HARRASSED CITY FOLKS

Farmer Wayback—"I'm glad I'm not in business in the city. I've had about twenty summer boarders this season, and every one of 'em had to rush back the next mornin' for fear stocks would fall or something. Not one of 'em came back either. Guess they must be in the poorhouse by this time. By the way, do you know where I kin git a man?"

Neighbor—"What sort of work?"

Farmer Wayback—"Tain't much of a job.

The Russian population of Siberia now numbers not far from 8,000,000.

Coal sufficient to reach from New York to San Francisco, or 3,000 miles, if laid end to end, represents the amount used in the Palace of Agriculture at the World's Fair in the displays of the several states.

A large tapestry made in 1650 is exhibited in the Belgian section of the Art Palace at the World's Fair. Although over 350 years old it is so well preserved that it retains all of the 2000 colors and shades which are worked into its texture.

MAKE YOUR SON INDUSTRIOUS

Fathers, bring up your sons to be industrious—to love labor. It is essential for a young man to learn a trade, even though he does not intend to obtain a livelihood by it. He will then have something on which to fall back in case of need. Should misfortune, in the years to come, assail him, he will have something upon which to rely—the skill which will enable him to earn a living. Boys who are allowed to idle their time make the drunkish men we so often see, who hate next to absolute starvation everything that bears the name of work, and never accomplish anything, either for themselves or for the world. "Train up a child in the way he should go, and when he is old, he will not depart from it."

A Genuine Hair Grower.

A doctor-chemist in the Altenheim Medical Dispensary, 2586 Foso Building, Cincinnati, Ohio, has discovered what proves to be a positive hair grower. This will be welcome news to the thousands afflicted with bald heads as well as those whose hair is scanty and falling out. The announcement of the doctor-chemist in another column of this paper explains more fully what this new discovery for the hair can do. A trial package can be had free by enclosing a 2-cent stamp to Altenheim Medical Dispensary, 2586 Foso Building, Cincinnati, Ohio.

Some of the thousands of young readers, we hope, will read this article and heed our advice. To them we say, if you spare today, you will be in a condition to spend tomorrow. If you are self indulgent today, you may lack the necessaries of life in some distant tomorrow. Many a careworn man, not knowing where to turn for the means to meet his moderate expenses, might have been in a position to retire on a competence had he as a boy and young man avoided extravagant living.

The general depth of the Niagara River at the brink of the falls is four feet.

Fifteen railroads discharged 21,000 employes in the last three months.

Public benefactions in America during ten years aggregate $610,410,000.

The portrait of Julia Marlowe the actress by I. L. Wiles hung in the American section of the Fine Arts Palace at the World's Fair attracts unusual attraction. No name appears on the picture but it is invariably identified by the visitor.

I have ceased to wonder how some men ever managed to get married. The question I ask myself now is how any man can remain a bachelor.

Women don't steal—they receive the goods.

OUR BUDGET OF FUN

HUMOROUS SAYINGS AND DOINGS HERE AND THERE.

Jokes and Jokelets that Are Supposed to Have Been Recently Born—Sayings and Doings that Are Old, Curious and Laughable—The Week's Humor.

The foreign nobleman entered the old man's private office.

"Mr. Millyuns," he began, "I love your daughter, and ask her hand in marriage."

"Hem!" exclaimed old Millyuns musingly. "What are your lowest terms?"

Why He Was a Skeptic.

"No," said the village landlord, "I don't believe in advertising.

"You don't," exclaimed the hardware drummer. "Why not?"

"Because I advertised for a wife in a matrimonial paper once; that is why."

"And failed to get one, eh?"

"No, I got one. That's the trouble."

Needless Alarm.

He—The fellah actually threatened to blow my bwains out!

She—Oh, how could he? Of course he wasn't serious.

Considered Clever.

"Johnny Jones is awful clever. He always finds ants in the ice cream at the picnic."

"I don't see anything clever in that."

"Yes; he says they are in there and no one will eat it. Then he has all for himself."

Sure Sign.

"I know she is a young wife," whispered the matron with the prune jar.

"Why so?" asked her friend.

"She actually thinks she can bake a pudding like the illustration on the package."

Certain Proof.

Ida—Are they really so rich?

May—I should say so. When they slipped several spoons and saucers in their grips the hotel clerk said it was merely the souvenir hobby.

Safest Way.

Silas—By heck! Yeon can learn to raise bees by mail these days.

Cyrus—Gosh! That's a good way to raise them. Then you won't get stung.

Long String.

Ernie—Mabel captured a foreign nobleman at the beach and is going to marry him.

Eva—You don't say. Has he any thing in his own name?

Ernie—About forty-four letters. He's a Russian duke.

In the Old Barn.

Sally—Of course I know Silas loves me. Why, we have a flirting system. When he stamps his boot once that means, "I'll meet you at the cow pen." When he stamps twice that means "I'm your sugar plum."

Molly—That must be the stamp language I read so much about.

Consideration for Mother.

Mamma—Johnny, you have broken that vase.

Johnny—Well, don't take off your slipper, mamma; you might cut your foot.

A Poser.

"It is getting to be a problem with me," said the noisy politician, "how to keep the wolf from the door."

"Stand on your steps and make one of your stump speeches when you see him coming."—Detroit Free Press.

Energetic.

Philanthropist—But, my dear man, why do you beg?

Beggar—Because I'm one of those men that must keep busy.—Detroit Free Press.

Not Clever.

"He's a handsome fellow, isn't he?"

"Yes, but he knows it."

"Well, so does everybody; how can he help it?"

"Perhaps he can't, but he could help letting anybody else know that he knew it."—Detroit Free Press.

The Chicago Press Club has arranged to visit the World's Fair in a body, spending the 6th, 7th and 8th of October at the Inside Inn. The club visited St. Louis nearly three years ago, having charge of the dedication of the Press Pavilion, the first building completed on the World's Fair grounds.

Every year more than 500,000 Japanese youths qualify by age for regular military service and 200,000 begin to serve either with the colors or as supernumeraries.

Each native of the gorrote village on the Philippine reservation at the World's Fair has been presented with a wheel by the Columbia Bicycle Company and is now busily learning to ride. The best rider will be entered in the next bicycle meet in the Stadium.

In Indian Territory there are 13,864 Indian scholars enrolled in the public schools. Of these 5,383, are in the Cherokee Nation, 2,754 in the Creek, 4,783 in the Choctaw, and 939 in the Chickasaw.

The immense indirect cost of warfare is illustrated by the fact that the Spanish-American war cost $1,000,000 a day for over a year, although hostilities occupied but three months.

The United States employed 10,555 men in distributing mail last year. The cost, distributed among 1,400 lines, was $61,594,000. In 373 accidents to mail cars 18 clerks were killed and 78 seriously injured.

One person in every 575 in the United States is a physician.

ECOMONY IN YOUTH

While sensible people put no faith in fortune telling, we may, on general principles, predict from a boy's habits whether he is likely to succeed or fail in life. When money burns in his pocket, and he is impatient to spend all that comes into his possession—when he spends every cent of his salary, and even falls into debt—when he prefers to invest his earnings in cigars, handsome clothes and amusements, to putting them at interest, we may safely predict that he will probably never attain wealth without a decided change of habits. Fifty cents a week, saved in youth, is often the nucleus of a large fortune. It is not so much the amount saved as the habit of saving that is important. A wealthy banker began life at seventeen on a salary of four hundred dollars a year. This was forty years ago, when a dollar would go a great way, and he saved half his salary. Had he spent it all, he as might have done without extravagance, he would probably have been a clerk today.

A Sicilian tribunal sentenced a noted forger to imprisonment for 189 years.

The Japanese sport of wild duck following is one of the most important aristocratic pastimes of the Empire. A model of the Imperial preserves at Satahama, with photographs of the sport, and the implements used, is shown in the Japanese government exhibit in the Palace of Forestry, Fish and Game at the World's Fair.

NOTE.—The following article has been widely published and is one of the most remarkable illustrations of the value of careful marshalling and analysis of facts in presenting a subject to the public.

LEVELERS.

The Mission of Whiskey, Tobacco and Coffee.

The Creator made all things, we believe.

If so, He must have made these.

We know what He made food and water for, and air and sunshine, but why Whiskey, Tobacco and Coffee?

They are here sure enough and each performing its work.

There must be some great plan behind it all; the thoughtful man seeks to understand something of that plan and thereby to judge these articles for their true worth.

Let us not say "bad" or "good" without taking testimony.

There are times and conditions when it certainly seems to the casual observer that these stimulant narcotics are real blessings.

Right there is the ambush that conceals a "killing" enemy.

One can slip into the habit of either whiskey, tobacco or coffee easy enough, but to "untangle" is often a fearful struggle.

It seems plain that there are circumstances when the narcotic effect of these poisons is for the moment beneficial but the fearful argument against them is that seldom ever does one find a steady user of either whiskey, coffee or tobacco free from disease of some kind.

Certainly powerful elements in their effect on the human race.

It is a matter of daily history testified to by literally millions of people, that Whiskey, Tobacco and Coffee are smiling, promising, beguiling friends on the start, but always false as hell itself in the end. Once they get firm hold enough to show their strength, they insist upon governing and drive the victim steadily towards ill health in some form; if permitted to continue to rule, they will not let up until physical and mental ruin sets in.

A man under that spell (and "under the spell" is correct), of any one of these drugs, frequently assures himself and his friends, "Why I can leave off any time I want to. I did quit for a week just to show I could." It is a sure mark of the slave when one gets to that stage. He wiggled through a week fighting every day to break the spell, was finally whipped, and began his slavery all over again.

The slave (Coffee slave as well as Tobacco and Whiskey) daily reviews his condition, sees perfectly plain the steady encroachments of disease, how the nerves get weaker day by day and demand the drug that seems to smile and offer relief for a few minutes and then leaves the diseased condition plainer to view than ever and growing worse. Many times the Coffee slave realizes that he is between two fires. He feels bad if he leaves off and a little worse if he drinks and allows the effect to wear off.

So it goes on from day to day. Every night the struggling victim promises himself that he will break the habit and next day when he feels a little bad (as he is quite sure to) breaks, not the habit, but his own resolution. It is nearly always a tough fight, with disaster ahead sure if the habit wins.

There have been hundreds of thousands of people driven to their graves through disease brought on by coffee drinking alone, and it is quite certain that more human misery is caused by coffee and tobacco than by whiskey, for the two first are more widely used and more hidden and insidious in the effect on nerves, heart and other vital organs, and are thus unsuspected until much of the dangerous work is done.

Now, Reader, what is your opinion as to the real use the Creator has for those things? Take a look at the question from this point of view.

There is a law of Nature and of Nature's God that things slowly evolve from lower planes to higher, a sturdy, steady and dignified advance toward more perfect things in both the Physical and Spiritual world. The ponderous tread of evolutionary development is fixed by the Infinite and will not be quickened out of natural law by any of man's methods.

Therefore we see many illustrations showing how nature checks too rapid advance. Illinois raises phenomenal crops of corn for two or three years. If she continued to do so every year her farmers would advance in wealth far beyond those of other sections or countries. So Nature interposes a bar every three or four years and brings on a "bad year."

Here we see the leveling influence at work.

A man is prosperous in his business for a number of years and grows rich. Then Nature sets the "leveling influence" at work on him. Some of his investments lose, he becomes luxurious and lazy. Perhaps it is whiskey, tobacco, coffee, women, gambling, or some other form. The intent and purpose is to level him. Keep him from evolving too far ahead of the masses.

A nation becomes prosperous and great like ancient Rome. If no leveling influence set in she would dominate the world perhaps for all time. But Same Nature sets her army of "levelers" at work. Luxury, overeating and drinking, licentiousness, waste and extravagance, indulgences of all kinds, then comes the wreck. Sure, Sure, Sure.

The law of the unit is the law of the mass. Man goes through the same process. Weakness (in childhood), gradual growth of strength, energy, thrift, probity, prosperity, wealth, comfort, ease, relaxation, self-indulgence, luxury, idleness, waste, debauchery, disease, and the wreck follows. The "levelers" are in the bushes along the pathway of every successful man and woman and they bag the majority.

Only now and then can a man stand out against these "levelers" and hold his fortune, fame and health to the end.

So the Creator has use for Whiskey, Tobacco and Coffee to level down the successful ones and those who show signs of being successful, and keep them back in the race, so that the great "field" (the masses) may not be left too far behind.

And yet we must admit that same all wise Creator has placed it in the power of a man to stand upright, clothed in the armor of a clean, clear, steady mind and say unto himself, "I decline to exchange my birthright for a mess of pottage."

"I will not deaden my senses, weaken my grip on things and keep myself cheap, common and behind in fortune and fame by drugging with whiskey, tobacco or coffee; life is too short; it is hard enough to win the good things without any sort of handicap, so a man is certain a "foot trader" when he trades strength, health, money, and the good things that come with power, for the half-asleep condition of the "drugger" with the certainty of sickness and disease ahead.

It is a matter each individual must decide for himself. He can be a leader and semi-god if he will or he can go along through life a drugged clown, a cheap "hewer of wood or carrier of water."

Certain it is that while the Great Father of us all does not seem to "mind" if some of his children are foolish and stupid, He seems to select others (perhaps those He intends for some special work) and allows them to be threshed and castigated most fearfully by these "levelers."

If a man tries flirting with these levelers awhile, and gets a few slaps as a hint, he had better take the hint or a good solid blow will follow.

When a man tries to live upright, clean, thrifty, sober, and undrugged, manifesting as near as he knows what the Creator intends he should, happiness, health and peace seem to come to him. Does it pay?

This article was written to set people thinking, to rouse the "God within" for every highly organized man and woman has times when they feel a something calling from within for them to press to the front and "be about the Father's business," don't mistake it; the spark of the Infinite is there and it pays in every way, health, happiness, peace, and even worldly prosperity, to break off the habits and strip clean for the work cut out for us.

It has been the business of the writer to provide a practical and easy way for people to break away from the coffee habit and be assured of a return to health and all of the good things that brings, provided the abuse has not gone too far, and even then the cases where the body has been rebuilt on a basis of strength and health run into the thousands.

It is an easy and comfortable step to stop coffee instantly by having well-made Postum Food Coffee served rich and hot with good cream, for the color and flavor is there, but none of the caffeine or other nerve destroying elements of ordinary coffee.

On the contrary, the most powerful rebuilding elements furnished by Nature are in Postum and they quickly set about repairing the damage. Seldom is it more than 2 days after the change is made before the old stomach or bowel troubles or complaints of kidneys, heart, head or nerves show unmistakable evidence of getting better and ten days' time changes things wonderfully.

Literally millions of brain-working Americans today use Postum, having found the value and common sense in the change. C. W. POST.

Of the 1,703 newspapers printed in Germany 27 per cent are in other languages.

Neither frost nor snow is due in Alaska, but to disappointed people to be met with.

There are 155 women commercial travelers on the road in Great Britain.

The Japanese city of Tokio holds the record of having 800 public bathing places.