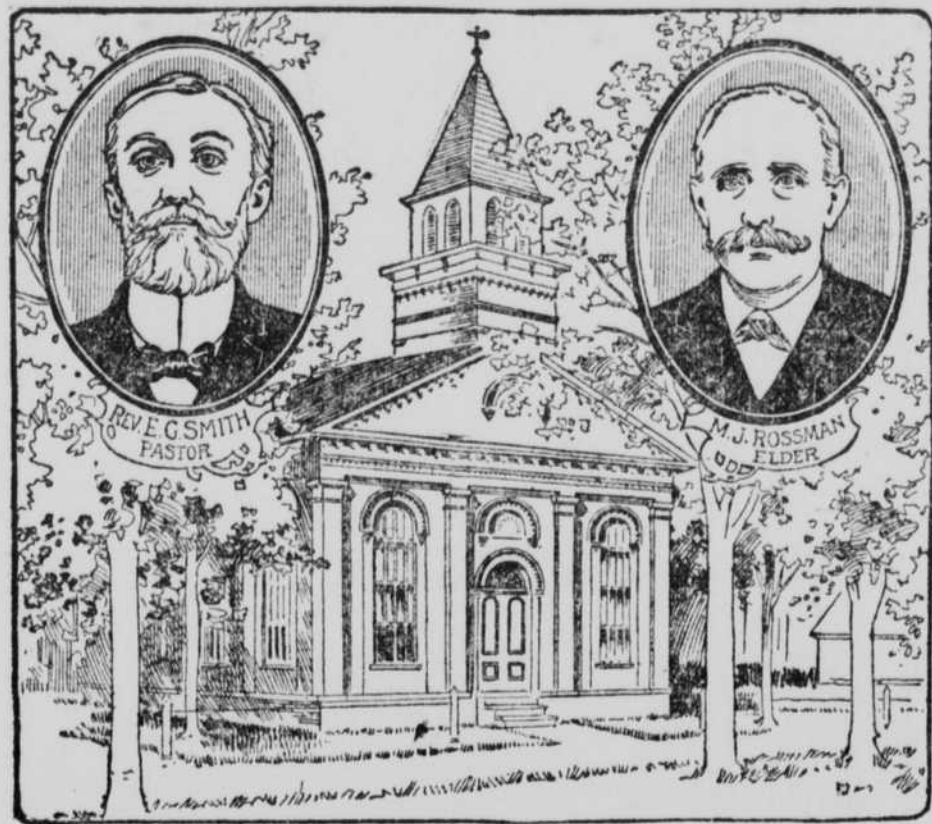


# PRESBYTERIAN PASTOR PRAISES PE-RU-NA



## First Presbyterian Church of Greensboro, Ga., and Its Pastor and Elder.

The day was when men of prominence hesitated to give their testimonials to proprietary medicines for publication. This remains true today of most proprietary medicines. But Peru-na has become so justly famous, its merits are known to so many people of high and low stations, that no one hesitates to see his name in print recommending Peru-na.

The highest men in our nation have given Peru-na a strong endorsement. Men representing all classes and stations are equally represented.

A dignified representative of the Presbyterian church in the person of Rev. E. G. Smith does not hesitate to state publicly that he has used Peru-na in his family and found it cured when other remedies failed. In this statement the Rev. Smith is supported by an elder in his church.

Rev. E. G. Smith, pastor of the Presbyterian church of Greensboro, Ga., writes:

"Having used Peru-na in my family for some time it gives me pleasure to testify to its true worth. My little boy seven years of age had been suffering for some time with catarrh of the lower bowels. Other remedies had failed, but

after taking two bottles of Peru-na the trouble almost entirely disappeared. For this special malady I consider it well nigh a specific. As a tonic for weak and worn out people it has few or no equals."—Rev. E. G. Smith.

Mr. M. J. Rossman, a prominent merchant of Greensboro, Ga., and an elder in the Presbyterian church of that place, has used Peru-na and in a recent letter to The Peru-na Medicine Co., of Columbus, Ohio, writes as follows:

"For a long time I was troubled with catarrh of the kidneys and tried many remedies, all of which gave me no relief. Peru-na was recommended to me by several friends, and after using a few bottles I am pleased to say that the long looked for relief was found and I am now enjoying better health than I have for years, and can heartily recommend Peru-na to all similarly afflicted. It is certainly a grand medicine."—M. J. Rossman.

If you do not derive prompt and satisfactory results from the use of Peru-na, write at once to Dr. Hartman, giving a full statement of your case and he will be pleased to give you his valuable advice gratis.

Address Dr. Hartman, President of the Hartman Sanitarium, Columbus, O.

## A TOUR OF THE WORLD BY YOUR OWN FIRESIDE

The Stoddard Illustrated Lectures A Tour Superb Volumes A 4,000 Vistas.

This work has had an enormous sale; sold on easy payments.

Geo. L. Shuman & Co.  
315 Dearborn Street—Chicago

DENSION JOHN W. MORRIS,  
1111 Washington, D. C.  
Successfully Prosecutes Claims.  
For a full list of cases, see Dension Bureau.  
3 years civil war, 15 adjudicating claims, 45 since.

Sleep with the window slightly open and you will awake brisk.

\$148 will buy new Upright piano on easy payments. Write for catalogues. Schmoller & Mueller, 1313 Parnass street, Omaha.

A man isn't necessarily a gardener because he is able to remove a widow's weeds.

Don't Get Footsore! Get FOOT-EASE. A certain cure for Swollen, Smarting, Burning, Sweating Feet, Corns and Bunions. Ask for Allen's Foot-Ease, a powder. Cures Frost-bites and Chilblains. At all Druggists and Shoe Stores, 25c. Sample sent FREE. Address Allen S. Olmsted, LeRoy, N. Y.

Girls should keep their chins up when they walk.

Take a light meal only before setting out on a bicycle.

Ask your grocer for DEFIANCE STARCH, the only 16 oz. package for 10 cents. All other 10-cent starch contains only 12 oz. Satisfaction guaranteed or money refunded.

Brown paper under the carpet makes the carpet wear well.

Care, worry and anxiety whiten the hair too early. Renew it with PARKER'S HAIR BALSAM. Hairs grow, the best cure for corns. 15c.

Palms require little water, but their leaves must be washed.

There is more Catarrh in this section of the country than all other diseases put together, and until the last few years was supposed to be incurable. For a great many years doctors pronounced it a local disease, and prescribed local remedies, and by constantly failing to cure with local treatment, pronounced it incurable. Science has proven Catarrh to be a constitutional disease, and therefore requires constitutional treatment. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, Ohio, is the only constitutional cure on the market. It is taken internally in doses from 10 drops to a teaspoonful. It acts directly upon the blood and mucous surfaces of the system. They offer one hundred dollars for any case it fails to cure. Send for circulars and testimonials. Address F. J. CHENEY & CO., Toledo, Ohio. Sold by Druggists, 7c.

Hall's Family Pills are the best.

A raw egg swallowed will detach a fish-bone in the throat.

You Can Get Allen's Foot-Ease Free. Write to-day to Allen S. Olmsted, LeRoy, N. Y., for a FREE sample of Allen's Foot-Ease, a powder. It cures sweating, damp, swollen, aching feet. Makes new or tight shoes easy. A certain cure for Chilblains and Frost-bites. At all Druggists and shoe stores; 25c.

The sufficiency of merit is to know that my merit is not sufficient.—Quarles.

TO CURE A COLD IN ONE DAY. Take LAXATIVE BROMO QUININE TABLETS. All Druggists refund the money if it fails to cure. E. W. Grove's signature is on the box. 25c.

After eating onions munch a sprig of parsley dipped in vinegar.

The beneficial results of Garfield Tea upon the system are apparent after a few days' use: THE COMPLEXION IS CLEARER, THE BLOOD HAS BEEN PURIFIED.

Candles and soap improve by keeping, and last a long time when used.

Each package of PUTNAM FADE-LESS DYE colors more goods than any other dye and colors them better, too.

Oil of clothes will often cure an aching tooth.

I do not believe Piso's Cure for Consumption has an equal for coughs and colds.—JOHN F. BOYER, Trinity Springs, Ind., Feb. 15, 1900.

Daily exercise with light dumbbells cures round backs.

Ask your grocer for DEFIANCE STARCH, the only 16 oz. package for 10 cents. All other 10-cent starch contains only 12 oz. Satisfaction guaranteed or money refunded.

Ink spilt on the carpet is removable with milk.

We pay \$18 a Week and expenses to men with rigs to introduce our POLYMER COMPOUND. JAVELLE MFG. CO., Dept. D, PARSONS, KANSAS.

Powder clogs the pores of the skin and renders the face coarse.

The stomach has to work hard, grinding the food we crowd into it. Make its work easy by chewing Heerman's Pepsin Gum.

White of egg beaten up in coffee acts as cream.

Ask your grocer for DEFIANCE STARCH, the only 16 oz. package for 10 cents. All other 10-cent starch contains only 12 oz. Satisfaction guaranteed or money refunded.

## STATE CAPITOLS.

Building: on Which It Is the Tendency to Spend Millions of Dollars.

The corner stone of a million dollar state capitol for Arkansas was laid recently at Little Rock. A few days ago a contract was given out at Jackson, Miss., for the building there of a new state capitol at a total cost of nearly a million. The present capitol and grounds at Jackson are of the estimated value of \$400,000 and the Little Rock capitol and grounds of the value of only \$250,000. Many of the older settled states have capitols which were built many years ago and were designed to meet conditions which nearly every state has since outgrown. The capitol of Alabama at Montgomery represents an investment of only \$50,000, that of Louisiana at Baton Rouge \$250,000, the grounds being included in this estimate; that of Kentucky at Frankfort, the scene of the Goebel shooting, \$500,000, grounds included, and that of Maryland at Annapolis, \$300,000. There has been a general tendency to replace the old buildings by new and more costly structures, as is being done in Arkansas and Mississippi. Thus in Sacramento, the capital of California, the new buildings and grounds represent a total expenditure of \$3,000,000. Austin, Tex., has a \$2,500,000 capitol. Pennsylvania has at Harrisburg a \$2,500,000 capitol. The little state of Rhode Island has at Providence a \$3,000,000 capitol and the Iowa state capitol at Des Moines represents a total investment of \$4,500,000. The Illinois capitol at Springfield represents a total investment of \$4,500,000 and the Nebraska capitol at Lincoln represents a cost of \$750,000. The Wisconsin capitol in the small town of Madison represents an investment of \$1,000,000 and Michigan has at Lansing at \$1,500,000 capitol. In the smaller cities of the country there are to be found usually the most expensive capitols, a circumstance which has given rise to the expression "the smaller the capitol town, the more expensive the capitol building." Colorado has a \$2,500,000 capitol and Washington has completed one at Olympia costing \$1,900,000.—New York Sun.

## HE WAS A SEER.

Wigglesworth's Accurate Census Guess of Our Present Population.

Edward Wigglesworth, "Hollis professor of divinity at Cambridge," in a little pamphlet published in the portentous year of 1775 must have had a correct idea of the prosperity of this country during the century just closing, as he predicted that the population of the "British American colonies" in 1900 would be 80,000,000. Included in this estimate was Nova Scotia, now the Dominion of Canada, which, with its last recorded census result of 4,800,000 added to the 76,000,000 of the United States, fulfills almost to the letter the accuracy of the Wigglesworth prophecy. And this somewhat remarkable forecast was not based upon any species of guesswork, but upon a well defined and clearly constructed mathematical theory, which, reduced to plain words, can be best described in the language of its author: "The British Americans have doubled their numbers in every period of twenty-five years from their first plantation." Taking this statistical fact as a basis for his calculations, the Harvard divinity professor constructed a system of reckoning the increase of a country's population, which history has shown to be as correct as his method was simple. Assuming that the 1775 population was 2,500,000, Mr. Wigglesworth estimated 5,000,000 for 1800, 10,000,000 for 1825, 20,000,000 for 1850, 40,000,000 for 1875, and 80,000,000 for 1890; and the record of the United States census, since its initial taking in 1790, shows substantially these figures as follows: Census of 1800, 5,308,000; 1825 (1820), 9,633,000; 1850, 23,191,000; 1875 (1870), 38,658,000; 1900, with Canada, 81,000,000.—National Magazine.

## Preacher Put Him to Sleep.

Dean Ramsay, the witty Scottish divine of the last century, used to tell a story about one of the earls of Lauderdale. His lordship was taken very ill, the worst symptom being insomnia in an aggravated form. His little son, hearing that recovery would be impossible without sleep, said: "Send for the preaching man frae Livingston, for farther aye sleeps when that minister is in the pulpit." The doctors considered that to act on the suggestion would be judicious, so the minister was immediately brought. He preached a sermon, sleep came on—and the earl recovered.

## Odd Decorations.

The Swedish ware to be found in the shops which make a specialty of old pewter will probably be welcomed by the house mistress in search of odd decorations for her dining room plate rack and mantel. These articles are of wood and wicker and picturesque in form and decoration. Baskets, bowls, pails, jugs, boxes and other articles for use and ornament are included in the list. The wooden drinking cups are deep and wide and encircled by stout hoops. Sometimes leather strips are used in conjunction with the other ornamentation.

## Mushrooms as a Vaccine.

According to a paper recently communicated to the Academie des Sciences, Paris, M. Phisalix has found that some kinds of mushroom afford a "vaccine" against the venom of snakes. The juice of the mushroom renders a person immune against vipers for a month or two.

Pride is the fog that surrounds insignificance.

## Took the Oath on a Directory.

The perfunctory manner in which witnesses are sworn in English courts was illustrated recently in a London court after some twenty witnesses had given their evidence. It was then discovered that all had solemnly sworn on and kissed a guide to the law of landlord and tenant. The mistake came to light only when a court official saw that the supposed bible was much more clean than usual, and, as a consequence, looked closely at the book.

Ask your grocer for DEFIANCE STARCH, the only 16 oz. package for 10 cents. All other 10-cent starch contains only 12 oz. Satisfaction guaranteed or money refunded.

## As Active as Ever at 91.

A story comes from Lancashire, England, of an old woman in her 91st year who acts as parish clerk, attending all weddings, christenings and funerals, keeps the church in order, substitutes for church warden in taking the collection when that official is absent, and has even acted as organ blower and bellringer on occasion.

GARFIELD TEA IS AN HERB MEDICINE. It is of inestimable value in all cases of stomach, liver, kidney and bowel disorders; it promotes a healthy action of all these organs.

White of egg brushed over morocco leather freshens it.



## Cold Agony

Pain intensified by cold is unbearable.

## Neuralgia

in winter must seek

## St. Jacobs Oil

for the surest relief and promptest cure.

Cold water makes the eyes look bright and keeps them strong.

High-heeled boots are known to cause spinal trouble.

# FALLING HAIR



## Save Your Hair with Shampoos of

# Cuticura SOAP

And light dressings of CUTICURA, purest of emollient skin cures. This treatment at once stops falling hair, removes crusts, scales, and dandruff, soothes irritated, itching surfaces, stimulates the hair follicles, supplies the roots with energy and nourishment, and makes the hair grow upon a sweet, wholesome, healthy scalp when all else fails.

## MILLIONS USE CUTICURA SOAP

Assisted by CUTICURA OINTMENT, for preserving, purifying, and beautifying the skin, for cleansing the scalp of crusts, scales, and dandruff, and the stopping of falling hair, for softening, whitening, and healing red, rough, and sore hands, for baby rashes, itchings, and chafings, and for all the purposes of the toilet, bath, and nursery. Millions of Women use CUTICURA SOAP in the form of baths for annoying irritations, inflammations, and excoriations, for too free or offensive perspiration, in the form of washes for ulcerative weaknesses, and for many antiseptic purposes which readily suggest themselves to women and mothers. No amount of persuasion can induce those who have once used these great skin purifiers and beautifiers, to use any others. CUTICURA SOAP combines delicate emollient properties derived from CUTICURA, the great skin cure, with the purest of cleansing ingredients, and the most refreshing of flower odors. No other medicated soap is to be compared with it for preserving, purifying, and beautifying the skin, scalp, hair, and hands. No other foreign or domestic toilet soap, however expensive, is to be compared with it for all the purposes of the toilet, bath, and nursery. Thus it combines, in ONE SOAP at ONE PRICE, viz.: TWENTY-FIVE CENTS, the BEST skin and complexion soap, the BEST toilet, BEST baby soap in the world.

Complete External and Internal Treatment for Every Humor!

**Cuticura** THE SET, \$1.25



No matter how pleasant your surroundings, health, good health, is the foundation for enjoyment. Bowel trouble causes more aches and pains than all other diseases together, and when you get a good dose of bilious bile coursing through the blood life's a hell on earth. Millions of people are doctoring for chronic ailments that started with bad bowels, and they will never get better till the bowels are right. You know how it is—you neglect—get irregular—first suffer with a slight headache—bad taste in the mouth mornings, and general "all gone" feeling during the day—keep on going from bad to worse until the suffering becomes awful, life loses its charms, and there is many a one that has been driven to suicidal relief. Educate your bowels with **CASCARETS**. Don't neglect the slightest irregularity. See that you have one natural, easy movement each day. **CASCARETS** tone the bowels—make them strong—and after you have used them once you will wonder why it is that you have ever been

without them. You will find all your other disorders commence to get better at once, and soon you will be well by taking—

## THE TONIC LAXATIVE



10c.  
25c. 50c.

ALL DRUGGISTS.

LIVER TONIC

BEST FOR THE BOWELS NEVER SOLD IN BULK.

**CURE** all bowel troubles, appendicitis, biliousness, bad breath, bad blood, wind on the stomach, bloated bowels, foul mouth, headache, indigestion, pimples, pain after eating, liver trouble, sallow complexion and dizziness. When your bowels don't move regularly you are getting sick. Constipation kills more people than all other diseases together. It is a starter for the chronic ailments and long years of suffering that come afterwards. No matter what ails you, start taking **CASCARETS** to-day, for you will never get well and be well all the time until you put your bowels right. Take our advice; start with **CASCARETS** to-day under an absolute guarantee to cure or money refunded.

**GUARANTEED** TO CURE. Five years ago the great Cascarets was sold. Now it is over six million boxes a year, greater than any similar medicine in the world. This is absolute proof of great merit, and our best testimonial. We have faith and will sell **CASCARETS** absolutely guaranteed to cure or money refunded. Go by mail, or the druggist from whom you purchased it, and get your money back for both boxes. Take one advice—after what ails you—start to-day. Health will quickly follow and you will bless the day you first started the use of **CASCARETS**. Book free by mail. Address: STRIBLING REMEDY CO., NEW YORK or CHICAGO.