

# GOVERNOR OF OREGON

## Uses Pe-ru-na In His Family For Colds and Finds It an Excellent Remedy.



The Magnificent State Capitol Building at Salem, Oregon.

**PERUNA** is known from the Atlantic to the Pacific. Letters of congratulation and commendation testifying to the merit of Peruna as a catarrh remedy are pouring in from every State of the Union.

Dr. Hartman is receiving hundreds of such letters daily. All classes write these letters, from the highest to the lowest.

The outdoor laborer, the indoor artisan, the clerk, the editor, the statesman, the preacher—all agree that Peruna is the catarrh remedy of the age.

The stage and rostrum, recognizing catarrh as their greatest enemy, are especially enthusiastic in their praise and testimony.

Any man who wishes perfect health must be entirely free from catarrh. Catarrh is well-nigh universal; almost omnipresent.

Peruna is the only absolute safeguard known. A cold is the beginning of catarrh. To prevent colds, to cure colds, to check catarrh of its victims.

Peruna not only cures catarrh, but prevents it. Every household should be supplied with this great remedy for coughs, colds and so forth.

The Ex-Governor of Oregon is an ardent admirer of Peruna. He keeps it continually in the house.

In a letter to The Peruna Medicine Co. he says:

STATE OF OREGON,  
EXECUTIVE DEPARTMENT,  
The Peruna Medicine Co., Columbus, O.

Dear Sirs—I have had occasion to use your Peruna medicine in my family for colds, and it proved to be an excellent remedy. I have not had occasion to use it for other ailments.

Yours very truly,  
W. M. Lord.

It will be noticed that the Ex-Governor says he has not had occasion to use Peruna for other ailments. The reason for this is, most other ailments begin with a cold.

Using Peruna to promptly cure colds, he protects his family against other ailments.

This is exactly what every other family in the United States should do—keep Peruna in the house. Use it for coughs, colds, flu and other climatic affections of winter, and there will be no other ailments in the house.

Such families should provide themselves with a copy of Dr. Hartman's free book, entitled, "Chronic Catarrh."

Address Dr. S. B. Hartman, President of The Hartman Sanitarium, Columbus, Ohio. All correspondence held strictly confidential.

The real elixir of life, according to the assertion of an Austrian physician, is buttermilk. He declares that the fluid named contains ravensous microbes, which prey upon the microbes which are dangerous to life, and thus make it easy for a human to live a hundred years, provided his chief beverage is buttermilk.

The hardest dollar for a man to get is too often the one he needs the most.

**USED TO IT.**  
"Doesn't the noise and bustle of the city confuse you?"  
Suburb—"Not a bit. All my neighbors have lawn mowers, babies and chickens."

I find Mio's Cure for Consumption the best medicine for croupy children.—Mrs. F. Callahan, 114 Hall street, Parkersburg, W. Va., April 16, 1901.

I like a mule for one thing—he never was known to flatter anybody—only with his heels.

Mrs. Winslow's HOOTING STRIP for children teething, softens the gums, reduces inflammation, allays pain, cures colic. Price 20c bottle.

The man who is determined to write something new has little hopes of winning; but he who is willing to repeat a moral, or sharpen both ends of an old truth, so that it will stick in both ways, may possibly succeed.

A company has been organized in London for the procuring of wealthy brides for impoverished aristocrats. A percentage on the estimated wealth of the bride is the fee for this work, to be paid within a week after the marriage takes place.

There are but few men who are as glib as they are thought to be, and less who are as wise as they think they are.

**W.L. DOUGLAS SHOES**

W. L. Douglas makes and sells more men's \$2.50 shoes than any other manufacturer in the world.

The reason W. L. Douglas shoes are the greatest sellers in the world is because of their excellent quality, easy fitting and comfortable wearing qualities. If you would show me the difference between the shoes made by my factory and the shoes of other makers and the high grade leather used, you would understand why W. L. Douglas shoes cost more to make, why they hold their shape, fit better, wear longer, and are of the best in the world.

W. L. Douglas shoes are sold by all shoe stores in the United States. Look for the name on the sole.

**SUPERIOR IN FIT, COMFORT AND WEAR.**

W. L. Douglas shoes are sold by all shoe stores in the United States. Look for the name on the sole.

W. L. Douglas shoes are sold by all shoe stores in the United States. Look for the name on the sole.

Sale Ten Million Boxes a Year.

**Peppercorns**

CANDY CATHARTIC

THEY WORK WHILE YOU SLEEP

BEST FOR THE BOWELS

# COCOANUT CALLED A FRUIT.

More than 40,000,000 annually imported into the United States.

The mooted question whether the coconut is officially regarded as a nut or a "fruit" has been settled in a report on coconuts recently made by the Department of Agriculture. Although known as a nut, the department characterizes it as a tropical "fruit." The report says in part:

"With the exception of a few hundred dollars' worth grown annually in Florida no coconuts are produced in continental United States. A tropical 'nut' grown almost exclusively on islands and in tropical countries bordering upon the sea, there is little territory in the United States proper adapted to its cultivation. The large quantities of coconuts and their products consumed in this country are practically all imported.

"With the acquisition of territory after the close of the Spanish-American war there came into the possession of the United States a number of islands upon which coconut production is a considerable economic factor. In the Philippines it not only plays an important part in the domestic economy of the people, but the exportation of copra (dried meat of the coconut) constitutes one of the largest items of their export trade, returning to the archipelago from \$2,000,000 to \$4,000,000 a year. In the small island of Futuata of the Samoan group copra is the chief article of export, upward of 80 tons being shipped out annually. In Porto Rico the area in coconuts is 3,447 acres. From none of these possessions, however, does the United States now obtain any important part of its heavy imports of coconuts and their products.

"These nuts and their products are imported into the United States principally in three forms, as coconuts in the shell, as copra, broken meat, desiccated and not desiccated, and as copra nut oil. Of these by far the most important, as measured by value, is copra nut oil, the deliveries for consumption in the United States in the fiscal year ended June 30, 1901, having been 40,074,890 pounds, valued at \$2,494,442. These were the heaviest quantities of copra nut oil ever made in the United States, the previous high record having been in 1894-1895, when the quantity delivered for consumption amounted to 31,722,014 pounds, valued at \$1,340,208. The principal use of which this oil is put in the United States is in blending with other oils in the manufacture of soap, in confectionery, medicinal preparations, food compounds, for the preparation of tallow and for other purposes.

"Next in importance to copra nut oil are the imports of coconuts in the shell, of which the deliveries for consumption in the fiscal year 1901-1902 amounted in value to \$965,226. As to the quantities of nuts in the shell imported there is no official record, but a rough estimate based upon the total value of the imports and the average price of coconuts annually imported into the United States ranges from \$10,000,000 to \$50,000,000. As is well known, these nuts are consumed in the United States chiefly in the raw state and in the manufacture of confectionery, prepared foods, etc."

The walking delegate is not the only one who can order the employee to give up his job. Some irregularity in his health may force him from his work and render him incapable of improving the very finest opportunity in the world. A remedy that will restore health solves many labor difficulties at once and makes the path to success a smooth one.

Miss Winifred Ray, of No. 917 Water street, Wichita, Kansas, has passed happily through an experience which illustrates this point. She says:

"In 1901 I began to suffer from considerable disturbances of my health. There was derangement of stomach and bowels, as well as female troubles. My appetite became very feeble. Some days I had no desire for food at all and when I did take any it caused me great discomfort, particularly burning sensations. I also had palpitation of the heart, and often a sense of being smothered, and I became so nervous I couldn't sleep. One doctor thought I had heart disease, another consumption, another a radical disorder of the liver. While I was not confined to my bed, I was so miserable that I really thought I must die.

"After suffering in this way for a year without finding any relief, I read about Dr. Williams' Pink Pills for Pale People in a book and got a box and began to use them. In a week I was better. In six or seven weeks I was well. My liver seemed to be stimulated at once and my complexion cleared up. The burning sensation left my stomach and I could eat nearly everything I wanted. I had no more pain in my abdomen and no more trouble with my heart. My whole system appeared to be regulated and the grave fears of the doctors were all banished. I have recovered my strength and cheerfulness and am able to do my regular daily work and to support myself again. The pills have done me great good and I believe they would help others equally if they would try them."

Dr. Williams' Pink Pills for Pale People are sold by all druggists, or direct by Dr. Williams Medicine Company, Schenectady, N. Y., 50 cents per box; six boxes for \$3.00, postpaid.

Whenever I see a novelty that is just hatched out, and everybody is anxious to get sum or ov, I say to myself: "Joshua, look out." But when I see a novelty that most people are anxious to suspect, I say to myself: "Joshua, this thing will do to feel of gently."

On formal occasions no napkin rings appear on the table and the napkin is used but once. At the home dinner the napkin, if not soiled, should be placed in the ring to be used again at breakfast or luncheon.

**ANOTHER CONVERT.**  
Solid Citizen—"Enough, sir: I will bear no more. I have no time to waste taking with an avowed socialist."

Reformer—"But you have not heard all our plans. One of them is to have the government erect sound proof asylums, to which all babies shall be committed until they are old enough to go to school."

Old Citizen—"Whoop! I'm with you."

**MEXICAN Mustang Liniment**  
cures Cuts, Burns, Bruises.

The best way to tell a good oyster from a bad one is to eat it. The man who can't tell the difference in this way isn't worth consulting.

**"All Signs Fall in a Dry Time"**  
THE SIGN OF THE FISH NEVER FAILS IN A WET TIME

In ordering Tow's Stickers, a customer writes: "I know they will be all right if they have the 'Fish' on them." This confidence is the outgrowth of sixty-nine years of careful manufacturing.

**A. J. TOWER CO.** Makers of the Fish Brand  
Toronto, U.S.A.

**TOWERS**  
Tower Canadian Co., Limited  
Toronto, Canada  
Makers of Warranted Not Weather Clothing

He knew His Business.

A lady going through a hospital during the last war saw a couple of soldiers sawing and hammering and said "What are you doing?" "Making a coffin; that's all." "A coffin, indeed, and who is it for?" "That fellow over there," pointing to a cot. The lady looked and saw that the man was alive and watching what was going on.

"Why," she said, in a low voice, "that man is not dead, and perhaps he won't be." "Oh, yes," insisted one of the men, "the doctor told us to make the coffin and I guess he know'd what he giv' him."

**Burgains in Harlan Co. Lards**  
Real Estate is always a safe investment. It neither turns nor blows away.

Can you afford to rent when you can own a quarter section for \$2,000?

For further information write Schumacher & Sons, Orlams, Neb.

**ADARTH OF OXIG N.**

The wide-awake student, in his haste, occasionally puts a question which the next minute he might regret. The New York Tribune reminds us of the story of a Harvard instructor who was lecturing on oxygen.

"Oxygen," said he, "is essential to all animal existence. There could be no life without it. Yet, strange to say, it was discovered only a century ago."

"What did they do then, sir," a student asked, "before it was discovered?"

Ray of Cuban Carpenters.

Carpenters at Havana, Cuba, and vicinity receive \$2.50 to \$3.50 a day. They are paid in Spanish gold and the day's work consists of ten hours.

Some women who claim to be under no talk like CO.

# A LABOR PROBLEM

**ORDERED OUT BY A POWERFUL COMBINATION.**

A Kansas Woman Succeeds in Maintaining Her Right to Earn Her Living.

The eating of horse flesh caused an epidemic of typhus fever in Bern, Switzerland. The horse had been used in the bacteriological laboratory, and was subjected to experiments with anti-typhus serum. The animal was sold to a cheap restaurant where it was killed and cooked, and served to its patrons.

**WHACKS**  
And What They Mean.

When Old Mother Nature gives you a "whack" remember "there's a reason," so try and say "thank you;" then set about finding what you have done to demand the rebuke, and try and get back into line, for that's the happy fate after all.

Curious how many highly organized people fail to appreciate and heed the first little, gentle "whacks" of the good old Dame, but go right along with the habit, whatever it may be, that causes her disapproval. Whiskey, Tobacco, Coffee, Tea or other unnatural treatments of the body, until serious illness sets in or some chronic disease.

Some people seem to get on very well with these things for a while, and Mother Nature apparently cares but little what they do.

Perhaps she has no particular plans for them and thinks it little use to waste time in their training.

There are people, however, who seem to be selected by Nature to "do things." The old Mother expects them to carry out some department of her great work. A portion of these selected ones off and again seek to stimulate and then deaden the tool (the body) by some one or more of the drugs—Whiskey, Tobacco, Coffee, Tea, Morphine, etc.

You know all of these things down the same class of alkalooids in chemical analysis. They stimulate and then depress. They take from man or woman the power to do his or her best work.

After these people have drugged for a time they get a hint or mild "whack" to remind them that they have work to do, a mission to perform, and should be about the business, but are loitering along the wayside and become unfitted for the fame and fortune that waits for them if they but stick to the course and keep the body clear of obstructions so it can carry out the behests of the mind.

Sickness is a call to "come up higher." These hints come in various forms. It may be stomach trouble or bowels, heart, eyes, kidneys or general nervous prostration. You may depend upon it when a "whack" comes it's a warning to quit some abuse and do the right and fair thing with the body.

Perhaps it is coffee drinking that offends. That is one of the greatest causes of human disorder among Americans.

Now then if Mother Nature is gentle with you and only gives light, little "whacks" at first to attract attention, don't abuse her consideration, or she will soon hit you harder, sure.

And you may also be sure she will hit you very, very hard if you insist on following the way you have been doing.

It seems hard work to give up a habit, and we try all sorts of plans to charge our ill feelings to some other cause than the real one.

Coffee drinkers when ill will attribute the trouble to bad food, malaria, overwork and what not, but they keep on being sick and gradually getting worse until they are finally forced to quit entirely, even the "only one cup a day." Then they begin to get better, and unless they have gone long enough to set up some fixed organ disease, they generally get a first-class "whack."

It is easy to quit coffee at once and for all, by having well made Postum, with its rich, deep, seal-brown color which comes to the beautiful golden brown when good cream is added, and the crisp snap of good, mild Java coffee there if the Postum has been boiled long enough to bring it out.

It pays to be well and happy for good old Mother Nature then sends us her blessings of many and various kinds and helps us to gain fame and fortune.

Strip off the handicaps, leave out the deadening habits, heed Mother Nature's hints, quit being a loser and become a winner. She will help you sure if you cut out the things that keep you back.

There's a reason and a profound one.

Look in each package for a copy of the famous little book, "The Road to Well-Being."

**BECC'S CHERRY COUGH SYRUP**  
cures coughs and colds.

**PISCOSQUINE FOR**  
CURE OF ALL  
LUNG DISEASES  
Cough Syrup, Name Good. One  
in Time. Sold by druggists.

**CONSUMPTION**

**P. N. U. 881 - 48 YORK NEB**

# ARE IGORROTES INDIANS?

Creek from Indian Territory Found the Language Almost Alike.

"Naket cheo chifkete?"

These words made a connecting link that reaches from the Philippines to the Creek Indian nation. They were spoken by Mrs. Edward C. Merriek of the Creek nation, to an Igorrote in the Philippine village at the World's Fair in St. Louis recently. The language is that of the Creek Indians, and means "what is your name?" The Igorrote was sitting lazily smoking in front of his hut. When he heard the words he sprang to his feet, and answered in his native tongue, "Are you a Filipino?" In his eagerness he did not stop to answer the question.

Mrs. Merriek is one-sixteenth Creek Indian, and shows her Indian blood. She talked to the Igorrote an hour. He could not understand a word of English, but could carry on a conversation in Creek readily enough. Mrs. Merriek did not ask a question that he could not answer nor that he failed to understand. Neither did she do all the talking. The Igorrote asked her many questions and the conversation, according to her statement, was carried on almost as easily as if she were addressing a Creek Indian. The Igorrote said she was the only person outside the small band brought over with him from the Philippines that he had seen who spoke his language. He was very much surprised when she told him that it was the language of the Creek Indian.

In the meantime the rest of the small band of Igorrotes from the same land gathered around and listened eagerly to the conversation. All understood what the Creek woman said and made comments, which she understood.

This incident is not the first that has been heard of the Igorrotes and Creeks having a common language. There has been a story of this kind current since the return of the volunteer soldiers from the Philippines at the close of the Spanish-American war. "Charles Gibson, a Creek historian, has contended a long time that there is evidence that centuries ago the Igorrotes and the Creeks were the same. A young Indian who lived at Eufaula, but is now dead, was taken prisoner by the Igorrotes in the Spanish-American war. They talked over the plan of his execution in his presence and he understood perfectly what was said. The knowledge thus gained enabled him to escape. When he returned to Eufaula, he told Mr. Gibson the incident. It was generally regarded as having been evolved in the imagination of the young Creek, and few except Mr. Gibson gave credence. Mrs. Merriek had heard the story, and when she and her husband visited the Philippine exhibit she decided to test the matter.—Kansas City Star

**PRESERVED A MIND.**

Awoke Blank Mind and Gave Man Moment of Intelligence.

The pressure of a man's thumb on his forehead brought back to Frank McCullough the remembrance of his own name at the East Fifth street police station last night. With the first dawn of memory came back the knowledge that he was 28 years old and that he was born in Ireland. But where he lives, what he does or who his friends are is a blank. He is at Bellevue Hospital now, being treated for aphasia, and the one second of recollection that came to him with the pressure of the thumb is his whole history, so far as he knows it.

Policeman Unger found McCullough at Fourth street and first avenue last night wildly waving his arms and trying in vain to articulate. On the belief that he was an intoxicated deaf-mute Unger took him to the Fifth street station. It was suggested at first that the morning would bring back his memory or power of speech. But when he could not answer a question it was decided to send for an ambulance. Dr. A. D. Parson, from Bellevue Hospital, came, and said the man was suffering from aphasia.

"He has lost all recollection of everything—his name, his friends, his life and even the manner of forming words," explained the doctor. "It is the result of the pressure of the skull upon cells which govern the faculty of memory."

"I can give him a glimpse of himself for a second," said the doctor. "Now, when I say 'Ready,' ask him who he is."

Parson threw his whole strength into the pressure of his thumb on the man's forehead and cried "Now!"

"Who are you and how old are you?" asked Sergeant Hoole.

"I am Frank McCullough. I am 28 years old, and I was born in Ireland. I live at—"

The first words came clear and strong. The last died away into inarticulation, and the dead light returned to the man's eyes.

"That pressure relieved the tension in the other part of the brain," explained the doctor.—New York World.

**Heavy Production of Honey.**

A. W. Swan of Centralia, one of the leading bee men of the United States, has the highest record for honey producing in the country. He has one swarm that produced 20 pounds of honey in three days.—Topeka Capital.

**Older Miss Microbes.**

A French bacteriologist declares that encephalitis, diphtheria and similar trials will kill typhoid germs, while alcohol at 25 per cent destroys microbes, and at 2 per cent prevents their development.

People who fish for compliments frequently lose their entire angling outfit.