in the same house, but most people have had several homes-the home of childhood, the home they built or rented for their early manhood, the home of riper and more prosperous years. But all homes put together, precious as they are in remembrance or from present occupancy, cannot equal the heavenly home in the house of many mansions. No sickness will ever come there, for it is promised "there shall be no more pain." No parting at the front door, again, but home with God, home with gle's.

Wings to hover free O'er dawn empurpled sea; Wings 'bove life to soar And beyond death forevermore.

IN EVENT OF WAR.

Exigencies That Might Arise if England

and France Should Fight. In the event of war between Great Britain and France the first and most important part of the struggle would be for the command of the sea, says the Nineteenth Century. Should Great Britain succeed in retaining the command of the sea France would thereby be reduced to a condition of impotence so far as offensive operations are concerned and would sooner or later be obliged to submit to the will of her rival, although it is true the war might nand, France should succeed in wresting from Great Britain the command of the sea and in keeping it Great Britain would be much more helpless and impotent than France in similar plight would be that the war would terminate quickly. In a word, France, even without the command of the sea or anything approaching to it, remains capable of prolonged resistance, firstly, because she is a self-supporting country; secondly, because the French national sentiment and strength are already concentrated within her borders and, thirdly, because she stands among the best equipped of the military powers, while Great Britain, deprived of the command of the sea, would collapse with relative rapidity, firstly, because she is in no sense a self-supporting country; secondly, because her national sentiment and strength are scattered over the world and cannot be concentrated save by way of the sea, and, thirdly, because she is not a military power, according to the standard set up by Germany, France, Russia and Austria-Hungary.

Heroic Work by a Tramp. By the heroic act of a tramp two residents of Jefferson were saved from drowning in Rock river. Frank Williamson and his little daughter were ly gave way, says the Chicago Inter-Ocean. A tramp who was walking on the railroad track a few hundred feet pulled off his coat and plunged into the water after the struggling pair, who were fast losing consciousness. The heroic tramp was clad in overal's and a thin shirt when he made the plunge. He succeeded in holding the man and girl above water until boats were brought. John Buchta, who was close to the scene at the time, also worked energetically, and was drawn into the water by the struggling trio. After hard work on the part of the rescuers all were saved. A subscription was taken up for the tramp, and a complete outfit of clothing was purchased for

"Spheres of influence" embrace pretty much all that is worth appropri-

LESSON IX. MARCH 3, JOHN XVII; 1-14.

Golden Text-"The Son of Man Is Betrayed Into the Hands of Sinners"-Matt. 26: 45-The Betrayal of the Savior of the World.

Sum of Lesson-Jesus sought to estabish a perfect form of government on earth, one in which all would be equal with no found there what he wanted. John | very rich and no poor. This the very rich did not relish and various conspiracies were resorted to with a view of getting rid of the Savior. The conspirators dared not do it in the name of wealth alone, straint, and he has been regaling him- they sought the cloak of the Jewish church (then corrupted by wealth) and the nation (also corrupted by the money kings) and they began to collect evidence against Him with a view of convicting Him of treason against church and state an offense for which His life would be the enalty.

Modern Application-There are many nen in our midst who are striving for better conditions among men and who would establish Christ's kingdom on earth, but they are condemned by the rich and often even spurned by the church. But Christ's kingdom is coming just as sure dawn follows darkness. Traitors like Judas there will be in plenty, but not for them will be the victory.

The full text of the lesson for the day

1. When Jesus had spoken these words He went forth with His disciples over the brook, where was a garden, into the which He entered, himself and His disci-

2. Judas also, which betrayed Him, knew the place, for Jesus resorted thither

with His disciples. 3. Judas then, having received the band of men and officers from the chief priests and Pharisees, cometh thither with lanterns and torches and weapons.

4. Jesus therefore, knowing all the things that should come upon Him, went forth, and said unto them, Whom seek 5. They answered Him, Jesus of Naza-

reth. Jesus saith unto them, I am He. And Judas, which betrayed Him, stood with them. 6. As soon then as He had said unto

them, I am He, they went backward, and ell to the ground. . Then asked He them again, Whom seek ye? And they said, Jesus of Naza-

8. Jesus answered, I have told you that am He; if, therefore, ye seek me, let

these go their way. That the saying might be fulfilled which He spake, Of them which thou gavest Me, have I lost none.

Then Simon Peter, having a sword, drew it, and smote the high priest's servant, and cut off his right ear. The servant's name was Malchus. 11. Then said Jesus unto Peter, Put up thy sword into the sheath; the cup which

My Father hath given Me, shall I not drink it? Practical Application-We need not spend any time in answering the oft-repeated question, Why did Jesus select Judas to be an apostle? Let us rather look at the cause of his downfall, and

pray for grace that we may be kept from ollowing his example. Judas, having been approached by the enemies of Jesus, began to harbor the temptation which led him to betray his Master (John 6: 70). The steps of his downfall were as follows:

What is the lesson for us? The love of anything-money, dress, pleasure, fame, admiration-may so possess one as to lead into sin. The first step downward having been taken will lead to the second, third and fourth, unless repented of. The bartering of Christ and all that Christ stands for, for the thing loved, will easily and naturally follow, unless a new love is substituted for the old one. Therefore, the only safety for any one is to love Christ supremely. This love will either keep us from sinning, or, when we sin, draw us back to Him from whom sin always separates us. The test should be: Will the doing of this act interfere with my love for Jesus? If it does, the performer of that particular action is standing on dangerous ground, and may go down as rapidly and as far as did Judas. He only who refuses to do that which would make him love Jesus less is on safe ground.

Story of a Famous Hymn.

Of all the writings of William Cowper, the centenary of whose death has last for a long time. If, on the other just been celebrated in England, probably the hymn, "God moves in a mysterious way," is best known. It is sung all over the world. How Cowper came to write this hymn forms one of the most remarkable episodes of his eventful life. Cowper had one of his fits of melancholy, and persuaded himself, so his biographers assert, that God wanted him to offer himself as a sacrifice. He decided to carry out this idea, and, hiring a postchaise, drove to the river Ouse. The night was dark and the coachman by some means or other mistook the way, and instead of arriving at the exact spot where Cowper had intended to drown himself, the poet found himself at his own door. On entering the house Cowper sat down and composed his most famous hymn.

Pennsylvania Celerity.

A good story was told by James M. Beck, assistant United States attorney general, at the dinner of the Pennsylvanfa society in New York. Mr. Beck attempted to refute the theory that the people of Pennsylvania are slow by saying that within one hour after Gov. Beaver was inaugurated a Philadelphia politician applied to him for the position of janitor of the capitol, relates the Evening Wisconsin. The governor replied that the place had been filled half an hour before. A few days afterward the disappointed officeseeker saw the drowned body of that janitor hauled out of the river. He rushed to the governor and applied again, saying: "I've just seen my rival's corpse pulled from the river." "Sorry," replied the governor, "but I have just given the berth to the man who saw him fall in."

Ignorant of the Bible.

A rural Wesleyan minister sends to the Methodist Times of London, some startling evidence of the religious ignorance of little children, varying in age from seven to fifteen, not one boy or girl had ever heard of the parable of the Prodigal Son! In another spot in that neighborhood he asked about the same parable, and he found that there were three boys who knew something about it, but the rest, even including ating of Africa, territorially six-sev- girls of seventeen, were absolutely ignorant of it.

SERMON. government. At the head of this universe is a King whose eye is omnis- you. Your best days are yet to come. THE SUNDAY SCHOOL. WOKEN OF THE UNITED STATES

REGARD PERUNA AS THEIR SHIELD AGAINST CATARRH, COUGHS, COLDS, GRIP AND CATARRHAL DISEASES.



MRS. BELVA A. LOCKWOOD, LATE CANDIDATE FOR THE PRESIDENCY

Mrs. Belva Lockwood, the eminent barrister, of Washington, D. C., is the only woman who has ever been a candidate for the Presidency of the United States. She is the best known woman in America. As the ploneer of her sex in the legal profession, she has gathered fame and fortune. In a letter to The Peruna Medicine Company, she says:

"I have used Peruna both for myself and my mother, Mrs. Hannah J. Bennet, now in her 88th year, and I find it an invaluable remedy for cold, catarrh, hay fever and kindred diseases; also a good tonic for feeble and old people, or those run down, and with nerves unstrung."—Belva A. Lockwood.



M78. T. Pelton, 562 St. Anthony ave-

nue, St. Paul, Minn., writes: "Peruna has done wonders for me. It has cured my headache and palpitation of the heart; has built up my whole system. I cheerfully recommend Peruna to all sufferers afflicted with catarrh. My mother is never without Peruna. When one is tired and generally out of sorts, if Peruna is taken it immediately removes that tired feeling."

Peruna cures catarrh by removing the cause, inflamed mucous membranes.

Dr. Hartman, the compounder of Peruna, once said, in a lecture to women: "A great number of women consult me every year. I often have occasion to say to these patients, 'I fear you have catarrh, madam.' They will generally reply, 'Oh, no, I never had catarrh. My nose is perfectly clear, and Ohio.

my breath is not bad, I am not troubled with coughing or spitting, or any other disagreeable symptoms of catarrh.' But. my dear madam. you may have catarrh all the same. Catarrh is not always located in the head. You may have catarrh of

the lungs, or stomach, or liver, or kidneys, and especially you may have catarrh of the pelvic organs." The doctor went on to say:

and am thoroughly convinced that it is a reliable family rem edy."-Julia C. Brown. "I have been preaching this doctrine for the last forty years, but there are a vast multitude of women who have never heard it yet. Catarrh may attack any organ of the body. Women are especially liable to catarrh of the pelvic organs. There are one hundred cases of catarrh of the pelvic organs to one of catarrh of the head. Most peo-

Mrs. Julia C. Brown

of Pecatonica, Ills.

says: "I have used

Peruna in my home

for the past four years

and is the cause of many cases of sickness and death.' If you do not derive prompt and satisfactory results from the use of Peruna, write at once to Dr. Hartman, giving a full statement of your case and he will be pleased to give you his valuable advice gratis.

ple think, because they have not ca-

tarrh of the head, they have not ca-

tarrh at all. This is a great mistake,

Address Dr. Hartman, President of The Hartman Sanitarium, Columbus,

The Diamond Match company reports net earnings of \$2,014,838 during STARCH, the only 16 oz. package for 1900, a little more than 14 per cent on | 10 cents. All other 10-cent starch conthat company's \$15,000,000 capital stock.

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Lame back makes a young man feel old. Wizard Oil makes an old man

feel young. See your druggist. It is always safe to learn even from

our enemies.-Colton. \$148 will buy new Upright piano on easy payments. Write for catalogues.

etrast. Omaha. Great motives cause great efforts and great efforts result in great hap-

piness. I do not believe Piso's Cure for Consumption has an equal for coughs and colds.-John F BOYER, Trinity Springs, Ind., Feb. 15, 1900.

Don't dress to show. The thinnest soap bubbles wear the grandest col-

Wales' Topnotch Title.

The Prince of Wales, who celebrated his 59th birthday on Friday, November 9, has now held his title the longest in English history. Previously the distinction belonged to George IV., who was Prince of Wales for fifty-eight years. Within a month of his birth the prince was created Duke of Cornwall and Rothesay, Earl of Carrick, Baron Renfrew, Lord of the Isles, Prince of Wales and Earl of Chester, while in 1850 he was made Earl of Dublin. When he wishes to travel on the quiet the prince goes as Lord Ren-

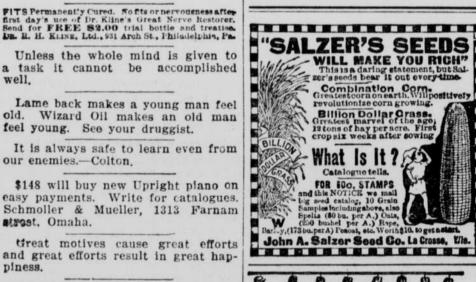
Who knows the secret of application will acquire the means of suc-

Chester.

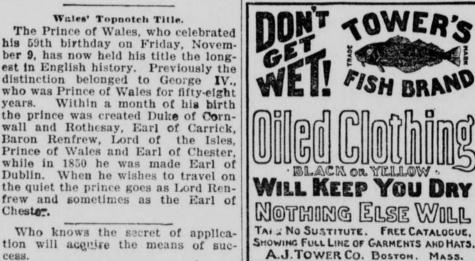
Honor follows those who precede it, but it flees from those who pursue it.

Ask your grocer for DEFIANCE STARCH, the only 16 oz. package for 10 cents. All other 10-cent starch contains only 12 oz. Satisfaction guaranteed or money refunded.

Ask your grocer for DEFIANCE tains only 12 oz. Satisfaction guaranteed or money refunded.



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