#### Waste of Time.

The experienced highwayman was siking about his apprentice. "I never will learn that fellow any

thing," he growled. "He holds up people that ain't seen a penny for ing backache and bladder ills to be lo 1.....

"Did he hold up a beggar?" asked the friend.

"Worse than that. He held up a man coming home from summer vaca

#### Just a Blind.

"You young scamp," exclaimed the trate merchant, "what do you mean by eaning back in my chair, placing your teet on the desk and smoking a cigar ette?

"Why, it's fer your own good, hoss," exclaimed the office boy. "When your Donn's Kidney Fills for an attack of DUST."

#### Her Trauble.

First Boarding Mistress-I've seet it figured out that people can live on it cents a day

Second Boarding Mistress - Ah! Ruyou can't get them to do it .- Brooklyr Life

#### Sure Winner,

man who advertised a method for beat received from the rest of the world. ing the slot muchines.

Smith Did he get the information Brown-Yes. He received a card of which was printed "Keep your money in your pocket."

Cause and Effect. "What deprived you of your lib erty, my good man?" asked the per A Recent Instance Proves That a Woman's son who was doing a little missionary work behind the bars.

"Takin' too much liberty." answeres et plcking.

#### Possible Explanation.

good mothers. I wonder why?"

get a chunce."

#### Where Experience Counts.

Eggbert has left the stage. railway company out West,

#### The Diagnosis,

Doctor-So you think you have in somnia ?

Spoiled Darling-Sure of it, doctor I can't sleep after nine o'clock in the morning - Detroit Free Press.



### CURE YOUR KIDNEYS. ... when the flack Aches and Bladder

Troubles Set in, Get at the Cause. Don't make the mistake of bellev cal allments.

Get at the cause and cure the kidneys. Use Doan's Kidney Pills, which have cured thou-An annuls. Captain S. D. Hunter, of Engine No. 14, Pittsburg, Pa., Fire

Department, and residing at 2729 Wylle avenue, Sitys: "It was three years ago that I used

reditors come around and catch i kidney trouble that was mostly backglimpse of me dey'll think you are sche, and they fixed me up fine. There is no mist ice about that, and if I should ever be troubled sgain, I would get them first thing, as I know what they are.

For suie by all dealers. Price 50 cents. Foster-Milburn Company, Buf-falo, N. Y.

During the last six months Ir-land sent to Great Britain 148,101 more cattle. 108,160 more sheep. Brown-Green sout a dollar to 1 and only 742 fewer horses than were

# BLO

CONCLUSIVE EVIDENCE

#### Happiness is Largely Dependent on the State of Her Blood.

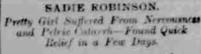
When the blood is disordered every the prisoner, whose specialty was pock organ of the body is affected unfavorably and fails to discharge its functions property. In the case of every woman "It is said," remarked the remarker hature has made special provision for a "that intellectual women seldom make periodical purification of the blood and we long us this occurs her health and "That's easy," replied the home spirits unfailingly reveal the beneficial grown philosopher. "They don't ofter results. So slight a cause as a cold or a nervous shock may produce a suppression of this vital function and until it is restored she is doomed to misery. The Tinkins-I understand your friend remady that has proved most prompt subsert has left the stage. Simkins—Yes. He quit the stage to coept a job as track walker with some such great relief to Miss Mattie Griggs. sceept a job as track walker with some such great relief to Miss Mattie Griggs. of No. 807 Indiana street, Lawrence, Kansas, concerning which she speaks as

followa1 "In the winter of 1962, from some unknown cause, there was a cessation of functions peculiar to my sex for a peried of four months. I became very weak and could not get up stairs without help. I had nausen and pain and a constant headache. I was under the care of a physician for three months, but he did not succeed in curing me. Then a lady friend told me about the

merits of Dr. Williams' Pink Pills which she had used in her family and she induced me to try them. It was in May when I first began to use them and in June I had fully recovered my health, and have since remained perfectly Weble

In all cases of delayed development of young girls ; in anamia or weakness due to impoverished blood and showing itself in pallor, lack of ambition, despondency and nervousness; also in the great constitutional disturbances attending

the period known as the change of life, Dr. Williams' Park Dill illianus' Purk Pills are invaluable





### AND WEAKNESS CURED BY PE-RU-NA.

slicine was true, I am pleased to et-The st. "I began to use it about seven months stand for an hour, then bake, ago for weakness and nervousness, ceused from overwork and sleepless-ness, and found that in a few days I began to grow strong, my appetite in-

been well and strong ever since." Address Dr. S. B. Hartman, President

<u>On the Trail</u> <u>with a Fish Brand</u> <u>Pommel Slicker</u> when windy, a rain cost when it rained, and for a cover at night if we got to bed, and I will say that I have gotten more comfort out of your slicker than any other out article that I ever owned."

( The name and address of the writer of this unamistic leb-ter may be had on application.) Wet Weather Garments for Riding, Walking, Working, or Sporting

A. J. TOWER CO. TOWERS The Sign of the Fish TOWER CANADIAN MSH TAND TORONTO, CANADA

CASTORIA

For Infants and Children.

One in every 28 Londoners is receiving pauper reli f.



Cocountst Loaf Cake.

Create half a cupied of butter with two cupfuls of powdered sugar, and when very light add the well-beaters yolks of six eggs and a cup of milk. Gradually stir in two cups of flour with which have been sifted two teaspoonfuls of baking powder and a quarter of a tenspoonful of salt. Flavor the batter with the juice and grated rind of a femon, and heat in two cupfuls of grated coronaut. Last of all, fold in quickly and lightly the stiffened whites of six eggs. Bake in two loaf tins in a steady oven until a s.raw run through the thickest part of the cake comes out clean. When the takes are cold cover them with an leing flavored with a few drops of essence of bitter almoud. While icing is damp, strew thickly with grated Jhursono a

#### - X -Milk or White Bread.

Into a howl sift two quarts of white flour with a tenspoonful of sugar and a half one of sait. Into a scant pint of scalding milk stir a tenspoonful of but ter and add a pint of boiling water When this is lukewarm stir in a gill of lukewarm water in which a half-cake of compressed yeast has been ther oughly dissolved. Make a hole in the flour and your in this liquid, work to Miss Sadie Robinson, 4 Rand street, Malden, Mass., writes: "Peruna was recommended to me about a year ago as an excellent remedy for the troubles peruliar to our sex, and as I found that all that was said of this multicle was that all that was said of this a soft dough and turn out upon a

minutes and set to rise in a greased pan. Throw a cloth over them and

#### Sweet Apple Pickles.

Select smooth apples below medium size and have them uniform. Peel care creased and I began to sleep better, fully and leave the stems on Allow two quarts of vinegar, four pounds of light-brown sugar, one onnce each of ground cinnamon and cloves. The the spice in little cheesecloth bags and of The Hariman Sanitariana. Columbus O., for free medical advice. All correspondence strictly confidential. Some sticks of white cinnamon. When spondence strictly confidential. cook well. When they can be casily plerced with a broom straw skim out in a stone jar and cook the other apples. Pour the hot vinegar over the pickles, turn an inverted plate or saucer over the jar and tie up securely with white muslin.

#### Home-Made Yeast.

Three large potatoes boiled soft; a small half-cup of sugar, quarter-cup of salt. Four the boiling water from the potatoes on the sugar and salt, mash the potatoes soft and mix all together. When lukewarm add a yeast cake dis solved in a gill of warm water. Cover and let it stand over night. In the morning beat it hard, take a large cupful out, cover and put it in a cool place to use instead of a yeast cake in the next raising. Then add a quart and a plut of water and milk to the remaining yeast, but no more sait or sugar. This will make five large loaves of

© Fibroid Tumors Cured. A distressing case of Fibroid Tumor, which baffled the skill of Boston doctors. Mrs. Hayes, of Boston, Mass., in the following letter tells how she was cured, after everything else failed, by Lydia E. Pinkham's Vegetable Compound.

#### Mrs. Hayes' First Letter Appealing to Mrs. Pinkham for Helpt

"DEAR MRS. PINKHAM: - I have been under Boston doctors' treatment for a long time without any relief. They tell me I have a fibroid tumor. I can st sit down without great pain, and the soreness extends up my spine. I have bearing-down pains both back and front. My ab-domen is swollen, and I have had flowing spells for three years. My ap-

petite is not good. I cannot walk or be on my feet for any ler, th of time. "The symptoms of Fibroid Tumor given in your little book ac-curately describe my case, so I write to you for advice."—(Signed) Mrs-E. F. HAYES, 252 Dudley St., (Roxbury) Boston, Mass.

Note the result of Mrs. Pinkham's advice-although she advised Mrs. Hayes, of Boston, to take her medicine-which she knew would help herher letter contained a mass of additional instructions as to treatment, all of which helped to bring about the happy result.

"DEAR MRS. PINEHAM: - Sometime ago I wrote to you describ-ing my symptoms and asked your advice. You replied, and I followed all your directions carefully, and to-day I am a well woman. "The use of Lydia E. Pinkham's Vegetable Compound entirely

expelled the tumor and strengthened my whole system. I can walk miles now.

"Lydia E. Pinkham's Vegetable Compound is worth five delhars a drop. I advise all women who are afflicted with tumors or female trouble of any kind to give it a faithful trial."-(Signed) Mrs. E. F. HAVES, 252 Dudley St., (Roxbury) Boston, Mass.

Mountains of gold could not purchase such testimony -or take the place of the health and happiness which Lydia E. Pinkham's Vegetable Compound brought to Mrs. Hayes.

Such testimony should be accepted by all women as convincing evidence that Lydia E. Pinkham's Vegetable Compound stands without a peer as a remedy for all the distressing ills of women; all ovarian troubles; tumors; inflammations; ulceration, falling and displacements of the womb; backache; irregular, suppressed or painful menstruation. Surely the volume and character of the testimonial letters we are daily printing in the newspapers can leave no room for doubt.

Mrs. Hayes at her above address will gladly answer any letters which sick women may write for fuller information about her illness. Her gratitude to Mrs. Pinkham and Lydia E. Pinkham's Vegetable Compound is so genuine and heartfelt that she thinks no trouble is too great for her to take in return for her health and happiness. Truly is it said that it is Lydia E. Pinkham's Vegetable Compound that is curing so many women, and no other medicine; don't forget this when some druggist wants to sell you something else.





Corn-What is your favorite pet it the animal world? Dora-Man.

#### His Explanation.

hear," said the patriot, "there are met. Williams Medicine Company, Scheneowho heave public office as poor as when adv. N. Y. they entered it."

'Yes," answered Senator Sorghum "nowadays a financier has got to be i politician, but it doesn't follow that ! politician be a financier."---Washingto? Star

#### The Most Expensive.

"I suppose you have spent a great deal of money for pictures." "Heaps of it," answered Mr. Cum

TOX.

In your collection?" Photograph of a titled son in lad

ington Star.

#### "The Better the Day," Etc.

old friend Kwoter on Sunday.

of quoting aphorisms, I suppose,

The Rev. Mc. Goodman Ob, he's how. He had a string of fish when cables. I saw him, and when I reproached him for fishing on the Subbath he sold: "The b, the d,, the b, the d,"-Phila delphia Press.

#### Where the Conflict Rages. "You weren't always such an early riser."

"No," answered Mr. Bliggins, "Bu out where I live now you've got te get up early to wake other people with the lawn mower instead of beint; disturbed yourself,"-Washington Star

#### How True!

"It's strange," remarked the break fast cynic, "but the young man with the weakest lungs can often blow h the most money."

#### Quickly Concealed.

"My boy," said the benevolent par bon, "I hope you do not hide your ligh under a bushel?"

"Light?" echoed the lad who wa learning to smoke in the barn. "Why when I hear dad coming I hide the whole eigar under a buchel."

The Usual Secret. Nell-She intends to be marrie very quietly; in fact, it's a secret. Belle-How do you know? Nell-All the girls are talking about E .-- Philadelphia Lødger.

women, whose health is always issely dependent on the state of the They are sold by all drugblood. gists. A booklet of valuable informaion; relating to the care of a woman's health at all important periods, and en-titled "Plain Talks to Women," will be sent free in a scaled suvelope to any one "In spite of the insinnations wi who chooses to write for it to the Dr

> MEXICAN Muslang Liniment is a positivi cure for Piles.

The hamana and potato are almost identical in chemical composition. Men who lead sedentary lives What is the most expensive picture often complain that they get no daily, and accompanied with cheer-

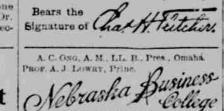
kindling and fetch the family coal the liquor habit ever devised. to put in the family album."-Wash and they quit complaining.

allowed to vote if they want to, mals recently covered 130 miles in a The Rev. Mr. Goodman-I met out but don't believe that they would day.

than they do now.

getting worse; he abhreviates they lish money invested in submarine Turkish women cat rose I aver

When



College Endorsed by First Nat'l Bank and business men.

Bank and business men. \$10,000 in Roll Top Desks. Bank Fixtures and to Typewriters. Students. Typewriters. Students can work for end for free estatement, bound in all next ever putualised by a Business C end it, and you will attend the N. H. C. locue, bound in alligator College

Good food, administered thrice exercise, but ask them to split the ful smiles, is about the best cure for

In Finland, reindeer are worth toes well together, arrange as a gar-

There is \$300,000,000 worth of Eng. loved was a Christian.

with butter to secure plumpness.



### Dill Pickles.

brend

Make a brine so strong that an egg floats upon it, then add to the brine The Kind You Have Always Bought half its quantity of fresh water. Wash the cucumbers and put a layer of them into a crock, cover this laver with grape leaves, then with a layer of dill using leaves and stems. Continue in this way until the crock is full. Fill

the jar with the brine, tie a cloth over the jar, then place on this a plate and lay a weight on this. Every forthight take off the cloth, wash it and replace.

#### Rice with Tomatoes.

Place a cupful of rice well washed in a double boller, with two cuntuls of boiling water, adding a level tea spoonful of sait and a sait spoonful of

pepper. When the rice is done pour in a seant pint of hot, cooked and strained tomatoes, that have been well seasoned with salt, pepper, butter and a little sugar. Stir the rice and toma-

1 believe that women should be only \$7.50 a head. One of these ani- nish around roast beef or pock.

Barley Soup.

Only beef stock is required in mak-Mrs. Goodman-Sull as fond as ever was not gald that the woman he is allowed to steep in it for some time before cooking. One-quarter the quantity of cold water should then be addod, with a few kernels of allsnice, and the simmering process conducted almost imperceptibly. Diced raw potatoes are thrown in about half an hour before serving, the cooking being then hastened to a gentle boil.

#### Various Custards.

Cooks with a little experience can produce a variety of custards by varying the flavors used, leaving the body of the custard the same. Oranges cut fine (often being peeled and seeded) can be used, simply adding them to a good custard; so can canned or fresh fruits, chopped almonds, grated cocoanuts, chocolate and macaroons,

#### Short Suggestions.

Soak gelatin in sufficient cold water to cover before adding it to jellies or creams.

To remove any ordinary stains from lvory knife handles rub with emery powder.

Yacht mops are great conveniences for dusting the bare floors to universally used now

Before boiling milk always rinse out the saucepan with cold water to prevent the milk from burning.

When making mayonnaise sauce se lect a very cool place for the purpose. If made in a hot kitchen it is apt to separate in the process.

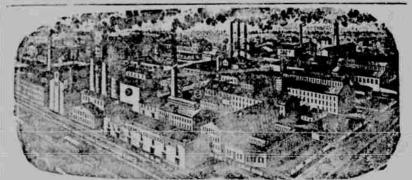
## S5000 FORFEIT if we cannot forthwith produce the original letters and signatures of above testimonials, which will prove their absolute genutneness. Lydia E. Pinkham Medicine Co., Lyna, Mess.

HINT: ON EFIQUE(TE A startling caption in a medica Cards of conducence should be left journal states that "Death lurks in personally. 'They may be sent by the kiss!" Oh, well, we've all go cost or messenger to triends living to die some time, you know, and why not pleasantly? at nodistance.

"Brevity is the soul of wit;" this An eminent statistician says that upplies also to letter writing. Long the British Empire produces one drawn out sentences and verbosity third of the world's coal, one-ninth should be avoided. of its copper, one-eighth of its iron

I think Moses' reputation for one-fifth of its lead, one-minth of it merkness was parily due to the fact silver and one-half of its gold.

that his wife's followed him Cutting the eyebrows and eye lashes results in stiff stubby hairs around a good deal.



Pure Food Factories that make Fostum and Grape-Nuts.

Talk on Advertising by C. W. Post to Pab- ( salesman, who knows how to talk with lishers at Bauquet at Battle Creek.

In his address to Publishers at the sands of customers at one time nee Good seed plenty of work and at a time.

mar apples without sunshine.

It is impossible even with the heaviout advertising to make a success uness the article has merit of a high order. Merit is the good tree and sunshine makes the apples grow. A good tion.

f r 8: 0:

his pen can present the logic, argument and sale-man ability to thou-

attle Creek banquet Mr. Post likened | through the courses of the newspais growth of a modern commercial per, a strong contrast to the old fashaterprise to the growth of an apple- loned way of talking to one customer

He spoke of the esteem of the advertiser, for a publisher that taker especial interest in making the adver dent is publicity secured by advertis- tising announcements attractive. Ad vertisements should contain truthful information of terest and value to readers. The Postum methods have made Battle Creek in mous all over the world and about doubled the popula-



rater are meded, but the tree will not The subshine to the commercial