



Miss Nettie Blackmore, Minneapolis, tells how any young woman may be permanently cured of monthly pains by taking Lydia E. Pinkham's Vegetable Compound.

"YOUNG WOMEN—I had frequent headaches of a severe nature, dark spots before my eyes, and at my menstrual periods I suffered untold agony. A member of the lodge advised me to try Lydia E. Pinkham's Vegetable Compound, but I only scorned good advice and felt that my case was hopeless, but he kept at me until I bought a bottle and started taking it. I soon had the best reason in the world to change my opinion of the medicine, as each day my health improved, and finally I was entirely without pain at my menstrual periods. I am most grateful."—NETTIE BLACKMORE, 28 Central Ave., Minneapolis, Minn.—\$5000 forfeit if original of above letter proving genuineness cannot be produced.

If there is anything about your case about which you would like special advice, write freely to Mrs. Pinkham. She will hold your letter in strict confidence. She can surely help you, for no person in America can speak from a wider experience in treating female ills. She has helped hundreds of thousands of women back to health. Her address is Lynn, Mass.; her advice is free.

Looking for a Home?

Then why not keep in view the fact that the farming lands of **Western Canada** are sufficient to support a population of 50,000,000 or over? The immigration to Western Canada during the past six years has been phenomenal.

FREE Homestead Lands easily accessible, and other lands may be purchased from Railway and Land Companies. Western Canada's grain lands produce marvellous crops, while the grazing lands contain all the nutritive qualities for fattening cattle and other stock. Markets, Schools, Railways and all other conditions make Western Canada a desirable spot for the homeseeker. Write to the Superintendent of Immigration, Ottawa, for a descriptive Atlas, and other information; or to the authorized Canadian Government Agent, 37, V. Street, 311 New York Life Bldg., Omaha, Neb.

Boston Ladies—Gertude—"How do you know Mrs. Dowday makes her own clothes? Has she a sewing-woman's forefinger?"
Millicent—"I don't know anything about that. I was thinking of the horrid way her gowns fit her."—Boston Transcript.
No woman was ever a prude yet from choice, but rather from necessity. Coquetry is as natural to a woman as perfume is to a flower.
Skyscrapers—Colets.

CHANCE FOR LAWMAKERS

First Citizen—"It is not enough that bicycles carry bells; the law should enforce a regular system of signs that all can understand."

Second Citizen—"What would you suggest?"

First Citizen—"Well, I don't know exactly, but it might be something like this: One ring, 'stand still'; two rings, 'dodge to the right'; three rings, 'dodge to the left'; four rings, 'jump straight up, and I'll run under you'; five rings, 'turn a back handspring and land behind me,' and so on. "You see, we who walk are always glad to be accommodating, but the trouble is to find out what the fellow behind wants us to do."

Teosinte and Billion Dollar Grass.

The two greatest fodder plants on earth, one good for 14 tons hay and the other 80 tons green fodder per acre. Grows everywhere, so does Victoria Rape, yielding 60,000 lbs. the sheep and swine food per acre.

JUST SENT IN STAMPS TO THE

John A. Sulzer Seed Co., La Crosse, Wis., and receive in return their big catalogue and lots of farm seed samples. (C. N. U.)

KEEPING HIM ALIVE

Miss Richgirl—"Really, pa, it's cruel to ask George to wait until spring. He says if our marriage is postponed he'll die."

Old Gentlemen—"Oh, well, I'll lend him enough to pay his board."

FRAUDS IN A BALE OF HAY.

Frauds in Watch Cases. According to an article in the Cincinnati Commercial, a fifty-one pound stone was recently found in that city secreted in a bale of hay of eighty pounds.

This is not as bad as finding a lump of lead of nearly half the weight of the solid gold watch case secreted in the center of the case.

Gold watch cases are sold by weight, and no one can see where this lead is secreted until the springs of the case are taken out and the lead will be found secreted behind them.

These cases are made by companies who profess to be honest but which means to the dishonest to rob the public. It is not pleasant for anyone to find that he has bought a lump of lead in his watch case.

Another trick the makers of spurious solid gold watch cases is to stamp the case "U. S. Assay." The United States does not stamp any article made out of gold and silver except coin, and the fake, by using this stamp, wants to make the public believe that the government had something to do with the stamping or guaranteeing the fineness of watch cases.

Another trick of the watch fakers is to advertise a watch described as a solid gold filled watch with a twenty or twenty-five year guarantee. These watches are generally sent C. O. D., and if the purchaser has paid for the watch he finds that the company which guaranteed the watch to wear is not in existence.

The Dubuque-Hampden Watch Company, of Canton, Ohio, who are constantly exposing these frauds, will furnish the names of the manufacturers who are in this questionable business.

A GREAT SHOCK

Caller—"Is Prof. Missem, the weather prophet at home?"
Servant—"Yes, but he can't see any one. He is suffering from shock."

Caller—"My! my! Have some of his predictions come true?"
Like an Alarm Clock—"Why do you insist on sitting near the base drum and cymbals at a grand opera performance?"
"I don't mind telling you as at old friend," answered Mr. Cumrox. "It's the only way I can make sure of not disgracing mother and girls by staying asleep though the entire performance."—Washington Star.
The luv or notoriety never made a man famous yet; the fear of it often has.

DEER IN CONNECTICUT.

Becoming Almost Annoying as Rabbits Are in Australia.

Deer are becoming almost as much of an annoyance to the farmers of Connecticut as are the rabbits to those of Australia, with this difference that in the latter country they can employ means of self-protection to any limit they see fit. But in Connecticut, if a farmer sees a herd of deer feeding on his corn or tramping on his oats or browsing upon his apple or peach trees he can only use moral suasion. Were he to shoot an alien cow thus engaged he could probably settle for \$30 or \$50, or whatever the market price of the beast might be; but if he shoots a deer it means a \$100 fine or thirty days in jail, or both. The deer seem so hard caught on to the situation and highly appreciate it. The close season is continuous there until June, 1911, at the end of which time, unless their previous immunities are withdrawn, they will probably be more numerous than cattle. They are gentle and confiding creatures, and, of course, they must eat. At the same time, the situation is becoming formidable, and it is receiving considerable discussion by the press of the state, though even that is hard put to it to suggest a practical remedy. The New London Day observes, with reference to the suggestion that there should be an open season during which they might be hunted: "Deer may be a nuisance, they may destroy some property; but they are graceful and beautiful animals, and they wouldn't hurt the least living thing. As much cannot be said of the average fowl with a gun, who fancies he is a deer hunter. He may now and then shoot a deer, but he is much more likely to put one of his crazy bullets through a small boy gathering chestnuts or through a fellow hunter." Fresh meat of all kinds is high and venison is good, but in our sister state it is venison, venison everywhere, but not a bit to eat. Perhaps this situation throws a little side light on the cult of vegetarianism. Let us imagine the same immunity extended to the cattle, the sheep, the goats, the swine and the poultry. Not only would the domestic animals occupy the earth, but they would not leave food enough to keep the vegetarians alive. Regarded from this point of view, the old order of things is likely to continue for some time longer.—Boston Transcript.

SISTERS OF ST. JOSEPH

Use Peru-na for La Grippe and Winter Catarrh

IN EVERY country of the civilized world the Sisters of Charity are known. Not only do they minister to the spiritual and intellectual needs of the charges committed to their care, but they also minister to their bodily needs.

Whenever coughs or colds, la grippe or pneumonia make their appearance among the children these Sisters are not disconcerted, but know exactly the remedies to apply.

With so many children to take care of and to protect from climate and disease these wise and prudent Sisters have found Peru-na a never-failing safeguard.

Sisters of St. Joseph, of the Deaf Mute Institute, 1849 Cass Ave., St. Louis, Mo., writes: "We appreciate Peru-na very much. It certainly does good work with catarrh and also with colds and la grippe. We have faith in Peru-na and have inspired many others with same. We do not like to be without it. It has certainly kept us from being very sick. It did a world of good last winter for our little ones. Thanking you for your kindness to us and our afflicted ones, we remain, yours gratefully."

Dr. Hartman receives many letters from Catholic Sisters from all over the United States. A recommendation recently received from a Catholic institution in Detroit, Mich., reads as follows:

Dr. S. B. Hartman, Columbus, Ohio: "Dear Sir:—The young girl who used the Peru-na was suffering from laryngitis, and loss of voice. The result of the treatment was most satisfactory. She found great relief, and after further use of the medicine we hope to be able to say she is entirely cured." Sisters of Charity.

This young girl was under the care of the Sisters of Charity and used Peru-na for catarrh of the throat, with good results, as the above letter testifies.

From a Catholic institution in Central Ohio comes the following recommendation to us Dr. Hartman's Peru-na as an excellent remedy for the influenza of which we then had several cases which threatened to be of a serious character.

"We began to use it and experienced such wonderful results that since then

GROWTH OF INSANITY.

In Cities It Is Increasing and Experts Demand a Change.

What change can be made in city life to stop its enormous production of insanity, yearly increasing?

Here is a question which is being solved. The medical fraternity is at a loss for a general remedy, and to find means of overcoming the harmful effects of a city's acute activity on its general mental condition.

London produces seventy lunatics a week and New York is almost as bad, and its increase is greater proportionately. Experts say that if it were not for the fact that nature steps in and generally refuses to grant children after the fourth or fifth generation, conditions would be far worse than they are.

The outlook of the future is not bright, according to medical opinion, unless the minds of the city people are better able within the next few generations to adjust themselves to their progressively complicated environment, unless balancing interests and mental habits are developed to overcome the unnatural nervous tension of city life.

So complicated is the environment of those who live in great towns, so many and so varied are the calls upon their self-control and upon their effort-making powers, that their mental machinery is apt to become more complex, its parts require more construction and adjustment and the whole machine is more apt to get out of gear and to suffer derangement than in the more primitive and less emotional life of even half a century ago. It is not overwork that is the determining cause of the disturbance of mental equilibrium, but overwork, worry and anxiety.—New York World.

Freak Coins Have Gone.

Recent mention of the disappearance of the \$2.50 gold piece from circulation and the premium this coin commands as a curio have set many to rummaging in old pocketbooks and the bottoms of wash boxes and drawers in search of odd or out-of-date coins. Some have found a \$2 piece, but not many. The \$3 piece, one quite common, but always a sort of curiosity, is oftener found, and many have specimens of the little gold coins representing 25 and 50 cents, which were not minted by the general government and probably have not so much gold in them as they represent. They used to pass as coin, but were never in general circulation, being so easily lost that they soon became scarce.

One of the handsomest coin relics seen is a \$10 gold piece bearing the mint stamp of 1799. It is larger than the present \$10 gold piece. The owner has it hung in a band and wears it as a charm on his watch chain. The owner says he refused an offer of \$150 for this relic. The old octagonal \$50 pieces were quite common in California in early days, when gold dust was largely used as a circulating medium. They were made of pure gold, and while they had not the elegant finish of the gold coins minted by the government in those days, many still remember them as the handsomest coins they ever saw. Many people now would consider them handsome on account of the \$50 in them.—Portland Oregonian.

It is excellent to appreciate those who excel.

SISTERS OF ST. JOSEPH
RELY ON PERUNA TO FIGHT
CATARRH, COUGHS, COLDS, GRIP

Peruna for coughs and colds in children.



SISTERS OF ST. JOSEPH
Use Peru-na for La Grippe and Winter Catarrh

IN EVERY country of the civilized world the Sisters of Charity are known. Not only do they minister to the spiritual and intellectual needs of the charges committed to their care, but they also minister to their bodily needs.

Whenever coughs or colds, la grippe or pneumonia make their appearance among the children these Sisters are not disconcerted, but know exactly the remedies to apply.

With so many children to take care of and to protect from climate and disease these wise and prudent Sisters have found Peru-na a never-failing safeguard.

Sisters of St. Joseph, of the Deaf Mute Institute, 1849 Cass Ave., St. Louis, Mo., writes: "We appreciate Peru-na very much. It certainly does good work with catarrh and also with colds and la grippe. We have faith in Peru-na and have inspired many others with same. We do not like to be without it. It has certainly kept us from being very sick. It did a world of good last winter for our little ones. Thanking you for your kindness to us and our afflicted ones, we remain, yours gratefully."

Dr. Hartman receives many letters from Catholic Sisters from all over the United States. A recommendation recently received from a Catholic institution in Detroit, Mich., reads as follows:

Dr. S. B. Hartman, Columbus, Ohio: "Dear Sir:—The young girl who used the Peru-na was suffering from laryngitis, and loss of voice. The result of the treatment was most satisfactory. She found great relief, and after further use of the medicine we hope to be able to say she is entirely cured." Sisters of Charity.

This young girl was under the care of the Sisters of Charity and used Peru-na for catarrh of the throat, with good results, as the above letter testifies.

From a Catholic institution in Central Ohio comes the following recommendation to us Dr. Hartman's Peru-na as an excellent remedy for the influenza of which we then had several cases which threatened to be of a serious character.

"We began to use it and experienced such wonderful results that since then

A SYMPATHETIC LISTENER

Guest (from Utah)—"Among the Mormons madam, only the favorite was really regarded as a wife. The rest were mere servants."

Mrs. Suburb—"Ah, I see, Utah was so far from the city that there was no other way to keep them."

"There is lots of things in this world that the haff or them is worth more than the whole."

Words that burn—Verses in the waste basket—N. Y. World.

\$500 Given Away

To a certain number of consumers buying ALABASTINE and sending us before October 15, 1904, the closest estimate on the popular vote for the next President. Write us or ask a dealer in Alabastine for the easy conditions imposed in this contest, which is open to all.

ALABASTINE

is the only sanitary wall coating. Anyone can apply it. Mix with cold water. Not a disease-breeding, out-of-date, hot-water, glue kalsominer.

Sample Card Free. Mention this paper. ALABASTINE CO., Grand Rapids, Mich., or 105 Water St., New York City.

The Rev. Lyman Abbot, editor of The Outlook and former minister of Plymouth church, Brooklyn, lectured before the students of the University of Mich. Jan. 25, on "Ideals"

Hand Power Hay Press \$28.00. Greatest, simplest, best invention of the age. A boy can make regular sized 14x18x48 in. bales like fun, and two boys can bale three tons per day easily.

SEND THIS NOTICE TO-DAY to the John A. Sulzer Seed Co., La Crosse, Wis., with 5c stamps for mailing, and get their big catalogue, fully describing this great Hay Press, so also hundreds of tools and thousands of varieties of Farm and Vegetable Seeds.

E. H. Lemare is at present organist of Carnegie hall in Pittsburgh. He was brought from England to take this place upon the death of Frederic Archer, its former incumbent. He is considered, next to Alexander Guilmant, one of the greatest musical attractions of the exposition.



medicines, and it gives me pleasure to add my praise to that of thousands who have used it. For years I suffered with catarrh of the stomach, all remedies proving valueless for relief. Last spring I went to Colorado, hoping to be benefited by a change of climate; and while there a friend advised me to try Peru-na. After using two bottles I found myself very much improved. The remains of my old disease being now so slight, I consider myself cured, yet for a while I intend to continue the use of Peru-na. I am now treating another patient with my medicine. She has been sick with malaria and troubled with leucorrhoea. I have no doubt that a cure will be speedily effected."

These are samples of letters received by Dr. Hartman from the various orders of Catholic Sisters throughout the United States.

The names and addresses to these letters have been withheld from respect to the Sisters, but will be furnished on request.

One-half of the diseases which afflict mankind are due to some catarrhal derangement of the mucous membrane lining some organ or passage of the body.

A remedy that would act immediately upon the congested mucous membrane, restoring it to its normal state, would consequently cure all these diseases. Catarrh is catarrh wherever located, whether it be in the head, throat, lungs, stomach, kidneys or pelvic organs. A remedy that will cure it in one location will cure it in all locations. Peru-na cures catarrh wherever located.

If you do not derive prompt and satisfactory results from the use of Peru-na, write at once to Dr. Hartman, giving a full statement of your case, and he will be pleased to give you his valuable advice gratis.

Address Dr. Hartman, President of The Hartman Sanitarium, Columbus, Ohio.

USUALLY THE WAY

Waiter—Yes, he's getting rich now.
 Proprietor—How do you know?
 "He used to give me a big tip every day, and now I only get an occasional nickel."—Philadelphia Ledger.

Trying to interest a very small audience with a comic lecture is a good deal like tiring to hit the two corner pins on a 10 pin alley with a single ball.

Boston will erect in the Monde Street at the world's fair a shelter house costing 10,000. It will be a replica of the one in South park.

Mrs. Winslow's SOOTHING SYRUP for children teething, softens the gums, reduces inflammation, allays pain cures colic. Price 25c bottle.

The gold cup which Mrs. Langtry received when she won one of the great races at Ascot, England, some years ago will be exhibited in the trophy room of the physical culture building at the world's fair.

Mother Gray's Sweet Powders for Children. Successfully used by Mother Gray, nurse in Children's Home in New York cure constipation, Feverishness, Bad stomach, Teething disorders, move and regulate the bowels and destroy worms. Over 30,000 testimonials. At all drug stores. 25c sample FREE. Address A. S. Ulmstead, LeRoy, N. Y.

It is a good thing to laugh every chance we can get; but laughing is a weakness, and there is few things that men tire or quicker, and remember with more disgust, than too much latter.

JUNE TINT BUTTER COLOR makes top of the market butter.

Believe in yourself. You cannot do your best if you are constantly thinking that another can do it better.

If afflicted with **Thompson's Eye Water** sore Eyes, use
 "Without sweat and toll no work is made perfect. Without exertion and diligence success is rarely attained."

900 DROPS

CASTORIA

Vegetable Preparation for Assimilating the Food and Regulating the Stomachs and Bowels of INFANTS, CHILDREN

Promotes Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral. NOT NARCOTIC.

Signature of **Dr. J. C. Hathorn**

Perfect Remedy for Constipation, Sour Stomach, Diarrhoea, Worms, Convulsions, Feverishness and Loss of Sleep.

NEW YORK

CASTORIA

For Infants and Children.

The Kind You Have Always Bought Bears the Signature of **Dr. J. C. Hathorn**

In Use For Over Thirty Years

CASTORIA

THE CASTORIA COMPANY, NEW YORK CITY.

ALABASTINE

is the only sanitary wall coating. Anyone can apply it. Mix with cold water. Not a disease-breeding, out-of-date, hot-water, glue kalsominer.

Sample Card Free. Mention this paper. ALABASTINE CO., Grand Rapids, Mich., or 105 Water St., New York City.

\$500 Given Away

To a certain number of consumers buying ALABASTINE and sending us before October 15, 1904, the closest estimate on the popular vote for the next President. Write us or ask a dealer in Alabastine for the easy conditions imposed in this contest, which is open to all.

ALABASTINE

is the only sanitary wall coating. Anyone can apply it. Mix with cold water. Not a disease-breeding, out-of-date, hot-water, glue kalsominer.

Sample Card Free. Mention this paper. ALABASTINE CO., Grand Rapids, Mich., or 105 Water St., New York City.

SISTERS OF ST. JOSEPH

RELY ON PERUNA TO FIGHT CATARRH, COUGHS, COLDS, GRIP

Peruna for coughs and colds in children.

SISTERS OF ST. JOSEPH
 Use Peru-na for La Grippe and Winter Catarrh

IN EVERY country of the civilized world the Sisters of Charity are known. Not only do they minister to the spiritual and intellectual needs of the charges committed to their care, but they also minister to their bodily needs.

Whenever coughs or colds, la grippe or pneumonia make their appearance among the children these Sisters are not disconcerted, but know exactly the remedies to apply.

With so many children to take care of and to protect from climate and disease these wise and prudent Sisters have found Peru-na a never-failing safeguard.

Sisters of St. Joseph, of the Deaf Mute Institute, 1849 Cass Ave., St. Louis, Mo., writes: "We appreciate Peru-na very much. It certainly does good work with catarrh and also with colds and la grippe. We have faith in Peru-na and have inspired many others with same. We do not like to be without it. It has certainly kept us from being very sick. It did a world of good last winter for our little ones. Thanking you for your kindness to us and our afflicted ones, we remain, yours gratefully."

Dr. Hartman receives many letters from Catholic Sisters from all over the United States. A recommendation recently received from a Catholic institution in Detroit, Mich., reads as follows:

Dr. S. B. Hartman, Columbus, Ohio: "Dear Sir:—The young girl who used the Peru-na was suffering from laryngitis, and loss of voice. The result of the treatment was most satisfactory. She found great relief, and after further use of the medicine we hope to be able to say she is entirely cured." Sisters of Charity.

This young girl was under the care of the Sisters of Charity and used Peru-na for catarrh of the throat, with good results, as the above letter testifies.

From a Catholic institution in Central Ohio comes the following recommendation to us Dr. Hartman's Peru-na as an excellent remedy for the influenza of which we then had several cases which threatened to be of a serious character.

"We began to use it and experienced such wonderful results that since then

A SYMPATHETIC LISTENER

Guest (from Utah)—"Among the Mormons madam, only the favorite was really regarded as a wife. The rest were mere servants."

Mrs. Suburb—"Ah, I see, Utah was so far from the city that there was no other way to keep them."

"There is lots of things in this world that the haff or them is worth more than the whole."

Words that burn—Verses in the waste basket—N. Y. World.

\$500 Given Away

To a certain number of consumers buying ALABASTINE and sending us before October 15, 1904, the closest estimate on the popular vote for the next President. Write us or ask a dealer in Alabastine for the easy conditions imposed in this contest, which is open to all.

ALABASTINE

is the only sanitary wall coating. Anyone can apply it. Mix with cold water. Not a disease-breeding, out-of-date, hot-water, glue kalsominer.

Sample Card Free. Mention this paper. ALABASTINE CO., Grand Rapids, Mich., or 105 Water St., New York City.

The Rev. Lyman Abbot, editor of The Outlook and former minister of Plymouth church, Brooklyn, lectured before the students of the University of Mich. Jan. 25, on "Ideals"

Hand Power Hay Press \$28.00. Greatest, simplest, best invention of the age. A boy can make regular sized 14x18x48 in. bales like fun, and two boys can bale three tons per day easily.

SEND THIS NOTICE TO-DAY to the John A. Sulzer Seed Co., La Crosse, Wis., with 5c stamps for mailing, and get their big catalogue, fully describing this great Hay Press, so also hundreds of tools and thousands of varieties of Farm and Vegetable Seeds.

E. H. Lemare is at present organist of Carnegie hall in Pittsburgh. He was brought from England to take this place upon the death of Frederic Archer, its former incumbent. He is considered, next to Alexander Guilmant, one of the greatest musical attractions of the exposition.

USUALLY THE WAY

Waiter—Yes, he's getting rich now.
 Proprietor—How do you know?
 "He used to give me a big tip every day, and now I only get an occasional nickel."—Philadelphia Ledger.

Trying to interest a very small audience with a comic lecture is a good deal like tiring to hit the two corner pins on a 10 pin alley with a single ball.

Boston will erect in the Monde Street at the world's fair a shelter house costing 10,000. It will be a replica of the one in South park.

Mrs. Winslow's SOOTHING SYRUP for children teething, softens the gums, reduces inflammation, allays pain cures colic. Price 25c bottle.

The gold cup which Mrs. Langtry received when she won one of the great races at Ascot, England, some years ago will be exhibited in the trophy room of the physical culture building at the world's fair.

Mother Gray's Sweet Powders for Children. Successfully used by Mother Gray, nurse in Children's Home in New York cure constipation, Feverishness, Bad stomach, Teething disorders, move and regulate the bowels and destroy worms. Over 30,000 testimonials. At all drug stores. 25c sample FREE. Address A. S. Ulmstead, LeRoy, N. Y.

It is a good thing to laugh every chance we can get; but laughing is a weakness, and there is few things that men tire or quicker, and remember with more disgust, than too much latter.

JUNE TINT BUTTER COLOR makes top of the market butter.

Believe in yourself. You cannot do your best if you are constantly thinking that another can do it better.

If afflicted with **Thompson's Eye Water** sore Eyes, use
 "Without sweat and toll no work is made perfect. Without exertion and diligence success is rarely attained."

SISTERS OF ST. JOSEPH

RELY ON PERUNA TO FIGHT CATARRH, COUGHS, COLDS, GRIP

Peruna for coughs and colds in children.

SISTERS OF ST. JOSEPH
 Use Peru-na for La Grippe and Winter Catarrh

IN EVERY country of the civilized world the Sisters of Charity are known. Not only do they minister to the spiritual and intellectual needs of the charges committed to their care, but they also minister to their bodily needs.

Whenever coughs or colds, la grippe or pneumonia make their appearance among the children these Sisters are not disconcerted, but know exactly the remedies to apply.

With so many children to take care of and to protect from climate and disease these wise and prudent Sisters have found Peru-na a never-failing safeguard.

Sisters of St. Joseph, of the Deaf Mute Institute, 1849 Cass Ave., St. Louis, Mo., writes: "We appreciate Peru-na very much. It certainly does good work with catarrh and also with colds and la grippe. We have faith in Peru-na and have inspired many others with same. We do not like to be without it. It has certainly kept us from being very sick. It did a world of good last winter for our little ones. Thanking you for your kindness to us and our afflicted ones, we remain, yours gratefully."

Dr. Hartman receives many letters from Catholic Sisters from all over the United States. A recommendation recently received from a Catholic institution in Detroit, Mich., reads as follows:

Dr. S. B. Hartman, Columbus, Ohio: "Dear Sir:—The young girl who used the Peru-na was suffering from laryngitis, and loss of voice. The result of the treatment was most satisfactory. She found great relief, and after further use of the medicine we hope to be able to say she is entirely cured." Sisters of Charity.

This young girl was under the care of the Sisters of Charity and used Peru-na for catarrh of the throat, with good results, as the above letter testifies.

From a Catholic institution in Central Ohio comes the following recommendation to us Dr. Hartman's Peru-na as an excellent remedy for the influenza of which we then had several cases which threatened to be of a serious character.

"We began to use it and experienced such wonderful results that since then

A SYMPATHETIC LISTENER

Guest (from Utah)—"Among the Mormons madam, only the favorite was really regarded as a wife. The rest were mere servants."

Mrs. Suburb—"Ah, I see, Utah was so far from the city that there was no other way to keep them."

"There is lots of things in this world that the haff or them is worth more than the whole."

Words that burn—Verses in the waste basket—N. Y. World.

\$500 Given Away

To a certain number of consumers buying ALABASTINE and sending us before October 15, 1904, the closest estimate on the popular vote for the next President. Write us or ask a dealer in Alabastine for the easy conditions imposed in this contest, which is open to all.

ALABASTINE

is the only sanitary wall coating. Anyone can apply it. Mix with cold water. Not a disease-breeding, out-of-date, hot-water, glue kalsominer.

Sample Card Free. Mention this paper. ALABASTINE CO., Grand Rapids, Mich., or 105 Water St., New York City.

The Rev. Lyman Abbot, editor of The Outlook and former minister of Plymouth church, Brooklyn, lectured before the students of the University of Mich. Jan. 25, on "Ideals"

Hand Power Hay Press \$28.00. Greatest, simplest, best invention of the age. A boy can make regular sized 14x18x48 in. bales like fun, and two boys can bale three tons per day easily.

SEND THIS NOTICE TO-DAY to the John A. Sulzer Seed Co., La Crosse, Wis., with 5c stamps for mailing, and get their big catalogue, fully describing this great Hay Press, so also hundreds of tools and thousands of varieties of Farm and Vegetable Seeds.

E. H. Lemare is at present organist of Carnegie hall in Pittsburgh. He was brought from England to take this place upon the death of Frederic Archer, its former incumbent. He is considered, next to Alexander Guilmant, one of the greatest musical attractions of the exposition.

USUALLY THE WAY

Waiter—Yes, he's getting rich now.
 Proprietor—How do you know?
 "He used to give me a big tip every day, and now I only get an occasional nickel."—Philadelphia Ledger.

Trying to interest a very small audience with a comic lecture is a good deal like tiring to hit the two corner pins on a 10 pin alley with a single ball.

Boston will erect in the Monde Street at the world's fair a shelter house costing 10,000. It will be a replica of the one in South park.

Mrs. Winslow's SOOTHING SYRUP for children teething, softens the gums, reduces inflammation, allays pain cures colic. Price 25c bottle.

The gold cup which Mrs. Langtry received when she won one of the great races at Ascot, England, some years ago will be exhibited in the trophy room of the physical culture building at the world's fair.

Mother Gray's Sweet Powders for Children. Successfully used by Mother Gray, nurse in Children's Home in New York cure constipation, Feverishness, Bad stomach, Teething disorders, move and regulate the bowels and destroy worms. Over 30,000 testimonials. At all drug stores.