



THE SUNDAY SCHOOL.

LESSON III, APRIL 16, JOHN, CHAP. 13: 1-17.

Principal Text—"I have given you an example"—John 13: 15—Jesus Teaching Humility—Explanatory Notes and Paragraphs.

1. Now before the feast of the passover. That is, immediately before; just as he was about to sit down with his disciples to the paschal feast.—Abbott. This is simply a note of the time and place. When Jesus knew, R. V. Jesus knowing, the verb being in the participial form, as in the following phrase "having loved."

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WINNIPEGOSIS LETTER.

From Dennis Twohey Who Went From Austin, Minn., March, 1898.

Winnipegosis, Man., Jan. 23, 1899. Benjamin Davies, Esq., Canadian Government Agent, St. Paul, Minn., Dear Sir:—I have great pleasure in writing you these few lines to let you know how I like my new location and how I have been getting along since I left Southern Minnesota. I like this country well, the climate agrees with me and my family at all seasons, and taken all around it is away ahead of Minnesota. I may say that we have not had one storm yet this winter. As regards the productiveness of the soil, I consider it beats Southern Minnesota. I am a practical farmer, but have never seen such vegetables in my life as I have seen raised here. As regards grain of all kinds, I have seen splendid yields, in fact any man who cannot get along here and make a good living cannot do it anywhere. We have abundance of wood for fuel, timber for building, and lots of hay. I have got good water on my place about 24 feet. I have a good class of neighbors around me, and have been well used by everybody. I have been able to get lots of work for myself and team at fair wages, whenever I wanted it, and I think any one else can do the same. I would not care to return to Minnesota. I am, sir, yours very truly, (Signed) DENNIS TWOHEY.

The government has agents in several of the states, any of whom will be pleased to give you information, as to free homestead lands to those desiring it. Michael D. Wild has been made secretary of the Baltimore and Ohio South Western Railway, succeeding Edward Bruce, and assistant secretary of the Baltimore and Ohio Railroad, with headquarters at No. 2 Wall st., New York. For several years Mr. Wild has held a very responsible position with the Baltimore and Ohio Railroad in Baltimore, and the change is a promotion and recognition of his valuable services.

HEALTH and beauty are the glories of perfect womanhood.

Women who suffer constantly with weakness peculiar to their sex cannot retain their beauty. Preservation of pretty features and rounded form is a duty women owe to themselves. The mark of excessive monthly suffering is a familiar one in the faces of young American women. Don't wait, young women, until your good looks are gone past recall. Consult Mrs. Pinkham at the out-start. Write to her at Lynn, Mass. MISS EDNA ELLIS, Higginsport, Ohio, writes: "DEAR MRS. PINKHAM—I am a school teacher and had suffered untold agony during my menstrual periods for ten years. My nervous system was almost a wreck. I suffered with pain in my side and had almost every ill human flesh is heir to. I had taken treatment from a number of physicians who gave me no relief. In fact one eminent specialist said no medicine could help me, I must submit to an operation. At my mother's request, I wrote to Mrs. Pinkham stating my case in every particular and received a prompt reply. I followed the advice given me and now I suffer no more during menses. If anyone cares to know more about my case, I will cheerfully answer all letters."



MISS KATE COOK, 16 Addison St., Mt. Jackson, Ind., writes: "DEAR MRS. PINKHAM—I am by occupation a school teacher, and for a long while suffered with painful menstruation and nervousness. I have received more benefit from Lydia E. Pinkham's Vegetable Compound than from all remedies that I have ever tried."

Any Girl Can Tell. A physician who makes the test and is honest about it can tell you that, in many cases, the number of red corpuscles in the blood is doubled after a course of treatment with Dr. Williams' Pink Pills for Pale People. That this means good blood may not be entirely clear from the doctor's statement, but any girl who has tried the pills can tell you that it means red lips, bright eyes, good appetite, absence of headache, and that it transforms the pale and sallow girl into a maiden who glows with the beauty which perfect health alone can give. Mothers whose daughters grow debilitated as they pass from girlhood into womanhood should not neglect the pill best adapted for this particular ill. Frank B. Trout, of 103 Griswold Ave., Detroit, Mich., says: "At the age of fourteen we had to take our daughter from school on account of ill health. She weighed only 90 pounds, was pale and sallow and the doctors said she had anemia. Finally we gave her Dr. Williams' Pink Pills for Pale People. When she had taken two boxes she was strong enough to leave her bed, and in less than six months was something like herself. To-day she is entirely cured, and is a big, strong, healthy girl, weighing 130 pounds, and has never had a sick day since."

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I AM A PHYSICIAN And "5 DROPS" Has Cured HUNDREDS OF MY PATIENTS. The above statement has just been received from Dr. C. A. Jackson the well-known Physician and Surgeon of Kearney, Neb. His letter, with others, is printed below: Kearney, Neb., March 20, 1899. Dear Sir:—I am a Physician and graduate of the University of Sweden, and have been in active practice for more than 20 years, but I must confess that no remedy has so astonished me in its career as your "5 DROPS." I have recommended it to hundreds of my patients who have been afflicted with Rheumatism and they inform me that they are cured. Kindly send me the "5 DROPS" as directed. Very truly yours, C. A. JACKSON, M. D. Dear Sir:—I thought I would write a statement of my case and how I was cured by your "5 DROPS." I had Rheumatism so bad I had to give up my business. My little girl had to comb my hair as I could not move my arms. I could not turn over in bed without my wife's help. Then I got the "5 DROPS" and gave up hope of ever getting well. All the doctors I had did not do me any good. Since I began taking your "5 DROPS" I have been getting better every day and though I could not work for four months I can now do my chores and lead to my work without any help. "5 DROPS" is the best medicine I ever used or heard of, and I am thankful for what it has done for me. CHAS. H. KENTON. Mr. S. H. Preston, of Cuba, Ill., writes us March 16th, 1899. Dear Sir:—I have not sufficient confidence after reading these letters to send for a large bottle, and I can give you a testimonial. This is my case: I have been working as a book-binding for forty years. Am now sixty-four years of age. Thought I was past work, being all broken down with Kidney Trouble, Neuralgia, Hay Fever and Asthma. Suffered intensely with pain almost constantly throughout my whole body. Took ten trips to the hospital, but did not get any relief. Gradually grew worse until I tried "5 DROPS" and your Inhaler. In three weeks' time I must say after using "5 DROPS" I feel like a new man. Pain all gone, appetite improved wonderfully. I can sleep all night and eat my food with relish. Am now working every day in my shop. Success to your great pain remedy, "5 DROPS."

5 DROPS I AM A PHYSICIAN And "5 DROPS" Has Cured HUNDREDS OF MY PATIENTS. The above statement has just been received from Dr. C. A. Jackson the well-known Physician and Surgeon of Kearney, Neb. His letter, with others, is printed below: Kearney, Neb., March 20, 1899. Dear Sir:—I am a Physician and graduate of the University of Sweden, and have been in active practice for more than 20 years, but I must confess that no remedy has so astonished me in its career as your "5 DROPS." I have recommended it to hundreds of my patients who have been afflicted with Rheumatism and they inform me that they are cured. Kindly send me the "5 DROPS" as directed. Very truly yours, C. A. JACKSON, M. D. Dear Sir:—I thought I would write a statement of my case and how I was cured by your "5 DROPS." I had Rheumatism so bad I had to give up my business. My little girl had to comb my hair as I could not move my arms. I could not turn over in bed without my wife's help. Then I got the "5 DROPS" and gave up hope of ever getting well. All the doctors I had did not do me any good. Since I began taking your "5 DROPS" I have been getting better every day and though I could not work for four months I can now do my chores and lead to my work without any help. "5 DROPS" is the best medicine I ever used or heard of, and I am thankful for what it has done for me. CHAS. H. KENTON. Mr. S. H. Preston, of Cuba, Ill., writes us March 16th, 1899. Dear Sir:—I have not sufficient confidence after reading these letters to send for a large bottle, and I can give you a testimonial. This is my case: I have been working as a book-binding for forty years. Am now sixty-four years of age. Thought I was past work, being all broken down with Kidney Trouble, Neuralgia, Hay Fever and Asthma. Suffered intensely with pain almost constantly throughout my whole body. Took ten trips to the hospital, but did not get any relief. Gradually grew worse until I tried "5 DROPS" and your Inhaler. In three weeks' time I must say after using "5 DROPS" I feel like a new man. Pain all gone, appetite improved wonderfully. I can sleep all night and eat my food with relish. Am now working every day in my shop. Success to your great pain remedy, "5 DROPS."